

## Community gathering to address youth issues

Last weekend, several departments on the reservation sponsored the Gathering of Native Americans conference at the Community Center in Warm Springs, with the help of a grant from Native American Aspirations.

"We're going through mastering interdependence and generosity, and we're utilizing the community on this rather than having outsiders come in to fix us," Michael Martinez said. "So this is Native American prevention."

Fifteen to 20 facilitators have been recruited from various departments and have completed training to address issues on the reservation.



Community building activity at conference.

Duran Bobb/Spilyay

Some of the topics at the conference included youth violence, bullying, and suicide prevention.

"We're going to do this several more times," Martinez

said. "There's a camp planned for August in HeHe, and another conference slated for October."

The conferences are open events for the community.

"We need answers from tribal members," Martinez said, "so we can tell our own personal story. We need members to become a part of this."

## Some wishes...

Happy birthday sister, aunty, grandmother, great-grandmother and best friend, Charlotte Shike, on May 4. Just thanking you for going there for me and my children all the time. Sister, Neda Wesley and children.

Happy birthday to my nieces Helena and Joyful, on May 17. Love, Love, Love, Aunty Neda.

For Mothers Day, to children: Be there for your mothers now, remember to honor your mothers this Mothers Day. I will take flowers to my mother's grave. Wesley Redhouse.

Date of birth 5-18-06  
Marcal B.W. Tewee



All family and friends are welcome to my birthday barbecue at Sabalee Park at 6 p.m., on May 18, 2012.

## More Letters to the Editor

### Summer Youth

We would like to thank all our Summer Youth speakers for the monthly classroom and workshops we've been conducting through the months of March and April, and the future classes and workshops we'll be having in May and June.

We would like to say thank you for the following presentations and the following presenters:

Suicide prevention presenters Michael Martinez, Rosanna Jackson, Scott Kalama and Rachel Macy. Culture and Heritage presenters Myra Johnson-Orange; PHET (other careers)-presenters Danica Greene, Jefferson Greene and Gabriel Walker; Louie Pitt of Gov-

ernment Affairs; Legal Aide presented by Reina Estimo.

Thank you Safety Class presenters Solomon "Solo" Stewart, Jayce Allen, Building Inspections; Alvis Smith III, Weatherization program; Ron Palmer, water treatment plant; and Casey Smith, new Safety officer; Natural Resources' Clay Penhollow; Kah-Nee-Ta's Cecilia Herrera; Big Brothers Big Sisters' Jaylyn Suppah; Dorothy Kalama of Victims of Crime; Janell Wallulatum and Charlene Smith.

The workshops were very well received by our youth, and the information you gave out and the additional reference material you provided was fascinating and timely.

Our only regret is that we didn't have more time to dis-

cuss or touch on specific topics with you all, but being short notice, you all did a superb job and made the workshops and classes as much fun and informational as possible. That is much appreciated.

To the youth who attended the workshops, we were glad you were able to meet with all the presenters and use all the information you've been taught, to utilize your skills as you pursue Summer Youth work. Please do not be afraid to ask questions, this is how you get results. All youth have been most enjoyable, patient, good listeners, respectful, and should know what needs to be completed. If you still don't understand, comprehend or have questions, stop by our office or

give either Verleen, Melinda or Wayne Miller a call at 541-553-3324.

Attention all youth/worksite supervisors and the public: I will be off for medical reasons, and am not sure when my return date back to work will be, but Wayne Miller will be standing in for me until I return and if he is out of the office, you can speak with Melinda Poitra.

Thank you again for taking the time to speak to our youth classes and workshops, especially in such short notice of time. If anyone is interested in speaking to our youth, we're still seeking guest speakers the first week of June.

Sincerely,  
Verleen Kalama, YDP Administrator.

### Seminars on controlling sugars

Ever wonder what to eat? How to manage those pesky sugars that lurk everywhere?

Do you know what the glycemic index is or the glycemic load?

Do you wonder if there are good sugars or are they all bad for you and why? How much sugar should you eat?

Come to an informative and motivational carb counting series and find

out the answer to these questions and more. Snacks and small gifts are provided to aid in your quest for carbohydrate and sugar knowledge.

The sugar management seminars will be presented by Linda Porter, Nutritionist, at 3:30 and 5:30 p.m. on the following Thursdays: May 3, 10 and 17, in the Health and Wellness kitchen conference room.

### Clinic has new meters for members with diabetes

All community members with diabetes are strongly encouraged to come to the clinic and pick up a new meter and attend a learning session on

how to use it. The new meters will be handed out during the learning sessions every Monday at 2 p.m. in the clinic kitchen conference room.

### Baptist Church hosting revival

The Warm Springs Baptist Church will host a revival Thursday-Sunday, May 10-13. Special guest speaker will

be Pastor John Sears. The times on Thursday-Saturday are 7-8 p.m. The time on Sunday is 11 a.m.-12 noon.

## Homeless: no easy solution

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In the past, Tillman was a resident of High Lookee Lodge. "But I couldn't go anywhere. I'd get into trouble for leaving for days at a time before coming back."

Finding a place to stay these days can be difficult for Tillman. "I used to sleep in a camper, but people found out that I was using it. They took the door off. There's nights when I can't find a place to stay now. I just wander around. Sometimes it gets cold."

"I go to yard sales whenever I can," Neda said. "I buy pillows, bags, coats, sweaters, shirts. I clean them up knowing that the cold will come again."

"Sometimes all it takes to know that you made a difference is a pot of stew," Iva Pennington said. "Me and my daughter would take a

pot down to those folks. We stock up on blankets and coats all year. They don't even have to say thank you, it's in their faces."

"I'll get my reward," Neda said. "They hug me and that means a lot to me in my state of health."

Pushing his walker on the roadside, Tillman prays to himself and suspects that he has received an answer. "I'm thinking about not drinking. I'm getting too old for this now. I'm starting to look around."

How to address homelessness on reservation is a tough question. Tribal leaders, though, are aware of the factors that can lead to homelessness.

"Some of it is housing," Councilman JP Patt said. "Being homeless could be related to the availability of housing for the people. Also,

a part of it could be the status as far as their earnings. There are other factors to consider as well, such as alcohol. This is a difficult issue."

Councilman Patt has had talks with other members of Tribal Council on the possibility of constructing small two-person dwellings.

"These could be very small units, just to get people out of the weather. A place to call home—whether it's temporary in nature or permanent. They would be inexpensive to rent and have a good roof."

According to Patt, there are resources in the tribe that could be utilized to address the problem. "The best thing we can do is sit down and talk about it. The people in charge of those resources need to bring the proposals to the table."

## Parade Day



Yvonne Iverson/Spilyay

The children at Early Childhood Education celebrated the Week of the Young Child with a parade. Classrooms dressed in nursery rhyme and storybook themes. Other WOYC activities included a Penny Carnival at the Community Center, and a Jefferson County Middle School marching band parade.

## Telecom: Tribal Connect available for \$1 a month to those who qualify

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The next level of service will include local calling, 60 minutes long distance and 10 calling features, such as, call waiting, call hold, caller ID and three way calling. Tier 3 includes unlimited long distance.

Tribal Connect will be available to anyone living on the Warm Springs Reservation (tribal member or non-member living on the reservation). This service is funded by a program of the

Federal Communications Commission called Lifeline.

Tashina Smith works as a customer service representative for WST, and she has been helping tribal members sign up for the Tribal Connect service.

She explains, "Your eligibility is based on participation in a number of federal programs, including Medicaid, Federal Public Housing Assistance, SSI, or the tribally administered Temporary Assistance for Needy

Families (TTANF). For a full list of programs, please check with us to see if you are eligible. If you are eligible, you'll be able to receive your telephone service starting at \$1 a month plus surcharges and fees."

It is important to understand that only one tribal connect (Lifeline) is allowed per household.

If you have a cell phone and have a Lifeline service from that company, you will not be eligible for the

company's Tribal Connect, unless you change your Lifeline to the WST's Tribal Connect. If you are unsure of your status, talk to your Customer Service Rep at WST for more information about this issue.

Internet comes in various speeds to meet your particular needs. For people who want to use the Internet primarily for email, homework, on-line shopping or reading news online, the Basic product will probably suffice.

If you intend to download music, watch movies on services such as Netflix, or do gaming, you may need a higher speed, either the Premium or Ultimate product. WST customer service staff can help you determine which product will best suit your needs. Again, these different products can be purchased as a stand-alone, or for a better deal, as part of the bundled package with your telephone service.

So come on by the WST

office and sign up now. The sooner you get your paperwork complete, which will take some time if you are eligible for Tribal Connect, the sooner you will get service.

The Warm Springs Telecommunications Company (WSTC) is a tribally chartered enterprise whose mission is to bring advanced broadband services to the Warm Springs tribes, including voice, data and video.