



Courtesy photo.

The Diabetes Prevention Program hosted a nine-week "Lighten up for the Holidays" campaign that consisted of weekly weigh-ins, exercise, and portion control. The purpose of the campaign was to help participants in the program to maintain or lose weight during the

holidays. There were a total for 18 participants who signed up for the campaign, and 14 who completed the campaign (some of them pictured above).

Time management class offered

Warm Springs Tribal employees are invited to attend a business skills training on "Time Management" on Wednesday, Feb. 13 from 9 til noon in the Credit Conference Room. Pre-registration is required by calling Job Creation and Development at 541-553-3324.

Grief support at High Lookee

St. Charles Hospice will hold a Grief Support Group every Thursday in February from 5-6:30 p.m. at High Lookee Lodge. It is a four-week program, one that creates a safe environment in which to look at ways we deal with loss. It is open to everyone who has lost a loved-one. There is no charge to participate. Coffee and cookies provided. Pre-registration is requested by calling St. Charles Hospice at 541-420-8673.

Tribal Council Agenda

- Wednesday, Jan. 23** 9 a.m. - Minors' Trust Fund with S-T. Tribes of Northwest Indians Conference.
- Monday-Tuesday, Jan. 28-29** - National Native American 8(a) Conference.
- Thursday-Friday, Jan. 24-25.** Tribal Council workshop on 2013-14 tribal budgets.
- Monday-Thursday, Jan. 28-31** - Affiliated (Note: Agenda subject to change at Council discretion.)

Vets gathering in April

The Veterans and Family Healing Circle Gathering will be held April 25-28 at HeHe Longhouse. The weekend will include healing ceremonies, speakers, talking circles, elders' wisdom, sweat lodge, healing touch treatments, raffles and fun. No fees of any kind are being charged. Contributions of food, volunteer time and raffle items are greatly appreciated. Friday opening ceremonies will begin at 6:30 p.m. Saturday will be filled with ceremonies, a silent auction, raffles and music by David Curry. Sunday the closing ceremony will be at 10 a.m. For more information, contact LeMinnie Smith at 541-325-1531.

Submit youth art camp application

The Journeys in Creativity pre-college art camp for Native American teens will be held June 16-29 at the Oregon College of Art & Craft in Portland. Youth have until April 2 to submit applications. Twelve teens will be selected to attend at no cost. To find out more about Journeys go to the website: ocac.edu

Student internship offer

Are you a student looking for a unique internship opportunity this summer?

Would you enjoy working for a national, Native non-profit organization focused on American Indian land recovery?

Do you want to build your professional skills and experience while learning more about Indian land issues?

If this describes you, or someone you know, please visit our website to learn more about 2013 summer internship opportunities with the Indian Land Tenure Foundation.

Application deadline: February 15. Website is: iltf.org

You are invited...

~ To the 2013 Miss Warm Springs Pageant

This Wednesday, Jan. 23
Dinner at 6 ~ Pageant at 7

At the Agency Longhouse



RENEW YOUR...

BURN PERMITS!!

- ⚡ PERMIT HOLDER SHALL BE ON SITE DURING BURN!
- ⚡ BURNING IS ONLY VALID AT ADDRESS ON PERMIT; BURN AREA SHALL BE SAFE & SECURED! SAFE= WATER SOURCE, HAND TOOLS
- ⚡ REMINDER: IT DOES SAY "CALL WSPD" WHEN UPON STARTING YOUR DESIGNATED BURN!
- ⚡ WEATHER CHANGES THROUGH OUT THE SEASON, CHECK FIRE LEVELS AT ALL TIMES!
- ⚡ DO NOT BURN ON WINDY DAYS PERIOD!



QUESTIONS/ CONCERNS
541-553-1146 ext.1150

Claims Must Be Filed By March 1, 2013 In \$3.4 Billion Indian Trust Settlement

What is This About?

The *Cobell v. Salazar* Settlement is approved. The Settlement resolves a class action lawsuit that claims that the federal government violated its duties by mismanaging trust accounts and individual Indian trust lands. Payments to the Historical Accounting Class are underway. The process of considering claims for the Trust Administration Class is ongoing.

The final deadline if you need to file a claim form for the Trust Administration Class is March 1, 2013.

Am I Included?

The Trust Administration Class includes:

- Anyone alive on September 30, 2009, who:
 - Had an IIM account recorded in currently available electronic data in federal government systems anytime from approximately 1985 to September 30, 2009, or
 - Can demonstrate ownership in trust land or land in restricted status as of September 30, 2009.
- The estate (or heirs) of any deceased landowner or IIM account holder whose account was open or whose trust assets had been in probate according to the federal government's records as of September 30, 2009.

Do I Need to File a Claim Form?

You must file a claim form if you believe you are a member of the Trust Administration Class and you have not:

- Received IIM account statements at your current address anytime between January 1, 1985 and September 30, 2009 and continue to receive statements; or
- Received a payment as a member of the Historical Accounting Class. If you did, you will receive a second payment automatically as a member of the Trust Administration Class; or
- Filed a claim form already using your current address. If you have, the Claims Administrator will contact you.

You must fill out a claim form and mail it to Indian Trust Settlement, P.O. Box 9577, Dublin, OH 43017-4877, postmarked by **March 1, 2013** in order to receive a payment.

How Much Money Can I Get?

Members of the Trust Administration Class will likely receive at least \$800 or more. The actual amount will depend on the number of claims and the costs of administration.

For a claim form or to update your contact information:

Call Toll-Free: 1-800-961-6109 or Visit: www.IndianTrust.com