



Dana Smith of Warm Springs Fire and Safety helped respond to a motor vehicle accident by the Shell Station on U.S. 26. The two-vehicle wreck occurred Thursday afternoon, Jan. 13. No one was injured.

Governor ready to join salmon suit

(AP) - Gov. Ted Kulongoski warned the Bush administration last week that Oregon will join environmentalists suing over the government's plans for making Columbia River dams less lethal to salmon unless there is a greater commitment to restoring healthy runs.

Following up on his State of the State address this week, the governor directed Attorney General Hardy Meyers to send letters to the secretaries of Commerce, Interior and Energy giving the 60-day notice of intent to sue required before filing a lawsuit against the federal government.

Under the Endangered Species Act, NOAA Fisheries must assure that the federal dams in the Columbia Basin do not jeopardize the survival of threatened and endangered runs of salmon and steelhead that swim over them.

A federal judge found the 2000 biological opinion failed to assure salmon would be protected and a new one was produced last year.

Kulongoski maintains that the 2004 biological opinion applies a new standard, stating that rather than assuring protected salmon will not be driven to extinction, the government must only assure that the dams will not further accelerate the trend to extinction. "The best interests of Oregon and the region will be served by recovering wild salmon and steelhead in the Columbia Basin as quickly as possible," Kulongoski said. "I believe that we can create a plan to do that without the need to remove dams."

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Museum announces internship

The Museum at Warm Springs is announcing its 2005 summer intern program for Native American college students. The program provides an opportunity for undergraduate Native American students to explore careers in anthropology, art, culture and heritage, education, museum program development, and public program development.

The program places the intern with the Education Program

of the Museum at Warm Springs. The internship offers a ten-week program in the summer. Interns are paid \$520 every two weeks.

Requirements to apply for the 2005 summer intern program are:

A letter of application expressing one's interest in the internship program, explaining what he or she feels he or she can contribute to the museum;

Proof of enrollment in a higher education institution;

Proof of Native American heritage via enrollment document;

Two letters of recommendation are required. The intern is responsible for his or her housing during the 10-week program.

The letter of application with the documents is due May 27 at: The Museum at Warm Springs, attention Education Program; P.O. Box 909, Warm Springs, OR 97761.

Exhibit to feature tribal youth artwork

The Museum at Warm Springs in February hosts the annual Warm Springs Tribal Youth Art Exhibit. The deadline for young artists to submit their work is 5 p.m. on Thursday, Feb. 10.

The exhibit is open to all tribal youth artists. Art can be

submitted by teachers or students. Individual art is encouraged.

Celebrate artists of tomorrow during the opening reception with refreshments and traditional story telling from 5:30 to 7:30 p.m., Thursday, Feb. 24. Questions and information, call

Natalie Kirk 553-3331, ext. 412.

Save the date: The Museum at Warm Springs Third Annual Honor Dinner, April 23 in Portland, honors the Honorable Owen Panner.

Call the museum for details, (541) 553-3331.

Fitness challenge offers many rewards

Are you up for the challenge? A 12-week wellness challenge, with cash awards, is from January 24 to April 15. This is a program of the Warm Springs Community Wellness Program.

The cash awards in the wellness challenge are in the Women's overall and Men's overall categories. Each participant who completes the fitness challenge and shows improvement in at least one of the scheduled measurements receives a sweatshirt. The measurements include weight, waist measurement, body fat, and body mass index (weight divided by height). Rules and regulations as follows:

Entry fee is \$10 per participant, cash only. The contest is open to anyone 18 years or older who lives or works in the Warm Springs community. Measurements must be taken at the beginning and the end of the challenge. Beginning measurements will be taken between Jan. 24-28 at the Health and Wellness Center Clinic, pod A in the kitchen conference room. No appointment needed.

Hours are as follows: Monday through Friday, 7:30-8:30 a.m.; on Tuesday, 5 to 6 p.m.;

Thursday, all day, from 7:30 a.m. till 6 p.m.; and Friday, noon to 1 p.m.

Ending measurements are taken April 18-22 at the same place and times. Winners are announced May 2.

Awards are based on a short essay and the total percent change in the measurement categories listed above. The essay addresses the following two questions: What did you do to make these improvements; and what benefits have you experienced from the challenge.

For more information contact Carolyn Harvey, Warm Springs community wellness coordinator, at 553-1196, ext. 4166.

The following wellness programs and help are available for the fitness challenge:

Winter walk break program, every Tuesday and Thursday at 3 p.m. at the Tribal Administration building through the months of February and March;

Monthly walks for diabetes held at the Community Center. Consistent group fitness classes held at the Community Center and the Kah-Nee-Ta pool. Pick up a schedule from Lyda in Pod

A or at the Community Center.

Individualized nutrition counseling. Make an appointment with either Sara Thomas, 553-1196, ext. 4160; or Diane Franklin, 553-1196, ext. 4150.

Individualized exercise programs. Make an appointment with Carolyn Harvey at 553-1196, ext. 4166.

Pedometers and a 15-week walking program. Pick up from Carolyn at the clinic in Pod A.

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