

Tippett joins Counseling staff

Dr. Shilo Tippett is the new clinical psychologist at the Warm Springs Community Counseling Center.

Dr. Tippett specializes in the treatment of posttraumatic stress disorder, as well as depression, cognitive problems, couples and family functioning, anger issues and anxiety disorders.

For the past several years, she worked as a clinical psychologist at the Seattle Veterans Administration Medical Center in the Posttraumatic Stress Disorder Outpatient Clinic, where she treated veterans returning from service in Iraq and Afghanistan.

Earlier, Tippett attended Oklahoma State University, where she earned a Master of Science degree and Ph.D. in Clinical Psychology.

Tippett grew up on the reservation and in Redmond. She is Wasco and Tlingit. Her parents are Nathan and Mavis Shaw.

Before going away to college, Tippett worked at the Warm Springs Early Childhood Education Center as the director of the Early Head Start program.

"I'm really excited to be home," she said of returning to Warm Springs. "It feels good to return to my community. Joining the staff at the Community Counseling Center is a great opportunity."

Tippett takes a holistic approach to helping people. In addition to addressing psycho-



Shilo Tippett at the Community Counseling Center.

logical concerns, she includes nutrition and overall wellbeing as a part of treatment. "Nutrition and exercise can really affect your mood and cognition," she says.

As examples: Salmon, walnuts and almonds are recommended for improved mood and brain functioning, as well as olive oil, and blueberries. She recommends people stay hydrated to help with fatigue,

which influences our mood. People often forget that our mind and body work together and when one is neglected, so is the other.

Dr. Tippett will be seeing adults and children for a variety of issues. Her office is located at the Community Counseling Center. If you are interested in making an appointment, call the center at 553-3205.

— by Dave McMechan

Summer Youth program recruiting

The Summer Youth Program has about 120 slots available.

The Workforce Development office is located at 1100 Wasco St. on the campus (the white house on corner, formerly the Spilyay building)

Their phone number is 541-553-3324.

The Summer Youth Program is for young tribal members ages 14-21.

To qualify, the participant must have a tribal identification card, and a copy of a Social Security card.

You can pick up an application at the Workforce Development office.

The intake interview takes about 15 minutes, or less for returning participants.

There needs also to be income verification from each family member over 18 years old (income including GA, AFS-Food Stamps, SSI, etc.).

Youth can come by Workforce Development and

make an appointment anytime from 8 a.m. to 5 p.m., Monday-Friday. Here are some of the jobs that are part of the Summer Youth program:

Pacific Crest Trails - Foreman and Assistant Foreman:

18 years and older. Enrolled in college in the Natural Resources area; have valid drivers license and personal car insurance; high school diploma or GED. Worked with youth or worked with crew members (outdoors); able to pass physical test (walk a mile under 16 minutes; able to lift 50 lbs.; excellent leadership skills; preferable have Food Handlers/1st Aide/CPR cards. Willing to stay out at Bear Springs for five weeks, Monday-Thursday (10 hour working days); and last three weeks will have to camp in a tent; able to be flexible; attend trainings in May-June, 2011.

Pacific Coast Trail crew members: four males and four females.

Age 18-24 year old; willing to stay at Bear Springs Monday-Thursday (10 work days) for five weeks; last three weeks camping in a tent; able to pass physical test (walk a mile under 16 minutes); use of hand tools; chainsaw; weed eaters; willing to get dirty-working on the Pacific Crest Trails brush clearing; moving big rocks off the trail; maintaining the trail for eight weeks; preferably have Food Handler's/1st Aide/CPR cards; flexible; hardworking; excellent leadership skills; good communication skills; willing to learn; positive attitude; take direction well; honest; team player.

The deadline for the crew member applications is May 31. Fill out an application for all the above and set up an appointment with the secretary in front office of Workforce Development.

If you have any questions, please call Verleen Kalama or Laura Switzler at 553-3324.

Howlak Tichum

Reamona Buck Lucei, 1957-2011

Reamona Buck Lucei went to be with the Creator on March 6, 2011, in Richland, Wash.

Reamona was born August 20, 1957 to Rex Buck Sr., and Delores Umtuch Buck.

She made her home at Priest Rapids, Wash., with her husband Melvin Lucei, children George S. Lucei, and Joseph G. Buck; and grandson Chirstopher Paul III, and daughter she raised, Martie.

Reamona attended K-8th grade in Mattawa, and high school in Royal City, where she graduated in 1974.

After high school she went to Bend Community College, and Portland State University, until she moved on to other endeavors.

She was a traditional food gatherer for the Priest Rapids Longhouse.

Reamona was a Queen candidate for the Wapato Men's Tournaments in 1974. She was a team member of the Tule Mat project for Grant County PUD. She was a steward (monitor and surveyor) of the Hanford Reach National Monument.

Prior employment was manual labor in potato, fruit, hops, grapes and fields.

She was preceded in death by her parents, grandparents George and Josephine Umtuch, eight brothers: Kenneth, Phillip, Richard, Stanley, Johnny, Willie, Douglas and Harry; three sisters, Lenora, Eliza and Arlene; and two sons, Willis and Tony.

Survivors include her husband Melvin Lucei; two sons, Joseph and George; two brothers, Rex Buck Jr., and Lester Umtuch; sister Racheal Buck Howtopat; aunt Eleanor Bill; nine nieces, 11 nephews and 45 grandchildren.

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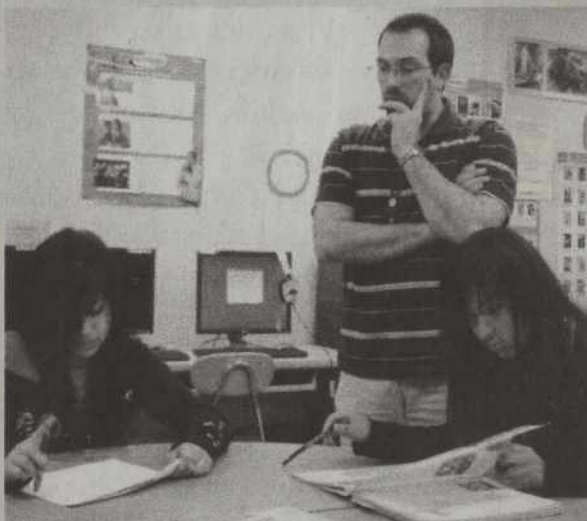
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Reading Workshops Working for Students and Teachers

Our efforts to provide students with extra support in reading are paying off as we see increased reading scores among students enrolled in our reading workshops.

"My lexile levels have gone way up!" said Skyler, a 7th grader at Jefferson County Middle School. "I can read to my younger brothers and sisters, too," she added.



Middle school students in teacher Andrew Smiley's class said their favorite thing about the reading workshop is using the computers and their reading program called Read 180.



A double dose of reading success at Jefferson County Middle School.



Celebrating Dr. Seuss at Metolious Elementary.



Students work on a group assignment in their reading workshop.



Math Standards Increasing for Students JCSD, along with all Oregon Schools, Face Challenges

The Oregon State Board of Education recently voted to increase math score standards for students in grades 3 through 8. The new standards are now in place for the 2010-2011 school year and are expected to better align the curriculum at those grade levels with the high school graduation requirements for math. The current high school target score of 236 will remain the same.

Last year 1,687 kids were tested for math in our district. Under the previous standards, 731 of our students met or exceeded and 278 nearly met state math score standards. With the new standards in place this year, we expect to see some challenging results. If we were to take last year's results and apply them to the new scoring standards, 161 students would not have met the standard.

"Our entire team has been working hard to move students forward in meeting state standards and we've made some significant progress," said Rick Molitor, Superintendent. "As the standards increase this year, our initial scores may look discouraging, but we know we're moving in the right direction by providing really focused attention on individual students to help them succeed," he added.



CONGRATULATIONS!
Madras High School
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JCSD Athletes Shine!
 Congratulations to our winter athletes! We saw amazing results from our wrestlers, basketball teams (girls and boys) and our swimming teams (girls and boys). "We had a great winter season," said Athletic Director Paul Brown. "We are proud of our athletes and their hard work."

Thank You Classified Staff!
 This month the JCSD celebrated our classified staff and the incredible job they do each and every day. "Classified Staff are the first to arrive, the last to leave, and are always behind the scenes making our buildings, grounds, vehicles, kitchens, offices, and programs run efficiently and effectively," said Superintendent Rick Molitor. "They make our schools healthier and provide our students with a better learning environment," he added.

Calendar

March	
3/16	Math Meeting for K-12 Parents 4:30 p.m. at MHS Commons
3/17	Science Fair at JCMS
3/21-25	No School; Spring Break
3/28	School Board meets at SSB; 7:00 p.m.
April	
4/4	2-Hour Late Start
4/15	No School, End of 3rd Quarter
4/18	2-Hour Late Start