

IHS honors Employee of the Year

The Indian Health Service Employee of the Year for 2012 is Lucy Smith Gadberry, CNA.

Lucy is from Warm Springs. She moved away for few years to California and then Alaska, and returned to the reservation in 1997.

Lucy has worked at the clinic since she moved back to Warm Springs. She was named Employee of the Year at IHS for her service to patients, and her good relationships with co-workers at the clinic.

Lucy grew up in Warm Springs. She is a graduate of Madras High School. She met and married her husband Carl Leroy Gadberry, who was driving a truck for her sister's trucking company.

In 1984 she moved to Clovis, Calif., with her husband, who has family there. In California Lucy took an office job, working with Native American people in that region.

After a few years, Lucy and her husband moved to Juneau, Alaska, where his parents were living. They lived there for three years, moving back to California when a family member developed a medical condition.

In 1997 they moved back to Warm Springs. Lucy had been doing office work for



Lucy Gadberry, IHS Employee of the Year

the past 18 years. She applied for a job at the clinic and was hired. She has been a CNA for 15 years.

"I like working with our people," Lucy says. Being a tribal member helps her in understanding and communicating about the issues facing patients at the clinic.

Comments from three patients in particular were rea-

sons why Lucy was named Employee of the Year, said Marella Sam, of the IHS employee recognition committee.

The patients' comments, she said, "made me feel like I'm on the right path to making people feel better."

Lucy is a cancer survivor, and has been cancer-free for three years now. During her

treatment, she had to travel to St. Charles Medical Center in Bend every day for six weeks, during winter.

Without family this would have been even more of a challenge. As one of ten children, "I had a lot of support."

Her parents are Woodrow Smith Sr. and Iris Kalama Smith, who are now deceased.

Young people who are interested in the medical field should pursue a career in health care, Lucy says. "If you have the interest and drive, then follow through," she says.

Lucy works with her cousin Larson Kalama on the Veterans Healing Circle project, coming up in April. "I see people who come through the clinic who could really benefit from that," she said.

The Warm Springs clinic is an interesting and unique place to work, Lucy says, because of the relationship between the tribes and IHS. She is hoping to see a similar relationship develop with the Veterans Administration.

Lucy received the Employee of the Year award at the monthly IHS employee meeting, held the first Wednesday of the month at 11 a.m.

- Dave McMechan

Heart Smart Fair, Dinner next week

The Warm Springs Health and Wellness Center Model Diabetes Program will host the Twentieth Annual Heart Smart Health Fair and Dinner on Wednesday, Feb. 27, at the Agency Longhouse.

The event is free and open to all community members. The Health Fair begins at 4 p.m. The healthy dinner will be salmon, green beans, roasted potatoes, tossed salad and roll.

Entertainment will be

provided by the Ayayat Idait TeNa Numu Dance Group.

Tables are still available for the Health Fair. Please contact Jeri Kollen to reserve a table, 541-553-2478. A variety of educational instruction will be available related to heart health and wellness. A drawing will be held for several turkeys for those who come before 5 p.m. Prizes will be raffled off throughout the dinner.

Baby Fair at center

Warm Springs Recreation will have its Sweetheart Baby Fair from 5-7 p.m. this Thursday, Feb. 21 at the community center.

There will be a family photo shoot, door prizes and

a meal. Bring your family for fun and games.

There will also be a Regalia Fashion Show for kids up to 5 years old, and a Baby Board Gallery to showcase your family's baby boards.

Veterans Gathering in April

The Veterans and Family Healing Circle Gathering will be held April 25-28 at HeHe Longhouse.

The weekend will include healing ceremonies, speakers, talking circles, elders' wisdom, sweat lodge, healing touch treatments, raffles and fun. No fees of any kind are being charged. Contributions of food, volunteer time and raffle items are greatly appreciated.

Thursday, April 25, the

longhouse will open at noon for campers, healing touch treatments, sweat lodge, music and storytelling.

Friday opening ceremonies will begin at 6:30 p.m. Saturday will be filled with ceremonies, a silent auction, raffles and music by David Currey.

Sunday the closing ceremony will be at 10 a.m. For more information contact LeMinnie Smith at 541-325-1531.

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Coat class at Noree's Plume

Noree's Plume has a coat class scheduled for March 9.

Prepayments are being accepted now for reservations

for this class. If you prepay before March 1 you will receive a 15 percent discount.

You can contact Noree at the store 541-615-0282.

Art camp for Native students

The Journeys in Creativity pre-college art camp for Native American teens will be held June 16-29 at the Oregon College of Art & Craft in Portland. Youth

have until April 2 to submit applications. Twelve teens will be selected to attend at no cost. For more information go to the website: oacac.edu

Warm Springs Community Calendar

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Wednesday, Feb. 20

This is a 2-hour early release day for 509-J Schools.

A "Positive Brain Injury" Support Group for survivors will meet from 4:30-6 p.m. at 124 SW 8th Street in Redmond. For information, call Nancy, 541-330-4428.

Thursday, Feb. 21

Jefferson County "Business after Hours" will be hosted by the City of Madras, located at the new City Hall from 5:30-7:30 p.m. Everyone is welcome. The City will be giving an introduction and dedication of the Time Capsule.

St. Charles Hospice is hosting a Grief Support Group every Thursday in February from 5-6:30 p.m. at High Lookee Lodge. It is open to everyone who has lost a loved-one. There is no charge to participate. Coffee and cookies provided.

Friday, Feb. 22

Jefferson County Coffee Cuppers will be hosted by H&R Block, located at 242 SW 4th Street, in Madras at 8 a.m. Everyone is welcome.

Saturday, Feb. 23

Eagle Watch 2013 is

this Saturday and Sunday, February 23-24 at Round Butte Overlook Park at Lake Billy Chinook. Everyone is invited to enjoy live birds of prey, viewing sessions, educational programs, kids' and family activities and food. The Native American presentation is on Sunday.

Tuesday, Feb. 26

The IHS Diabetes program will have a Diabetes Self Care Session from 11 a.m. til noon and lunch after in the Health and Wellness Center Kitchen Conference Room. They will talk about medications, pregnancy, blood sugar and sick day management.

Higher Education will have a workshop on completing college applications, degree information and scholarships. Session 1 starts at 4:30, and the second at 6.

Wednesday, Feb. 27

A Childbirth Education Refresher Class is being offered. This class is for parents with babies due before March 27 and is not for first time parents. It will review current information on the labor and delivery process. The class will be held in Warm Springs at noon. Sign up by calling 553-

2460; or there is an evening class at Mt. View Hospital from 7-9, call 541-475-3882 to register.

There will be a Seatbelt Diversion Class from 3-5 p.m. in the IHS kitchen conference room.

Warm Springs Recreation's Re-Awakening classes feature volunteer teachers sharing their knowledge. Gatherings are open to all. They take the first five

people to sign up. Starting this Wednesday at 5:30 - Rosie Tom is teaching Basket Making with the coil method. Call 553-3243 to learn more and sign up.

Thursday, Feb. 28

St. Charles Hospice will hold a Grief Support Group from 5-6:30 p.m. at High Lookee Lodge.

Warm Springs Higher Education is reminding students that 2013 Sum-

mer Bridge COCC Application packets are due by February 28. For more information call 541-553-3311.

Friday, March 1


There is an Outlook computer class being provided for Warm Springs Tribal employees March 5-7 from 9 to noon at the COCC Madras Campus. Pre-registration is required by calling Job Creation and Develop-

ment at 541-553-3324.

Tuesday, March 5

The Tribal Veterans Service Officer Keith Baker is located in the Veteran's Hall. He is in the office Tuesday and Wednesday from 10 a.m. to 6 p.m. The number to the Veteran's Hall is 541-615-0347 and to reach the Tribal Veteran's Service Office the number is 615-0348.

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