

Births

Sterlin John Wade Wahchumwah



Tuesday, August 12, 2008 in Madras at Mountain View Hospital, Evelyn Elsie Velma May Polk gave birth to Sterlin John Wade Wahchumwah at 5:16 a.m. Weight: 6 pounds, 14 ounces, and 20 inches tall.

The father is the late Sterlin Wahchumwah.

Grandparent on the father's side is Carol Wahchumwah of Goldendale, Wash.

Grandparents on the mother's side are Annette Polk and Dixon L. Polk Sr. of Wapato, Wash. Great grandparents on the mother's side are Lucille Schuster and James Teeman; great grandfather is Donnie Holliday, all of Warm Springs. Great great grandmother is Evelyn D. Sam of Warm Springs, and the late Ellison Schuster of Toppenish, Wash.; and Sherman Holliday of Warm Springs; and the late Velma Holliday.

Tate Sapulwit Gonzales



Sunday, August 10, 2008 in Yakima Memorial Hospital, Korina Kelly Polk gave birth to Tate Sapulwit Gonzales at 1:40 p.m. Weight: 6 pounds, 12.9 ounces, and 19 1/4 inches tall.

Noah Sheldon Jones

James Jones and Erika Kissler of Madras are pleased to announce the birth of their son Noah Sheldon Jones, born on August 6, 2008.

Peyton Wahtum Frank

Tracy Frank of White Swan, and Louisa Fuentes of Warm Springs are pleased to announce the birth of their son Peyton Wahtum Frank, born on August 5, 2008.

Peyton joins brother Joe, age 10.

Grandparents on the father's side are Georgiana Frank, and the late Joe Frank, both of White Swan.

Grandparents on the mother's side are Lori and Thomas Fuentes of Warm Springs.

Brinley Mae Holyan

Michael and Liana Holyan of Warm Springs are pleased to announce the birth of their daughter Brinley Mae Holyan, born on August 9, 2008.

Grandparents on the father's side are Lexy and Joann Terry of Crown Point, New Mexico.

Grandparents on the mother's side are Lee and Cheryl Tom of Warm Springs.

Quincy Alexander Scott

Samuel Scott and Dorothy Howtopat of Warm Springs are pleased to announce the birth of their son Quincy Alexander Scott, born on August 12, 2008.

Quincy joins sister Samantha, age 18 months.

Grandparents on the father's side are Louis Scott and Judy Kalama of Warm Springs.

Grandparents on the mother's side are Leilani Polk and Don Howtopat of Warm Springs.

Joaquin Marcus Estimo

Ted Barney Jr. and Addie Estimo of Warm Springs are pleased to announce the birth of their son Joaquin Marcus Estimo, born on August 12, 2008.

Grandparent on the father's side is Ted Barney Sr. of Seattle.

Grandparents on the mother's side are Mark Stevens and Jackie Estimo of Warm Springs.

Sterlin John Wade Wahchumwah

Evelyn Polk is pleased to announce the birth of her son Sterlin John Wade Wahchumwah of August 12, 2008.

Robert G. Warner Sr. and Dawn A. Rowland of Warm Springs are pleased to announce the birth of their son Robert Glenn Warner Jr., born on August 15, 2008.

Robert joins two brothers, James and Michael, and three sisters, Nikita, Dyani and Inez.

Grandparents on the father's side are Robert Warner and Gloria Warner of Warm Springs.

Grandparents on the mother's side are Fritz Miller of Warm Springs, and Don Rowland of Ashland, Mont.

Warm Springs and Siletz join together through love

Engagement of Nicholas Sanford Belgard & Casandra Ann Frutos

August 9th, 2008 will be a day to remember for Casandra Frutos of Warm Springs, and Nicholas Belgard of Siletz, as Nicholas proposed in front of an excited Saturday evening crowd at the Nesika Illahee Powwow in Siletz, to his unsuspecting sweetheart.

Since meeting that fateful day, November, 3 2007 at the Mt. Hood Community College Powwow in Gresham, the two have been inseparable.

Together, Nicholas and Casandra share a passion for family, friends, community and culture, and have made a commitment to share that passion with the tribes and their people.

Currently, Casandra works as a Project Assistant for the Northwest Portland Area Indian Health Board, and takes classes part time at Pioneer Pacific College, while Nicholas works in property management for a small property in Gresham, and is an accomplished musician working in Portland.

They eventually plan to work full time within the tribes in some capacity, and



are excited for what the future brings.

November of 2009 will be the time they come together in marriage, and invite all to share in the celebration with them.

If you would like to contact Nicholas & Casandra, you can email them at: nicholasandcasandra@yahoo.com, or visit them online at www.myspace.com/nicholasandcasandra.

Their Love has truly been a fairytale in the making, and is one destined to stand the test of time. This is a love meant to last.

Portland to Coast team appreciates raffle support

The recent Portland To Coast raffle winners and their prizes are:

Grand prize winner Thyreicia Chavez, who won a blue Pendleton blanket. Mariann Smith, salt and pepper shakers; Don Courtney, wind sock; Sam Starr, door "welcome" hanger; Micasn, bag with goodies.

Barbara Irving, small bag with goodies; Debbie Scott, fanny pack; Selena Sahme, body splash; Shirelle Adams, body splash.

Dana Smith, yoyo; Amelia Spino, yoyo; James Katchia, glow necklace; Tricia Stiffarm, pink brush set; Rachel Winishut, blue brush set; Selena Sahme, Mickey Mouse puzzle; Bridgett Culpus, wampum necklace; Richard Craig, magic puzzle.

Magdeleno Colazo, plush football; Shirelle Adams, plush basketball; Lavena Ike, "Cop" magnet; Carol Prevost, "Cars" pencils; Scott Spaulding, "Toy Story" gloves; Brody Leonard, "Mask" gloves.

Kat Spaulding, Starbucks certificate; Kalani Brisbois, Kah-Nee-Ta pool pass; Urbana Manion, Kah-Nee-Ta pool pass; Topaz O'Reilly, Mary Kay certificate; Earl Squiemphen, Mary Kay certificate; Aurolyn Stwyer, huckleberry jam.

Emerson Culpus, 24-piece Rubbermaid bowls; Andrew Lujan, battle basket; Rita Squiemphen, knife set; Dana Smith, three-piece travel set; Viola Asquirotta, sleeping bag; Sissy Smith, coin purse.

Harry Hintsala, white necklace with earrings; Yvette Leecy, eagle statue figurine; Clem Picard, microwave

stackables; Janell Smith, six in one games; Jalen Graybael, boy baseball glove with ball.

Bridgett Culpus, girl baseball glove with ball; Herb Graybael, blanket with wolf design; Paula Kalama, cupcake stacker; Brody Leonard, cookie presser; Debbie Jackson, brown beaded necklace; Jalen Graybael, black beaded necklace; Janell Smith, green beaded necklace; Shirelle Adams, purple beaded necklace; Anson Begay, red, white and blue beaded necklace.

Jame Spino, travel kit; Kaylyn Leonard, beach towel; Flossie Wolfe, beach towel; Dion Polk, splash bombs; Irma Garcia, ski gloves.

Rita Squiemphen, suitcase with pouch; Shirelle Adams, travel bag; Kaylyn Leonard, wind sock; Joshua Warner, cell mate holder; TorTillas (50), dart board; Brandon Lucci, espresso maker; Dan Larson, three-person Coleman tent.

Korney Stacona, portable butane stove; Don Courtney, necklace and earrings with shells; Thyreicia Chavez, lavender with pink necklace; Corbett Tom Jr., aqua with pink necklace; Rosie Tom, red, white and blue with white ivory necklace; Marella Sam, picture holder; Hiroji McKinstry, football keychain.

Betty Hewson, barrel racer gloves; Rafael Sobotup, volleyball keychain; Lyda Rhoan, sunrise gloves; Darrel Smith, white gloves; Gloria Warner, stickers; Gary Katchia, four-pack play paddles; Kortney Stacona, purple and red with cross necklace.

New program for breast cancer detection, prevention

By Elizabeth "Lizzi" Katz
Community Breast Health Educator
Sara Fisher Project
St. Charles Medical Center

The Warm Springs Breast Health Program is a joint effort by the Sara Fisher Breast Cancer Project of the Warm Springs Health and Wellness Clinic, St. Charles Medical Center, Mountain View Hospital and the Madras Medical Group.

The program is sponsored by Susan G. Komen for the Cure. Our goal is to promote breast cancer screening to the women of Warm Springs.

American Indian women have the lowest incidence of breast cancer yet have the poorest five-year survival rates, due mostly to lack of screening and later detection of cancer.

Getting tested regularly is the best way for women to lower their risk of dying from breast cancer, as screening tests can find breast cancer early, when it's most treatable.

Screening recommendations are for women ages 20-40 to have a clinical breast exam by a medical provider at least every three years.

If you are age 40 or older, you should be screened for breast cancer with a clinical breast exam and a mammogram every year.

The Warm Springs Breast Health Program wants to make screening as easy as one-two-three.

Schedule a clinical breast exam. Schedule a women's health exam. Call the Warm Springs Health and Wellness Center at

553-2610.

Two: Have a mammogram. Receive a mammogram at Mountain View Hospital Imaging Department. Their phone number is 475-3882, ext. 2224. Three: Receive a gift card for your effort. Every woman who completes their screening will receive a \$10 Safeway card at her mammogram.

Also of interest to the women of Warm Springs will be that Mountain View Hospital in Madras is increasing their commitment to providing women with the highest quality of care anywhere by announcing the expansion of our imaging services to include digital mammography come September 2008.

This digital technology is the newest to the Central Oregon

region.

Therefore, for women in Warm Springs, there is no need to travel to Redmond or Bend.

Your digital mammograms can be taken close to home and are always available on the region's most current electronic health information system accessible through Central Oregon hospitals and clinics.

VFW Post 4217 & Ladies Auxiliary

District 10 Meeting at Bend Post
Saturday, Sept 20
Noon Potluck - 1 p.m. mtg
For information, call 553-3331
between 8 a.m. and 5 p.m.

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Next deadline to submit items to the Spilyay Tymoo is Friday, September 5. Thank you.