

## Remembering 9/11, keeping friends and family close

By Selena Boise  
Management Successor

So, what do you think of the world situation? Which is always an important question to ask, because it makes you think about it. What is the world situation?

As we see the six year anniversary of the 9/11 attack on the United States, we really must look at the situation, as this event has affected many lives—not only those who were lost due to the terrorist acts, but the troops that are now overseas to fight the terrorists.

I remember waking up that morning and drinking coffee and watching the news and starting in disbelief that it was actually happening. The Twin Towers had smoke drifting off into the sky. To me it was like something you only seen in the movies. I almost didn't believe it.

I watched further and saw the Pentagon was attacked. It was hard to believe it was happening in our country.

I came to work and got phone calls from friends about it. By then it had sunk in that it was actually real. Since then I have remembered the people who lost their lives in this terrorist act. I feel for them and their families.

Until recently I couldn't even imagine losing family. It is something you never forget once it happens to you.

So, now I appreciate family who are there for me in times of grief. I appreciate the troops who are overseas and stateside who dedicate their time and efforts for all Americans.

I treasure all my new memories of family and friends, as I have been hearing, "tomorrow is not promised." We appreciate everyone today because of this. Anyone who has lost family and friends will know what this means.

My son is still in Iraq and will be there until this fall. I truly miss him and wish that I could see him now. But I am so proud of his patriotism because he takes this very seriously and has enlisted not only for himself but our country. He has seen so much in this world, and that makes me happy for him. It's good to get out and see the world, but always make time to visit family at home. Remember to cherish your family and friends, because you never know what may happen tomorrow. Never let small things keep you apart, because it is only time wasted.

Spilyay Speaks

## Letters to the Editor

### Salmon Camp

We would like to say thank you to the following for their help with the recent Salmon Camp:

The Bonneville Power Administration, for the grant to conduct the camp.

The Confederated Tribes of Warm Springs and Tribal Council for use of the vehicle.

Thank you to Larry Holliday, Louie Pitt, Paul Young, Harold Blackwolf, Joe Moses, Tedi Tanewasha, and the Siletz Tribal Council and staff for participating and supporting the activity. And thank you to the many volunteers who helped with Salmon Camp. A special thanks to Chinoook Winds staff, Dawnielle and Jesse Kirk.

Doris Miller and Fritz Miller.

### Great time

I was a student in Salmon Camp this year. I had a great time there. If they have a Salmon Camp next year, I encourage more kids to go because it is fun and the Warm Springs kids need fun things like this to do.

I would like to thank Tribal Council and the Siletz Tribe.

Theresa Winishut.

### A thank you

I had a great time at Salmon Camp. Thank you to everyone who helped. I hope to do it again.

Cassie Warner.

### Six generations

The Wasco Tribes at one time were numerous, approximately over 20,000. They fished both sides of the Long Narrows located at Bonneville dam, Cascade Locks area. The immigrants arrived in the so-called "new world." They were greedy and wanted everything that was ours. The Wasco resistance was much too powerful, so the aliens distributed gift blankets which were laced with deadly smallpox germs, estimated 20,000 unsuspecting Wascos massacred by germ warfare. They spread their smallpox germs again five years after Lewis and Clark came by. Later the immigrants built Bonneville dam and on December 1, 1937, they closed the gates, flooding the Long Narrows and the entire area for miles. The feds promised money and to rebuild structures and villages, but so far the promises and obligation of compensation is still unfulfilled. The wrongdoing to the Wasco caused enormous cultural and economic loss.

Warm Springs should remember that fateful day, as it was equivalent to Celilo. It should be commemorated. Today they still want what we have: land, natural resources and jobs. They have consultants coming out of the woodwork. Some experts that specialize in deceptive jargon promises that appealing like white washing things of that nature. One example is that cigarette smoke does not cause lung cancer. Others do greenwashing, convincing people that cutting down and clear cutting the forest is the best thing that could have happened to it. What will we pass on to the future? Six generations from now hopefully not just memories of extinct sacred wild spring Chinoook salmon. As stewards of the Rez we should think of future generations as the treaty signers were thinking of us. Respectfully, Tony Littleleaf.

### Fundraiser

Raylene wrote her first e-mail to me on August 30. She wanted me to be sure and thank everyone involved in the fundraiser.

She was a bit overwhelmed of the turn out we received. With that, Rae received her laptop, including a trip to the 2007 FIBA U.S. Men's Basketball Tournament.

Her favorite player, Detroit Pistons Tayshaun Prince, was playing, and Rae got to watch from the front aisle for her birthday. Rae's eyes were beaming, telling me that was the best present ever having her family with her. She was treated to a Caesars Palace dinner. One of the last decent meals she'll get for a long time.

The family in attendance were her Aunt Leona, Uncle Ty and Venus and boys, brother Walsey, sister's Dena and Daisy and myself.

Rae and her siblings had a lot of fun, making me take a deep breath with a lot of memories of them growing up.

As Raylene's mom, I would like to thank the following:

All the Veterans in attendance Andy Leonard & Cena Wolfe for CWC facilities use.

Angie Blackwolf, Marcie Stacona and T.J. Foltz for the food and additional drink donation.

Joannie Gonzales and Lu-C Torrez, Agnes and Kendrick Arthur for cooking.

Neda Wesley and Hilda Culpus for the W.S. Auxiliary Stand.

The Confederated Tribes of the Grand Ronde and Yakama Nation

The W.S. Police Department staff Carmen Smith, Bruce Fones and Rob Moran.

W.S. Credit Enterprise Lori Fuentes for personal loan.

Mary Calica Bailey for all the baked goods.

Nelson Zumont, sponsor.

Earlene Tufti, for labeling my CD's

Erma Garcia for doing all the photos.

Raylene wanted to let Anson and Mackie Begay know she was sorry for not being able to attend their Autwai' mom's funeral. Rae was very saddened when I told her about the loss. Rae received \$30 and a small set of eagle feathers at her 2005 high school graduation dinner from her, telling Rae how proud she was; encouraging her to get her education and be Miss Warm Springs.

Rae just chuckled about being Miss Warm Springs. Rae told her "Maybe... someday."

With the memorial coming up, she wanted me to give Anson and Mackie the CD I made with her dancing, which I in turn did.

Overall, we raised just over \$1,000.

The average heat down in the Middle East is 130-140 degrees. She was in Kuwait getting ready to head for Iraq when she emailed me.

Raylene wanted to let all her

family and friends know she is real happy with her career choice. She remained in good spirits and left on a happy note. We got to meet a few of her friends, and they all seem very close knit. I was real sad leaving her.

Everyday gets a bit easier. She keeps in e-mail contact with other service men and women, powwow friends, Myspace buddies.

I'm very proud of her, and I just want to thank the community for supporting the cause. We had a lot of love and laughter before her deployment.

Lovie Ike.

### Coast run



Photo courtesy of Val Squiemphen

Congratulations to the 2007 Nike Hood To Coast Relay Team. The team members are Front row: Ina Schuster, Angela Anderson, Juanita Simpson, Leslie Davis, Karlen Yallup, Yvette Leecy and Val Squiemphen; back row: Shawn Harry, Lex Anguiano, Ray Anderson, Andy Leonard, Rich Lohman and Edmond Francis.

Once again, I would like to take this opportunity to thank everyone for their support of our Hood to Coast Team.

Special thanks to our sponsors: Warm Springs Forest Products Industries, Warm Springs Composite Products, Tomcat Logging, Brunoe Logging, Kah-nee-ta High Desert Resort & Casino, Warm Springs Market, DMJ Automotive and Gary Sampson.

I would also like to thank the following people for their support: The Museum at Warm Springs, Earl and Rita Squiemphen, Kaipo Akaka, Saphronia Katchia, Monica Leonard, Karen Bush (Auburn, Washington), Sam

Heath and anyone else that assisted us in our fund-raising endeavors.

I have always been lucky in getting the runners I do. This year was no exception. Those runners were: Ray Anderson, Lex Anguiano, Angela Anderson, Leslie Davis, Edmond Francis, Shawn Harry, Yvette Leecy, Andy Leonard, Rich Lohman, Ina Schuster, Juanita Simpson and Karlen Yallup. Special thanks to Geri Polk for being our other driver. Everyone did a great job, as always.

This was their year! This team was finally able to break the 30 hours. They ran it in 29 hours, 17 minutes; just 18 minutes short of breaking the 29 hour barrier. That is their goal for next year, to break the 29 hours.

What a team! Thanks, everyone.

As usual, everyone is looking forward to next year and most of them have already started their training. You can see them out there running the hill at Fire Management or around "the loop." They have been a dedicated bunch of people.

I appreciate their dedication and the whole team appreciates everyone's support of their endeavors. We couldn't do it without our sponsors and they couldn't do it without the support of their families and friends. Thank you, everyone.

Val Squiemphen, captain, Reservation Runners.

Spilyay Tymoo  
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## Myths and facts about diabetes

By Elsie Howard

**Myth:** You can only get diabetes if it runs in your family.

**Fact:** While it is true that diabetes tends to run in the family, some people who develop diabetes have no history of diabetes in their family.

Researchers believe there are both genetic and environmental factors that cause diabetes.

Diabetes can be prevented or the onset can be delayed, also it can be controlled by proper

health wise management.

Please contact me if you have any questions at 553-2478.

Elsie Howard, Diabetes Nurse Educator, Warm Springs Diabetes Program.

## Regarding letters

Thank you for writing to the Spilyay Tymoo. Please, when writing, keep in mind that letters should be of no more than 350 words.

Letters that are too long will have to be cut. Please submit only one letter per person per edition.

No libelous statements may be printed in the paper.

Again, thank you.

The next deadline to submit letters to the Spilyay is Friday, Sept. 21. Thank you.

## Happy birthday wishes...

On Sept. 7, a Happy Birthday to Shanti Yasmir Rodriguez, and a Happy 7<sup>th</sup> Birthday to Izaibh Sonny Rodriguez on Sept. 11. With much love, all family and friends.

Happy first birthday, baby Jessie Dean Stwyer-Bobb on September 8. Love you, the whole family: Great-grandma Myrna, Freddy and Butter, Travis, Amy, Kendall and Bobb.

Happy Birthday to Uncle Humph on Sept 22. Don't be a stranger, visit us. We love you. From your neice Laneda, grandkids Walt J, and Elaina.