

## Culture Letters to the Editor Camp

This may be the last year of the 4-H Culture Camp. Arlene Boileau has been the organizer of the camp for over 20 years, and as many parents and their children know, Arlene has done a very great job.

She no longer has time to serve as camp organizer. It is a big project, and Arlene is now ready to take some time off.

She said last week at Peters Pasture that this year's camp may be the last one, unless someone else wants to take on the work.

The camp—teaching tradition in areas of food, sweat lodge, crafts, fisheries, etc.—happens at the end of August. Arlene begins preparing for the camp in February, seeking funding from various sources. The work becomes full-time as August approaches.

She and her husband Mickey and staff set up the up the camp, including 30 tents, teepees, the cooking and crafts areas, and sweat lodges. They spend the week there helping with the activities. Many people help with the camp, and Arlene wishes to thank them:

Lana Leonard and her summer youth workers, Workforce Development, Tiger VanPelt, Jason Smith and Natural Resources staff, Don Courtney and Utilities staff, Nancy Collins, Liz Johnson and Indian Health Services, Diabetes Prevention, Les Schwab Tire Center, the Warm Springs Police Department, Fire Management, and Warm Springs Fire and Safety, Terry Macy, the Vehicle Pool, Clifton Brunoe, OSU Extension staff, Val Switzler and Culture and Heritage, Caroline Cruz and the Department of Human Services, the Community Health Education Team (CHET), Clifton and Christine and family, Tukushman and Two Bears, Larson Kalama, Delson Suppah, Gladys Grant, Merle Kirk, and Roseanna Sanders, Composite Products, and Power and Water Enterprises, and DMJ Automotive. If anyone's name is not mentioned, it is unintentional: Thank you to everyone!

### TOE NESS...

A man went to apply for a job. After filling out his application, he waited anxiously for the outcome. The employer read through his application and said, "We have an opening for people like you."

"Oh, great," the man said, "What is it?"

"It's called the door!"

*Spilyay Speaks*

### Eel survival

Regarding a recent article on lamprey:

Besides being a food staple, eels have some medicinal properties.

I firmly believe that the real greatest threat is how the salmon hatcheries are operated. Only native salmon are allowed above the hatcheries. That calculates to about 16-20 percent of the returning spawning salmon.

Because of this practice, all the salmon streams are nutrient-poor. There is now way for lamprey or salmon to recover. Hatcheries are just huge concentration camps.

Before the coming of non-tribal people, there used to be between 9-16 million salmonid species in the Columbia River basin. Because of the high numbers of returning salmon, all the salmon streams had millions of dead carcasses that made the Northwest a very healthy region.

It's simple. Put more salmon above hatcheries. The salmon know what to do. After all, the salmon have been around for at least 10,000 years. My ancestors survived because of the salmon for about 10,000 years also. The salmon is our most sacred food and is still central to our ways of life.

Unfortunately, people understand only what they want to understand.

**Terry Courtney Jr.**, tribal elder fisherman

### Sen. Hatfield

In all the well-deserved plaudits and praise for our late statesman Mark O. Hatfield, his stellar record in Indian Affairs has been overlooked.

Senator Hatfield led the way in restoring Oregon's many congressionally terminated Indian tribes, introducing the Siletz Tribe Restoration Act in 1976. He was instrumental in restoring the federal status of the tribes in Western Oregon, as well as the Klamath Tribes in the south. For Indians—and justice to First Oregonians—much of Oregon would be a wasteland were it not for Senator Hatfield's dedication to their rights.

On the national front, the Senator led a sweeping Senate investigation of continuing injustices to Indians in the 1970's, revived the Senate Committee on Indian Affairs, and supported major legislation to strengthen Indian families and governments throughout the

United States.

He was one of America's greatest champions of the rights of her native peoples, a beacon of compassion, personifying our great principle: "Justice For All."

**Michael D. Mason**

### Veteran's view

"Oh, not this guy, not me" — but I realized something different after finding out about post traumatic stress disorder.

Being in the war from December 1967 to December 1968 in Vietnam, I found I was affected, and also my family was affected, my wife and my children, more than I knew.

So now I know more about it, attending a weekly support group at High Lookie every Thursday with fellow military personnel also with post traumatic stress disorder (PTSD).

With this, besides the Sweat Lodge, and the Bible, I keep my sanity; and I'm always in prayer constantly, and why? Because it didn't end when I was released from the U.S. Army in May of 1970, with seven medals, the Silver Star with two clusters, Vietnam Service Medal, Republic of Vietnam Campaign Medal, with other U.S. service medals.

And what experiences in the war. The first three minutes after we landed in Vietnam we were being bombed at the airport. About 23 men were killed leaving the plane to the first bunker in sight.

A year later, leaving my year tour in Nam, we were again being bombed at the airport, and a bomb blew against my window port. So all I saw through the window was black powder for 22 hours going back to the U.S.

A little at a time; so some other time I'll write again and relate more stories about what happened during my tour between the first day and the last day a year later.

**Demus Martinez**, retired construction carpenter worker, son of E. Henrietta Kalama Johnson

### Wishes...

**Happy (belated) 19<sup>th</sup> birthday son Leonard Lloyd American Horse. Love you from Mom (Rachel), Ben, brothers Elvis and Arius.**

### Congratulations, First Place Team



Congratulations to Team Rialto, Central OREGON Pool & Billiards Mixed Doubles Champions: Pearl VanPelt, Laneda Thompson, Seegray Littleleaf, Janet Bagley (back row from left); Levi VanPelt, A.J. Strong, Tony Littleleaf, and Jerry Bagley (front from left).

### Indian Business Talk

## Where do children learn finance skills?

**By Bruce Engle**  
*W.S. Credit Enterprise*

I'm going to do two things with this article. I'll talk a bit about helping children learn every-day and essential financial skills. Then, I'll announce a series of classes for adults about various financial activities.

Children learn their first lessons at home — from watching their parents. We are their first examples for bringing home a paycheck and spending it.

As they learn to walk from watching us, they learn a work ethic from seeing us get up and go to work. They also quickly learn that payday or the day after is a good shopping day.

As they watch us do financial things, they understand or think they understand what we are doing. At that point, they are "learnable".

If they are learnable, they are teachable. That's when parents can help them learn not only the "what to do's" but the "hows" and "whys" of doing financial things.

Parents, you can teach the financial skills and the habits that will set your children on a path of life-long personal and family financial success. You can be the best examples of how to spend wisely, how to set goals, how to budget, how to save, and how realize a sense of accomplishment when goals have been achieved.

For example, you can teach your children how to comparison shop at the grocery store.

I have seen a mother do the math and carry on a conversation with a child about making the buying decisions. It worked. The kid is forty-four now and doing well.

If there are some financial skills you want to know more about or if you are having some financial problems and are looking for solutions, we are planning something for you.

**NEW ADULT CLASS SERIES**

Warm Springs Credit Enterprise and Mid Oregon Credit Union will be offering five financial skills classes starting in late September. The first class will be about how to "Get the Best Car Deal".

The second class will be "Building a Strong Credit History". The next three classes will be Women and Money, Senior Scams, and Understanding Car and Home Insurance.

Posters and radio announcements will be out in a couple weeks with information about the schedule and how to register for the classes.

## IHS director says lack of funding harms Indian health

Native Americans are not getting the health care they need because services for them are vastly underfunded.

That information comes from the director of the Indian Health Service (IHS), Yvette Roubideaux.

She told a gathering of American Indian doctors that her agency is still underfunded despite significant gains made in recent years.

"It's really clear that the health disparities, the lack of health care providers, the lack of updated facilities, the delays in providing care—all of those seem to fundamentally result from the lack of resources that we have," Roubideaux said at the annual conference of the Association of American Indian Physicians.

The federal government spends more per-capita on

*The federal government spends more per-capita on health care for prisoners than for Native Americans who get their care from the Indian Health Service...*

health care for prisoners than for Native Americans who get their care from the Indian Health Service, she said.

When compared with the population as a whole, Indians are twice as likely to die from suicide, three times more likely to die from diabetes-related complications and six times more likely to die from alcohol abuse, according to IHS statistics.

Roubideaux said her agency has been fortunate to avoid budget cuts so far and actually saw its budget increase significantly in 2010. But deficit-reduction negotiations could erode some of those gains, she said.

Noting that the federal health care overhaul will increase health options for Indians, Roubideaux said she's focused on improving customer service and quality of care in the IHS so patients won't look elsewhere for care. Improving the agency's management can increase the outcomes even without full funding, she said.

"If we wait for the funding to come and magically make everything better, we're going to be waiting a long time," Roubideaux said.

Jeremy Lazarus, president-elect of the American Medical Association, told the conference

that more should be done to help Native Americans become doctors, including scholarship programs to help them afford medical school and improve accommodations to allow Indian doctors to incorporate traditional healing in their practices.

The new federal health care overhaul, known officially as the Affordable Care Act but dubbed "Obamacare" by opponents, isn't perfect, Lazarus said, but it goes a long way toward improving access to health care and decreasing disparities between care for white and minority patients.

"Despite all that you might hear and all the fury around reform... there is a lot for America's patients to like from all walks of life about the Affordable Care Act," Lazarus said.

**Spilyay Tymoo**  
(Coyote News, Est. 1976)

**Publisher Emeritus:** Sid Miller

**Editor:** Dave McMechan

**Reporter:** Duran Bobb

**Advertising Director:** Yvonne Iverson

**Media Advisor:** Bill Rhoades

**Spilyay Tymoo** is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

Any written materials submitted to **Spilyay Tymoo** should be addressed to:  
**Spilyay Tymoo**, P.O. Box 870, Warm Springs, OR 97761.

Phone: 541-553-2210  
Advertising: 541-553-2307 or 541-325-1089

**E-Mail:** spilyay@wstribes.org.  
Annual Subscription rates: Within U.S.: \$15.00.