

Vets offer range of services

Anthony Davis and AJ Atencio had the idea for a new service by helping out a neighbor.

A large tree across from Anthony's place had become a danger to the neighborhood kids, and to the house next to the tree.

The top part of the tree had become decayed and in danger of falling down. A lot of kids live and play in the neighborhood, so there was a potential for serious injury.

Anthony and AJ, who are both Army veterans, volunteered to take the top part of the tree down. They did this as for the goodwill of their neighbor, Louie Tewee, who also is a veteran.

"He wanted to pay us but we refused," Anthony was saying last week.

They cut the large branches down to manageable size, hauling most away, but using parts of the stump as yard art. Anthony has been fixing up a previously condemned residence on Oitz Loop. Part of the project is improving the yard through landscaping work.

Anthony and AJ decided to form a community service venture called "Vets."



AJ Atencio and Anthony Davis, by the tree that inspired them to start Vets.

They do all kinds of work, from landscaping, painting, hauling wood to homes, or hauling away unwanted yard debris. Any type of work will be considered, even dismantling and hauling away condemned trailers.

They have experience at heavy equipment operation, and have access to a bulldozer, front-end loader and dump truck for hauling.

"And most importantly we have the will to do the job," said Anthony. A focus of the service is on helping

veterans, but all projects are considered.

Their motto is, "If you can think of it, we can do it."

If you have some job that needs done you can reach Anthony at 541-460-2537. Or contact Tom Weiss, Veterans Service Officer, at 541-475-5228. Anthony also mentioned that they will be in need of day laborer; so anyone interested should give him a call.

— Dave McMechan

Kah-Nee-Ta offers tribal member discounts

Kah-Nee-Ta Resort and Spa is extending the following discounts to enrolled members of the Confederated Tribes of Warm Springs.

In order to receive these discounts, the tribal member must present their tribal ID card.

The discounts are for the tribal member and im-

mediate family. Immediate family is defined as husband, wife and children; or if tribal member is a minor, the immediate family includes parent or legal guardian, and immediate siblings.

All rates are subject to change.

Hotel rate: Discounted hotel rooms based on availability.

\$4 - Village pool swimming and slide bracelet.

\$10 - 9-holes of golf.

\$20 - 18-holes of golf. 50 percent off - Golf cart rental.

40 percent off - Food outlets including Chinook Northwest Grille, Warm Springs Grill, Village Snack Bar, and Golf Snack Bar.

Births

Amaro Rodney Queahpama

Oscar T. Queahpama and Shawresa Bates of Warm Springs are pleased to announce the birth of their son Amaro Rodney Queahpama, born on July 4, 2013.

Amaro joins sister Ivencia, 5.

Grandparents on the father's side are Rafael and Nola Queahpama of Warm Springs.

Grandparents on the mother's side are Alice and Gene Sampson.

Daralynn Marie Cora Arthur

Mary Ann Brito of Warm Springs is pleased to announce the birth of her daughter Daralynn Marie Cora Arthur, born on July 6, 2013.

Daralynn joins brothers Diego, 6, and Diaz, 1.

Adonai Rogén Frank

Monica L. Frank of Warm Springs is pleased to announce the birth of her son Adonai Rogén Frank, born on July 3, 2013.

Adonai joins brothers Keanu, 8, and Kody Miller, 7.

Grandfather is Eduardo Cuevas of San Bartolo, Mexico; grandmother is Lillian Cuevas of Warm Springs.

Paityn Rae Cortazar

Tony and Daryllyne Cortazar of Warm Springs are pleased to announce the birth of their daughter Paityn

Rae Cortazar, born on June 16.

Grandparents are Vernon and Sonya of Warm Springs, Dee Cortazar of Pendleton, and William (Guy Guy) Herrera of Pendleton.

Great grandparents are Delphine Scott and the late Leroy Scott.

Andrew King Spino James

Josephine James of Warm Springs is pleased to announce the birth of her son Andrew King Spino James, born on July 11, 2013.

Andrew joins brother Noah, 9, and sisters Lillian, 15, Natasha, 11, and Myla, 3.

Grandparents are the late Aaron James Sr. and Brenda Strom.

Warm Springs WIC program offers healthy options

What is WIC?

WIC is a program that promotes healthy eating for our low-income Women, Infants and Children (WIC).

How WIC helps:

For women: Women on the WIC program eat better, have healthier babies and receive earlier prenatal care.

For infants: Infants born to

WIC mothers weigh more and grow and develop better.

For children: Children on WIC eat foods with more iron and vitamin C and receive their shots on time if needed.

Eligibility

To qualify for WIC, you must:

Live in Oregon, and:

Be pregnant, be a postpartum mother, have a child under 5 years of age. Or be foster parents with children under 5 years of age.

You automatically qualify if on OHP, TANF, and SNAP, and meet a certain income level.

Come see us at the Warm Springs clinic to see if you

qualify and begin learning new ways to make your family eat healthy.

We are open Tuesday-Thursday from 8:30-4:30 p.m.

Please contact us at 541-553-2460/1196 to learn what proofs are needed to get started.

WIC is an equal opportunity program and employer.



4202 Holliday St.

Call 541-615-0555

WARM SPRINGS TELECOM

Tribal members value declining lamprey eels

(AP) — They are older than dinosaurs, older than salmon. Around for an astounding 450 million years, Pacific lamprey have been feeding the native people and landscape of the Northwest for millennia.

And come summer, as the heat builds, tribal members from all around the Columbia Basin travel for hours and hundreds of miles to fish for lamprey, in one of the few places where the ancient fish are still abundant: Willamette Falls.

"It's kind of its own unique taste, you either like it or you don't," said fisherman Bobby Begay, who likes to barbecue what lamprey he doesn't gift to elders.

"To us, they are sacred food. We use them for funerals, memorials and honor dinners, our special times. In our way, we say they have a history in them," he said of the fish. "They serve a purpose, and they are part of the balance of life."

As Begay fishes, using cotton gloves to pull the eels from a pool at the falls, he remembers the stories his grandfather used to tell, about how Eel lost his bones in a bet with Sucker. The 365 bones in a sucker fish — one for every day of the year — each came with its own story,

Begay remembers.

He passes those stories, and the lamprey fishing tradition, on to his own little ones each summer, heading to the falls for a slippery harvest.

Wind dried, eel makes a nutritious snack, three times higher in healthy fats than salmon. Roasted, it sizzles with fat — for lamprey is an animal that has always fed not only the people but the land. Like salmon, they return from the ocean, bringing a harvest of nutrients from the sea to the streams where they spawn.

Both the male and the female carry rocks in their mouths to build the nest for their young. When it's ready, the male wraps himself around the female to squeeze her eggs from her, fertilizes them, and the two then die.

"Salmon get all the credit," said Sara Thompson of the Columbia River In-

tertribal Fish Commission, which is working with Columbia River tribes to restore lamprey to abundance. "But the ecosystem of the Pacific Northwest was built on the backs of these guys."

Once blackening the river in untold numbers, today the eels can be counted on the fingers of two hands at some of the inland dams in the Columbia River and Lower Snake River, which block their passage to spawning grounds. Dams, and even poisoning by fisheries officials who from the 1940s to the 1980s worked to rid streams of so-called "rough fish," have put lamprey at risk of extinction in many streams.

The lowest lamprey runs on record were counted at Columbia and Snake river dams in 2010 and 2011, said Brian McIlraith, Pacific lamprey project leader at the fish commission.

Today lamprey popula-

tions are in such severe decline, tribal members gather eels at Bonneville Dam and truck them hundreds of miles to their home waters above and beyond the dams, to help the fish survive and spawn a new generation.

Tribes also have launched a \$50 million restoration effort with the U.S. Army Corps of Engineers to improve passage for eels at the dams.



Beads, Native American Gifts, Museum, Deli, Grocery, Ice, Fishing Permits, Western Union, Check-Free Bill Pay, ATM and Much More!

2132 Warm Springs St., Warm Springs - ph. 541-553-1597

Over 500 companies can be paid through our check-free service including: Pacific Power, Direct TV, Verison, and Qwest.

Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Phone Legal Aid Services of Oregon to schedule an appointment to speak with an attorney on the first Monday of the month (excluding Holidays) at the Warm Springs Community Action Team building, 1136 Paiute Ave., Warm Springs. Call (541) 385-6944 on Monday, Tuesday, and Thursday mornings between 10 a.m. and noon, or on Tuesday and Thursday afternoons between 1 p.m. and 3 p.m.