

Summer fun at Canyon Ranch Camp

By Jessica Longknife
Spilyay Tymoo

During the month of June and the beginning of July, Gladys Grant hosted a camp called the Canyon Ranch Camp for boys and girls between the ages of 6 and 12. There are two boys sessions and two girls sessions, each one lasting four days and three nights, all beginning on a Monday and ending on a Thursday. Boys and girls travel near and far to attend the camp. Many live in or around the Central Oregon area. The camp is outside of Madras.

The week is filled up with many different activities. Swimming is probably the favorite. Every day in the afternoon there is a trail of kids leading down to Willow Creek for a refreshing swim and some time to sit in the sun.

Another big favorite is the Cat Caves. The kids hike a small distance to explore



Jessica Longknife is the Spilyay Tymoo summer worker. She will be in the tenth grade next year.

caves and learn the history. At the same time they also get to learn about the old railroad that used to run through there in the 1920s.

Along with hiking the campers get to go canoeing, boating, rock-wall climbing, and sometimes they take a trip over to the RV park at Lake Simtustus to visit with family. Instead of lounging around all day, the kids are kept active.

To help with her camp, Gladys has a small staff that consists of only three people: Anna Castiel, Scott Fairing and Bev Fairing. Anna is the assistant manager and public relations person. Scott is the all around maintenance man, and Bev is the cook.

Bev is able to cook large meals for lots of people. That is why she was recommended to Gladys when the camp first opened 14 years ago. Like Gladys, she too has seen kids come and go. "I'm looking forward to seeing future generations," said Bev.

Both Gladys and Bev receive help from teenagers who volunteer to be a counselor or kitchen help. The teens gave up some of their personal time to spend it on the campers or to help prepare food for them. The counselors stay with the campers in the teepees. Teepees are another highlight for the kids.

After the week winds down and on the last full day at camp, Bev and the kitchen help whip

up something special. During the girls' camp they get to have a luncheon tea party and the boys have a special dinner and their family comes and eats dinner with them. Some dress up nice for the occasion; others just wear what they have on.

Gladys is also the teacher of the Good News Club. That is how many kids know about the camp. She has been teaching the Good News Club for 30 years now. Gladys travels to many schools around Jefferson County, including Warm Springs Elementary. Sometimes Anna comes along to help, and Bev comes along to make a tasty snack.

"I extend my love and greetings out to the people of Warm Springs," says Gladys. She would also like to thank all who contributed to the benefit of the camp. When asked what made her decide to start the camp, she simply replied, "God told me to."

Relay for Life is July 17

The Seventh Annual Relay for Life event, benefitting the American Cancer Society, is Saturday, July 17, at the Madras High School football field. Relay for Life begins at 10 a.m., and concludes at 10 a.m. on July 18. Highlights of the weekend

include: cancer survivor lap, the luminaria ceremony, entertainment, a Hawaiian luau with a roasted pig dinner, games for children, a flea market and silent auction. For information call Jennifer Hatfield at 475-6730.

Register for Roots of Strength

The deadline is approaching to register for the Roots of Strength regional conference.

The conference is for Native American cancer survivors, family members, caretakers and medical providers. The conference is Sept. 30-Oct. 2 at Kah-Nee-Ta. The registration fee by Aug. 31 is \$250. After that date the fee is \$275. Registration can be done online at www.npcoh.org. Lodging arrangements can be made at Kah-Nee-Ta by calling 1-800-544-4786.

The goal of the Roots of Strength Conference is to honor the past and the people who have gone before us, particularly those taken by cancer. A philosophy of the conference is, "Our roots are pathways to thriving and surviving."

For information you can call Celeste Whitewolf at (503) 245-2253.

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Plan envisions sustainable tourism

By Ray Rangila
Planning director

The Warm Springs Sustainable Tourism Action Plan will be presented to the community on Wednesday, July 14 at the Museum at Warm Springs.

The meeting will begin at 6 p.m. with a salmon bake, and conclude at 9.

The tourism action plan was developed in a series of meetings beginning in December of last year. Nearly 100 community members participated.

The plan recommends that the Confederated Tribes make a coordinated effort to increase "sustainable tourism" - that is,

tourism that serves growing markets, generates jobs and enhances the cultural and natural resources of the reservation for tribal members.

The plan envisions a broader role for the museum, a changed role for Kah-Nee-Ta, and increased successful business ownership by tribal members.

The plan has four goals, stated as visions for the future. The goals are:

More tribal members becoming successful entrepreneurs, tapping sustainable tourism market opportunities.

Tourism on the Warm Springs Reservation consistently

showcasing the unique local culture of the three tribes, increasing appreciation and understanding by both visitors and tribal members.

Increased opportunities for unique, guided outdoor recreation integrating education about traditional practices and stewardship of natural resources.

Making it easy for potential and actual visitors to learn about and buy sustainable tourism products and services available on the reservation.

The tourism action plan emphasizes assistance for tribal members to establish businesses

that are consistent with these goals.

At the July 14 meeting, a panel of tribal members who are successfully operating such businesses will present perspectives and advice on how to move forward.

The tourism plan was spearheaded by the Warm Springs Economic Development Department, with facilitation assistance from the non-profit Rural Development Initiatives, Inc.

For more information, contact Mike Clements at 553-3468 or Ray Rangila at 553-3270.

Run to benefit youth

Stan Nowakowski will run 105 miles to help raise funds for youth programs initiated by the Warm Springs Community Development Corporation.

Nowakowski, executive director of the corporation, is entered in the inaugural Warm Springs Endurance Series on July 17-18.

The race will begin and end in Warm Springs. Runners will have 32 hours to complete the distance.

Nowakowski, an accomplished endurance runner, has completed several races of this distance.

"Marathons are now training runs for me," he said. "I enjoy the challenge of the longer distance events, the scenery and the camaraderie."

Nowakowski believes that "challenge" is the key word. "Running this distance in one day is as much a challenge for me as our youth experience every day," he says.

The Warm Springs Community Development Corporation (CDC) is planning programs for youth to challenge themselves through learning new business and life skills.

Currently, they're asking Central Oregon residents to donate towards the summer lunch and after school program to make sure the youth don't suffer from food insecurity.

The cost to feed the children is \$700 per week. The CDC sees Warm Springs' youth as future community leaders.

Tax-deductible contributions to support the youth programs are encouraged through his running effort.

Please consider sponsoring Nowakowski's 105-mile effort by contributing 50 cents or \$1 per mile.

"Knowing I have people

cheering me on through their contributions is tremendous incentive, especially during the wee hours of the night when I will be physically and mentally spent" he says.

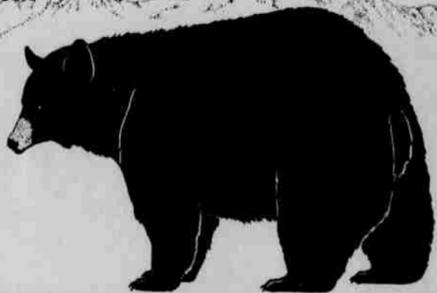
Contributions can be made out to: Warm Springs CDC, PO Box 754, Warm Springs, OR 97761. For more information call (541) 553-4922.

The community development corporation is a non-profit organization under section 501(c)(3) of the U.S. Internal Revenue Code.

Contributions support youth programs on the reservation, and are tax-deductible.

The mission of the CDC "through leadership, increase life opportunities for our children, youth and families, by actively promoting community-based initiatives."

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