

Prevention graduation

A dinner was held at Kah-Nee-Ta to celebrate the recent and past graduates of the 16-week Diabetes Prevention Lifestyle Balancing Classes. Guest speaker Verna Burden, MS, RD shared some tricks to motivation. Montell Elliott (pictured left) presents graduates with their certificates and a special award.



Yvonne Iverson/Spilyay

Howlak Tichum

Samuel Cody Singer, May 21, 1937 – May 12, 2011

Samuel Cody Singer was born on May 21, 1937 in Kayenta, Arizona. He died on May 12, 2011 at his residence in Salem, Oregon surrounded by his family and relatives.

He was a longtime resident of Salem. Sam had recently retired from Chemawa Indian School, an off-reservation Bureau of Indian Affairs (BIA) boarding school concluding 15 years of federal service.

He was a member for 55 years of Calvary Baptist Church, where he was baptized and married.

Sam was very proud of his American Indian heritage and exhibited Native pride in many ways. He was a full-blooded Navajo enrolled in the Western Agency of the Navajo Nation. He was from the To'ahh'ni' (Near the Water) Clan born for the To'dichii'ni' (Bitter Water) Clan. His late parents are Clifford Sr. and Clara (Coleman) Singer of (To'denas zhaii) Kayenta, Arizona. Two of Sams' paternal uncles, Oscar and Richard Singer Sr., were Navajo Code Talkers who served in World War II who both received posthumously Silver Medals for their service as United States Marines.

Sam carried great pride knowing his uncles and many Navajo people served proudly in the armed services as the tradition continues today.

The Navajo language (Dine Bizaad) is his first language and spoke it fluently on a daily basis with his wife, Irene, at home and amongst fellow Navajo speakers. He often streamed online to lis-



ten to KTNN, the voice of the Navajo Nation, to stay connected with his cultural roots.

He was a product of Navajo (Kayenta Boarding School) and BIA schools (Chemawa Indian School). In the 1950s, Sam attended Chemawa as part of a pilot program for Navajo students. Upon completion, he continued to reside and work in the Salem area.

On April 16, 1960, he married his Navajo sweetheart, Irene Rose (Billy) Singer of (Kin Hozhoni) Manuelito, New Mexico. Last month marked their 51st wedding anniversary. Sam worked at a variety of local Salem establishments and worked at Boise Cascade Lumber Mill in Millersburg, Oregon prior to his federal service at Chemawa Indian School.

He supported four children who attended Salem-Keizer public schools and two daughters who graduated from the University of Oregon. On January 26, 2011, Sam tragically lost his youngest son (Morales) who was 37 years old and was the caregiver to his retired parents and three children. Sam was taking care of his three teenage grandchildren at the time of his passing.

Sam was head of household and was always on the move

with household duties such as: cooking, cleaning, laundry, grocery shopping, driving his wife and grandchildren to their destinations, accompanying his wife shopping, in addition to a whole host of other things he truly enjoyed.

He had a passion for sports including professional wrestling, Oregon Duck football, Portland Trailblazers basketball, NFL football (Washington Redskins), a love of classic Rock n' Roll/Country/traditional Navajo music, Navajo tribal and mainstream public affairs, and a fan of the classics (the Marx Brothers, war, Western, Elvis movies and cartoons).

He enjoyed the beauty of the state of Oregon, especially the Oregon Coast, the high deserts of Central Oregon and his other home, the Navajo Indian reservation in the southwestern United States.

Sam is survived by his wife Irene, children Marcie (Josh), Mike (Carolyn), Michelle; grandchildren (Cody, Elijah, Jaliene, Shaelee), siblings [Anna Clitso, Clifford Singer Jr. (Inez), Rena Jeff, Raymond Singer (Roselyn), Ruby Singer, Ida Mae Smith (Ray), Floyd Singer (Ada); in addition to many, many relatives that span the western United States. He is preceded in death by his son Morales Clifford Singer, his parents Clifford Sr. and Clara Singer, and brother James Singer.

Although Sam may not be of physical body, he is now with his son and relatives with his Lord and Savior in heaven above living on in our hearts and in our memories. His smile, his laugh, and his presence will be greatly missed.

Births

Koryahna Renee Stwyer

Cory Lee Stwyer Sr. and Vanessa Lynn Walker-Stwyer are pleased to announce the birth of their daughter Koryahna Renee Stwyer, born on May 24, 2011.

Koryahna joins brother Antoine, Chance, Cory Jr., and Matthew; and sisters Alexis, Shaniah and Coreena.

Grandparents on the father's side are Erland Suppah and Sally Whiz of Simnasho; and the late Erwin Stwyer of Warm Springs.

Grandparents on the mother's side are the late Cheryl Stacona-Heath of Warm Springs; and Lee Sorrelhorse and Angie Sorrelhorse of Tigard.

Dominick Joe Spino

Francis T. Spino Jr. and Yvette Brunoe of Warm Springs are pleased to announce the birth of their son Dominick Joe Spino, born on

May 23, 2011.

Dominick joins brother Aiden, and sisters Jazmine, Patrice and Jordan.

Grandparents on the father's side are Francis T. Spino Sr. of Warm Springs; and Gwen Mitchell of Chiloquin.

Grandparents on the mother's side are Naomi and Edward Lucei.

Joel Aven Santos Sr.

Joel Aaren Santos and Karla Kim Kalama of Warm Springs are pleased to announce the birth of their son Joel Aven Santos Sr., born on May 22, 2011.

Joel joins sister Kiara. Grandparents on the father's side are Alberto Eligio Santos, and Brenda Lee Santos of Parkdale.

Grandparents on the mother's side are Roland Kalama Jr. and Verleen Kalama, of Warm Springs.

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Veterans

(Continued from page 1)

There are 22 tribal members who are veterans of the Korean War, and five non-member Korean War veterans in the community, said Greeley.

Vietnam War veteran numbers are: 75 tribal and 10 non-tribal. From the Gulf War to the present conflicts: 28 tribal members. Totals: 128 tribal member; and 16 non-members, for a total of 144. Those numbers are the minimum estimate, Greeley said.

For more information on the Elliott Palmer Post No. 4217, call Commander Heath at 541-325-1009.

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June 24, 2011

10 a.m. Stonesetting at the mouth of the Warm Springs River

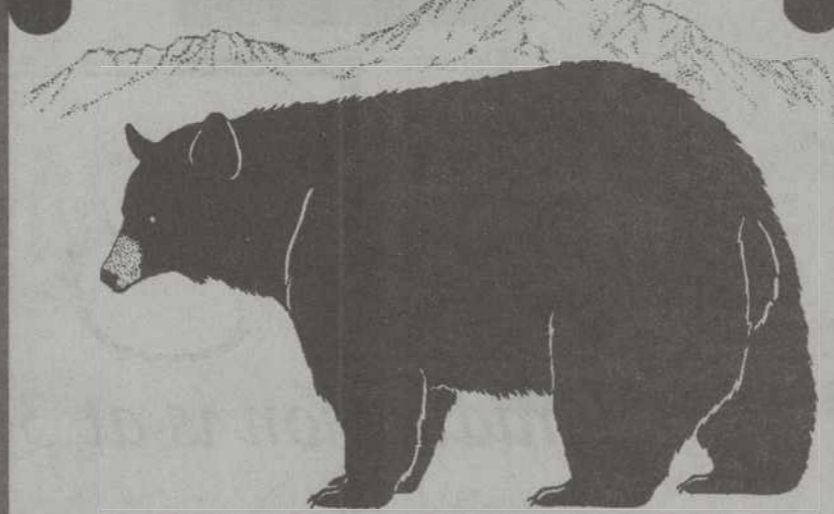
Meal and giveaway to follow at Nola Heath Queahpama's camp On the Pi-Ume-Sha grounds Drummers welcome

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