

# Tribal member dead in apparent stabbing

Kenneth Reed Danzuka, 30, died Sunday after being stabbed at a residence in the 700 block of SW First St. in Madras.

Danzuka was a member of the Warm Springs Tribes.

Another Madras resident and tribal member, Lanelle Frances Warner, 29, was arrested Monday and is being charged with murder and manslaughter, according to Madras police.

She was booked into Jefferson County Jail.

Police arrived at the location just after 9 p.m. Sunday, where they found Danzuka unconscious and not breathing.

"He had puncture wounds, indicating he had been stabbed," said Madras Police Detective Tanner Stanfill.

Danzuka was pronounced dead at the scene by emergency medical responders.

Danzuka and Warner were described by police as "known to each other" and as "cohabitants."

The Oregon State Medical Examiner's Office in Portland will be examining Danzuka to determine the exact cause of his death.

Anyone with information regarding this case is asked to call Stanfill at 541-475-2424.

—Terri Harber

# Antunez sentenced to 15 years after shootout

BEND (AP) — A man who fired at police during a chase on the Warm Springs Indian Reservation, then fired on the fugitive task force that tried to arrest him, has been sentenced to 15 years in prison.

Aldo Antunez, 32, pleaded guilty to two counts of attempted aggravated murder and one count of attempted murder.

The search for Antunez be-

gan on May 20, when he and Waylon Weaselhead were accused of firing shots while fleeing from Madras and Warm Springs police.

In July, members of the U.S. Marshals Oregon Fugitive Task Force found Antunez and tried to serve an arrest warrant. He began shooting and they returned fire, injuring him.

# Help CPS make wards comfortable

Child Protective Services employees are preparing for winter but need items to make things comfortable for tribal youth under their care and for the period immediately after they move on to foster homes.

There is a need for socks, mittens, hats and scarves as well as long-sleeved shirts and pull-on sweaters—in all sizes.

Also needed are teen-appropriate personal items, such as soap, deodorant and hair-care products.

Monetary donations also are welcome, but must go through a specific tribal delivery procedure.

Call CPS at 541-553-3209 for details.

The group planning the concert for Gathering of Flutes will meet at 3 p.m. Tuesday, Nov. 30 in the Family Resource Center.

# Suicide awareness brought to Warm Springs

By Terri Harber  
Spilyay Tymoo

A variety of tribal employees and volunteers sometimes deal with others who are in highly vulnerable states.

Teen and young adult suicide has been in the news recently. Native Americans have been and continue to be at higher risk. The overall tribal suicide rate is 70 percent higher than the United States average. And the suicide rate for young Native Americans is even higher, according to the Associated Press.

Some of these workers on the Warm Springs reservation completed a training session earlier this month that helped them identify and assist these people before they can hurt themselves.

QPR is an acronym for "Question-Persuade-Refer"—a plan for recognizing suicidal people and steering them toward professional help.

There are a variety of clues that someone seriously considering suicide will exhibit. The key characteristic often

is how suddenly these types of actions occur—moodiness, giving away prized possessions, becoming interested or disinterested in religion, extreme substance abuse.

Changes in situation also can drive people to drastic reactions. Some of these events might be getting fired, sexual identification, an important relationship coming to an end, a terminal illness, or a loss of freedom such as imprisonment.

"It's up to us to see those clues," said Lee-Ann Foster, a Native American suicide prevention specialist with the Center for Substance Abuse Prevention Fellowship Program.

A huge part of winning over the person and convincing them to get help is being able to ask the depressed person if they want to harm or kill himself or herself. It's an extremely difficult thing to ask someone and requires building trust before asking—and getting a truthful answer.

Also important is not attempting to fix their problems or passing judgment. Getting the person the professional help they need is the ultimate goal. Telling ev-

eryone you know that the person is in trouble is counterproductive. Ask for help if you can't handle the confidence alone—just don't be a broadcaster.

Depression is a significant clue. It's the primary cause of suicidal behavior. Other issues, including substance abuse, usually are part of a whole group of issues with which the person is struggling.

The material used to train the small group of service providers on the reservation mentioned some symptoms of depression: wanting to be dead, nervousness, crying, lack of concentration, inability to sleep, fatigue, irritability and a loss of interest in fun, food and friends, for example.

It also pointed to another sudden change that could prove dangerous: A happy, lighter mood. The new attitude might mean the person has decided to kill himself or herself. Exhaustion that comes with depression may keep someone from committing suicide because they don't have the energy; renewed energy makes carrying out the act more likely because they feel well enough to go through with it.

Foster became interested in

helping depressed people after her sister committed suicide.

"There were questions I needed answers to," she said.

That loss resulted in her "wanting to do something meaningful." She began as a volunteer and gradually ended up with suicide prevention as her career.

While Foster's sister's suicide was a surprise to many who were close to her, the young woman left some clues. And this haunted Foster until she realized that you have to know what to look for—and know how to best provide help—to understand.

"Any warning sign suggesting acute distress, despair, or hopelessness about the future, or a desire to 'end it all' is worth asking about," according to the training guide.

For details about suicide prevention, contact 541-553-3205 during weekday business hours. If you are in crisis yourself, follow the instruction, and also call 541-553-1171 for assistance during evenings or on weekends. Always call 911 in an emergency.

Note: This article is not a substitute for proper training in crisis intervention and suicide prevention. It's simply to spread awareness.

# Native People's Circle of Hope meets locally for cancer support



Courtesy photo

The Native People's Circle of Hope is a coalition of Native American cancer support groups in Alaska, Idaho, Oklahoma, Oregon, Arizona, Montana and nationwide affiliates.

The group's goal is to help support local cancer survivors and those who are affected by this life-changing disease.

They try to provide hope, help, support, education and advocacy for cancer survivors and those closest to them.

The next regular meeting of the Warm Springs support group chapter will be at 5:30 p.m. on Dec. 14, also in the FRC building.

Hope is for the support group to meet once a month. A meal will be served.

Contact Rosanna Sanders at 541-553-1417 or 541-460-2382.

# 509-J Schools in Action!

www.jcsd.k12.or.us

## Welcome Parents!

November 22nd and 23rd are parent conference days throughout the district. There will be no school for students throughout the week and parents are encouraged to attend their scheduled conferences on Monday and Tuesday to meet with teachers and staff.

The results of the recent district parent survey told us that parents and families would like more information on how to get involved at school. Parent conferences are a great way for parents to connect with school staff and ask questions about their child's progress.

For details on conference times, please visit our web site at: www.jcsd.k12.or.us or call your child's school directly. We look forward to seeing you!

"This is a great opportunity for parents and family members to learn more about our literacy campaign and, more specifically, how their student is doing,"

—JCSO 509-J Superintendent Rick Molitor.

# READ to SUCCEED!

More literacy. More choices.



(left to right) Monet Martinez, Urbana Ross, Rick Molitor, Amanda Jo Squiemphen-Yazzie, Lori Danzuka, Alison Ball

## Madras High School Students Shine

Warm Springs teen and Madras High School senior, Amanda Squiemphen-Yazzie, recently won a first-place award for a speech she delivered at the Oregon Indian Education Association (OIEA) and was then selected to attend the National Indian Education Association (NIEA) conference in San Diego where she received a second award. The Native/English Oratory Contests were open to students of all ages and focused on the topic of education and how to motivate students.

Kayla Vincent from Madras High School was named the November 2010 High Desert Hero by the Center Foundation Board of Directors. Each month The Foundation accepts nominations for high school seniors who have a 3.5 or higher GPA, who display leadership in school activities and who participate in recognizable community volunteer efforts.

Kayla carries a busy school schedule with several Advance Placement courses and maintains a GPA of 4.0. She is currently in her second year as a Link Crew leader, and is involved in a variety of other activities as well. She is a decorated horsewoman in the Madras Oregon High School Equestrian team, an active member of FFA, president of the Skills USA club, and holds leadership positions in three different 4H groups.



## Representative John Huffman Visits JCSO

Oregon State Representative John Huffman was a welcome guest during a recent visit to several of our school buildings last week. Representative Huffman met with Superintendent Rick Molitor, Board Member Stan Sullivan, Central Office staff and students, staff and administrators from Madras High School, Jefferson County Middle School and Warm Springs Elementary School. He toured the buildings and visited with seven different classrooms and was interested to learn about our Read to Succeed campaign and other improvement efforts.

## Calendar

**November**  
11/22 – 11/26 No School – Parent Conferences Thanksgiving Break

11/22 – 11/23 Parent Conferences

For times visit www.jcsd.k12.or.us or call your child's school

**December**  
12/6 Two-hour late start  
12/20 – 12/31 No School Winter Break