

Photo courtesy of PGE.

In May, as part of Portland General Electric Power Days, Warm Springs resident Jered Moses helped spruce up the Jefferson County Fairgrounds. Moses is a PGE employee who works in hydro maintenance at the company's Pelton-Round Butte project. Volunteer Power Days is a program of PGE and its employees celebrating the company's independence from Enron, and it's a way of giving back to the community.

Myths and facts about diabetes

By Elsie Howard

Read the question carefully and pause and take some time to answer it myth or fact before you read the answer.

How are you all doing answering the questions? If you have further questions, please contact me. There will be a series of these in the next several articles.

People with diabetes have to watch their diet, even if they take pills or insulin?

Fact. Your diet is always important when managing your diabetes, even in people who need medication to control blood sugar levels.

Overeating or eating too much of some foods can make blood sugar levels hard to control, even if you are taking diabetes medication or insulin.

It is important to learn to balance diet, exercise, and medication to control blood sugar.

(Elsie Howard, RN, is the Diabetes Nurse Educator at the Warm Springs Clinic. She can be reached at 553-2478.)

Timber sale assessment released

The Resource Management Interdisciplinary Team has released a draft project assessment covering the Wintergreen 2007 Timber Sale for public review.

The document was prepared by the Project Interdisciplinary Team to provide options for timber harvest in the Long Ridge, Schoolie and Hehe sub-forest planning units.

Three alternatives were formulated and numerous logging methods were considered for this project, taking into account present resource conditions, forest health and public input. The Wintergreen Timber Sale is expected to yield approximately 42 million board feet of timber.

The document is divided into sections explaining the purpose and need for action, resource-based indicators used to help the technical staff analyze and mitigate environmental impacts, and details of the three alternatives. There are maps showing the harvest blocks, quick reference tables to compare the alternatives, a list of measures needed to mitigate environmental consequences, and the Project Interdisciplinary Team's recommended alternative.

The goal of Alternative A is to continue current management. Activities such as hunting, recreation and cultural food gathering would continue as in the past. The only harvest proposed under Alternative A

would be through conventional salvage operations.

Alternative B is designed to harvest approximately 41.5 million board feet of timber from approximately 3,300 acres.

Alternative C is designed to harvest approximately 42.8 million board feet of timber from approximately 4,000 acres.

The three alternatives would have varying impacts on water, fish, wildlife, cultural, timber, range, soil and economic resources and there would also be some changes to the transportation system.

All of these impacts are explained in the project assessment.

Once the allowable cut has been reached for 2007, any remaining volume associated with this project will be harvested in future years.

The actual volume to be harvested under the project will depend on which alternative is selected subject to approval by the Confederated Tribes.

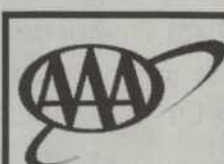
The tribal public has been involved in the planning process for the Wintergreen Timber Sale over the course of several months. Scoping meetings were held during 2005 for the Agency and Seekseequa districts (July 11) and Simnasho District (July 13) to solicit tribal member input on the proposed project. Comments received during the scoping process are used to identify issues that are relevant

to Wintergreen Timber Sale. A summary of the comments is on file in the Forestry administration office.

For more information or copies of the documents contact Matt Jimenez in the Forestry Branch, or call 553-2416.

Tribal members have 30 days to comment on the proposed sale.

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