

Important change in diabetes testing

If you're diabetic and you check your blood sugar at home, this important message is for you.

The Warm Springs Health and Wellness Center is changing to a new style of blood sugar monitor.

Everyone who gets their test strips from the Warm Springs Health and Wellness Center will need to come in to the clinic and pick up a new meter.

In the future the Pharmacy at the Warm Springs Clinic will

only have test strips for the new meter.

The new meters will be handed out during learning sessions on:

Tuesday, April 3 from 8:30-11:30 a.m. and 1-5:30 p.m.;

Wednesday, April 4 from 1-5:30 p.m.; and,

Thursday, April 5 from 8:30-11:30 a.m. and 1-5:30 p.m.

The clinic will be providing instructions on how to use the new monitor.

All community members with

diabetes will need to come to the clinic to pick up a new meter and attend a learning session on how to use it.

Don't miss the opportunity to obtain a new meter.

Please make your plans now to come in April 3, 4 or 5. Pick up your new monitor and attend a short training session on how to use it.

Call the Warm Springs IHS Diabetes Program at 553-2478 with any questions.

Birth announcements

Erland Matthew Suppah III

Erland Suppah Jr. and Devonna Suppah of Simnasho are pleased to announce the birth of their son Erland Matthew Suppah III, born on March 3, 2012.

Erland III joins sister Miayala Faye Suppah.

Grandparents on the father's side are Erland Suppah Sr., and Sally Whiz of Simnasho.

Grandparents on the mother's side are Debbie Faye Goodlance, Bonnie Rose Thomas, Ronnie Thomas, and Emerson Squiemphen.

Charelle Anneliese Wainanwit

Charlie and Antoinette Wainanwit are pleased to announce the birth of their daughter Charelle Anneliese Wainanwit, born on March 9, 2012.

Charelle joins brother Jerikeo and Zyrrelle; and sister Carla.

Grandparents on the father's side are William Wainanwit Sr., of Warm Springs, and Marilyn Charlie.

Grandparents on the mother's side are Milward TallBull of Billings, Mont.; and Annette Jim of Warm Springs.

Joseph Higbeagle III

Meleah Fuentes and Joseph Higbeagle Jr. are pleased to announce the birth of their son Joseph Higbeagle III, born on January 26, 2012 in Pendleton.

The grandparents on the mother's side are Antone Fuentes and Alberta Taylor Fuentes.

The family wants to make this announcement, as they are living Pendleton.

Howlak Tichum

Almera Lakaela Hoches Bettles-Klein, 1973-2012

Almera Lakaela Hoches Bettles-Klein passed away on February 27, 2012 in Watertown, New York. She was 38.

Almera was born July 6, 1973 in Medford to Jody Anne Bettles. She was raised by her late grandmother Priscilla Mable Hoches Bettles. She was a member of the Confederated Tribes of the Umatilla Indian Reservation.



with her Aunties.

She attended school in Chiloquin, and was involved in many activities and sporting events there. During the All-Indian Big Tournaments in Chiloquin, Almera was the second girl to become a mascot by shooting more baskets than the boys at the shootout; she was very proud of her accomplishments.

She traveled with her grandmother and sisters to several powwows throughout the Northwest and won many competitions as a fancy dancer. Almera was remembered for always wanting to help others in any way possible. She was very outgoing and loved to make people laugh. She was a character herself and was also competitive at many different sports, so competitive that she and her older sister made a great ladder-ball team, and enjoyed beating the men's teams who would compete against them at barbecues.

She enjoyed traveling, gambling, cooking, dice games, and powwows. She took pride in her Native traditions and loved to cook in the Simnasho Longhouse

ter Leah Parazoo, nephews, Shane, Marcus and Anthony Parazoo of Chiloquin; Alana Robinson of Texas; and brother Caleb Robinson of Klamath Falls; stepfather Famous Robinson, Klamath Falls. Her uncles include Amory Bettles and Robert Bettles of Chiloquin; Gordon and Flo Bettles, Eugene; Terrance Bettles and Michael Bettles, Pendleton; and Josephine Tafoya. Her first cousins include Tonya Esmailka of Fairbanks; Robert Bettles of Independence, Ore.; Julie Crampton, Chiloquin; James Bettles and Jeannette Bettles, San Francisco; Jason Bettles, Portland; Jolene Bettles, Eugene; and Dana Smith and Rachelle Smith of Warm Springs; Byron Bettles, Portland; Terry Bettles Jr., Klamath Falls; Martin and Thomas Bettles, Pendleton; Michael Jim Burns and Cecil Bettles, Chiloquin; Louella Heath of Warm Springs; Pearl Wyman and Lisa Lomas of Warm Springs; Andrea and Rachel Moses, Auburn, Wash.; Stephanie Armstrong, Chiloquin, and numerous other cousins and relations throughout the Northwest.

Almera was preceded in death by her mother Jody Ann Bettles, grandmother Priscilla Mable Hoches Bettles, grandfather Joe Bettles Jr., Cecil Bettles and Auntie Neva Moses. She is the great-granddaughter of Hannah Kash-Kash of Pendleton.

Survivors include her husband Jeffrey Klein of Watertown, New York, and her pup-pup "Brewski;" sister Priscilla Westwick and brother-in-law Eric, niece Natasha Witcraft and nephews Julius, Peyton and Gavin Westwick; sis-

Summer Youth Work Program mandatory classes

The Summer Youth Work Program will hold youth workshops this Wednesday and Thursday, March 7-8. The topic will be the tribal personnel policy manual.

The meeting will be from 4:30-6:30 p.m. at the Education Building. These workshops continue the following Wednesday and Thursday, March 21 and 22, same time and place.

These meetings are mandatory for youth who are planning to participate in the 2012 Summer Youth Work Program.

I BUY OLD BASKETS
475-6317

Sentencing for manslaughter

Janna Julia Jackson, 20, of Warm Springs, was sentenced last week to 30 months in prison for driving under the influence of alcohol and crashing her vehicle, which resulted in the death of a passenger.

The judge in the case also ordered Jackson to spend 6 months in a residential alcohol treatment program immediately upon her release from the Bureau of Prisons.

On October 10 and 11, 2010, Jackson drank an extensive amount of beer and other alcoholic beverages on the Warm Springs Reservation, according to the U.S. Attorney's report.

In the early morning hours of October 11, 2010, Jackson and others left the house where they had been drinking.

One of Jackson's friends, who himself was sober, saw that Jackson was drunk and asked Jackson to let him drive, but she refused and insisted that she drive, according to the report.

At approximately 2:45 a.m. on October 11, Jackson, driving under the influence on the reservation, was traveling in excess of the speed limit and looking for a compact disc to listen

to, the report states.

She then lost control of her vehicle and crashed. The vehicle flipped sideways and made nearly two full rolls. Rodney Estimo, who was one of three passengers in the vehicle, was ejected during the crash, and died as a result of traumatic injuries. Estimo was an enrolled member of the Confederated Tribes.

A blood draw taken almost three hours after the crash revealed that Jackson had a blood alcohol content of 0.189 percent, far in excess of the legal limit, according to the U.S. Attorney's report.

Passengers in the vehicle later told the police that Jackson was "driving too crazy." An Oregon State Police accident reconstruction expert determined that Jackson was driving at least 48 m.p.h. in a posted 35 m.p.h. zone.

On August 3 of last year, Jackson pled guilty to involuntary manslaughter. The case was investigated by Warm Springs Police Department, the Oregon State Police, and the FBI's Office in Bend. Assistant U.S. Attorney Craig Gabriel prosecuted the case.

10TH ANNUAL

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