

# Births

*Jason Daniel Bueno*

Marta Rubio and Jason Bueno of Madras are pleased to announce the birth of their son, Jason Daniel Bueno. Jason was born February 4, 2011 at St. Charles Medical Center in Bend.

Jason joins sister Cinthia, 13, and Anabela, 11.

Maternal grandparents are Jose and Perla Rubio of Madras.

Paternal grandparents are James Stai and April Bueno of Portland.

*Gabriel LaDarios Warner-Picard*

Gibson Danzuka and Brook Warner are pleased to announce the birth of their son Gabriel LaDarios Warner-Picard, born on February 6, 2011.

Gabriel joins sister Aiyanna. Grandparents on the father's side are LaDonna Squiemphen of Warm Springs, and Vern Squiemphen of Warm Springs.

Grandparents on the mother's side are Kristi Gilbert of Warm Springs, and Allan Warner Sr. of Warm Springs.

*Oralee Mae Roubideaux Charley*

Jolene Ora Charley of Warm Springs is pleased to announce the birth of her daughter Oralee Mae Roubideaux Charley, born on February 14, 2011.

Oralee joins brother Wesley.

Grandparents are Robert Charley Sr. of Warm Springs and Nikki Blackowl of White River, S.D.

*Perry VanPelt*

Tony G. VanPelt and Gloria M. Ike of Warm Springs are pleased to announce the birth of their son Albert Perry VanPelt, born on February 3, 2011.

Albert joins brother JaMario, age 15 months.

Grandparents on the father's side are Albert Bryant and Lill-Itta VanPelt.

Great grandparents on the father's side are Harvey and Eliza Jim of Warm Springs.

Grandparents on the mother's side are Charlene Minjarez, Renaldo Minjarez and Ronda Metcalf.

*Debra Lee Plouffe*

James B. Anson Jr. and Sharda L. Anson of Warm Springs are pleased to announce the birth of their daughter Debra Lee Plouffe, born on February 1, 2011.

Debra joins sisters Delleena, Dalayna and Caitlynn.

Grandparent on the father's side is James R. Anson Sr. of Clackamas.

Grandparent on the mother's side is Debra L. Hinagasa of Warm Springs.

*By Yvonne Iverson Spilyay Tymoo*

About 300 people gathered at the Agency Longhouse last Wednesday to enjoy a great meal, good company, and some helpful information. This annual event in it's 18th year is coordinated and executed by the IHS Diabetes Prevention Program lead by Jennie Smith, FNP.

This year's event started off with a Health Fair where you could stock up on toothbrushes, get your blood sugar checked, and learn more about what it feels like to have high blood sugar with some hands on activities. Many different departments participated and shared the programs they have to offer for the community.

A mouth-watering salmon dinner was prepared by Chef Michael Spaulding with assistance from the experienced Longhouse chefs from the Senior Program. Although the line got long people enjoyed each other's company as it moved along, and felt the meal was well worth the wait.

Each person who signed in before dinner was automatically entered into the door prize drawings that were called out throughout the evening. A wide range of gifts were donated by community members and other Tribal Departments from t-shirts to beaded stretchy rings. Each winner was pleasantly surprised when they took a look at their winnings as no two prizes were alike.

Once everybody got their

# Many enjoy Heart Smart dinner



Yvonne Iverson photos.

hunger satisfied by a healthy meal we heard a few words from guests to Warm Springs who are participating in the Longest Walk to Reverse Diabetes. The young Ayayat/Idait/Tunanumu Dance Group shared some great songs and social dances for the crowd.

It was a very enjoyable evening for all and if for some reason you missed it you will want to make sure you attend next year. The event is held every February during the week of Valentine's Day to raise awareness about steps that you can take to live a Heart Healthy lifestyle. Between now and the next event you can contact the Warm Springs Diabetes Prevention Program to learn more or join the classes to learn more about how nutrition and exercise can improve your health. 541-553-1070.

Dancers perform the Canoe Dance (left) and other dances for the Heart Smart guests.



# Howlak Tichum

Morales Clifford "Maui" Singer, 1973-2011

Morales Clifford "Maui" Singer passed away on January 26, 2011. He was 37.

Mr. Singer was born on August 23, 1973 in Salem. He grew up in Salem, attending Salem-Keizer public schools, and graduated from Sprague High School in 1991.

Mr. Singer was baptized as a Christian at Calvary Baptist Church, and was a spiritual man strong in faith.

He was proud of his American Indian heritage and exhibited Native pride in many ways. He was a full-blooded Navajo enrolled in the Western Agency of the Navajo Nation.

One of Mr. Singer's paternal grandfather's, Richard Singer Sr., was a Navajo



three children and a caregiver to his retired parents and a young niece.

He was a jack of all trades, maintaining the yard and family vehicles, conducting neighborhood watch in addition to a whole host of other things he truly enjoyed. He had a passion for all things sports—Oregon Ducks football, Portland Trailblazers basketball, the Washington Redskins.

He had many friends on the Warm Springs Reservation.

Mr. Singer is survived by his parents, Sam and Irene; three siblings, Marcie, Mike and Michelle; three children, Cody, Elijah and Jaliene; one niece, Shaelee, and many other relatives.

Code Talker who served in World War II and posthumously received a Silver Medal for his service as a U.S. Marine.

Mr. Singer was master of his domain, the Singer family home. He was a single parent to his

## Register for T-Ball, Little League

Registration for T-Ball and Little League is under way. Pre-season registration for T-Ball is \$10 per player. You can pre-register until Feb. 25. After that date, the

registration fee is \$15 per player. Little League pre-registration is \$20 for one player, and \$5 per additional player, and \$30 for the household. Pre-register until Feb. 25. After that, the fee is

\$25 for one player, \$5 per additional player, and \$40 for the household. For more information, call Cena or Joe at 541-553-3243.

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Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Speak with an attorney during drop-in hours 1 to 4 p.m. on the first

Monday of the month at the Family Resources Center in Warm Springs. Or call 385-6944 Monday through Thursday between 9 a.m. and 4 p.m. (at lunch from noon-1 p.m.)

VOLUNTEERS NEEDED

Seeking community members to be school crossing guards, training provided. Contact Ashley @ 553-2204