

## Perfect game at holiday tourney

By Leslie Mitts  
Spilyay Tymoo

Gerald Danzuka has a new ring to highlight a recent bowling accomplishment.

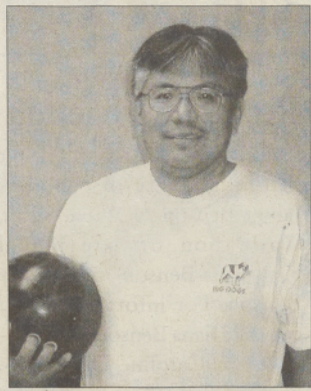
Danzuka bowled a perfect 300 during a game at the annual holiday tournament at Lava Lanes in Bend and receive his commemorative ring in the mail recently.

Danzuka, who works as a judge at Tribal Court, said before that point his highest score was about 277.

He's been bowling for nearly 24 years after taking up the hobby in high school.

For a high school physical education course, Danzuka said, he was required to participate in bowling. After that he chose to continue and bowled in student leagues in college.

Now he bowls once a week, at least, Danzuka said, and all three of his children bowl as



Gerald Danzuka

well. This particular occasion was especially important to him, because of who he dedicated his game to.

"I think this one is a really sentimental one," Danzuka explained. "Before I went up, mentally I felt like something good was going to happen."

For that reason, Danzuka chose to dedicate that game to his late ex-mother-in-law, who is also the grandmother of his

children.

"I thought, well, if anything good comes I'll honor the kids' grandmother," Danzuka said.

In general, the perfect 300 is something Danzuka has always strived to accomplish.

"To me it was just unbelievable," Danzuka said. "Of course the next day I couldn't bowl worth beans."

Danzuka still managed to finish the tournament relatively well—he finished 4<sup>th</sup> in the Big Dog challenge, and just below the top ten in singles, doubles and with his team.

Danzuka would like to express his appreciation to Austin Greene and family for organizing the tournament.

He encourages others to take up bowling as a hobby as well. "For me it really has just been a source of enjoyment," Danzuka said. "It's a challenge. No two games are ever the same."

## New ideas sought for youth, community

The OSU Extension Service and the Culture and Heritage Department are planning for a Strengthening Families and Culture Camp.

OSU Extension and Culture and Heritage are hosting a meet-

ing next week to discuss new ideas for the camp and for the community.

If you are interested, then please attend the meeting from 4:30-6:30 p.m. on Monday, March 3 at the Education Build-

ing 4-H kitchen area. Supper will be served.

For more information, contact OSU Extension at 553-3238, or the Culture and Heritage Department at 553-3290.

## Housing Authority hosts open meetings

Warm Springs Housing Authority holds open board meetings on the first and third Thursdays of each month, starting at 9 a.m. The board meets in the Housing Department conference room.

The board reserves time for tenants and community members to speak on their concerns.

Tenants and community members who wish to speak should call Housing ahead of time (ph. 553-3250), and schedule time on the agenda.

Please call or stop by Housing at least one day prior to the meeting at which you wish to speak.

Thank you.

The Housing Department.

## Powwow at Willamette U. honors Clements

The Sixth Annual Social Powwow, in honor of Rudy Clements and his daughter Trudy, will happen on Saturday, March 8 at the Cone Fieldhouse Sparks Athletic Center at Willamette University.

The powwow is sponsored by Willamette University's Native

American Enlightenment Association.

Grand Entry is at 4 p.m. Admission is free. Master of ceremonies will be Bob Tom; arena director, David West; host drum: Four Directions.

For more information contact the Office of Multicultural

Affairs at (503) 370-6265.

Other features: Native arts and crafts, food vendors, dancers, drum groups, raffle (grand prize Pendleton blanket), Fancy Shawl contest (prizes for first, second and third).

## Cash awards in Biggest Loser Challenge

Community members can find out who the biggest loser is with the annual weight loss challenge beginning soon.

The 12-week Biggest Loser Challenge will begin on March 3 and end on May 23, 2008.

Cash awards will be given in four categories: women's overall, 49 years or younger; men's overall, 49 years or younger; women's overall 50 years or older; and men's overall 50 years or older.

Sweatshirts will be awarded to all of the participants who complete the challenge.

The competition is a non-profit competition, as all monies will be distributed.

The entry fee is \$10 per participant.

The Biggest Loser Challenge

is open to anyone 18 years or older who lives or works in the Warm Springs community.

Measurements must be taken at the beginning and the end of the challenge. Beginning measurements will be taken between March 3 and March 7 at the Health and Wellness Center (clinic) in Pod A between 8 a.m. and 5 p.m. daily. Come to the Community Health window and ask to get measured. No appointment is needed.

Ending measurements will be taken between May 27 and May 30 at the same place and times.

Participants must do ending measurements and turn in your essay to receive your sweatshirt.

Awards will be based on a short essay and the total percentage of change in the following

three measurements: weight, waist measurement and body fat.

The essay will address the following two questions: What did you do to make these improvements? What benefits have you experienced from the challenge?

Optional Diabetes Prevention Program screening will be available to all participants.

Winners will be announced June 4, 2008. The challenge is sponsored by the Community Wellness Team, Diabetes Prevention Program and I.H.S. Nutrition Department.

For more information contact Carolyn Harvey, Community Wellness Coordinator at 553-1196, extension 4166 or e-mail Carolyn.Harvey@his.gov.

## Department seeks help with Honors Seniors Day

In the spring the Warm Springs Seniors Department will be hosting Honor Seniors Day.

Recently, the department lost two sponsors who used to contribute to the program.

The sponsors were unable to

continue helping fund Honor Seniors Day because of serious budget issues.

As a result, the Seniors Department is seeking help in hosting Honor Seniors Day.

The department is looking

for door prizes, money, or just a person's time in helping host the day.

Anyone wishing to help, please bring the donations to the Senior Citizen Center. Or call the center at 3313.

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