

Brisbois completes Army Basics

Douglas Brisbois on January 31, 2013 completed Army Basic training at Ft. Jackson, South Carolina.

Douglas is a 2011 graduate of Madras High School.

After he Basics, he moved to Ft. Lee, Virg., for further training.

Family members attended his recent graduation at Fort Jackson, arriving back home earlier this



week.

The family wishes to say the following:

We want to wish him all the best, from dad Dan, Syl, and Darrin and Nalani, Aunt Jeannie, and the rest of the family.

PFC Douglas Brisbois moved recently to Fort Lee, Virginia.

Births

Brennan Jay Sutterlee
Stefan J. Sutterlee and Jaylyn R. Suppah of Simnasho are pleased to announce the birth of their son Brennan Jay Sutterlee, born on January 27, 2013.

Brennan joins sister Mateja Renae.

Grandparents on the father's side are Everett Windy Boy, and the late Sharold Thomas.

Grandparents on the mother's side are Jay Suppah, and Kaylyn Currie.

Chelsie Eleina Quijano
Luis Alberto Quijano and Evelyn Patricia Escalante de Quijano of Madras are pleased to announce the birth of their daughter Chelsie Eleina Quijano, born on January 24, 2013.

The grandparents on the father's side are Adolfo Quijano of New Orleans, and Julia Mendez of Madras.

Grandparents on the mother's side are Orlando Escalante and Maria Anzora of New York.

Avery Elizabeth Fitzgerald
Chris and Michelle Fitzgerald of Redmond are pleased to announce the birth of their daughter Avery Elizabeth Fitzgerald, born on January 18, 2013.

Avery joins sister Alexa, 7.

Grandparents on the father's side are Steve and Karen Fitzgerald of Redmond.

Grandparents on the mother's side are Jim and Donna Manion of Madras; and Urbana and the late Ed Manion of Warm Springs.

W.S. Chamber Notes

Shop to open, Java Jump at Media Center

February is about new growth, new beginnings and Valentines. This is especially true for February 2013.

"Noree's Plume" grand opening at the Casino Shops is this Friday and Saturday, Feb. 8-9.

The Pendleton fabric store, owned by Noree Guerin, will be selling the famous fabric, plus teaching sewing classes using the fabric and selling knock-out accessories and jewelry to enhance the fabric.

Grand opening specials include discounts on sewing classes, drawings for merchandise and gift certificates.

The February Warm Springs Chamber of Commerce meeting on Tuesday, Feb. 12 will feature the possibilities and opportunities for the River Canyon Country Recreation effort, as well as cooperative marketing within the Warm Springs business community.

The Meeting is from 5:30 to 7:30 p.m. at the Commu-

nity Action Team conference room, located on Campus at 1136 Paiute Avenue.

Join the Java Jump Start, Valentine's Day, February 14 from 8 to 9 a.m. at the tribal Media Center building off Highway 3, just up the grade from Highway 26. Meet the staff, tour the facility and enjoy a cup of something hot. Have a conversation with friends about opportunities, new beginnings and an early spring garden.

Patricia Gainsforth

Diabetes Self Care sessions for 2013

The Diabetes Self Care Sessions are held on the second and fourth Tuesdays of each month, from 11 a.m. to noon, with light Lunch afterward.

The sessions are presented by Jeri Kollen, RN, who is a Certified Diabetes Educator with the IHS Model Diabetes Program Education; and Linda Porter, Warm Springs Tribal Nutritionist.

The Diabetes Self Care sessions are held in the kitchen conference room at the Warm Spring Health and Wellness Center.

Attending four different sessions, and a follow-up visit three to six months later, completes the HOPE program.

Session topics and dates are as follows:

Feb. 12: Being active, coping with diabetes.

Feb. 26: Diabetes medications, taking medications; pregnancy with diabetes (briefly); high and low blood sugars, sick day management.

March 12: Healthy eating, goal setting.

March 26: What is diabetes? Complications of diabetes.

April 9: Being active, coping with diabetes.

April 23: Diabetes medications, taking medications; pregnancy with diabetes (briefly); high and low blood sugars, sick day management.

May 14: Healthy eating, goal setting.

May 28: What is diabetes?

Complications of diabetes.

June 11: Diabetes medications, taking medications; pregnancy with diabetes (briefly); high and low blood sugars, sick day management.

June 25: Being active, coping with diabetes.

July 9: Healthy eating, goal setting.

July 23: What is diabetes? Complications of diabetes.

August 13: Being active, coping with diabetes.

August 27: Diabetes medications, taking medications; pregnancy with diabetes (briefly); high and low blood sugars, sick day management.

Sept. 10: Healthy eating, goal setting.

Sept. 24: What is diabetes? Complications of diabetes.



Happy Valentine's Day, Warm Springs, from Travis Bobb.

1st Anniversary Celebration Saturday, February 9, 2013

1pm Opening Invocation & Remarks
(Casino lobby, for 21 & over only)

2:30pm Players Club Hosts will be distributing 1st year Anniversary souvenir

3pm-11pm Lucky Seat Drawings for 40,000 Slot Points (\$100) every hour

7:30pm-11:30pm \$500 Cash Drawings every hour

Midnight - Drawings for 2 Polaris RzR Side X Side Limited Editions or \$9,000 Cash.
Be one of our two Lucky Winners!

8pm-Midnight Jamie Rollins Band



GET YOUR KICKS ON HIGHWAY 26

www.indianheadgaming.com or 541-460-7777

SON, FATHER, PA



'Wish-na'
EUGENE L. DAVID

DEC. 17, 1931
APR. 22, 2002



PIONEER ROCK & MONUMENT GOLDENDALE, WA

NATIVE AMERICAN DESIGNS

509-773-4702

\$499 UPRIGHT 2'X1'X3" GRAY GRANITE HEADSTONE
Carved on front and shipped UPS

201 Crafton Rd PO Box 348
Goldendale, WA 98620

www.betterheadstones.com
www.pioneerrock.com