

OSU Extension Provides Three Events You Shouldn't Miss

Reproduction in Beef Cattle

The objective of this three-hour class is to help beef producers achieve the primary goal of the cow-calf operation; to efficiently produce a live, vigorous calf every year.

Topics include: Biological Cycle of the Cow, Calving Interval, Calf Weaning Strategies, Reproductive Physiology & Anatomy, Nutrition, Cow Body Condition, and Reproductive Efficiency. Genetics, Selection, Breeding Systems, and Bull Evaluation and Testing will also be covered.

A short laboratory exercise is included. Please pre-register by calling 541.672.4461 or Shelby.Filley@oregonstate.edu 6-9 pm, Th, Apr 11, Lane Community College Main Campus in Springfield OR, Bldg 19, Rm 243 - Dr. Reinaldo Cooke, OSU Beef Specialist, and Dr. Shelby Filley, Regional Livestock & Forage Specialist, Oregon State University Extension Service (Fee \$20)

Then Annual Vaccination Clinic for Horses

WHEN: Monday April 29th, 2013

WHERE: Warm Springs Rodeo Grounds

TIME: 9:00am - 12:30pm

USDAAPHIS Veterinarian will be present on site

AVAILABLE:

- 4-WAY (Eastern and Western Encephalomyelitis, Influenza, and Tetanus) \$14
- West Nile \$20
- PASTE WORMER \$4
- COGGINS TESTING \$7

The "Works" (everything above) = \$ 45 / horse

First time horse (never been vaccinated): Suggest two doses three to six weeks apart

Horses that have been previously vaccinated: Suggest one dose annually

Please call ahead and let us know how many horse you are bringing and what the horse needs

For more information call Warm Springs Extension Office and ask for Fara 541-553-3238

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Livestock Health and Transportation Workshop

Fire Management Building, Holliday Street, Warm Springs -- Thursday May 2, 2013

AGENDA

9-9:15 Welcome, introductions

9:15-10:00 overview of changes in federal legislation Dr. Terry Clark - usda aphs Tribal Liaison

10:00-10:45 animal disease traceability plan in Oregon Dr. John Huntley - usda aphs, Oregon

10:45-11:00 break

11:00-11:15 usda risk management program (cow-calf) Jo Lynn Seuffer - usda rma

11:15-12:00 questions, discussion by tribal participants Katherine Minthorn, iac Jason Smith, ctw

12:00-1:00 lunch (provided by tribal bnr)

1:00-1:45 Oregon state trich program Dr. Brad Lea Master and Dr. Scott Essex - ODA

1:45-2:15 recordkeeping for livestock tracking Fara Brummer, OSU Extension

2:15-2:30 break

2:30-3:00 bull buying and breeding strategies for maintaining herd health Dr. Charles Estill, OSU Extension Veterinarian

3:00 adjourn

Planning & planting with Holly: When should I start planting for My Garden?

Just in time for this year's gardening season, Amy Jo Detweiler, a horticulture specialist, from Oregon State University is going to teach an "Advanced Vegetable Gardening in Central Oregon" class on April 13th.

The class is from 9:30 am-12:30 pm, and will be held in the Education Building Training Room.

The class will cover more in-depth information on growing tomatoes, corn, beans, cucumbers, asparagus, squash, carrots, potato and peppers. Call 541-553-3238 for more info.

Now is the time to start garden planning. Since we have a short growing season, determining when to start seeds indoors and then plant them outside is very important for this area.

Many types of plants can be started indoors and then transplanted outside after the threat of frost.

May 31st is usually used as the first frost-free day. For example tomatoes can be set outside anytime after May 31st, but need to be started inside 8 weeks earlier or by April 5th.

A seed-starting schedule is available in the Warm Springs Oregon State University Extension Garden located in the education building.

The schedule details when to set out each plant and when to start them indoors.

Come in between 8 am-5 pm, Monday through Friday.

If you have any question for Holly about your garden or plants you can contact her at the OSU Extension office on Tuesdays

Food Hero: Gardening With Kids

How to start a garden

- Choose a garden spot in a sunny location.

- ♦ Search for small outdoor spots with access to water.
- ♦ Use pots indoors or outdoors to grow leafy vegetables.

- ♦ Look for community garden plots for great places to plant or even visit for a nice walk.

- Break up the soil if needed with a shovel, hoe, or other garden tool. Add fertilizer if needed.

- Select seeds or plant starts that grow well in your area.

- Design the garden and then plant and water.

- Some plants like tomatoes or runner peas will end up needing support.

When to plant

Most plants are best planted May-July depending on where you live. Read the seed packet or ask your local garden store or OSU Extension office for more planting tips on the veggies or fruits you decide to plant.

Kids can...

- Help pick out seeds to plant
- Dig holes to plant the seeds

- Top garden vegetable cakes (recipe on the back) with tomatoes and sour cream

Veggies and Fruits that grow well in Oregon

- Strawberries
- Beets
- Carrots
- Lettuce
- Kale

- Basil
- Zucchini
- Tomatoes Potatoes
- Snap Peas
- Hot Peppers
- Sweet Peppers

Garden Vegetable Cakes

Ingredients

- 1/4 cup grated Parmesan cheese
- 1/3 cup all-purpose flour
- 1/2 teaspoon baking powder
- 1/4 teaspoon dill weed
- pepper and salt to taste
- 4 eggs (or 1 cup egg substitute)
- 2 tablespoons minced green onion with tops
- 2 teaspoons lemon juice
- 1/2 teaspoon fresh minced garlic (1/4 teaspoon dried)
- 1 1/2 cups shredded vegetables

(unpeeled zucchini, potato, carrots, bell pepper, celery, sweet potato or yam)

Directions

1. Precook "harder" vegetables (i.e. carrots, sweet potato) briefly in a microwave.
2. In medium bowl, stir together cheese, flour, baking powder, pepper and dill weed.
3. Beat in eggs, onions, lemon juice and garlic until well blended. Stir in shredded vegetables.
4. For each vegetable cake, pour 1/3 cup batter onto hot, lightly greased skillet or griddle (380 degrees for electric griddle). Cook on both sides until golden brown. Serve hot.
5. Refrigerate leftovers within 2 hours.

Note:
Serving Size 2 cakes
Prep time: 30 minutes
Cooking time: 15 minutes

Thank you

Ken Smith for donating subways to the 4-H photography workshops!

Visit us online!
Use your QR code scanner to find info about 4-H activities.



Are you in grades 4th-12th? Do you like photography? If so, sign up for our FREE photography classes held every month!



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