

Biggest Losers win cash prizes

As a group, the Biggest Loser participants lost 198 pounds. They took 79.5 inches off their waists, and 67 inches of the hips.

The results of the fitness challenge were announced last week at the 2009 Biggest Loser in Warm Springs lunch.

The competition is in four categories: women 49 and under, women 50 and older, men 49 and under, and men 50 and older.

Of the 146 people who participated in the weight-loss competition, 100 are women and 46 are men.

Leslie Cochran-Davis won first place in the women 49 and under category. Claudine Seegrey Littleleaf won in the women 50 and older category.

Ben Bisland won in the men 49 and under category. Anthony Littleleaf won in the men 50 and over category.

The winners received cash payouts. Second-place winners also received cash. They are: Angie Todechine and Chris Smith (women's categories), and Jamie Smith and George Robinson (men's categories).



Leslie Cochran-Davis, and Tony and Seegrey Littleleaf won first-place in this year's Biggest Loser competition. (Ben Bisley not pictured.)

Dave McMechan/Spilyay

LaVena Ike won third place in the women under 49 category. Other big losers are: Samantha Gomez, Daryllyne Cortazar, Bonnie Baxter and Margie Tuckta. Also: Jason Hintsala,

Brian Renfro and Kelly Beymer. All participants received fitness challenge sweatshirts.

Carolyn Harvey of the tribal Community Wellness Program, and Montell Elliott of the Diabetes Prevention Program, pre-

sented the prizes at the luncheon last week. The Biggest Loser Fitness Challenge is sponsored by the Community Wellness Program, Diabetes Prevention and the tribal Nutrition Department.

Scholarships available for 4-H summer conference at OSU

Warm Springs students in grades 7-12 are invited to apply for scholarships to attend the 4-H summer conference.

The conference will be held on the Oregon State University campus on June 24-27.

This week-long event features informal classes and field trips for students to learn topics ranging from videography to computers, to rock climbing.

The scholarship covers the cost of registration. A conference bus will be available to take students from Bend to Corvallis for a small fee. The conference offers a great opportunity to be-

come exposed to a university campus.

Classes include wall (rock) climbing, photography, sewing and fashion, horse knowledge, making your own video games, map and compass, and drawing, and many more.

Scholarship application packets can be picked up at the OSU Extension 4-H Office and are due Friday, May 15 at 4:30 p.m. at the Extension office in the Education building, 1110 Wasco Street.

For more information, contact Shawn Morford, Warm Springs 4-H at 553-3238.

Women of Wellness lunch Thursday

The Women of Wellness and the Community Health Education Team are presenting a Breast Cancer Awareness event this Thursday, May 7.

The event is the Women of Wellness Mothers Day lunch, starting at noon at the

Family Resource Center conference room.

All of the women of the community are invited. Lunch will be a barbecue with all the fixings.

For more information, contact Judy Charley at 553-3438.

University powwow this weekend

The University of Oregon invites the Warm Springs Community to the Forty-First Annual Mothers Day Powwow.

The powwow will be this

Friday through Sunday, May 8-10 at MacArthur Court.

The event is sponsored by the University of Oregon Native American Student Association.

Foundation to support nation's tribal arts

PORTLAND (AP) – Decades after federal policies sought to discourage many American Indians from participating in their tribal customs, a foundation has been formed to preserve and nourish the arts of American Indians and other native groups.

With the help of \$10 million from the Ford Foundation, the new Native Arts and Cultures Foundation will begin establishing itself in Portland, said Walter Echo-Hawk, an Oklahoma lawyer who chairs its board.

"This is a very powerful idea," he said. "We think it's sort of a missing piece for native arts and cultures."

The board put its headquarters in Portland because of the city's thriving arts and American Indian communities. Among the board members is Elizabeth Woody of the Confederated Tribes of Warm Springs in Central Oregon.

A study showed there was no government support for American indigenous art and culture and relatively little philanthropic assistance...

The foundation's scope encompasses Alaska Natives and Native Hawaiians. Its new president, Tara Lulani Arquette, a Native Hawaiian, will move to the city next month to select an office site, Echo-Hawk said.

By the end of the year, the foundation hopes to start awarding grants to artists and organizations that support native art and culture.

Those grants will not only boost efforts to preserve what remains of the nation's traditional tribal cultures and customs that historically were sup-

pressed or prohibited, but also support contemporary native painting, theater, music and other art, Echo-Hawk said.

"Our cultures have survived," he said. "They've persisted and thrived."

But there is still a need for more financial support, and this foundation could fill that void, said Elizabeth Theobald Richards, a Cherokee and Ford Foundation program officer.

"These are the indigenous peoples of this country," she said. "The art forms and the cultural heritage of these people have been underfunded and not recognized enough."

A 2006 study funded by the Ford Foundation showed there was no government support for American indigenous art and culture and relatively little philanthropic assistance, according to the Native American Rights Fund. The study led to the founding of the Native Arts and

Cultures Foundation.

It's not the first national organization devoted to supporting tribal arts and culture, Echo-Hawk said, but it is the first to be permanently endowed.

In the future, he said, the foundation hopes to partner on projects with other organizations, namely the National Museum of the American Indian in Washington, D.C., and the Institute of American Indian Arts in Santa Fe. He also expects the foundation's mission to support tribal arts and culture won't be set back by the down economy because funding was secured before the start of the recession.

Reminder regarding landfill use

This is a reminder from the tribal Sanitation Department:

The Dry Creek Landfill is for tribal members and individuals who live on the reservation.

Employment with the reser-

vation does not entitle you to use the landfill, if you live off the reservation. This includes the various Dumpsters. If you have any questions, please call Nancy Collins at 553-4943.

Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Speak with an attorney during drop-in hours 1 to 4 p.m. on the first Monday of the month at the Family Resources Center in Warm Springs. Or call us at 385-6944 Monday through Wednesday between 10 a.m. and 2 p.m.

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