

OSU offers calving school in Warm Springs

The Oregon State University calving school will focus on problems and diseases associated with healthy beef calf parturition (the process of giving birth).

This also includes management and nutritional considerations that promote proper delivery of calves.

Participants also will learn about calving difficulties, and when and how to assist with the delivery, with the use of dummies.

OSU encourages attendance by producers and

workers within the cattle industry, at all experience levels. Youths also are invited to attend the training.

The local Winter Calving School is being held in Warm Springs. It will be from 4-7 p.m. on Tuesday, Dec. 14, in the Education Building training room on the reservation.

Cost for the class is \$10 per person. Meal and handbook included.

For details, contact Fara Brummer, 541-553-3238.

Meeting to focus on COCC Madras campus construction

Central Oregon Community College is hosting a meeting to share information about the construction of the Madras Campus. The public is invited.

The meeting will be held from

4 to 6:30 p.m. on Monday, Nov. 22, in the library at Jefferson County Middle School, 1180 SE Kemper Way, in Madras. Call 541-383-7296 for details.

Adults needed as 4-H volunteers

The Warm Springs Extension Office seeks volunteers to instruct young 4-H members with short or long-term projects.

Any skill is sought: natural science, expressive art, family and consumer science or, of

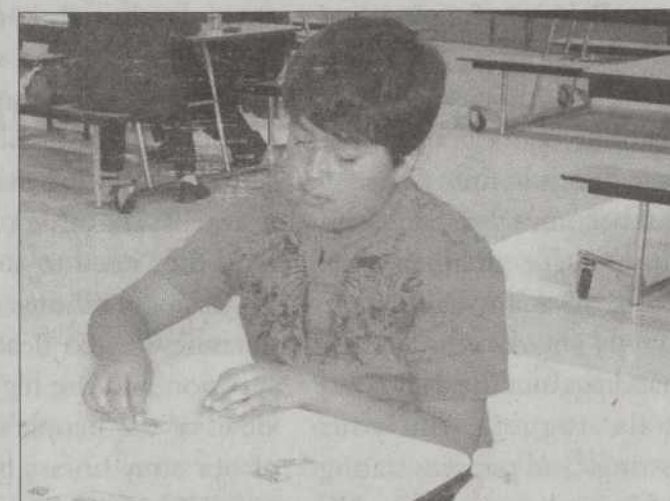
course, animal science.

Some may be subject to a criminal background check. Contact the Warm Springs office at 541-553-3238, or the Jefferson County office at 541-475-3808.



Photos by Terri Harber

Chess, puzzles and experiments with pennies were just a few of the activities available during this year's annual SMILE gathering at Jefferson County Middle School. Many of the students involved in the group are from Warm Springs. The hands-on event allowed for an evening of math and science fun for all family members.



SMILE promotes math and science knowledge

By Terri Harber
Spilyay Tymoo

Youths were able to do such things as watch aluminum cans crumple without human effort and create their own tiny critters during an annual event that highlights math and science education.

SMILE Family Night at Jefferson County Middle School

on Nov. 4 allowed students and their families to participate in hands-on scientific demonstrations while enjoying dinner, raffles and even Native American music.

Most of the families there were from the Warm Springs Reservation.

The youths in grades 4-12 involved attend Warm Springs Elementary School, Jefferson

County Middle School and Madras High School.

SMILE is short for the Science and Mathematics Investigative Learning Experiences Program.

It's a partnership between Oregon State University and 14 school districts across the state – including Jefferson – to provide science and math enrichment in school districts

where significant numbers of students don't complete high school.

Increasing exposure to math and science is a way to ensure that more students in Oregon finish high school, go on to college and focus on careers in such areas as science, math, health, engineering and teaching, according to OSU.

Warm Springs Community Calendar

Wednesday, Nov. 17

The Nike N7 Oregon State Basketball game vs. Texas Southern is coming up Sunday, Nov. 21 at Gill Coliseum in Corvallis. The game will recognize Native American Heritage Month and the Beavers will wear items from the new N7 line. There is a special group rate being offered. Contact Delson Suppah Sr. or Yvonne Iverson, 541-553-1968 by noon Friday. The Senior Program is taking 14 seniors to this game. Sign up at the Senior Citizen Building. They plan on leaving the senior building 9 a.m. Sunday, staying overnight in Corvallis and returning Monday. Contact Wilson Wewa Jr., 541-553-3313.

Kah-Nee-Ta Water Fitness Class is this morning and every Wednesday from 10:15-11:15 a.m. Contact Jeri Kollen, 541-553-2478 or Edmond Francis, 541-553-0118.

You are invited to "Dine with the Diabetes Experts" from 5:30-6:30 p.m. at the Warm Springs Community Center. The event is in recognition of November as American Diabetes Month. You will share an informal meal with experts from Madras and Warm Springs as well as the Harold Schnitzer Diabetes Health Center at OHSU. It is free and no reservations are needed.

Thursday, Nov. 18

The CTWS Senior Citizen Thanksgiving Dinner is at noon at the Simnasho Longhouse. Call 541-553-3313 for details.

Today's November Fitness Bonus Activities are the Lunch and Learn Program in the IHS Atrium and Dodge Ball at the Community Center. Both start at noon.

The Community Lunch and Learn Program is recognizing Native American Heritage Month with a presentation by Wilson Wewa called "Traditional and Cultural Healing." Lunch and Learn is today at the Health and Wellness Center atrium.

Social Dance Class is every Thursday 5-7 p.m. at the Warm Springs Community Center Social Hall.

The Tobacco Prevention and CHET Programs invite one and all to The Great American Smokeout today. You can join with community members for a walk starting at 11:30 a.m. at the community center to the Family Resource Center where lunch will be served at noon. Call 1-

800-QUIT-NOW for advice on quitting tobacco smoking or chewing.

Saturday, Nov. 20

There will be a Christian community potluck dinner and united prayer for the community this Saturday Night at 6 at High Lookie Lodge in the Tribal Room.

Sunday, Nov. 21

The Museum at Warm Springs is closed Sundays and Mondays now through April 1.

Monday, Nov. 22

No school at all this Thanksgiving week in the 509J school district, but Monday and Tuesday are parent conference days.

Warm Springs Tribal Council is scheduled to talk about Enrollments; Tribal Court; take a Legislative Update conference call; hear IHS and Health & Human Services Update; Credit Report; and an update from the Museum at Warm Springs.

Today's November Fitness activity is Noon Hoops at the Community Center.

Kids of all ages are invited to take part in a Medallion Necklace Making Class Nov. 22-24 in the basement at Culture and Heritage. The classes are 8:30 a.m.-4:30 p.m. with a lunch break at noon. Adult volunteers are needed as well. Contact Minnie Wallulatum to sign-up, 541-553-3209.

The Victims of Crime Services hosts a weekly Women's Support Group meeting from 6-8 p.m.

Tuesday, Nov. 23

Warm Springs Tribal Council is in session today – on their agenda is: the 2011 Budget and a Finance Update.

Today's November Fitness activities are the Healthy Breakfast at 9 a.m. at IHS and the Circuit Class at 5:30 p.m. at the community center.

Healthy Breakfast is from 9-10 a.m. at the Health and Wellness Center, Kitchen Conference Room. The topic this week is blood pressure monitoring.

Wednesday, Nov. 24

Today's November Fitness activity is A Walk For Diabetes at noon at the community center.

The Housing Department has applications for the 2011 Housing Improvement Program. Pick up an application

at the Housing office during regular business hours. Deadline to submit applications is today.

Saturday, Nov. 27

The 2010 Native American Heritage Art Market will be held today from 9 a.m. to 4 p.m. and Sunday from 10 a.m.-3 p.m. at the Museum at Warm Springs. The market will feature authentic, locally made Native American arts and crafts, including beaded and woven jewelry, moccasins, dolls and more. Bring one canned or dried food item as entry fee – it goes to the food bank. Call 541-553-3331, ext. 407, for details.

Monday, Nov. 29

Warm Springs Tribal Council is in session today – on their agenda: A Housing Update

Today's November Fitness Bonus Class is Senior Fitness at 10:45 a.m. at the senior center.

The Victims of Crime Services hosts a weekly Women's Support Group meeting from 6-8 p.m.

Tuesday Nov. 30

Today's November Fitness Bonus Activity is the End of November Walk at noon at the Diabetes Prevention Office.



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