

A toe ness look toward the New Year

New Year's resolutions are difficult to keep, because we set unrealistic goals. The following are some New Year's resolutions that are easily attainable, perhaps too easily:

Procrastinate more, starting tomorrow.

Gain weight. Stop exercising. Start wasting more time. Read less. Watch more television.

Spilyay Speaks

Not have eight children at once. Get in a new rut. Start being superstitious.

Get more in debt. Wait around for opportunity. Focus on the faults of others.

Never make New Year's resolutions again.

Dieting New Year resolutions

2008: I will get my weight down below 180 pounds.

2009: I will follow my new diet religiously until I get below 200 pounds.

2010: I will develop a realistic attitude about my weight.

2011: I will work out 3 days a week.

2012: I will try to drive past a gym at least once a week.

A lawyer at the Pearly Gates

One day, a teacher, a garbage collector and a lawyer wound up together at the Pearly Gates.

St. Peter informed them that in order to get into Heaven, they would each have to answer one question.

St. Peter addressed the teacher and asked, "What was the name of the ship that crashed into an iceberg? They made a movie about it."

The teacher answered quickly, "That would be the Titanic."

St. Peter let her through the gate. St. Peter turned to the garbage man and decided to make the question a little harder, "How many people died on the ship?"

Fortunately for him, the trash man had just seen the movie and answered, "About 1,500."

"That's right! You may enter."

St. Peter then turned to the lawyer. "Name them."

* * *

I want to pass away peacefully in my sleep like my grandmother, not screaming hysterically like the passengers in her car.

I went to buy some camouflage trousers the other day but I couldn't find any.

Letters to the Editor

Canoe journey

I love when I get to go on small trips with the Canoe Family. The most recent one I went on was the trip to Portland for a nice pull on the canoe and a parade afterwards.

When we got to Portland, the canoe family stayed with a nice family. That night at the house we got to know them and I personally got to know two new members of the Warm Springs Canoe Family.

We all sang and danced, or 'jammed out,' and had a good time. Early the next morning, we said our 'goodbyes' and 'thank yous' to our host and we were off to the water. It was going to be the first time N'chi Wana (the canoe) was on the water in two months.

That day, I got to be one of the lead pullers for the canoe, and I just love being on the water with my friends and family. After the short half hour pull with the canoe family, and the other tribes' canoes, we landed.

As we all came ashore each tribe asked permission to take our canoe out of the water as a part of protocol. We all got permission, and everybody helped carry all of the canoes out and onto the trailers to get ready for the parade.

We changed into our regalia and hopped into the canoe on the trailer and the parade started. It was nice to see all of the supporters that we had and to see all of the people in the parade.

That was such a great day for me and I hope we can do more.
Dakota Stacona

The New Year

Be good, and many blessings for the New Year.

May you all be good for the New Year, and have many blessings with those you have left in your family. Remember those who have passed on. They are happy now where they are. They are not suffering in any way. Be happy and thankful for another New Year!

Evette Patt, 50 Kourt Dr., no. 3, Eugene OR 97404; ph. 541-461-3375.

Three things

I've got three things to tell you, or share with you. One, I live next door to Evette patt. Two, I'm Aztec on my father's side. My grandfather was a protector of Pancho Villa.

Three, if you want good ground, or to replant some trees, a good thing is to use food left-

overs (no meat, just fruit and vegetables, and coffee and tea grounds). Talk to my mother, Charleene Harmon, who lives in Prineville. See if she can help.

Sincerely,
Anthony W. Ireland-Martinez. P.S., Evette wanted me to tell you about my initials, AIM. You can always aim for me.

Dress drive

Carol Sahme and I are doing a Dress Drive for all Current Madras High School students for the 2012 winter prom.

Our Dress Drive will be this Thursday, Dec. 29 at the Warm Springs Community Center.

We will help assist girls with prom dresses no older than 2006 styles.

Please pass the word if you know of someone who might be needing a dress for Cinderella this year.

We have different sizes and colors and have collected over 20 dresses so far.

Also, if you would like to donate a gently used dress call me at 541-325-3145; or Carol at 541-553-3243. We can pick up. All help will be very much appreciated, and more the merrier!

Norene Sampson

Generations

I am writing in hopes of preventing another wave of Native American men and women caught in the grip of losing our cultural ways all in the name of "reintegration" and "rehabilitation" that is reminiscent of the "Indian school" days by the federal government.

Here in the Oregon Department of Corrections I am Michael D. Benson no. 7100852. I am in no way proud of where I am. I retain great pride in the fact I am Native American...

All I ask for now is the ability to have the chance to grow spiritually, enjoy traditional foods for change of seasons and powwow ceremonies no matter what facility I am placed

at. In order to do so we need a bank account so that we can apply for grant money and donations to pay for all our needs such as foods and supplies. Then allow us to have a drum and talking circle as well as bead-making and other gift making classes.

I very humbly ask for all the help and "outside" support we can get. A few phone calls, e-mails, or letters to your local legislative representative, the governor, or the director of corrections. This could mean the difference between another lost generation or the making of men and women who can find and reconnect with themselves and our roots—passing on those traditions and lessons to our children and those around us in a positive way. Let your voices be heard! Aho.

Michael D. Benson, 7100852, c/o TRCI, 82911 Beach Access Rd., Umatilla OR 97882. (Please feel free to contact me for more information.)

Some thoughts

When God first came upon you, He saw that you were weak. That hills were becoming rough to climb and it was getting hard to speak. He gently grabbed your hand and started pulling you away while I sat watching close nearby, begging you to stay. I wanted one more kiss. I wanted one more hug, I wanted one last chance to show it's you I truly love. But as I said goodbye a tear fell from my face. I knew how much I'd miss you and how no one could take your place. You weren't only my other half, you were a hero. I know that if I give it time, I'll see you again. They say every life has ending but every endings a new start and no matter where I am, near or far you're always in my heart.

I sit here and think about these days that have passed. I see all these people leave and fear that I'll be last. This life is filled with sorrow but with great thoughts and love, it can push me towards tomorrow. My family is absurd, I'm just trying to give a word but I feel that I'm

unheard. These people are so scared of the monsters they've become, they sit in fear and wonder what has all been said and done. The truth is a reality and sometime brings fatality, so much for formality, life is just a stupid joke. This life has brought uncertainty all it does is burden me and show me all these lies, I feel so paralyzed. Before I was born my mom had problems, she escaped with drugs and alcohol and chose not to solve them. My grandma and grandpa raised me, my dad always praised me, they gave me the facts of life and today they can see who made me. Every day I try to be the best a daughter should be, give respect and thanks to the one's that created me. I hope that I'll be changing, because of this life that I've been escaping, to places far unknown. I feel that my mind is blown. I'm past the point of no return, where fear and chaos takes it turn. All that's left is happiness and some positivity, my life has been me vs. creativity. I've been to places here and there but every time I just feel I'm getting nowhere.

Chantel Beverly Williams Wilma Picard

Senior program

I am thankful for the Senior programs, for Lucille, Wilson, Elton, Adelle, the cooks and the exercise program, Edmond and

Montell. I've participated since June and my arthritis is not so bad. I can walk almost natural again.

This program keeps a lot of us busy. Thank you for a beautiful 2011. **Lamont**.

P.S. I could mention so many things to be thankful for. Anyway, Happy and Safe New Year... Happy birthday, Moses Lamont Lloyd, Gomer Craig, Mary Brown. Love you, grandpa and Dad. Thank you, Dr. Creeleman, etc. **Lamont**.

New Years

The Simnasho New Year's Eve Powwow will begin with a potluck dinner at 6 p.m., Saturday, Dec. 31.

Washut (one 7) begins at 7 p.m.; and from 7:30 to midnight is the traditional powwow, social dancing and games.

A Clown Dance Special is at 11 p.m. with cash prizes for first-, second- and third-places.

Midnight—time to welcome the New Year with song and dance and walk around the longhouse. Everyone is welcome to this family event, sponsored by members of the Simnasho community. For more information, contact Captain at 541-553-7014.

The next deadline to submit items for publication in the Spilyay Tymoo is Friday, January 6. Thank you for writing!

Home energy assistance

The Low Income Home Energy Assistance Program is taking applications for energy assistance. What to bring with your application:

Verification of income (check stub, general assistance, SSI, SSDI, DSHS, SNAP), award letter stating what type of income. Social Security number on the application, and the energy bill.

All members of household over 18 are required to sign two forms. The Warm Springs program was

awarded less money than last year, "but we will do our best to ensure as many households receive assistance," said Gayleen Adams, of the Low Income Home Energy Assistance Program (LIHEAP).

"We will also provide firewood to those households that prefer to use their fireplace or wood stove.

If you have questions please call the office during business hours, 541-553-3491, and speak with Mona, Sonia or Gayleen.

Indian Business Talk

Be aware of scams that arrive by email

By Bruce Engle
Loan officer
W.S. Credit Enterprise

Frauds come in all shapes, sizes and disguises.

Here is an email that popped up on October 14. The punctuation, grammar and spelling are as it was:

Hello I am Mr Ares Hsieh, a citizen of China based in Malaysia. some years back my late father made some investment in America through an investment agent.

I have ask that the shares be sell off and the money transferred to me so I could inject the funds into business here in Malaysia. But I was told by My contact, that for one reason and the other that they have a new policy not to transfer funds out of North America for now.

So I need a third party who can collect the funds on my behalf and forward to me since my health condition will not permit me to travel

long distance for now.

Please get back to me for more details if you can handle this. Also note that you shall not be doing this for free and it will not take your time.

*Regards
Mr Ares Hsieh"*

I answered that I was sorry for his loss, that I live on a reservation, that I know how difficult it is to deal with the Federal government, that I have plenty time to help him and that I need money. Then I asked him to tell me how I could help.

We exchanged e-mails and he asked me for my address, phone number and business name. I responded and waited. That was October 18. I was beginning to think he got off my hook.

On December 7, he said he had been ill and asked me to confirm my information. I did. On December 19, he asked if I had gotten the payment yet. I said I had not.

My "check" arrived the next day—it was dated August 12,

Run, don't walk, away from anyone who tries to force you to make a quick decision about spending or "investing" your money.

2011—and I e-mailed him that I had gotten it and asked what I should do with it. He said, "Thanks for your update. Have the payment deposit and let me know the exact date the bank said funds will clear so that I can forward you my information to transfer the funds after the deduction of 12 percent for your assistance.

I answered that my bank/credit union said we would expect funds on January 4.

Now, I am waiting to hear how he figures to close his trap. I'll tell you in the next issue how the con is supposed to go down. Actually, I'd like to see the con artist go down.

Think of how he approached me. His appeal could work on anyone with a need, or greed, or goodwill and helpful nature. In all cases, his story—and all cons—is/are designed to take advantage of ignorance.

Some old sayings can be good protections:

- There is no free lunch.
- If it sounds too good to be true, it probably is.
- A sucker is born every minute.

When in doubt, stall. Play for time. You can always say you have to consult with your financial advisor.

You never have to tell anyone who that is. It could be your dog, your cat, your priest, or your banker.

Whatever! Just don't be pressured. Run, don't walk, away from anyone who tries to force you to make a quick decision about spending or "investing" your money.

Burping a Buffalo would be safer.

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