

## Student earns summer abroad

High school student Charice McConville will be traveling to Europe in the summer of 2010, as a student ambassador with the People to People program.

Charice was selected as a People to People ambassador because of outstanding achievements at school, in particular for her scores on the SAT and PSAT.

The goal of the People to People program, which Pres. Eisenhower established in 1956, is as follows:

"We bridge cultural and political borders through education and exchange, making the world a better place for future generations."

Participation in the program "benefits the students by opening their eyes to the world, sets them apart on college applica-



Charice McConville

tions and in consideration for other honors, and returns a child who is more confident and eager to continue learning."

During the summer, Charice will travel and study in England, Ireland, Wales and Scotland.

The student ambassadors have unique access to people and places available only to the ambassadors.

Charice and her family appreciate the support the community has shown in helping raise the funds necessary for this experience.

Charice lives in Klickitat, Wash., with her mother Kris, who works for the Columbia River Inter-Tribal Fish Commission. Charice's father is Michael Sean McConville Sr. Her grandparents are Rosalind Sampson and Gerald Sampson Sr., and Shirley Iman.

Greatgrandparents are the late Russell and Margaret Charley of Warm Springs, and the late Don and Edith Sampson of the Yakama Nation.

## More Letters to the Editor

### Incident at landfill

To the person who yelled at my dad at the Warm Springs Landfill on Saturday Dec. 19:

I do not appreciate your yelling and threatening my dad.

Please call the Warm Springs Police Department at 553-1171 if you witness illegal dumping of trash by non-members at the landfill. Please do not take upon yourself to take the matters into your own hands. I as a tribal member feel you were rude and your words hurtful to yell at my dad claiming he had

no right to dump trash.

He is married to a tribal member, my mother Arlene Boileau, who is an Elder and my dad has every right to dump trash at Warm Springs Landfill. Thank you. **Urbana Ross.**

Lava Lanes Bowling Center; Sport Supplements; China Sun Buffet; Gloria's Espresso; Broken Bow Trading Post; Madras Bowl; A&W/Kentucky Fried Chicken; Madras Marine; Figaro's Pizza; Abby's Pizza; Oregon Beef Company; Madras Aquatic Center.

These businesses' contributions and generosity helped make our organization's 2009 annual banquet an extraordinary success.

Once again, on behalf of the **Warm Springs Hotshots**, friends and family of our crew, thank you.

### Hotshots

The Warm Springs Inter-Agency Hotshot crew would like to extend a special thank you to the following businesses:

In Tune Car Audio; Cold Stone Creamery; Kah-Nee-Tah High Desert Resort & Casino; the Museum at Warm Springs; Warm Springs Market; KWSO;

## Quit demon weed tobacco in 2010

By Marta Wojas

Pharmacist, Warm Springs Health and Wellness Center

As the end of the year quickly approaches, people are starting to think about what their New Year's resolution might be. Some think about losing weight, some would like to exercise more, and some want to spend more time with family.

However, one of the most popular resolutions is to quit smoking or chewing tobacco.

With the increasing prices of

tobacco products, it's no wonder more and more people are thinking about quitting.

The amount of money spent per year for a person who smokes a \$5.50 pack of cigarettes a day is \$2,008.

If that person wanted to quit through the Warm Springs Health and Wellness Center, the cost to him would be zero dollars a year.

That means that person would have more than \$2,000 extra dollars in their pocket each year by being tobacco free.

If you decide to quit and seek help through the use of some form of tobacco cessation product and counseling, you have a seven times better of a chance quitting smoking than if you did it by yourself without any tobacco cessation products.

Luckily, there's a quick and easy way to sign up for a tobacco cessation program that offers counseling and medications in one stop.

A pharmacist through the tobacco cessation program can meet with you Wednesdays from

1 p.m. to 4 p.m. and rest of the week between 10 a.m. and 4 p.m.

After your first appointment, you should follow up with one of the pharmacists every two weeks to see how you're doing and if any adjustments need to be made.

If you're interested in quitting smoking, contact your health care provider or pharmacist at the Warm Springs Health and Wellness Center, 553-1196.

And have a Happy New Year.

## Births

Anthony J. Caldera Jr.

Anthony J. Caldera Sr. and Natalie R. Fuiava Caldera of Warm Springs are pleased to announce the birth of their son Anthony J. Caldera Jr., born on December 16, 2009.

Anthony Jr. joins brothers Farani and Kade.

Grandparents on the

father's side are Rebekah M. Aguilar and Raphael Frederick Caldera, both of Warm Springs.

Grandparents on the mother's side are Valerie A. Fuiava and Frank W. Fuiava Sr., both of Warm Springs.

Hazen Adarius Wallulatum Jose G. Medina and Matilda

R. Wallulatum of Warm Springs are pleased to announce the birth of their son Hazen Adarius Wallulatum, born on December 17, 2009.

Grandparents on the father's side are Sally Charley and Aristeo Medina.

Grandparents on the mother's side are Fred and Olivia Wallulatum.

## Warm Springs youth among Youth Challenge graduates

Lauren Holliday of Warm Springs graduated recently from the Oregon National Guard Youth Challenge Program.

The Youth Challenge program is a statewide alternative high school.

Lauren graduated on Dec. 16. The graduation ceremony was held at the Deschutes County Fairgrounds in Redmond. Graduation shows

completion of the five-month residential phase of the program.

During the program, cadets earn their diploma, GED or enough credits to re-enter high school and graduate with their classes.

The OYCP program is cost-free to cadets and their families and has successfully graduated more than 3,900 cadets since its

inception in 1994.

Cadets work through two phases beginning with this intensive, 5-month residential program during which they cultivate life-coping skills, perform community service work and attend academic classes. Details about the Oregon National Guard Youth Challenge Program are available at [www.oycp.com](http://www.oycp.com) or by phoning (541) 317-9623.



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