



Trudee Queahpama Clements performs the Lord's Prayer at the Collage of Culture. Bing Bingham/Spilyay

Good advice for youth

By **Shawnelle Surplus**
Community Advocate

As the Warm Springs Community Action Team focuses on breaking cycles of poverty, we are interested in helping people attain the skills necessary to bring themselves out of poverty. Obviously, work-related skills are essential to getting a better job and getting out of poverty (or not going there in the first place).

I was fortunate to have been asked to make some presentations at this year's orientation for new Summer Youth Workers. As I prepared a presentation on "work ethic," it occurred to me that unless those who support our youth know what they're being taught, we're only setting them up for failure.

So, here are some expectations we employers, parents, and other supporters of youth can have of them – and help them attain:

Arrive: Employers count on employees showing up to get the work done. If you must be absent, contact your supervisor as soon as possible and only be absent for good reason.

Arrive on time: In order to stay in business, employers need to get work done in a timely manner. An employee who wants to stay employed and,

better yet, move up in their place of employment must respect their employer's time. Also recognize that you make it harder not only on your employer, but also on your coworkers when you are late or absent.

Arrive ready to work: To get work done, employees need to be in a working frame of mind and have with them all of the necessary tools to get work done. Unnecessary and frequent personal calls and visitors make it hard for employees to get their work done.

Support the success of your friends and families at work by holding less-pressing conversations after work hours.

Arrive dressed to work: Dressing for success means dressing appropriately for your tasks. "Appropriate attire" might be a white shirt and black slacks if you're waiting tables, or it might be a bathing suit if you're a lifeguard.

Whatever is appropriate for your job, know that if you want to be successful at work, you need to dress the part.

Arrive willing to work: Employment is a privilege, not a right. People who will be successful at work are those willing to do not only what is asked of them, but whatever else they see needs to be done.

If you're the type of employee who goes above and beyond the call to make the company a success, you're the employee that employers will work to keep on the team.

Follow through: Employers count on employees to follow through with assignments. The

only way to move up the ladder in any organization is to prove yourself worthy with the smaller assignments.

Be accountable: Everyone messes up; and every employer knows that. An employee who makes excuses for mistakes is annoying at best, and dangerous at worst. A good employer understands that "stuff happens." Be honest, and work with your supervisor to figure out what you could do differently next time.

Professionalism is key: Regardless of your position, professionalism is always respected by employers. Dealing with the public and co-workers honestly and respectfully, refraining from gossiping, taking "the high road", and giving 100% at work will only lead to more job opportunities.

Finally, my parents' mantra: "don't burn your bridges." You never know when you might need your current employer as a reference.

If your current position isn't working out, be thoughtful in how you will communicate that to your employer. Perhaps the two of you can find a position better suited to you – or at the very least, he or she will respect your professionalism and make it that much more likely that you will get a good recommendation from him or her.

Managers release project assessment for review

The Resource Management Interdisciplinary Team has released a draft assessment covering the Sidwalter/Tenino 2004 Wildland/Urban Interface and Hazardous Fuels Reduction project for public review.

The document was prepared by the Project Interdisciplinary Team (PIDT) to provide options for fuels reduction in the Badger and Seekseequa forest planning units.

The recommended alternative was designed to harvest small-diameter trees from stands that are currently overstocked. Approximately 64,000 board feet would be cut in the

Sidwalter area and 10,000 board feet would be cut in the Tenino area.

The project is expected to reduce the risk of catastrophic fire and supply chips to Warm Springs Forest Products Industries.

Treatment is being proposed on 539 acres for the Sidwalter project area and 697 acres for the Tenino project area. Harvests would target trees 1 to 11 inches in diameter. Trees larger than 11 inches dbh (diameter breast height) would not be cut.

The recently released project assessment is divided into sections explaining the purpose and

need for action, details of the two alternatives, a description of the affected environment, potential consequences related to management actions, and measures formulated to mitigate negative impacts.

There are maps showing the areas where trees could be cut, quick reference tables to compare the alternatives, a transportation map, statements on monitoring, and the Project Interdisciplinary Team's recommended alternative.

The project assessment is not a decision document. It provides a summary of the technical staff's detailed analyses, which

are on file in the corresponding departments.

For more information or copies of the project assessment stop by the Forestry Branch office, or call 553-2416. Tribal members have 30 days to comment on the proposed sale.

When the comment period has expired, the Resource Management Interdisciplinary Team will review and respond to all of the tribal member comments. They will then complete a decision document with their recommendation on how best to implement and mitigate the project.

Scoping meetings set for 2006 timber sale

Timber Committee and the Project Interdisciplinary Team will host three meetings to gather tribal member comments on the proposed 2006 timber sale.

The first meeting is scheduled June 15 for Agency District at

Agency Longhouse. There will be a meeting at Agency Longhouse on June 16 for Seekseequa District and June 17 at Simnasho Longhouse for Simnasho District.

A meal will be served at 6 p.m. prior to each of the meet-

ings. The actual meetings will begin at 7 p.m.

Representatives from Timber Committee, Forestry and the Natural Resources Branch will show pictures of current conditions in the project area and discuss opportunities with the

audience.

Tribal member comments will be used to develop a project assessment for the sale.

The proposed 2006 timber sale will be in the Shitike and Boulder creek watersheds.

Time to plant tomatoes and peppers for summer salsa

By **Master Gardeners Tina Burnside & Edith McBean**

One pleasure of summertime that many people enjoy are fresh vegetables and fruits. The Warm Springs climate allows an earlier start in planting than some other Central Oregon locations.

If you would like more information on growing great vegetables in pots, then please come to the first plant clinic at the OSU Extension Office on Monday, June 21. The extension office will provide information on watering, fertilizing, mulches and wind protection ideas for your containers.

Another great method to grow vegetables is raised bed gardening. Since our soil in Central Oregon is quite sandy, water will run straight through it. Raised beds are an efficient technique of growing flowers, veggies and fruits. The following benefits are just a few reasons why you might consider creating a raised bed: Minimum of soil preparation; efficient use of water and space; less weeding chores due to closer plantings.

A raised bed is a flat area raised off the ground by adding

organic material such as compost, and using a rototill or spade to mix it into the ground soil. The ideal bed is approximately 8 inches high by 3-4 feet wide.

Site selection is the first step, and the site must be conducive to the plants. Factors such as amount of sun, wind, deer and rabbits are also important. Other steps include amending the soil, shaping the beds, when to plant, correct spacing, fertilizing and watering schedule. For more information on this technique, ask the Master Gardeners for the publication entitled "Raised Bed Gardening in Jefferson County", which is the source of the tips listed above.

To see some great examples of raised bed gardening, visit the Jefferson County Fairgrounds Demonstration Garden in Madras. This garden is maintained by the OSU Master Gardeners and their flowers are beautifully in bloom right now.

Salsa recipe

A perfect raised bed garden could be a summer salsa garden. The plants would include tomatoes, several types of hot and mild chile peppers, onions, garlic and cilantro. Here's a fresh

salsa recipe, courtesy of OSU Lane County Extension Service: 4 chopped tomatoes; 1 chopped medium pepper; ½ cup chopped cilantro; ¼ cup chopped green onions; juice from ½ lemon or lime (or 2 tbsp bottled); salt to taste.

Combine all ingredients in a bowl. Serve chilled or at room temperature. During winter, use canned tomatoes to save money. You can also add 1 clove chopped garlic, or to taste. Makes 1 ½ cups.

First plant clinic

Please join the OSU Extension Office personnel in celebrating the first day of summer on Monday, June 21, from 12 to 1 p.m.

OSU Master Gardeners Edith McBean and Tina Burnside, and OSU Extension Agriculture Agent Fara Ann Currim, will be discussing topics such as noxious weeds and vegetable gardening in the first plant clinic of the summer.

Those at the gathering will also be sampling the salsa recipe, which appears in this Spilyay.

This event will be held at the OSU Extension office at 1110 Warm Springs Rd. To encour-

It pays to advertise in the Spilyay Tymoo.

Pi-Ume-Sha Treaty Days Boxing

Saturday June 26 4 p.m.



At the Warm Springs Community Center.

MADRAS FEED & SUPPLY

(Just North of Conex next to Light Technics) M-F 9 a.m. - 6 p.m.
Sat. 9 a.m. - 4 p.m.
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Small Hands to Hold Love ... Not Fire

Fact: Children from age two to seventeen start fires that endanger lives, cause injuries, death and burn millions of dollars in property.

Fact: Children under the age of three cause a majority of these fires and lose their lives in the process.

This does not have to happen. Parents need to teach their children about the dangers of fire and create a fire-safe home.



Install Smoke Detectors ... Plan an Escape Route

AMERIND offers Home and Fire Safety Training to Children in Indian Country.

Contact AMERIND's Loss Prevention Team for more information:
www.amerind-corp.org 800-352-3496



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