

Suppah chosen for leadership assembly

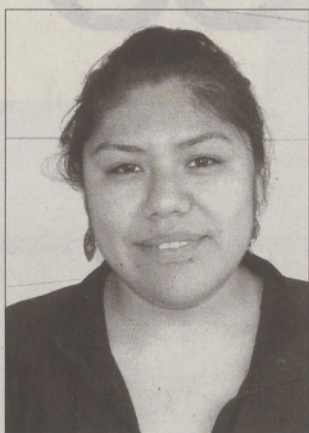
By **Duran Bobb**
Spilyay Tymoo

Jaylyn Suppah has been selected as a delegate to the 2010 Rural Youth Convening of the National Rural Assembly in Santa Fe, New Mexico.

Suppah is one of 53 young people chosen from a nationwide nominations process. Assembly participants were selected on the basis of leadership, community involvement, and personal interests and achievement.

Suppah was nominated to be part of the youth delegation by Work Force Development (WEDD).

"I'm thankful for this responsibility and challenge," Suppah said. "It will be a great opportunity for me to explore and learn new ideas and bring them back to our reservation. I'm hoping to bring back new ideas and possibly implement some of them in our community. Also, to learn more about myself and how to be an ef-



Jaylyn Suppah

fective young leader to make a difference any way that I can."

Delegates were selected through a very competitive nominations process.

Those selected were between the ages 18-25 who live in rural communities, said Peter Morris of the National Congress for American Indians, and member of the Youth Assembly organization committee.

"They represent the geographic, racial and ethnic diver-

sity of rural America and the nation as a whole."

The National Rural Assembly provides a forum for rural young people to discuss issues that are critical to their lives and communities, such as job creation, education, culture and conserving natural resources.

The assembly includes more than 500 regional and national organizations based in 47 states and the District of Columbia. The stated goal of the assembly is to make the country stronger by improving the outlook for rural communities.

"I believe I can make a difference," Suppah said, "and this conference can prepare and educate me on issues that affect not only our community, but others as well. It will give me the opportunity to hear from other young people the challenges they face in their communities and how they are trying to make a difference."

The conference will be held this Thursday through Sunday, April 22-25.



Duran Bobb/Spilyay

The Timberrattlers Little League team celebrate the start of the season. The teams held a parade, the 'For Love of the Game Parade,' to show support for Warm Springs Little League.

Gathering of Flutes

There will be a Native American flute benefit concert to raise funds for the Native People's Circle of Hope, Portland/Vancouver Chapter.

All funds raised will benefit services provided to newly diagnosed cancer survivors.

These funds help to pay expenses not covered by public or private insurance.

The concert will be held at 2 p.m. on Saturday, May 15, at 4033 SW Canyon Road in Portland, OR. For more information, please visit: www.gatheringofflutes.org.

Learn how to be a lifeguard

Kah-Nee-Ta High Desert Resort and Casino will be the location for Red Cross-certified lifeguard and CPR training. Class dates are April 24-25, May 1, 2 and 8.

Arrive at 9 a.m. on April 24 to begin training. The class requires a minimum 32 hours of training time.

In this course you will learn about the duties and responsibilities of a lifeguard and how to carry them out in a professional manner. You will also learn a number of life guarding techniques, such as how to use surveillance techniques, how to use rescue equipment to help rescue a distress swimmer, an active drowning victim and a passive drowning victim, and how to manage a suspected spinal injury victim.

Cost of the class is \$150 per person, and includes materials and Red Cross certification for the professional rescuer.

Prerequisites: Must be age 15 or older on or before the final scheduled session of this lifeguard course. Participant must complete the following:

Swim 300 yards consistently using front crawl 100 yards, breaststroke 100 yards, and 100 yards front crawl or breast stroke in that order.

Swim 20 yards, retrieve a 10-pound brick from a depth of 7-10 feet and swim back to starting point with the object and exit the water without using a ladder or steps within one minute, 40 seconds.

Register for the class by calling 541-553-1112, ext. 3458. Ask for Natasha or David.

Chemawa hosting leadership, athletic academy

Chemawa Indian School will host a Native Youth Leadership and Athletic Academy at the school on June 28-July 1.

The event will include opportunities to develop skills in foot-

ball with former NFL player Jim Warne; learn basketball, experience low-impact physical conditioning and lift weights.

There will also be a field trip to a local horse ranch to learn

leadership skills through horsemanship.

For more information, call Kim Just at (775) 773-2091; or email:

kjust@nativewellness.com.

School district budget committee meeting May 4

A public meeting of the Budget Committee of Jefferson County School District 509-J to discuss the budget for fiscal year July 1, 2010 to June 30, 2011, will be held at 7 p.m. on Tuesday May 4 in the Support Services Building, 445 SE Buff St., Madras.

The committee will receive the budget message and document of the district.

A copy of the budget may be inspected on or after May 5 at the Support Services Building or Jefferson County Public Library, 241 SE 7th St.,

also in Madras.

Deliberation of the budget committee will take place at the meeting. A subsequent budget committee meeting is scheduled for May 11 at the same time and location. Public questions and comments will be taken May 11 or during subsequent meetings.

The meeting location is accessible to the disabled. Let the chief financial officer know if you need any special accommodations to attend or participate, 541-475-6192.

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Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Speak with an attorney during drop-in hours 1 to 4 p.m. on the first Monday of

the month at the Family Resources Center in Warm Springs. Or call 385-6944 Monday through Wednesday between 10 a.m. and 2 p.m.



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