

## Letters to the Editor

### Loogie Luau

To the community of Warm Springs,

The 2009 Children's Protective Services Loogie Luau was another big success!

We were very happy with the turnout, which was more than last year, so, Thank you all who came down and we hope it was just as enjoyable for you as it was for us.

The CPS staff would also like to thank the following for helping us and being a part of the success:

Warm Springs Meth Coalition, who sponsored the Native Rapper, "Supaman," Supaman himself (awesome job!) Portland Partyworks, for all the water play equipment, Warm Springs Fire Management, for volunteering and helping where we needed, Warm Springs Recreation Department, for use of their facility, DJ K9, for all the cool, summer-fun music, the city of Culver for the dunk-tank, and Pat Tanewasha for the prayer for the meal.

We would also like to say "Thank you" to all the participants in our contests, especially the Fear Factor Easting Contest. Corey Smith was the overall champion this year, Way to go! We didn't know how you did it!

CPS enjoys doing different kinds of family events, because it is good to see families having a good time and doing things positive with each other. Hopefully we can continue doing this annual event for years to come. Thanks, again... until next year!  
**Warm Springs CPS staff.**  
PS: Mark your calendars for our Third Annual Round Robin Softball Tournament July 24 at the Warm Springs softball fields. Hope to see you there.

### Greetings

Tlaaxw na'mi naimuma, All my relations:

Greetings from your best friend.

Greetings from the best friend of all your ancestors.

Greetings from the ones who helped you War against your enemies.

Greetings from the ones who help you dig roots, where no car can go.

Greetings from your silent partner who shows you game to hunt, and who lets you aim between the ears.

Greetings from those of us who bear your burdens and carry your heavy game.

We are true friends to those of your kind, who treat us with respect and honor.

The gentle and loving we welcome into our herd and touch noses.

We feel your caress and offer our backs so you too can ride with the wind.

And for your kindness we gratefully eat wild grasses to hinder fire from destroying your land.

Where we are not found, fire seeks.

What is this the earth tremors speak to us? Our best friends now seek to slaughter us and feed us to their dogs?

How have we harmed you to have you turn on us in this way?

Tlaaxw na'mi naimuma. All my relations.

**Dancing Light.**

### Compliments

How welcome is a compliment, if truly it's sincere.

It's like an unexpected gift, like music to your ear.

How great the value of these words when gloom has come your way.

Like sunshine breaking through the clouds, much brighter is the day.

The giver of a compliment spends little for the deed, but it can be like precious gold for ears that have its need.

Let's make the world a better place. Be positive each day, and give away a compliment.

We change the world that way.

**By Eino.**

### Back at IHS

My name is MartiRai Ramsey. I would like to take this opportunity to let my community know that I have returned to Indian Health Service as Contact Representative.

I had left in March 2009 to return to college pursuing a degree in Social Work. Due to unforeseen funding complications I was unable to continue.

The good part about all that is, I have returned to my position at IHS! Sometimes the way we find out where we are supposed to be is by the opportunities that open or close... I am most grateful and very excited to be back at the Warm Springs Health and Wellness Center. I truly appreciate the warm welcome back from the staff and patients.

My primary duties as Contact Representative are to enroll all eligible IHS clients in Medicare, Medicaid (OHP), Third Party Insurance, Prescription Assistance, and assist our elder community with the Social Security resources such as Medicare Part A, B, and D, Social Security Disability and programs for elders preparing for retirement.

I also have assisted patients

in connecting to resources for food, energy assistance, and rental assistance programs.

I am reaching out to all parents who have children 18 years and younger.

Medicaid (OHP) is still open to this age group of our community. Please do not hesitate to apply, even if you work. You may be pleasantly surprised to realize that your child qualifies, even if you are employed.

It is a rewarding resource to receive OHP for your children. This is very beneficial if your child needs care outside of the Warm Springs Health and Wellness Center.

Also, if you are traveling or your child needs medical attention when the clinic is closed, OHP is an excellent resource to cover the cost of medical care and prescriptions.

Please remember, if you are currently on OHP, continue to re-certify within the time given. This will prevent you from losing your OHP coverage and having to re-apply.

If you are an adult 19-64, who does not receive TANF benefits and are not pregnant, and you fail to recertify, most likely you will not be eligible to re-enroll if your coverage is terminated, as the program is closed to this population. Be sure to contact your DHS case worker to see if your re-certification is due.

It is always a good idea to partake in all resources even if your child is well and rarely needs to see the doctor. It is better to be prepared and be covered than to find yourself without when the need arises. The only cost you will pay for this coverage is a little bit of your time to complete a short application and provide identification and income verification.

Often we are seeing patients needing medications that the Warm Springs Health and Wellness Center Pharmacy does not carry.

If you have a prescription that clinic Pharmacy does not carry, come and see me. I will research the internet to see if the company that makes the medication has a prescription assistance program.

Most medications have programs that will provide medications at very low to no cost, depending on your income. The application process is very short. Often, the assisting program will mail the medications directly to you or to the Pharmacy to dispense to you.

If you prefer to complete the process on your own two great resources are [www.needymeds.com](http://www.needymeds.com) or [www.google.com](http://www.google.com). Enter the name of the drug and follow the prompts to see if a prescription assistance program is avail-

able. Each individual drug has its own assistance program so you must apply for each drug separately. The process may take a little bit of time but once you are approved the benefit is great because generally you get the drug at no or very low cost to you. Prescription costs are steadily rising so this is a great option to help with out-of-pocket expenses.

**MartiRai Ramsey.**

### Facility

I'd like to speak out concerning the coalition on the control of the wild horse populations on some Native American reservations.

The words "processing facility" are simply a front for destroying the medicine of Native Americans since time immemorial. Would you shoot yourself in the foot? Do not band with these tribes who are willing to destroy medicine that has helped us for eons. You notice that the other tribes in on this don't want the "processing facility" on their reservations. They want it on the Warm Springs Reservation.

Just remember if you receive a grant for millions of dollars from the federal government for a (slaughter) processing facility, you will be receiving "blood money."

The question was asked "How can we show that this is 'humane killing'?" The words "humane killing" are generally used when putting down an animal that is sick, dying or suffering. The cougars and carnivores take care of the weak, sick, dying or suffering of the horse populations. And there are plenty of them around to handle that. What is humane about killing a beautiful animal that is in perfectly good health?

Those of you who vote for this "facility," even though you might not actually work in that "processing facility," processing dog food and meat for nations that eat horse; you will have innocent medicine blood on your hands.

The Bible in Proverbs 12:10, 20 and 22 says: "A righteous man cares for the needs of his animal, but the kindest acts of the wicked are cruel... There is deceit in the hearts of those who plot evil, but joy for those who promote peace... The Lord detests lying lips, but he delights in men who are truthful." All principalities are under the watchful eyes of our Creator. You will only go as far as He allows you to go.

My wife and I pray to our creator for our tribal leaders to have a conscience with integrity and compassion for the people to make a wise choice in dealing

with the coalition concerning the destruction of the wild horses. Tell them: "No! We don't want a stink slaughter house/processing facility on our land."

**Suakt/ aka Willard Tewee.**

### Apologies

I am sorry I broke tribal law by receiving a liquor violation and drinking under the legal age. I apologize to my family also, and to the community. I am taking care of my mistakes. **Clinton J. Tainewasher (Smith).**

I am sorry I broke tribal law on 12-10-08. I want to apologize to J.T. and her family for my actions. I have no recollection of the incident that happened. All I know is I messed up. I just want to tell you I'm sorry and I hope you know I mean that. **Walsey Thomas.**

I am sorry I broke tribal law on 3-10-09 by running my dad's truck off the road and getting a DUI. I apologize to my dad. It will not happen again. **K. Billey.**

I am sorry I broke tribal law on 2-17-09 by smoking grass on the parking lot at Kah-Nee-Ta. I was intoxicated but that isn't an excuse for it. We had an 83-year-old man who calls me son with us, and that is recklessly endangering and I respect him more than that. I apologize to D.H., P.B., and the casino. I will be having a more positive attitude to our community, and anyone else who I may have hurt. **Lamont Brown.**

I am sorry I broke tribal law on 4-7-09 by driving intoxicated and endangering the life of my youngest son. I am presently waiting for a bed at the NARA treatment and would like to apologize to the community for anyone who I have insulted or hurt. I also am sorry for having 3 1/2 grams of marijuana. Please accept my apology. I apologize to E.L., Rainbow Market, West Hills. I will continue to follow through with my treatment. **Lamont Brown.**

I am sorry I broke tribal law on Nov. 12, 2008 by getting charged with disorderly conduct. I was walking from one place to another, from Greeley Heights to the West Hills. I can recall this incident but can't prove my innocence, so therefore I'm sitting 10 days and doing 25 hours of community service for this charge. I apologize to the Warm Springs Police Department officers. I would've been all right if I got a courtesy ride instead of coming to jail like always. **Richard W. Payne Jr.**

I am sorry I broke tribal law on 9-16-08 by endangering my children for a pest-infested home and a sloppy place of residence. These filthy insects, they are a bad health threat to all family homes. They are also very hard to get rid of. But we did it. I apologize to my five children, who were hurt in the process. I am so very sorry and thankful to my parents who were there for us every single day through this. And a big sorry to my children. **Sadie M. Picard.**

I am sorry I broke tribal law on 4-30-09 by having drug paraphernalia on me when I shouldn't have. I apologize to the police department, and the community around Kalish St. I will do better on down the line. **Ambrose Meanus.**

I am sorry I broke tribal law on 2-15-09 by committing the offense of code 310.510. For I apologize to the cattle, and horses that may have been in danger at the time. Also to any other motorist. I apologize to D. for cleaning up my mess. I will make sure it will never happen again. **Leslie Squiemphen.**

I am sorry I broke tribal law on 12-08 by being disorderly at the Agency Longhouse. I apologize to the family and hoping I am forgiven for my actions. I apologize to D.S.'s granddaughters and also I apologize to Boss H. I know I should've known better and it won't happen again because I help with Washut Services on Sundays and during memorials and funerals. **Gloria Mitchell.**

I am sorry I broke tribal law on 3-18-09 by getting intoxicated and getting a liquor violation and going to jail. I feel that I learned my lesson. I apologize to the people of the Confederated Tribes. I am trying to get my life together by being sober. **Theodore Stwyer-Greene.**

I am sorry I broke tribal law on Dec. 9, 2008 by driving while under the influence of an intoxicant. I apologize to the family of the people J.S., R.W., M.C., M.D., and J.W. I apologize to the tribes. This will not happen again. **Jose Morales Jr.**

I am sorry I broke tribal law on May 11, 2009 by false identification and escape. I was furloughed and I didn't return to the correctional facility as agreed upon through my furlough agreement. I apologize to Lt. E.W., and A.S. III. I am willing to obey all laws and stay from drugs and alcohol. **Annette F. Arce.**

*Happy birthday to my big bro Mav. From your lil bro Tonah Della.*

**Spilyay Tymoo**  
(Coyote News, Est. 1976)  
**Publisher Emeritus:** Sid Miller  
**Editor:** Dave McMechan

**Management Successor:** Selena T. Thompson  
**Advertising Manager:** Sam Howard  
**Media Advisor:** Bill Rhoades

**Spilyay Tymoo** is published bi-weekly by the Confederated Tribes of Warm Springs.

Our offices are located in the white house at 1100 Wasco Street.

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Annual Subscription rates: Within U.S.: \$15.00.

## Fire Management offers Fourth of July safety advice

**By Suzi Macy**  
*Fire Prevention Tech*

The Fourth of July is this Saturday. If you are planning to buy fireworks, please purchase only those that are legal in Oregon.

A good rule of thumb is, if it flies in the air it probably is not legal here in Oregon.

According to the state Fire Marshal's Office, the following are legal fireworks:

Base fountains, handle fountains, sparklers (wood core), cone fountains, ground bloom flowers and wheels.

Those that are illegal are: Roman candles, missiles, bottle rockets, all firecrackers, aerial spinners, bees, helicopters and jumping jacks.

Ensure your fun this Fourth of July by following these safety tips:

Never allow children to play with matches or lighters.

Make sure an adult is

present. Keep fireworks away from small children.

Keep pets indoors and secured in a fenced area away from fireworks.

Only use fireworks outdoors. Avoid dry vegetation, debris or buildings that may catch fire.

Never point or throw fireworks at people, animals, cars or buildings.

Have a hose or bucket of water ready to extinguish a fire or douse used fireworks.

Avoid fireworks that are leak-

ing, wet or look old.

Never alter fireworks or attempt to make your own.

Dispose of spent fireworks by dunking or dousing with water and putting into an outdoor trash can away from a building.

Remember, be prepared, be safe and be responsible. Fire Management and Smokey Bear would like to wish everyone a safe and enjoyable Fourth of July.