

Youth Development team presents 'Silent Message'

By Selena Boise  
Management Successor

So, how many of you saw the premiere of *Silent Message*? I was able to make it to this filming and it made me cry.

This was a strong message that opened eyes, touched people's hearts, and made everyone wonder just how badly sexual abuse affects people's lives. People who are directly being abused and loved ones who are naïve to the fact that it's going on.

I saw the film as a well thought-out plan to show everyone what the affects are, and the examples shown by their portrayals were acted out to look so real. The point of the video was to open the eyes of people that this type of thing really happens in our communities, and those being abused need help. Whether it is someone who will listen to their story and understand the emotional pain they are going through, to an actual reporting of abuse and getting help for their emotional pain.

The part that really made me think was when these kids came forward and decided to present this message to their communities, and possibly other communities surrounding the state or nation. The youth development team felt so strong about sexual abuse that they committed themselves to complete this project for all of us to see and think about. Because it does happen in our community, there were people on the video who shared their story, which was a brave thing to do. Because who would want to wear that label on themselves? "I was sexually abused!" It's something that people would want to keep within themselves. Afraid to share their pain, their shame, and their story, and I admired them for sharing in this video to help get the message out there.

The panel of students who were part of the question and answer session held strong to their message and why they did this project.

Savenia Falquist, who is the youth development team coordinator, says that the video will be shown at Madras High School within the next month. So other students will be able to see this message.

And if you haven't seen it, watch for the DVD to come out in the future.

I would definitely see it again because it would be worth it.

## Shindig

A big thank you to all the people who made their way to the Simnasho Shindig. We had a great turnout and had a great dinner. We had 13 families bring food for the potluck.

We had a great time listening and watching Mr. Fred Hill from Pendleton. Fred did some good teasing, story telling and then was just goofy during the clown dance.

We wanted to thank Warm Springs Composite for the donation that helped to pay for just over half of the costs of the t-shirts that were given out.

Also a big thank you to my big sponsors from the border (you know who you are!). Thanks to the Meth Task Force for donating towards the dinner and providing the midnight lunch and goodies. Thanks to Mr. Austin Greene for the use of the PA and wish him well with the gift from the "cowboy."

Thanks to the drums: Stieger Butte from Chiloquin, Eagle Thunder, Rainy Creek, Quartz Creek and WaWokya.

On behalf of the Simnasho community we offer our thanks and gratitude to all those that support this good time gathering. The laughter and the family socializing is good medicine for our hearts and we truly appreciate everyone's involvement.

Thanks again. **Captain.**

## Grad party

We the parents of the Madras High School Class of 2007 are already in the process of planning the annual Drug and Alcohol Free Graduation Party. This party is an outgrowth of Oregon's Project Graduation. Since its introduction to our community in 1984, a large percentage of Madras High School graduates have benefited. The purpose of this important event is to provide our seniors with a safe, memorable and fun graduation celebration that does not include drugs or alcohol.

Over the last 20 years our community has been very generous in its financial support of parents' efforts to organize a party that all seniors will want to attend. We are very proud of this ongoing commitment to the graduating class of Madras High School. It sends a message of support for a high standard of behavior and safety for everyone.

Each year efforts are made to partially finance the party through various fundraisers, which include a bottle drive, Trail Blazer ticket raffle, and carwash. In order to fully finance the party we do need help

and are asking you to be a part of this effort. Donations can be made in the form of cash, gifts, gift certificates or food for the party. Any donations will be greatly appreciated. If you would like to mail a donation, please mail checks to Project Graduation, 762 N.W. Glass Dr., Madras, OR 97741. For further information or questions please call me at 475-4418 or e-mail at Janelle-e-p@juno.com. Sincerely, **Janelle Pugh**, donations chair.

## Renewing life

Hi, everyone. How are my friends and family in Warm Springs? I pray everyone is great. If not, I pray this letter lifts your spirits.

I'm in Portland renewing my life. Not only going to treatment but getting close to God.

I cry a lot for my kids but if I wasn't in treatment I'd probably be hurting myself and my kids more than helping them.

I'm learning to trust in the Word for strength, faith and hope. The first two months up here you get no contact with anyone. It's hard but I'm okay. The Lord promised while I take care of this business up here. He'll take care of mine in Warm Springs (my kids, family, house, car, etc.).

I truly want to change. No more in and out of jail, leaving my kids. You only get one life to live and if you don't get it together sometimes, you don't get another chance. My oldest son is 10 years old and he's growing up fast. Drucell is 4 years old and I'm close to both of these boys. God says my children are more precious than gold. He loves them more than I do. So if I want to be with my kids, I have to go through what I'm going through. He's going to show me a new life without drugs and alcohol. Not just to be clean until I get out or until I'm back with my kids but forever.

I also have a little girl who is 3 months old. Her name is Rose Cortez. She's the hardest to leave. But for all the love I have for them I sacrifice. Sacrifice these eight months to grow closer to God and become the mother, daughter, sister friend I'm supposed to be.

I want to thank everyone who is helping care for my kids. I love all of you and keep praying for me as I'll keep praying for you. I miss all of you, my

family and friends. God bless. **Rose Brown Antunez.**

## Many thanks

I'd like to take this time to thank the people who played a roll in helping me find my career. First off, I'd like to thank Marcia Soliz for making it happen. I can never thank you enough. A big thank you to Alvis Smith III for considering me for your program. Thanks to Ellis (aka Doobie) Langley for giving me a chance at working with you and teaching me what I know. Thank you Grant Clements Jr., Roland Kalama III, and Edwin Thomas for picking me up and making me a member of the crew. Thanks David White for helping me out at everything you do. Thank you at the Housing office for putting up with me. Thank you summer youth workers Terrence Wolf, Troy Sam-Smith, Trevor Teevee, Bobby Bailey, Stefon Suterlee, and Jake Scott. You made my job a lot easier. You all truly saved my life and I hope to pick up where I left off when I'm done cleaning up my past mistakes. Thank you to the tenants for making job easy by keeping your home clean. Most of all thank you to my wife Ikke and my daughter Cassandra for waking me up from the dead. I owe you all my dedication as an employee, supervisor, mister fix-it, and most of all a daddy and husband. Respectfully yours, **Curtis Brown.**

## Just begun

To all my family and friends, I love you and I miss you. Thank you for all your prayers. Thanks to the Lord, I only have until November 2008. I will be taking this time to learn as much as I can. The way I see it my life has just begun. I will keep my head held high and hope to hear from my loved ones. God bless and take care. **Jeanette D. Thompson**, DOC No. 897749 unit CCU-134-A, W.C.C.W., 9601 Bujacich Rd., NW, Gig Harbor, WA 98332-8300.

## Hello to all

My name is Catherine "Josette" Jackson. I am currently incarcerated at the Washington Correction Center for Women. I am writing regarding my condolences to the Wallace LeClaire family. My heart as well as my daughter's Shirena LeClaire's go out to her family. We both are

in the same institution.

Also, I would like some pen pals I can share interest with to gain friendship. My children are old enough to want contact with their relatives, also Henry Jackson III is their father. I have old friends I have not seen in a long time. Hello to all. Thank you for your time to read my letter. All the information to contact me is: Catherine J. Jackson, DOC No. 898187 Rec Pod B, 9601 Bujacich Rd., NW Gig Harbor, WA 98332-8300.

## Come visit

Well, how are you doing? Me, I'm doing okay. I'd like to tell all my family back on the Warm Springs Reservation, What's up? Yeah, I'm back in jail but not going back to prison. I'm back on a probation violation. I've been out of prison since June 16 but got back in jail a week later. Anyways, I'll be in the in-patient NARA treatment center sometime. I don't know when for sure through, but it's all good. I'm going to be here in the Justice Center until bed space opens up in NARA. If my family wants to come visit me at the jail, please do. If not, like I said, it's all good. I'm not mad at you. This is for my niece Jasmine: drop me a line or come visit me. I know you're probably wondering what happened. I need your phone number again. That's why I haven't called. Let me know. And this is for Ben: come visit me. I heard you were asking about me. Thanks for taking the time to read my letter. Respectfully, **Rayfield Mitchell**, No. 139416, 1120 S.W. Third Ave., Portland, OR 97204.

## Voting

Dear Confederated Tribes of Warm Springs,

The League of Women Voters of Oregon Education Fund, Oregon Advocacy Center, and Oregon Literacy, Inc. have partnered once again to develop and distribute an Easy to read Voting Guide for the General Election in November 2006. If you work with students, clients, or know someone who would answer yes to any of the following questions, you may want to order the Easy to Read Voting Guide from Oregon Literacy:

Do you ever have a hard time understanding what you are voting on? Do you wish ballot measures were easier to read? Do

you want people running for office to use words you can read and understand?

The Easy to Read Voting Guide uses easier words and pictures to help you better understand the issues. It also provides information about the people who are running for office and what they think is important.

The guide does not try to get anyone to vote one way or another. Instead, it provides clear and unbiased information so voters can make up their own mind.

You can get a free copy of the Easy to Read Guide by calling 1-800-322-8715. If your business or organization would like multiple copies of the guide, please email at: [ervg@oregonliteracy.org](mailto:ervg@oregonliteracy.org) or call 503.244.3898 and let us know how many guides you would be able to distribute.

Throughout the month of October, you can also download the guide from [www.oregonliteracy.org](http://www.oregonliteracy.org) or [www.oradvocacy.org](http://www.oradvocacy.org).

To get a copy on cassette tape, or CD call 1.800.452.0292.

If you have any questions or would like more information about the guide, Voter Trainings, or the Oregon Student Mock Election, please contact me directly at the following: [elizabeth@oregonliteracy.org](mailto:elizabeth@oregonliteracy.org) or phone 503.244.3898.

Best Regards, **Elizabeth Raymond**, executive director, Oregon Literacy Inc.

## Apology

To the people of the Confederated Tribes of Warm Springs: I am sorry I broke tribal law on Sept. 4 by making a poor choice regarding alcohol. I didn't even think of the consequences. I apologize to my family for the shame my actions have brought to our family name. Further, I apologize to those who were directly impacted by my actions. I also want to say that I apologize to the Warm Springs Tribal Court and community, and I will make every effort to follow our laws in the future. **Leander Williams.**

## Letters policies

Thank you for writing to the Spilyay Tymoo. Please, when writing, keep in mind that letters should be of no more than 350 words.

Letters that are too long will have to be cut. Please submit only one letter per person per edition.

And no letter may contain a statement that is libelous against a person or business.

## Myths and facts about diabetes

**Question:** Do people with diabetes always show symptoms or warning signs?

**Answer:** Myth.

In the United States there are 18.2 million people who have diabetes; about 5.2 million (about 1/3) of these do not even know that they have the disease.

While there are the "com-

mon" symptoms that occur in people with diabetes, many people with type 2 Diabetes do not have these symptoms. Some of the symptoms are being thirsty, hungry, tired, unexplained weight loss, and frequent urination.

People who have risk factors for getting diabetes should get regular blood sugar tests, espe-

cially after age 40.

Risk factors include: family history of diabetes, overweight, lack of physical activity, high blood fats, previous history of gestational diabetes.

If you have any questions, please contact me at 553-2478.

**Elsie Howard**, Diabetes Nurse Educator, Warm Springs Diabetes Program.

## Happy birthday and other wishes....

Happy "15th" Birthday Dena "DT" Thomas. Love, your mom, Walsey, Raylene, and Daisy Mae.



Happy Birthday Dena Marie Thomas, October 09th. Love, Dad and Bonnie.

Happy Birthday to my little dork sister Dena. Love, your favorite, bestest, biggest fan, Rae Rae.

Happy 47th Birthday Na Na Agnes, from Lovie and kids.

Happy Birthday day auntie Agnes. I love you and miss you much. Raylene. See you soon.

Happy Birthday "47" Aggie, my first baby girl. Love, Auntie Daisy.

Happy Birthday Auntie Agnes. Love, Walsey, Raylene, Dena and Daisy Thomas.

Happy Birthday Walt J, we love you, from Tonya, Leanna, and Jackson.

Happy birthday to my brothers, Kennedy and Austin Smith. Wishing you many more, God bless you. With love, your sister Mona.

Happy 15th Birthday, Oct. 10, to Leanna Boise, we love you lots, mom, dad, Tonya, Jackson, and George

Spilyay Tymoo  
(Coyote News, Est. 1976)

Publisher Emeritus: Sid Miller

Editor: Dave McMechan  
Management Successor: Selena T. Boise  
Reporter: Leslie Mitts  
Advertising Manager: Sam Howard  
Media Advisor: Bill Rhoades

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located in the white house at 1100 Wasco Street.

Any written materials submitted to Spilyay Tymoo should be addressed to: Spilyay Tymoo, P.O. Box 870, Warm Springs, OR 97761.

Phone: (541) 553-1644 or 553-3274.

FAX No. (541) 553-3539.

E-Mail: [spilyaytymoo@wstribes.org](mailto:spilyaytymoo@wstribes.org).

Annual Subscription rates: Within U.S.: \$15.00.