

Group makes holiday cards for injured soldiers

By Leslie Mitts
Spilyay Tymoo

Soldiers at Walter Reed Army Hospital will be receiving a gift from several Warm Springs Community members this holiday season.

Victims of Crime Services Volunteer Delsa Jim said the VOCS women's group recently sent homemade Christmas cards to the hospital for recovering soldiers.

According to Jim, the women's group is an outlet for women who need support and are victims of domestic violence. Jim brought several of her

nieces to a women's group meeting where everyone made holiday cards to send to recovering soldiers at the Walter Reed Army Hospital.

The activity was supervised and organized by Tina Aguilar, a victim advocate, with assistance from Viola Govenor, Aurel Stinson, and Jim.

The group wrote inspirational messages inside the cards, Jim said, and added that they made quite a few cards.

"It was really cute," Jim said. "It was a good event for them."

The project aimed to let soldiers know that someone supported them, Jim added. It also

showed those involved with the women's group that there are people who need help and support during the holiday season.

As for her nieces, Jim said, "They learned a really good lesson that it's good to help others."

The group requested that any Native soldiers at the hospital be given cards first, followed by soldiers that received little to no support.

"We thank our soldiers for their dedication and service, and hope that these cards can bring them a little extra joy in December," Jim wrote in a letter enclosed with the cards.



Sale started November 28th, 2008.

We personally invite you to come draw your DISCOUNT COUPON.

15% off
20% off
25% off



your Christmas Holiday IN STOCK Furniture purchase. Discount Coupons are valid through December 31, 2008, on your next Furniture purchase.

Selected Appliances & Electronics
ON SALE

Must be 18 or older to participate.

Six months same as cash to qualified buyers.

RALPH'S
& FURNITURE
9 am - 6 pm M-F
9 am - 3 pm Sat.
Closed Sundays
525 S.E. 5th St., Madras OR
475-2578
Sale Ends December 31, 2008

Serving Central Oregon Since 1974.

Conference focuses on elder safety at home

Warm Springs Fire and Safety received a scholarship for a department employee to attend a special training conference earlier this month in Boston.

The conference was dedicated to helping older adults with fire and fall prevention.

Representing Warm Springs at the conference was Karla Bagley-Tias from Warm Springs Fire and Safety.

The conference, called "Remembering When: A Fire and Fall Prevention Program

for Older Adults," was developed by the National Fire Prevention Association, and the Centers for Disease Control and Prevention.

Its purpose was to help older adults live safely at home for as long as possible. Some statistics from the conference:

At age 65, older adults are twice as likely to be killed or injured by fires or falls compared to the population at large.

Native Americans 65 and older are almost twice as likely to die in a fire as the general population the same age, accord-

ing to the Centers for Disease Control and Prevention.

Thirty percent of people age 65 and older are involved in falls each year, the leading cause of death from unintentional injury in the home. In the U.S. and Canada, adults age 65 and older make up about 12 percent of the population - and their numbers are increasing.

Following the conference, Bagley-Tias shared what she learned with Fire and Safety and Community Health representatives.

VOCS women's support group taking break

The Victims of Crime Services Women's support group will be taking a break from December 8 and resuming on January 12, 2009 due to the holiday season.

The support groups are open to clients and those women who want to support clients. In January and February VOCS staff hopes to have various speakers, discussion topics, and projects.

For more information, call Sammy Bruised Head, the VOCS Advocate Supervisor or advocate Tina Aguilar or Aurel Stinson at 553-2293.

Warm Springs Market
Indian Arts and Crafts
2132 Warm Springs St.
Warm Springs, OR 97761
(541) 553-1597

Serving you since 1985
"We've got you covered!"
CHAVEZ ROOFING LLC
PO BOX 965
PRINEVILLE, OR 97754
Off: 541.447.6509
Cell: 541.420.2636
Jerry Chavez-Owner
Fax: 541.447.5631
License #154256
Quality Workmanship Guaranteed

Need help with a legal problem?
Legal Aid Services of Oregon provides free assistance to low-income Oregonians in many civil cases. Speak with an attorney during drop-in hours 1 to 4 p.m. on the first Monday of the month at the Family Resources Center in Warm Springs. Or call us at 385-6944 Monday through Wednesday between 10 a.m. and 2 p.m.

Cliff's Repair & Auto Sales



Free towing with any bill exceeding \$500

INTERSTATE BATTERIES
475-6618
330 S.W. Culver Hwy.
Madras, OR 97741
Free Battery Check & Installation with purchase