

## Veterans Day Parade on Monday

The Veterans of Foreign Wars Elliott Palmer Post 4217 will host the annual Warm Springs Veterans Day Parade on Monday, Nov. 12.

The Veterans Ceremony will be at 10:30 a.m. in front of the courthouse at the Veterans Rock.

The Veterans Parade begins at 11 a.m., and will proceed from the courthouse to the Agency Longhouse.

Following the parade, lunch will be served.

## Parade for Ellsbery

A parade in honor of Jacoby Ellsbery will be hosted in Madras on Nov. 17.

Parade participants will begin at 10 a.m. The parade begins at 10<sup>th</sup> St. and C St. and proceeds to 7<sup>th</sup> St. and then B St.

The parade will follow the fourth of July parade route, near Sahalee Park. Following the parade there will be a presentation in the park.

In the case of inclement weather, it will be held at Madras High School.

People encouraged to attend and bring signs showing their support for Ellsbery.

## OSU Extension open house

The Oregon State University Extension Office at the Warm Springs Indian Reservation will celebrate its Fiftieth Anniversary in a free Open House for the community on Friday, Nov. 16, from 11 a.m. to 2 p.m. in the basement of the Education Building at 1100 Wasco Street.

The event will feature displays and photographs over the past 50 years of 4-H, home economics, and agriculture programs, and a brief ceremony and presentations by former and current staff and faculty of the Warm Springs Extension office.

Lunch will be served. The vice provost for Extension and Outreach at Oregon State University will be a special guest at the ceremony.

The partnership that began in 1957 between the Confederated Tribes and OSU Extension is the only office of its kind in the state that provides non-formal education and youth programs for tribal members.

# Letters to the Editor

## Time of need

We would like to thank everyone that helped us through our greatest time of need. Your presence, prayers, love and kindness, we will always cherish. Also, thank you for bringing food to our home prayer services and all the traditional foods that were brought to the longhouse. It's during this time that we need family and friends to step forward and reach out to us, be there for us and help us, and that's exactly what happened. We cannot express enough our appreciation to you. We had a small giveaway for those that helped us, and there were so many that helped us, if we didn't gift you, don't feel bad, we didn't forget you, we will remember you at Ut-twai's memorial.

Forever grateful, family of Ut-twai Michael Solomon Kalama "Big Mike".

## My Departed

*(Dedicated in loving memory of Michael Solomon "Big Mike" Kalama.)*

My time on this Earth has come to an abrupt end, I will truly miss each family member and friend.

My departure was neither expected or planned, for that responsibility was laid in God's Hand.

I ask that the memories and good times we've shared, be passed on to my children, tell them how much I loved them and care.

Please remember me always with a chuckle and smile, because I do not want you saddened. I will see you in a while.

Although I was unable to say my final farewell... You shall hear my "War Whoops" over the Longhouse bells.

My journey now takes me on to the Promised Land, I shall walk confident and proudly holding Jesus' Hand.

So until the day comes to greet me above in the sky, I will join the ones gone before me, and not question why.

Now comes the time to dry the precious tears you shed for me, for my departure to be with the Almighty surely is a victory!  
**Eileen M. Frank**

## Living well

Are you living with a chronic illness or caring for someone with a chronic illness? Do you get frustrated because of your health problems?

Are you anxious and stressed because of your health? Does

living with a chronic health condition cause difficulty with relationships and your family?

Do you feel depressed and tired much of the time?

Living Well with Chronic Conditions is a program that you may be interested in.

This is a six-week program offered at the Warm Springs Health and Wellness Center.

In the class we talk about problems that living with or taking care of someone who has a chronic health condition such as, diabetes, heart disease, arthritis, depression or lupus to name a few, can have on our lives.

This class offers tools, techniques and strategies on how to take better care of ourselves while coping with these problems. This includes communication with your family and your health care providers; using your medications; managing pain and fatigue, understanding your emotions; learning problem solving skills and support.

This program will not take the place or conflict with any other programs or care that you are receiving. It is meant to enhance regular treatment and disease-specific education.

The classes are lead by trained leaders who have a chronic condition or who take care of someone with a chronic condition.

The classes are interactive; we focus on learning skills, sharing experiences and support.

If you are interested or want more information call Jodi at 553-1196 extension 4141 or you can stop in and see Jodi or pick up a flyer at the Wellness Center Community Clinic in Pod A.

## Leader appreciated



Tribal members Ken Smith and his great-nephew Joseph Calica (son of Floyd Calica).

On behalf of the Smith's, Jackson's, Leonards and Calica's we extend our continued appreciation to Ken Smith, Chairman of the Warm Springs Gaming Enterprises, and for all of his hard work for the tribes.

A son, brother, nephew and uncle, Ken is a great "Wasco" leader and architect of many of the tribes' successes and enterprises. Keep up the great work, Ken!

What you are doing for the tribes now will be benefited for many years to come for all of us and the future generations. Hang in there and never mind the "naysayers."

Keep up the great work and continue to move forward with the new casino. We will benefit handsomely from this project, which will again be a major milestone for the tribes and yet another project that was spearheaded by you. Hang in there and you are an inspiration to all of the family and tribes. We're all behind you as many other Tribal members. Tell Jeannie we said Hello.

We also wish to extend our utmost appreciation to Jeff Ford, Ed Manion, Garland Brunoe, Margie Tuckta, Floyd Calica, Lena Ike, Dennis Karnopp and the many other people working on the new casino project. They all have a thankless job and we all need to continue to support them. We also thank Tribal Council members Tribal Chairman Ron Suppah and Chief Joe Moses. Everyone working on this project is doing a great job working for all of the people and contrary to public belief and misconception they do communicate with the people and do a good and diligent job. Keep up the great work - all of you are working for the majority of the people.

The Calica, Smith, Leonard and Jackson families in Warm Springs, Portland and San Francisco Bay.

## To deserving family

Washer/dryer to deserving family with younger children.

Call Faye at 553-2545.

## Wading to Exhale



Team members Earlynn Squiemphen, Jolene Hintsala, Lynn Fluhr and Angel Daniels (front row from left); Rene' Holliday, Melissa Benson, Peggy Bell and LeeAnn Daniels (front row from left).

I would like to take this time to thank the following:

First and foremost, team "Wading to Exhale" of 2007. What a great group of ladies in making this another successful year. I'm glad everyone had fun, and thank goodness there were no injuries.

The biggest thank you goes to Earl and Rita Squiemphen and Glenn and Lynn Fluhr for letting us use your vehicles for the weekend. Also to Sammi O'Reilly and Chance Squiemphen for your donation to our team.

Fluhr Transportation deserves a big hand for sponsoring our jackets - thank

you. I would also like to thank the team for doing a great job on the raffle sales - what a great team effort.

In closing, thank you to everyone who helps support our team by purchasing raffle tickets, and congratulations to all the winners in our raffle. Congratulations to the other teams from Warm Springs and Madras; great to see such team spirit and energy on everyone's part.

Thank you again,  
**Earlynne Squiemphen,**  
team captain, team "Wading to Exhale."

## Regalia found at Round-Up

A young girl's regalia was found at the Pendleton Round-Up, and the person who found the item would like to find the owner.

The girl who may be the owner of the regalia is pictured here.

The person who found the regalia is Susan Sheoships, who can be reached at this e-mail:  
Susan.Sheoships@tamastslkt.org



## Happy birthday and other wishes...

Happy birthday to my older sister Lela Ann Tewee. Thank you for your support you have given me in the past and today. May God be with you and watch over you to bring many years of your kind heart and lots more birthdays. Love, your lil sis Annette Jim.

Happy birthday to our auntie Lela Tewee who found time to look out for us when we were little and well behaved. We will never forget our personal moments cherishable for the rest of our lifetime. Thank you, auntie, from your nephews William, Nathan, Tommie, Steward, Levi, Gordon, Lyle III, nieces Larrissa, Anntoinette. We all love you.

Happy birthday to our grama Lela Tewee. We would like to invite you more into our hearts and we're just expressing a birthday cheer. We love you, grama. Love, Krisline, Lorena, Kalia, James, Filaberto and Nathaniel.

Happy birthday to Mr. Lyle Amial Rhoan Jr. You are finally over the hump - over the hill now. I would like to wish you many more years. I hope you remember the good years that you and I have experienced together. We've been blessed with two beautiful and wonderful sons, Gordon and Lyle III. I wish you a very happy future for the remaining years God grants your stay. God bless you. Love, Annette S. Jim.

Happy birthday to our father Lyle A. Rhoan Jr. You're a great dad and that's what we love about you, dad. We depend on you. Keep being our father. Figure we've still got a long ways to go in our lives, and be a good man for our mom. We love you. Be good. Love, your sons, Gordon Dean Rhoan, Lyle Amial Rhoan III.

Happy birthday to my ulla Krisleen, my first ulla. I love you very much and miss your vibrant company. Hope to see you and spend more quality time together. Bring your little sis's tool I wish you many more happy years to come and your future will be elived by your wildest dreams. May God bless and watch over you. Love ya. Ulla Annette S. Jim.

Happy birthday to my birthday girl Amy Bobb. From Mom, Selena, Travis, Kendall, Michael, Brandi, Freddy and Buster. Love, Mom.

Happy birthday to Chiquito Katchia (Noodles) on Nov 1; Blanche Williams on Nov 10; Nettie Dickson (Lancy) on Nov 16; Curtiss Dickson on Nov 19; LaVonne Boise (Lovey) on Nov 21; Mae Dickson (Chakina) on Nov 25, with all our love: Al, Laura, JR, Shanelle, Brandi, Michael, Jessie, Martika, Nicholas, Harley, lil Gary, Mahkia.

Happy 17th birthday, Carlos J. Reynoso. May the Good Lord bless you with many more. We love you so much. Thanks for always being such a great young man and setting a good example for your brothers and sisters. We are so lucky to have you for a son. Love, Mom and Dad.

Happy 17th birthday, Nini (Carlos)! Have a good day. Love, Damian, Soraya, Izraii and Jaihline.

Happy birthday to young Cheryl. Have a spectacular day. Love, Dave.

Happy birthday to my dad Frank. I miss you. Love, Cheryl.

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