

4-H camp is for cultural enrichment

By Kimberly Woolston & Arlene Boileau
4-H OSU Extension

Crackling fires, toasted marshmallows, Washut songs, drumming, dancing and learning; all of these and more embraced the campers, staff and guests of the 4-H Culture Enrichment Camp at Peter's Pasture these past few weeks.

For years OSU Extension's 4-H Program has held a residential camp at Peter's Pasture for the youth of Warm Springs, providing opportunities for growth in the following areas:

To create awareness of the traditions and cultures of the three tribes of the Confederated Tribes of Warm Springs;

To build independence, confidence, competence and knowledge;

To provide a safe and enriching camp experience within a natural wilderness setting.

The focus is to provide a positive hands-on learning experience for youth.

The goal of the 4-H program is to encourage positive youth development through life skill and leadership development, helping youth to reach their full

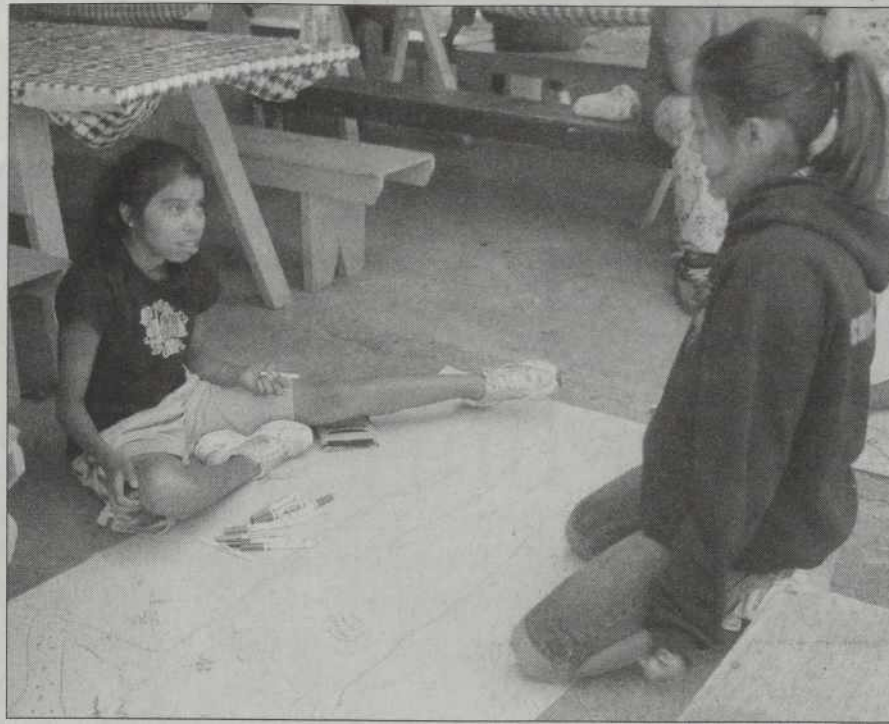


Photo courtesy of Arlene Boileau
Haley Wahnetta (left) and Yesenia Barajas at Peter's Pasture, 4-H Culture Enrichment Camp.

potential and become contributing members of society.

This year, day camp for the Boys and Girls Club Education were provided.

Wednesday Family Night was a huge success with 25 family members and guests. The campers performed skits, songs and dances for the audience during the evening campfire. Flute music, drumming, songs and stories were shared.

The schedule of educational

lessons provided a wide array of hands-on learning for the campers each day. Some of those classes included: basket making, drumming and singing, beading, jam making, making wool, silk screening the camp t-shirts with designs of petroglyphs from the Columbia River, and lots of hiking around the area of Peter's Pasture. The campers also traveled to Trout Lake to pick huckleberries and swim in the lake.

Special guests and teachers

from the Diabetes Team and the Community Health Education Team (CHET) also provided healthy informational classes to the campers.

Through group living, the campers learned to work out difficulties on their own. And through resolving any difficulties that might arise, the campers gained self-esteem and leadership skills.

The campers were given the opportunity to participate in daily sweats, afternoon swimming and hikes, campfire activities, kitchen preparation and community living. It was a great year at camp and a big "thank you" goes out to the campers, parents, community, camp staff and volunteers for making it all happen for our youth.

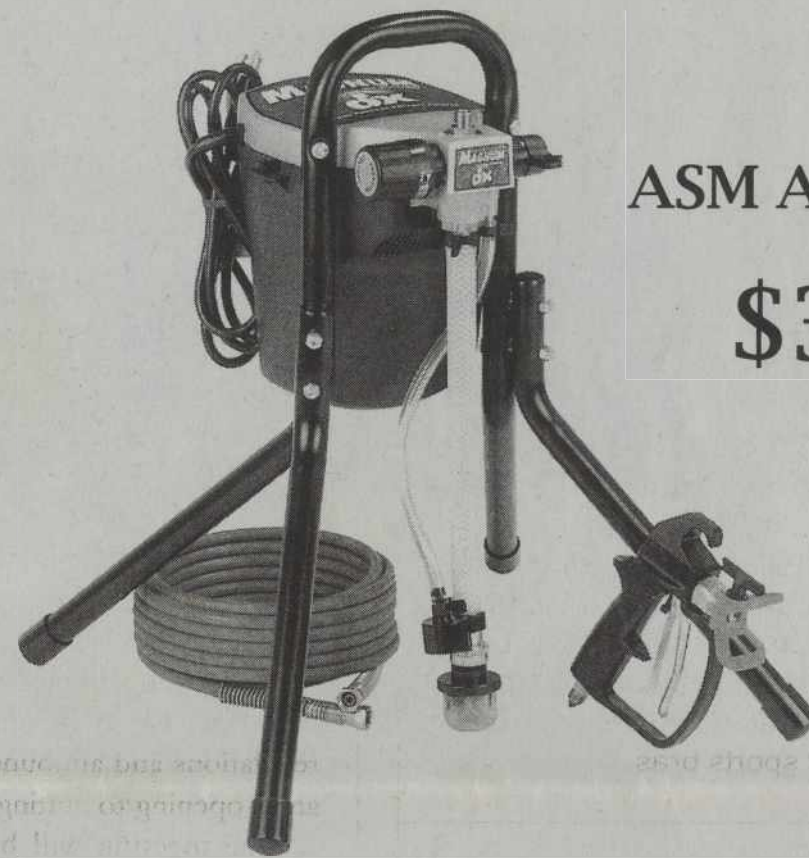


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White Buffalo football on KWSO

The Madras White Buffalo move into the 5A intermountain division this fall – but first their grid iron squad hosts old foe Wilsonville in a preseason match-up.

It's not even the school year – but the White Buffs are ready to tangle with the Wildcats this Friday night, Sept. 1, at stampede stadium.

Don't miss the action – tune in to KWSO 91.9 FM for the live call of the game. White Buffalos, Wildcats – It'll be the call of the wild!

Madras High School football on KWSO is brought to you by:

Ron McDonald Chevrolet, Pontiac, Buick of Madras – Go White Buffalos!

Warm Springs Power Enterprises, supporting school activities – academic and athletic.

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The Black Bear Diner in Madras, with Grrreat family food!

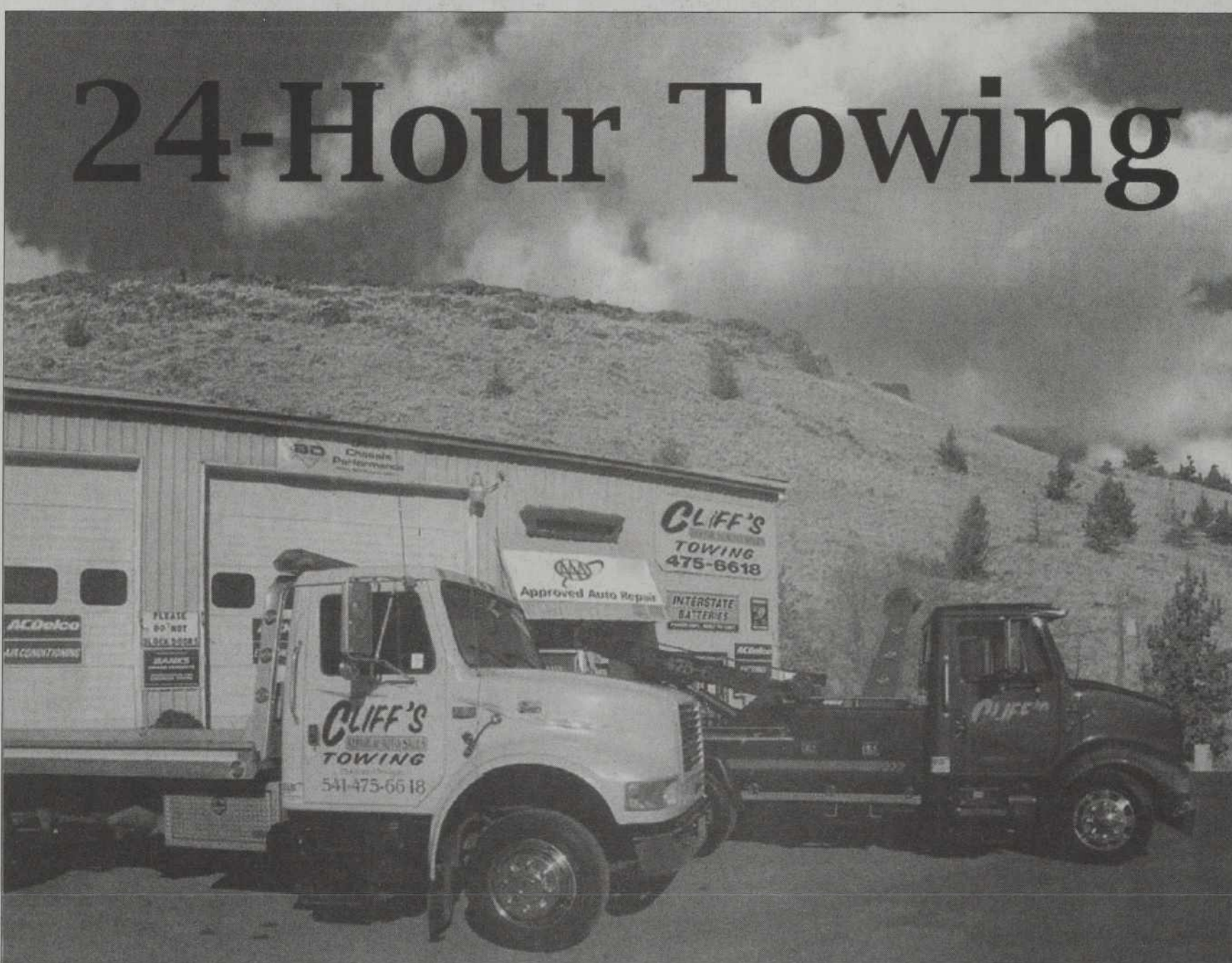
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Karnopp, Peterson, attorneys at law.

The Madras Trading Post, they buy, sell and consign, located on the Culver Highway.

Mt. Hood Meadows Ski Resort, working with the Confederated Tribes of Warm Springs to restore traditional huckleberry fields on Mt. Hood.

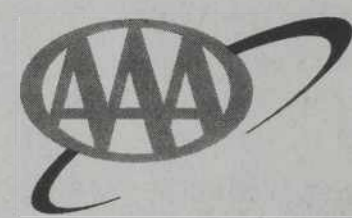
It's White Buffalo football action this Friday night at 7 p.m. on Warm Springs community radio – 91.9 FM KWSO.



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