

*Change for Social Security, other recipients*

By Yvonne Iverson

Paper checks will be a thing of the past for those who receive Social Security, VA or other federal payments.

Beginning March 1 you will need to sign up for direct deposit to your bank account or receive a government issued debit card.

*Spilyay Speaks*

If you have received unemployment in the last few years you may be familiar with the debit card process.

A debit card is issued to you by the government and the amount is loaded on the card each month. You can then use the card for purchases or go to an ATM to get cash.

Your other option is to work with a bank. "Checking accounts are also a great value for consumers. They offer convenience, and multiple ways to access/manage their money and security," explains Don Pearson, Wells Fargo regional president.

"In many cases, having direct deposit is one way to waive a monthly service fee on a checking account."

This change will take place for all Social Security retirement, disability, or survivors benefits recipients, unless you are one of the very few who qualifies for an exemption.

According to the Treasury Department, they will grant exceptions to the rule only in rare circumstances.

Automatic waivers are granted to people born on or before May 1, 1921.

Check recipients living in remote areas without sufficient banking infrastructure may apply for a waiver, as well as check recipients for whom electronic payments would impose a hardship due to a mental impairment.

Waiver applications can be requested by calling 800-333-1795. This may be a big change for your or someone you know, and there may be a learning curve with using a debit card.

You can get more information by going online to: [www.GoDirect.org](http://www.GoDirect.org)

Or call the U.S. Treasury Electronic Payment Solution Center's toll-free helpline at (800) 333-1795 or pay a visit to your local banker.

Letters to the editor

MHS hoops

During the 2013 basketball season, the Madras High School girls' basketball program will be involved in a campaign called, "Operation—100 Free Throws."

In the past we have done a variety of fundraising efforts to help with purchasing new equipment such as uniforms, balls, travel gear, and supporting our spring and summer expenses.

Our goal again this year is to fundraise during the current season to help with future purchases and expenses that a quality program must endure.

We are asking for private or corporate sponsors to pledge or donate an amount for each player's participation during this event. Each player in the program will shoot "one hundred free throws" during the current week (through Feb. 8). Each player in the program will shoot 20 free throw shots per day this week.

The goal for each player is to make 75 shots out of 100. Player incentives:

Players raising more than \$75 will have an opportunity to shoot one free-throw for a \$5 reward.

The top two players from each team that raises more than \$125 will be awarded: first, \$20; second, \$15.

The top two players from each team that raises more than \$125 and has the highest number of shots made on goal will be awarded: first, \$20; second, \$15. (Players may only be awarded one of the prizes.)

MHS girls' basketball program

Our resources

What happened to our once abundant natural resources throughout North American? The plains used to have many millions of buffalo and the elk population was estimated to be ten million. The rivers used to have salmon runs in the millions with some that weighed over 100 pounds each. The forests had millions of acres of old growth trees, some over 500 years old. Nowadays we have infringement and short hunting seasons. Our treaties are continuously under attack by the state. Also, they want control over our natural resources. Now they have their foot in the door at the Warm

Springs National Fish Hatchery. At the WSFPI mill it was reported they may be getting loans possibly of a total of \$52.4 million. I thought there was already a small-log mill there. Four years from now the allowable cut will be 31 million board feet. WSFPI also had an employee downsizing recently. Is that permanent? Once a non-Indian in Portland told me that non-Indian people view Native Americans as passive. That view needs to be changed also. Our audit system is outdated. We need a new system with accountability. This old system we have allows auditees to hire an auditor who is friendly to them. We need more accountability than that, just in case any crime and corruption is suspected in the future. In the past it appeared the audit was a mockery. What's going on with our enterprises including the dam? No dividends, just crumbs. Respectfully,

Anthony Littleleaf

Youth health

The Warm Springs Health and Wellness Center Business Office is planning a one-day youth health fair targeting youth in the Warm Springs community with an emphasis on prevention, health education and promoting a healthy lifestyle.

The date for this event is March 26, during spring break. This Youth Health Fair will be similar to the popular Pi-Ume-Sha Health Fair in June, but will be specifically for the youth of Warm Springs. A meal will be available and included for all participants of the health fair.

This will be an opportunity for your organization or business to present your goals, missions and support towards the youth and families of Warm Springs.

There will be space provided for information booths or demonstrations. A registration form is available for booth space.

Your organization or business can be a part of the excitement by supporting our youth with a donation. We are collecting donations for raffle and door prizes for the youth who participate. If your organization or business has promotional items that can be used as prizes, we would greatly appreciate it.

Your donation will bring us closer to our goal of getting youth to attend by using whatever is donated as an incentive to attend.

Several business and community leaders are on board as well as many individuals. Our community is clearly excited and eager to see this project succeed. We are happy to acknowledge your donation to our flyers and this event.

Thank you for considering this opportunity to partner with our organization for raising awareness and education for the youth of Warm Springs. If you have any questions regarding our event, or need to reserve space for a booth, please feel free to con-

Thinking man sport

Facing an opponent, older, bigger, stronger, with more experience, knowing he's not there to lose.

This is not a popular sport but it is where we go to learn to achieve it is where we learn to believe in ourselves, so that others will too. We know that success is not in the hands of fate but within ourselves.

We learn to deal with failure, so that we may find success. Above all, it is where we learn to learn.

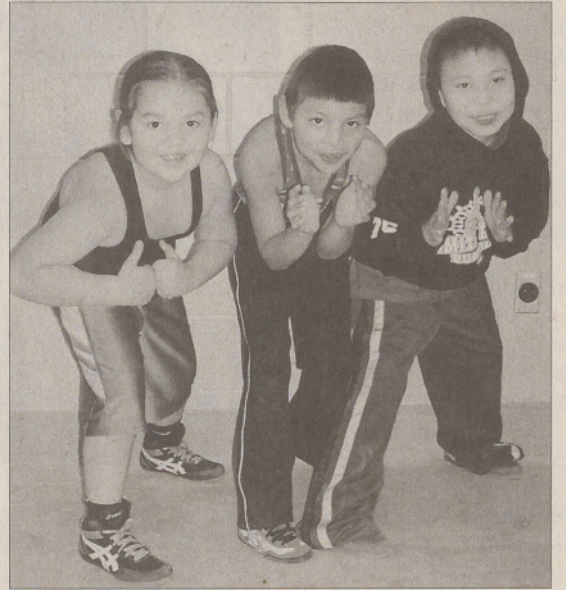
We develop our character. Talent is a gift. Character, however, is developed by thought, choice, and determination.

To be competitive we mix our ingredients of timing, balance and experience. To succeed we rely on our talents that we are born with and our skills that we develop.

With every wrestling meet we develop skills and test our limits. Please remember there is nothing as momentary as a sporting achievement and nothing so lasting as the memory of it.

We, the recipients of a scholarship donation from the Johnson O'Malley Committee for Collin Switzler, Devyn Greene Boise, and Dasen Begay, would like to thank the committee for the donations to help our wrestlers.

The Madras Mat club started wrestling practice in October. Our wrestlers



Courtesy photo.

Mat Club members say thank you!

participated in several tournaments. Long hours of practice are not unusual for these kids.

Clint Switzler bought a few roll up mats for the boys to practice on. They practice every day of the week. Tuesday and Thursdays they wrestle in Madras with the mat club and then they practice Monday, Wednesday and Friday at the aerobics room at the center with Clint, Trevor, and Triston.

Saturdays are tournament days. They have wrestled in LaPine, Bend Lava Bears, Redmond High School, Hooker Creek Event Center, The Dalles, Hood River, Crook County, Burns, Culver and defended Madras. Collin, Devyn and Dasen all placed at quite a few of these tournaments.

They have to pay \$20 par-

ticipation fee every weekend they enter a tournament. They are young dedicated athletes with the drive to be outstanding competitors.

We, as parents, appreciate the monetary donation to help with the expense of this sport. Your contribution was extremely helpful.

In closing we would like to thank Waldon Winishut, Josh Olney, Hayden Heath, Dylan Heath, Devyn Greene-Boise, Dasen Begay, Isaac Boise, Tracy Boise, and Collin Switzler for representing Warm Springs and Madras with ideal sportsmanship and competitive spirits. God Bless and wrestle life well.

The Switzler Family

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Springs Health and Wellness Center.

Love you and I am very grateful to have you. Always and forever, Mafía Ortiz.

Happy Birthday, Julia Ortiz. Love always, Mafía.

Wishes...

To my beautiful wife, Happy Valentine's Day, Julia Ortiz.



Warm Springs artist Travis Bobb is wishing Warm Springs a Happy Valentine's Day, Feb. 14.

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The next deadline to submit items for publication in the Spilyay Tymoo is Friday, Feb. 15. Thank you for writing!