

# Graduation: Many honored for achievements

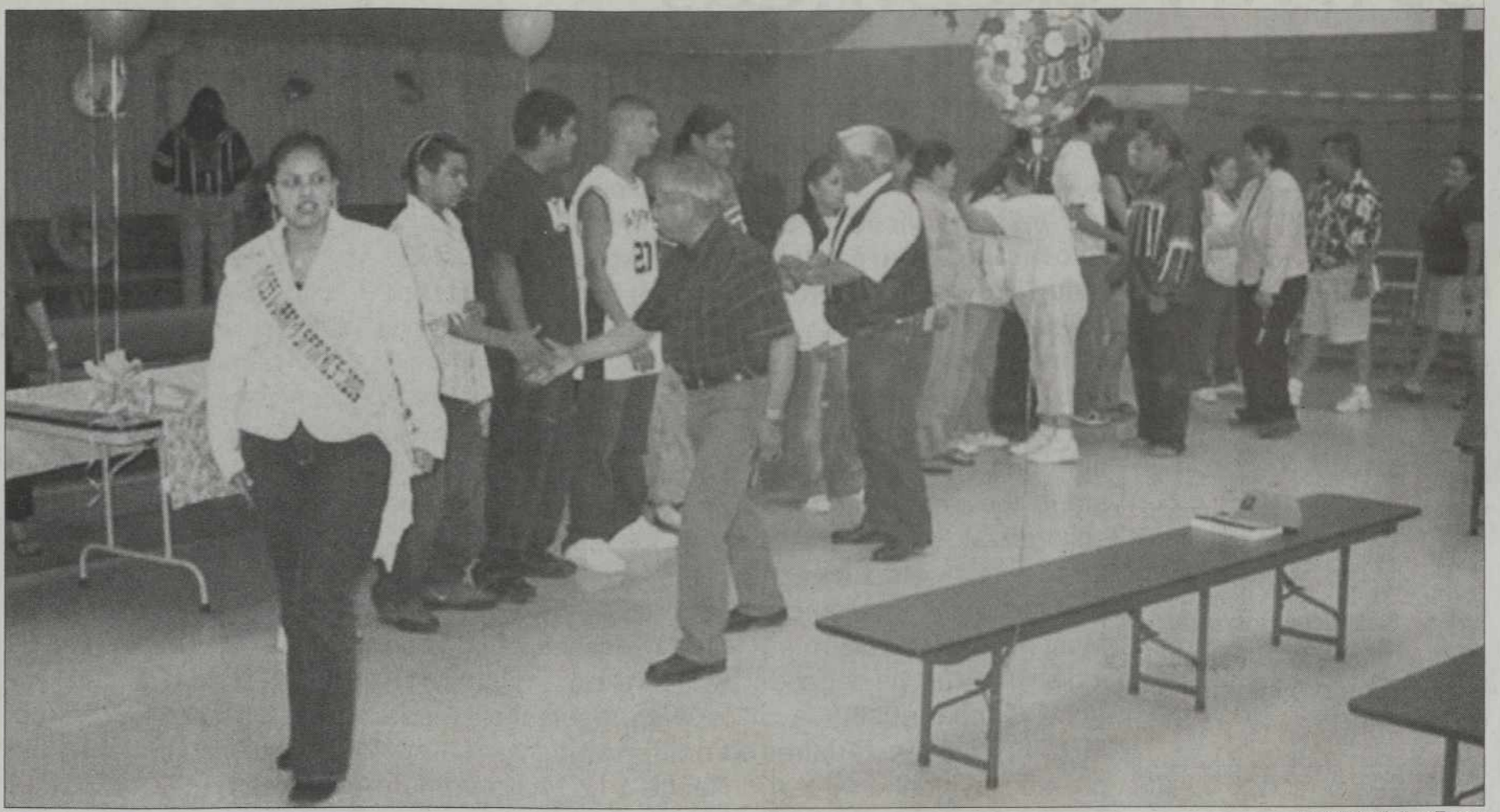
(Continued from page 1)  
The graduates who were honored at the dinner are:

**High School**  
Tyson Adams, Georgianna Aguilar, Susan Ahern, Matthew Alonso, Blaine Begay, Eugene Bill, Aaron Billy, Desirae Boise, Candice Marie Brito, Brandon Caldera, Jordan Caldera, Celestine Charley, Cedrick Colwash, Leonardo Cuevas, Mary Culpus, Pauline Culpus, Simone Danzuka, Delmer Davis, Melissa Debiaso, Zachery Dowty, Tyler Ellsbury, Sharmayne Frank, Cammie Franzen, Samantha Gomez, Wesley Graybael, Perry Greene, Waylon Heath, Naydra Hicks, Dorothy Howtopat, Janeva Ike, Jordan Jackson

Kalliah Jackson, Raymond Jackson, Whitney Jackson, Cory Johnson, Oits Johnson, Kelsey

Kalama, Nachele Kalama, Troy Kalama, Reeann Katchia, Rodney Katchia, David Leclair Jr., Lisa Leclair, Gabriel Manion, Truman Merrifield, Logan Miller, Sharda Miller, Verna Mitchell, Tana Moschetti, Cameron Nathan, Lucille Polk, Ernestine Ruiz, Shelby Scott, Sally Selam, Roger Simtustus, Johnny Smith, Ryan Smith, Sophie Smith, Wesley Spino, Della Squiemphen, Curtis Stacona, Talon Stormbringer, Wesley Teeman, Anthony Torres, Trevor Tewee, Winona Tohet, Rochelle Tom, Jermayne Tuckta, Jayce Wallulatum, Randall Wallulatum, Clinton Warner, Erica Wewa, Deanna Williams, Lucy Matilda Wolfe, Felicity Van Pelt, and Sonny Yahtin

**GED graduates**  
Jennifer Clements, Effie Jim,



Community members lined up to congratulate the recent graduates.

Leslie Mitts/Spilyay Tymoo

Emily Jim, Debra Kalama, Dannie Lawrence, Nancy Mendez, LuluAnn Smith, Roscoe Thompson III, Tera Wallulatum.

**Higher Education-**

**Associate's Degree**

Gilbert Bruncoe, Veldan Calica, Keta Cline-Mergers, Shayla Frank, Rose Kirk, Joseph Martinez, Preston Meanus, Arthur Mitchell, Tatiana Penney,

Melinda Polk, Tyrone Smith, Trisha Stradley-Pifer  
**Higher Education - Bachelor's Degree**  
Craig Graham  
**Higher Education-**

**Master's Degree:** Ardis Smith  
**Certificates:** Jose Calica, Magdeleno Holliday, Orrie Made, Fred Sanders.

## Students awarded for attendance

For the 2005-06 school year seventh-grader Alan LeClaire had perfect attendance. LeClaire attended all 169 school days in 2005-06, said Butch David, middle school liaison. The following students had excellent attendance, meaning they were absent 13 days or fewer:

### Sixth grade

Robert Ahern, Dakota Berman, George Clements, Kortney Clift, Mileena Edwards, Tre Conner-Switzler, Cortney Flu, Kishon Fuiava, Mary Goggeye, Brianna Heath, Lisa Ike-Lopez, Raylene Jones, John Katchia III, Kendall Main, Clarence McKinley, Terrance Miller, Kapri Moody, Nikki Reynoso, Chanda Robinson, Abigail Scott, Victoria Spino, Derrick Summerholder, Skyonne Tillequots, Haley Wahnetah, Amelio Yahtin.

### Seventh grade

Triston Boise, Douglas Brisbois, Archie Caldera, Mikayla Collins, Cyrus Conner, Ashlynn Danzuka, Leslee Henderson, Arianna Henry, Patricia Hintsala, Jaylon Holliday, Graceann Kalama, Andre Lewis, Renee Miller, Zachary Miller, Chelsie Patt, Drew Pennington, Justin Queahpama-Mehlberg, Tanisha Reynoso, Norene Sampson, Joseph Sconawah, Alvis Smith IV, Joella Smith, Mallory Smith, Larry Spino II, Theron Spino, Leo Sportsman, Amanda Squiemphen-Yazzie, Marilyn Suppah, Jonathan Sweowat, Laura Thomas, Falcon Thompson, Dorothea Thurby, Jason Tufti-Danzuka, Kenneth Vanpelt, Nicole Wahnetah, Jesse Wallulatum, Robin Warner, Tanner Wells, Kendra Wolfe.

### Eighth grade

Marissa Ahern, Krysten Allen-Alford, Leonard American Horse, Kendall Bobb, Hillary Camas-Alire, Traci Colwash, Arlene David, Damon David, Jimmy Flores, Chezeray Frank, Miguel Frank, Perry Kalama III, Britten Lumpmouth, Mackenzie Minson, Kristi Olney, Adriel Pineda-Soto, Katherine Quaid, Damian Reynoso, Roschena Sargent, Matthew Sconawah II, Jason Smartlowit, Red Sky Suppah, Trevor Suppah, Jessica Tacza, Dena Thomas, Ferman Tufti Jr, Charles Wolfe, Karlen Yallup.

"Great job students and keep up the good work," said Butch David.

## Students earn place on Honor Roll

Ninth-grader Alejandrina Aguilar posted a 4.0 grade point average during the 2005-06 school year at Madras High School.

These ninth-graders made the 2005-06 honor roll at the high school:

Denise Frank, Philip Guerin, Jordan Edward Holliday, Keelan Malloy, Waylon Meanus.

For tenth grade, the following students made the all-star honor roll (3.6-3.99 GPA) at the high school:

Kip Culpus, James Keo, Kadie Manion, Leann Thomas.

The following tenth-graders made the honor roll:

Alexis Anguiano, Atcitty Begay, David Debiaso, Alexis Kakooona, Victoria Katchia, Alyssa Selam, Briana Stacona, Skyla Thompson.

Eleventh-grader Tianna Herkshan posted a 4.0 grade point average at the high school.

The eleventh-grade all-star honor roll students include:

Jonathan Culpus, Nicolas Katchia, Ryan Smith

These eleventh graders made the honor roll at the high school:

Amanda Coffee, Addie Estimo, Jaycelene Frank, Jenna Johnson, Aldwin Keo, Jacoba

Smith, Alyssia Thompson, Chester VanPelt, Olea Yeahtin, Yolanda Yallup.

For grade twelve, these students made the all-star honor roll:

Cedrick Colwash, Liza LeClaire, Ryan Smith Jr.

These twelfth-grade students made the honor roll:

Susan Ahern, Blaine Begay, Simone Danzuka, Melissa Debiaso, Tyler Ellsbury, Cammie Franzen, Welsey Graybael, Chelsea Manion, Lucille Polk, Johnny Smith, Talon Stormbringer, Deanna Williams, Lucy Matilda Wolfe.

## Dentists warn against soda consumption

Eight hundred and sixty seven cans of soda pop are sold daily in our area.

The employees of the dental clinic of the Warm Springs Health and Wellness Center have collected a mountain of pop cans and bottles to illustrate how much soda the average teenager in the U.S. drinks on a yearly basis.

It would take over fifteen five-pound bags of sugar to represent all the sugar in 867 cans of pop.

Dr. Jeff Carolla, Chief of Dental Services at the Warm Springs Health and Wellness Center says, "If sugared soda pop is a regular part of your

daily diet, you could be well on your way to having multiple dental and dental problems."

These "extra calories" from soda pop have been implicated in causing everything from more tooth decay to increased rates of diabetes and obesity.

The habit of drinking two or more cans of pop daily as a regular part of the diet adds "only" three or four hundred calories per day to the diet. However, over a year this adds up to well over 130,000 extra calories from processed sugars.

In a time when up to a third of all Americans are at a risk for diabetes, it is important to examine our habits and what we

are teaching the generations to come.

Excess soda pop use has been linked to osteoporosis in women. The excess calories, often leading to obesity, can then lead to high blood pressure, early joint failures, and a host of other medical and dental problems.

Alternatives to soda pop can include bottled water, milk, unsweetened teas or coffee, or diet sodas. Juices, various "drinks" and sports drinks can be "soda pop" in disguise providing all the calories, sometimes with no additional benefits.

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## Young Achiever Congratulations Sponsored by Les Schwab

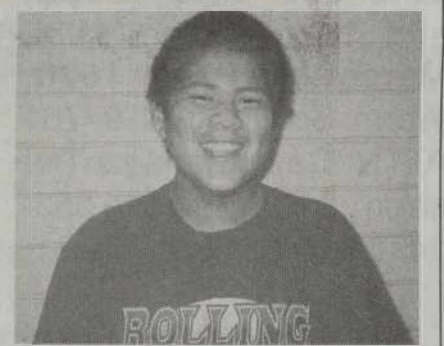
Charles Wolf, 14, is working at the Community Center this summer.

As he prepares to enter high school as a freshman this fall, Wolf gets to spend his day practicing sports with kids that come to use the community center.

Wolf said that he gets to play dodgeball and kickball as part of his summer employment, and he has fun while at work.

This easy-going young man enjoys his work and just about anything else—Wolf described his hobbies as "anything."

He plans to attend college after high school and also said that he would be happy studying "anything."



Wolf has been a Warm Springs resident all his life.

He is the son of Richard and Serina Wolf. As for siblings, Wolf has two brothers: Richard, 15, and Tyrin, 10.

When it comes to his sisters Mary and Christina, however, Wolf laughed and said, "I don't really know how old she is."

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