Clinic prepares coaches for 2005 season

The Redmond Little League is hosting the Little League's Al and Al Instructional Clinic slated for this Sunday, Dec. 12, at the Deschutes County Fairgrounds in Redmond at the North Sisters Room.

The clinic offers coaching methods that can save time and energy while trying to plan team programs, even for managers and coaches who plan to lead

The clinic is free to Jefferson County Little League coaches, as the Jefferson County Little League Board has sponsored their registration.

Al Herback and Al Price, better known as Little Al and Big Al, authors of the Little League Official Education Program for Managers and Coaches, offer insight on how Jefferson County teams next to establish a better Little

League team. The duo has conducted clinics all over the country since the early 1970s, and their approach to teaching baseball and softball skills are internationally recognized.

Two sessions are scheduled for Sunday, Dec. 12. The first session is for coaches and managers of players ages 9 to 12. The clinic is from 8:30 a.m. to noon, with registration at 8 a.m. The second session is for coaching in T-ball with players ages 5 to 8. The clinic is from 1 to 4 p.m., with registration at 12:30

Manuals and team packages are available for purchase. The manual is \$11 and team package, which includes the manual and 14 "passports" geared toward players is \$22.

For more information, contact Nancy Lau, at 504-7897.



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Kirsten Holliday (left) won a girl's bicycle, Aaron Dodge-Arthur a sled, and Robert Spino, a boy's bicycle as part of the Warm Springs Fire and Safety Department's Firebuster awards in an assembly Dec. 1. Holliday is a third grader, and Dodge-Arthur and Spino are fourth graders, all at Warm Springs Elementary School. Kah-Nee-Ta High Desert Resort and Casino provided the bicycles and sled. Renee Gustin's fourthgrade class also won a \$25 gift certificate from the Warm Springs Shell station.

Post office readies for holiday, bonus day

the Warm Springs Post Office plans to have all checks delivered as soon as possible.

Bonus checks for people who are not assigned to a post office box will be available for pickup at Vital Statistics at the Administration Building, not at the post office.

office is offering parcel pickup post office box number. two Saturdays this month, De-

It is almost bonus time, and cember 11 and 18, to help customers send their holiday mail faster and easier.

Parcel pickup is from 10:30 a.m. to noon both days.

Remember to legibly write the recipient's full address, including ZIP code, to help the Postal Service get your mail exactly where you want it, and be Also, the Warm Springs post sure to give your mailers your

Warm Springs, Please support the businesses you see in the Spilyay. Thank you!





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shut off outside lights and lights always keep it away from open on the Christmas tree when they flames.

for the holidays, remember to are not in use.

When decorating your home

age before installing them for the Choose a freshly cut tree as

tree and remember to keep it

your Christmas tree. Cut a few inches off the bottom of the

Advice on holiday safety

Use a sturdy tree stand, and

Make sure an operating Always inspect wires for dam- smoke detector is installed nearby. Don't allow light bulbs to touch parts of the tree. Do not overload electrical outlets or run wires or extension cords underneath carpets.

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