

Bailey takes fifth at Regionals

By Duran Bobb
Spilyay Tymoo

Even after winning his thirty-first medal in wrestling and placing fifth at the West Coast Regional Tournament in Pocatello, Idaho, Brandon Bailey still finds areas for improvement.

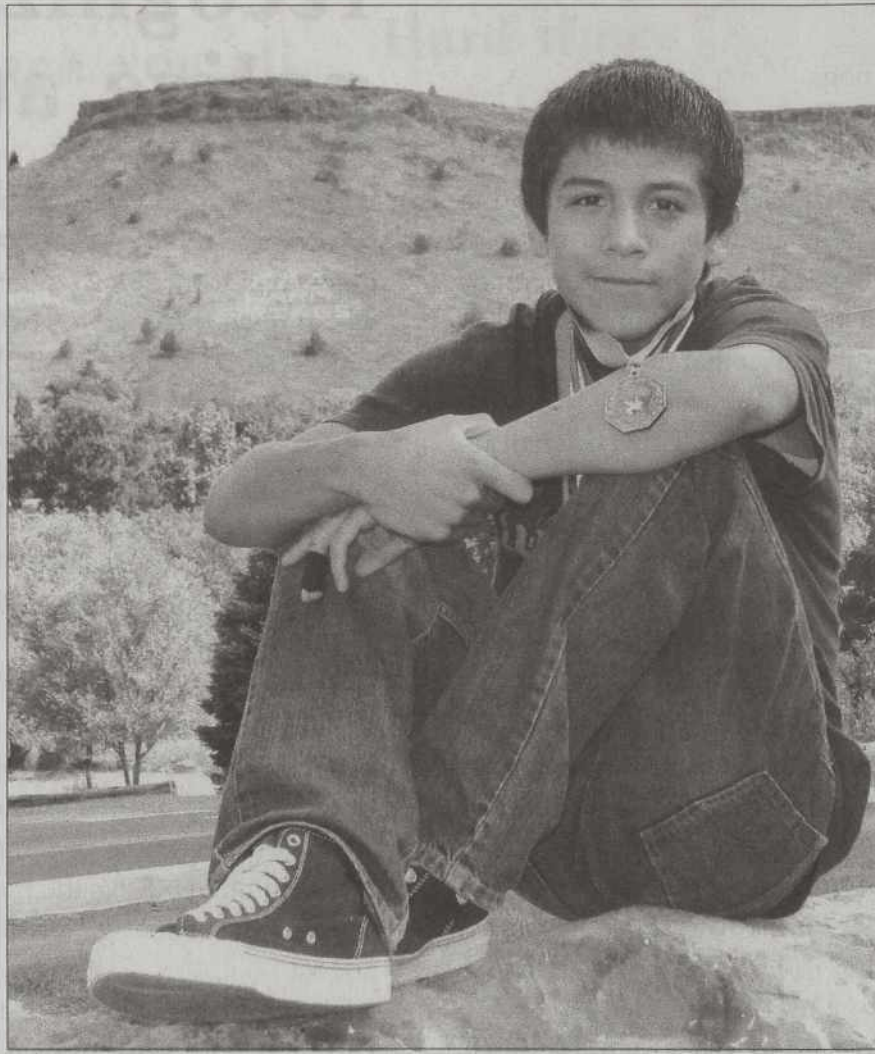
"I'm working on my arms," Brandon said. "I work out every day, but I try to focus on my biceps and triceps, my deltoids."

Brandon will be a freshman when school begins this fall, but his achievements in wrestling are impressive for any age.

Over 1,000 wrestlers in all age and weight brackets came together at Idaho State University late last month to compete in freestyle and Greco-Roman wrestling, the only two styles at the Olympic-level.

Brandon's mother, Rosanna Jackson, raised last-minute funds to make the trip possible.

"We sold breakfast burritos, and we had some other activities planned," she said. "But people responded to the fliers that were posted around the



Brandon with medal won at the Calif. state tournament.

Brandon's toughest opponent at the tournament went on to win first place. "He was fast!" Brandon said. "I think he won because he moved fast and moved for my legs."

Before placing at the regional level, Brandon took third in the California State Competition.

"I just enjoy wrestling. It's a positive outlet for energy to participate or even watch."

Wrestling is on Brandon's mind during his free time as he's a follower of Ultimate Fighting Championship.

Recently, Brandon spent an entire day with his role model, UFC cage fighter Urijah "The California Kid" Faber.

"We got to spend time with him during wrestling camp and he invited me over to his house for a barbeque. We hung out for the day, eating and watching the Smackdown. He gives good advice and tips. I wouldn't mind becoming a UFC fighter some day."

Brandon currently lives in California, but looks forward to returning to Warm Springs when school begins.

community. They were rooting for Brandon, and it was heartwarming!"

In Idaho, there were 21 mats going every day, around the clock.

Youth football sign-ups

Registration for the 2011 Bend Park and Recreation District Youth Tackle Football program is currently being accepted online on Facebook.com.

The program is open to all youth entering grades 4-6 for the 2011-2012 school year. Teams will be forming in Madras. The registration fee is \$110 per player. All protective equipment is provided. The

program begins the week of August 22 and continues through October 23.

Teams will practice in Madras and play games on Sunday afternoons mainly in Bend.

For more information call the Bend Park and Recreation District office at 541-389-7275 or contact Carl Lindgren in Madras at 325-1396.

Indian Fisher's Expo July 22

The 2011 Columbia River Indian Fisher's Exposition is set for Friday, July 22.

The expo, from 7:30 a.m.-5:30 p.m., is sponsored by the Columbia River Inter-Tribal Fish Commission.

The event, at the Hood River Best Western, is geared to the unique needs of Columbia River Indian fishers.

Topics and activities include: Quality handling, a food handling certification class, icing and transporting, and marketing.

Also: Improving over-the-bank sales; selling at farmers markets; small business funding opportunities.

Breakfast and lunch will be served, and there will be a free

raffle and a trade show.

Fish and wildlife committees will be on hand to answer questions.

Discussion after lunch will cover these topics:

Fisher safety, coldwater survival, Columbia River boat safety, boat maintenance, boat engine maintenance, and fiberglass repair.

The event and meals are free for all Warm Springs, Yakama, Umatilla, and Nez Perce fishers. For more information call 503-238-0667 or visit: www.critfc.org.

The July CRITFC commission meeting will be held at the Best Western Hood River Inn on

Pi-Ume-Sha 2011 Run results tallied

These are the results of the 2011 Pi-Ume-Sha Run:

One-mile fun run/walk

Jayden Davis, Rylan Davis, Sylvia McCabe, Aaron Culp Jr., Vanessa Culp, Cheryl Patterson-Courtney, Lilly Bill, Lesile Bill, Yvette Leecy, Myrtle Suppah (all of Warm Springs), Thomas Oldman and Chanda Whiteman, both

of Kent, Wash.; Karlen Yallup, and Terry Courtney, of Warm Springs.

5K Mile Run - 16 Participants

Michael Leecy, Warm Springs; Jason Smartlowit, Warm Springs; Finn Anspach, Terrebonne; Jeff Anspach, Terrebonne; Morning Ferris, Warm Springs; Greg Tippett,

Madras; Taralee Suppah, Warm Springs; Leah Suppah, Warm Springs; Angie Sorrelhorse, Portland; Sadie Frederick, Seattle; Shilo Tippett, Madras; Chris Smith, Warm Springs; Cheryl Lohman, Madras; Pinky Beamer, Warm Springs; Mavis Shaw, Warm Springs; Kelly Beamer, Warm Springs.

10K Mile Run

Rob Kyker, Eugene; Alexis Anguiano, Warm Springs; Jane Cleavenger, Bend; Rich Lohman, Madras; Haley Brownson, Warm Springs; Leslie Davis, Warm Springs; Sara Kollen, Madras; Teresa Abrahamson-Richards, Olympia, Wash.; Don Hildebrand, Sisters; Kermit Kumle, Madras; Jannice Richardson, Madras.

Congressmen introduce tribal self-governance legislation

OKLAHOMA CITY (AP) — U.S. Reps. Dan Boren and Tom Cole have introduced a bill in Congress designed to grant Native American tribes more self-governing power and change the way negotiations are handled between tribes and the federal

government.

Boren, a Democrat from Muskogee, said the bill was introduced last Friday. Cole, a Republican, is listed as one of 10 co-sponsors of the measure, dubbed the Department of the Interior Tribal Self Governance

Act of 2011.

Boren says the measure would bring "much-needed reform and parity to tribal negotiations" by giving tribes more legal power as they transfer authority from the government to tribal program admin-

istration.

He says it also specifies how tribes can apply and participate in self-governance.

The bill has been assigned to the House Natural Resources Committee.

Diabetes prevention activities

These are the upcoming events of the Diabetes Awareness and Prevention program:

Tuesday, July 12: Diabetes Healthy Breakfast, 9-9:45 a.m. at the clinic. Discussion topic: Bad fats vs. good fats, with Linda Porter.

Tuesday, July 19: Diabetes Awareness Dinner at the Senior Center, 5-7 p.m. Discussion topic: Access to health care at the Warm Springs clinic, with Diane Fuller. Menu: dried fish and

dumplings, tacos, watermelon and Crystal Light.

July 26: Healthy breakfast at the clinic.

Community screenings: Thursday, July 14 at Warm Springs Forest Products Industries during lunch break.

July 28 at the Community Counseling Center, 1:30-3 p.m.

Kah-Nee-Ta Water Fitness Classes from 9:15-10:15 a.m.: July 6, 13, 20 and 27.

Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Speak with an attorney during drop-in hours 1 to 4 p.m. on the first Monday of the month at the Family Resources Center in Warm Springs. Or call 385-6944 Monday through Thursday between 9 a.m. and 4 p.m. (at lunch from noon-1 p.m.)

July 2011 WARM SPRINGS Youth & Family SUMMER CALENDAR 2011

StoryCorps Visit to Warm Springs all Month - to set up an interview call 800-850-4406

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11	12	13	14	15	16	17
509J SUMMER LUNCH 11AM-12:30PM @ WS ELEMENTARY CAFETERIA FREE FOR KIDS 0-18						
	Jefferson County Summer Reading Program 2pm Tales from Kenya Madras Library Annex OSU Extension LUNCH & LEARN Summer Rec - Beadworking 3:30- Tue/Wed/Thr---> MAD SCIENTIST 1-2:30 at Summer Recreation Museum at Warm Springs	Warm Springs ECE Culver Elementary Food Handler's 2-4pm SUMMER REC Field Trip Lava Caves & High Desert Museum Young Adult - Youth Loom and Tack-down Beadwork Classes 1-4pm		WARM SPRINGS CANOE FAMILY Journey to Swinomish Continues -----> Cooking Around the World at Summer Recreation	Happy 100th Metolius! JEFFERSON COUNTY Relay for Life at MHS SPRING INTO ACTION COMM CENTER FIELDS	
2011 HeHe Butte Prevention Conference						
18	19	20	21	22	23	24
509J SUMMER LUNCH 11AM-12:30PM @ WS ELEMENTARY CAFETERIA FREE FOR KIDS 0-18						
Tend the Pumpkin Patch with Carol's Room at Summer Recreation BOYS & GIRLS CLUB Crafts & Games Week	Jefferson County Summer Reading Program 2pm Tales from Greece Madras Library Annex MAD SCIENTIST 1-2:30 at Summer Recreation OSU Extension LUNCH & LEARN	Warm Springs ECE Hot Summer Nights POW WOW SIMNASHO	Culver Elementary SUMMER REC Field Trip BULLWINKLES	WARM SPRINGS CANOE FAMILY Journey to Swinomish Continues -----> Cooking Around the World at Summer Recreation		Living Traditions Program - Museum at Warm Springs
25	26	27	28	29	30	31
509J SUMMER LUNCH 11AM-12:30PM @ WS ELEMENTARY CAFETERIA FREE FOR KIDS 0-18						
BOYS & GIRLS CLUB Jeff Cty Fair Week	Jefferson County Summer Reading Program 2pm Tales from Japan Madras Library Annex Childbirth Refresher Class MAD SCIENTIST 1-2:30 at Summer Recreation OSU Extension LUNCH & LEARN	Warm Springs ECE	Culver Elementary SUMMER REC Movies Field Trip	Cooking Around the World at Summer Recreation	STORYCORPS Visit to Warm Springs ENDS Living Traditions Program - Museum at Warm Springs	
Jefferson County Fair						