

Veterans to be honored this week

By Selena Boise
Management Successor

This week we will be celebrating Veterans Day with an unveiling, a parade and end with a dinner at the longhouse. It is always a sight to see the Veterans in their uniforms and hearing the ceremonies take place with their commands and stuff.

I like to see these things happen and so do my kids. In fact my son was involved in JROTC for four years and liked it a lot. I would hear that lingo from time to time from him and listen to his plans to join the service when he finishes school. I envy him and the way he makes these plans for himself at this young age.

Well, I hope that everyone will thank a veteran this week, for serving our country the way they did. I mean all veterans, from all wars and service.

I used to see the list of veterans when Spilyay staff helped him gather names of veterans for records. There are so many veterans who served our country proudly.

Currently there are veterans still serving in Iraq. These veterans are commended for their service to this country and the war on terrorism.

I saw this passage on an email from a soldier who feels that people are angry about the war to begin with and he spoke his peace.

He was proud of the changes that have taken place in this country where he is. There were so many things changed in this country that he feels the war on terrorism is worth the effort. But he serves with pride because he sees this change.

Spilyay Speaks

Hurts everyone

When a person breaks into a home, car or business, it hurts everyone in the community. A home should be the one place you feel safe. A car is how most of us get to work or school and our things should be there when we get back to our car. A business has to sell products in order to make money to order more products to sell to the community.

Today (Nov. 8) Warm Springs Market was broken into again. We had to remain closed until 10 a.m. To our loyal customers, we are sorry for the inconvenience. Now we will have to cut back on product, employment (we have 10 tribal members working here), and won't be able to donate to some of the local programs.

It will take months to make back the \$8,000 of products that were stolen today, as well as \$5,000 stolen two months ago. Now that some may lose their jobs, they won't be able to pay for their car or house because somebody thought it would be fun to break into the store.

We all are a part of this community, so it hurts everyone, no matter if it is a home, car or a business. If we are unable to keep the market open, it will cause a hardship on those who don't have access to a car. Next time, think how it may hurt your mom, dad, grandparents, friends.

Have a safe one out there.
Robert and Rosa Macy.

Circle of Hope

I wanted to take this opportunity to thank Cece Whitewolf and Circle of Hope Cancer Survivors for their time, energy and love they gave for the Native people who have cancer, survivors,

family members, caregivers and all those involved. A very big thank you very much.

I have learned how to live with cancer. I have a better understanding of it, I'm not angry about it and not stressed about it. At first, I was still learning to understand it, and why?

I was angry but after accepting it, I'm enjoying life to the fullest. I don't feel sorry for myself, there's enough of that going around the rez. I pray a lot more every day.

I wanted to thank the ladies from all over the country who came, for their encouraging words, so comforting and understanding of what I'm going through; especially auntie Bernice Mitchell for helping me through this. Listening to her talk with her soft voice, I feel better about "living with cancer, not dying of cancer."

I also wanted to say thank you to the pool league for the memorial tournament they had for our sister Pebbles, auntie Patches, and friend Louie. I know I wasn't there all the time, but just being there with faces I miss, I'm very grateful for those who were all there to play, and enjoy themselves. I know it's not about winning all the time, it's about playing with a good heart, enjoying yourself, concentration and stroking.

Today, I'm still clean and sober with almost 15 months. Just doing it one day at a time, still have time to work my program, pray, laugh, joke around and enjoy life. I'm starting my radiation, chemo next week (for 6-7 weeks), then rest, then surgery, rest period and more chemo. I'm praying that more women and men get themselves checked so this doesn't happen to them.

It'll save your life to check.

I'm happy that the doctors found my cancer in time. So, I'm not afraid to talk about cancer, I feel better and people need to be educated about cancer. Thank you.
Linda Meanus, Lamoosh.

Great tourney

Wow, what a wonderful weekend the memorial tournament brought to the friends and families of the three great people it honored.

When we walked through the (Dirty Moc) Rialto Billiards Hall, the walls hadn't seen some of those faces for years. What a beautiful sight to behold. Our families merged into the biggest event the place has ever held. There was a lot of hard work behind the scenes before it came to be. The people responsible were greatly rewarded by the turnout, and the kind words of appreciation are many.

I would like to thank all of you involved. Tony and Seegrays Littleleaf, Tia Bean, her father Jim, Mrs. Betty Bagley, Mr. Jerry Bagley, Karla Bagley, the family of Dorothy Pebbles George, Ms. Joanne Bryant, Wayne for allowing the event to be held in the home away from home for a lot of shooters in our small area, and lifting the 86's which made it possible for the teams to return for the best jackpot Friday they have ever seen. Forty shooters started the weekend which took part of them to another site.

I understand Chief Smith took the honor of walking away with the money. Way to go, congrats to the champ. The Washington teams brought out their best shooters and they made every stroke count. Playing pool is a sport and there are good, and there are great players. Lucky for us all of the ones

on the sidelines got to witness some very good shots, the ones we wish we could make.

Effortless natural smooth strokes I remember seeing Louie make, time after time. He was one of the biggest fans of the table. He always said left-handed people had the advantage over the balls, watching him and trying the same shots I believed him. It was sometimes impossible to do. I'm sure you had the opportunity to play against him while he coached you along. The lines he saw were clean, always standing out.

As I sat there I felt sad that he wasn't there. My heart sank knowing he could not walk around the tables. He was the real reason I ever picked up a cue stick, to be a part of his world.

Where we grew up, the Golden Cue is where he started to play. When I first went in I could not even see over the rails, but he was already making magic at a young age. One of the men there took him under his wing and taught him.

Louie loved to share his knowledge. Hopefully all of us will keep it moving to new generations as they enter the exciting game. I am sure he would be very proud, if he knew he had such an influence on us. If we never said it out loud to him, in his heart he knew he was very respected. Thank you for participating in such a successful tournament.

Sunday's meal was a big hit, thanks to cooks Linda Bagley, Joann, Betty, Jerry for the paper and plastic ware. Thank you everyone who contributed to the meal. I don't know you by name but if it were not for you the day would not have been the same.

The day and night went in

Monday morning. Die-hard is the term for what it took to get through the last of the games. Congratulations to Washington. They took home first, second and third places. Next time, Oregon. You let 'em know you were there this time. With respect, the Medina family.

At the bridge

I am writing this letter of thanks to all those who participated in the Joining at the Bridge ceremony. There ceremony was very beautiful with the closing of Domestic Violence Awareness month. There was a comment made by one young girl who asked, "Did we bless the bridge?" All I could answer was yes, that is one way of putting it. Next year we plan on getting the word out sooner so people from sides of the "river" can make their stand. Domestic violence affects everybody. Respectfully, Martha A. Winishut, office assistant/advocate, Victims of Crimes Services.

A thank you

On behalf of Jason Tyler Smartlowit, I would like to take this time to thank the following people who traveled to Toppish, Wash., to play in the Gene Smartlowit Memorial Tournament: T.J. Foltz, Shawn Harry, Ray Anderson, Willis Anderson, David White and Tray Leonard. And also to each of your family members who went with you. This meant a lot to Jason, and he will remember it always. Jason received a lot of support and encouragement throughout the weekend from players, referees, family and spectators. Each and every one of you played hard and for that I am grateful. Thank you. Marcie Stacona for Jason Smartlowit.

Victims advocate shares a message of hope

Sarah J. Frank
Victims of Crime advocate

Warm Springs Victims of Crime Services, Jefferson County Victims Assistance, Tribal Prevention, Warm Springs Police Department, Central Oregon Battering and Rape Alliance (COBRA) and some local community members closed Domestic Violence Awareness month with a Joining Hands at Deschutes Bridge. The event was held Oct. 30.

We would like to share some of the messages we received throughout the month of October.

More than a few good men

Jack Katz was the guest speaker at the Sixth Annual Abuse Awareness Workshop held in Gresham on Oct. 16. Jack is the producer of *Toughguise*, a video focused on how media contributes to violence.

He spoke to the men encouraging them to speak out against violence. "It's time for men to step forward. Violence against women is not just a women's issue. Men have daughters, nieces, grandchildren and even mothers who have been violated. Men also suffer from violence, usually at the hands of other men."

He continued, "Do what you have to do, so you can look yourself in the mirror and say, 'I am doing what I can.' If you really care about women and you haven't spoken out yet, it's not too late. Some men will not respond positively to you, partly

because they don't want to hear someone challenge their behavior."

Jack Katz challenged the men to step up and be honest. "We'll reach more people if we're honest, it takes more guts to admit than to deny. We need to redefine courage. It's more than physical courage, it's moral courage, it's the 'right' thing to do. Take risks, you could break down barriers. It's an act of integrity for men to speak against violence for young men to hear."

A lot of men in prison or jail are in there because of external actions - they broke the law - and because of internalized trauma. Men build an iron shell to protect themselves from getting hurt. They are like "cast iron marshmallows." Jack used *The Wizard of Oz* metaphor for "pulling back the curtain" to reveal the true person behind the huge wizard.

This training was the sixth annual event sponsored by the Portland Metro Church of Christ, as their contribution to Domestic Violence Awareness Month. This was not a Christian-based event. However the church does have a ministry team-response to domestic violence against women and children. For more information see their website at www.metrocfc.org or call (503) 667-0773.

Jefferson County Juvenile Justice Services and Victims of Crime Services staff are planning to view the *Toughguise* video on Tuesday, Nov. 23 from 11:30 a.m. to 1:30 p.m., at the Family

Resource Center. Watch for flyers or announcements on KWSO. A discussion will follow the viewing.

Reservation violence and anger resolution

This was the theme of a workshop held at the Community Center, sponsored by the Community Counseling Center.

Arlie Neshkahi was the right person to do this conference. He spoke from his heart to the many participants: Violence on the reservation has increased and it's time that we come together and say "we've had enough." We can no longer stand quietly on the wayside.

Thank you Arlie and Community Counseling staff for this awesome workshop. Thank you Captain for the laughter and to the brave people who told their funny stories. This is a very brief report of this workshop.

Indian Child Welfare

Victims of Crime Services staff also participated in the Indian Child Welfare training in Pendleton.

Keynote speaker Kathy Everly commented that everyone has his or her own idea of what "is in the best interest of the child."

She told a story of a time when she believed it was not in the best interest of her grandchildren to return to the reservation to live with their other grandmother. "After all, there is not even a Wal-Mart on the rez." (The crowd laughed.)

She later learned that her grandchildren were happy on the

rez with their grandmother, where they received love and comfort.

Kathy spoke of how it is important to involve the families in case planning. For 20 years the focus was on rescuing child victims from incompetent parents, and the parents were labeled. She encouraged her audience to think outside the box and to strengthen the families.

Social problems are not solved by expertise. What is in the best interest of the children and families? Family centered practice is at the heart of the Indian Child Welfare.

In her workshop, Working with Indian Children and Families, Kathy compared the old practice of conventional child welfare to the new practice of family-centered practice. She told her audience (DHS, Social Service caseworkers, etc.) "If you are not sincere, you shouldn't be here."

During the grief and trauma panel, Vaun Miller said that unresolved grief could lead to addiction as a form of self-medication. Kids run from the pain because they don't have someone to help them. Jim St. Martin, Alvina Huesties and Ronald Pond also shared.

While in Pendleton, one of the staff had the opportunity to visit a tribal leader who reminded her "God is Love."

Though the trials are many and the heart is heavy, we must always remember, God is Love. We each have a job to do to help each other and to help the wounded.

Methamphetamine

Sheilah Clements, prevention coordinator, held a one-day "meth" training at the Community Center Social Hall. Meth is a huge problem in the U.S. The presenter, Eric Martin, showed videos with stories of meth addicts. Some of the pictures were moving and definitely gave the audience something to think about.

Meth can cause serious problems for the addict. Eric encouraged people not to lose hope for meth addicts: If you don't have any hope for them, how could they have hope for themselves?

He educated the audience on the effects meth can have on the brain. A panel discussion was held at the end of the day's events.

During the U.S. Attorney's meth summit in Portland in September, a comment was made that "we can't arrest our way out of this problem."

The meth epidemic is so strong that it will take cooperation from many resources to help both the victims and those addicted to meth. There are many people in Warm Springs who have quit using meth. Share your story to encourage those still bound to their addiction.

If you would like to help fight the meth problem in Jefferson County, consider joining the Meth Task Force. They meet at noon the first Wednesday of every month at the Jefferson County Sheriff's Office.

The Willow Creek House For Women

After months of preparation, the Willow Creek House For Women in transition will celebrate their opening with a dedication ceremony and open house on Nov. 22.

They are issuing a special invitation to our faith-based community to actively participate in this dedication ceremony. If you are interested please call Jamasa Tello at 475-0301.

The house will provide a safe, stable, healthy, environment for women integrating back into society after being in jail, prison or treatment. The home is located at 63 SE 11th Street in Madras, and can house six clients and one resident manager. The resident manager position is vacant. Room and a monthly stipend are included with compensation. Good communications skills and attention to detail are necessary. The manager coordinates local services and volunteer classes. If you are interested, please contact Jamasa at 475-0301. Are you a single female drill sergeant with a heart to help? This may be the job for you.

Victims of Crime staff generally work with domestic violence and sexual assault victims. Increasing our knowledge on what causes violence is key to help prevent abuse. We look for creative ways to empower women affected by domestic violence and sexual assault.

We are always looking for help as we work toward our goal. If you are interested in volunteering for Victim's of Crime please call us at 553-2293.