



Photo courtesy of Edison Yazzie

The Yazzie Ranch team won the recent Cougars All-Indian high school basketball tournament, held at Warm Springs. The team members are Latoya Zacharias, Destry Begay, Teri Yazzie, Marla Shike, Tamara Guardipee, Jenna Skunkcap, Latisha Adams, Coach Guthrie, and Rosebud Guthrie (standing from left); and Erica Miller, Jayleen Main, Rondelle Guthrie, Allie Dreadfulwater and Sissalee Graybael (kneeling from left). Eight teams from the Northwest competed in the tournament.

Nike treads into Indian health

(AP) — Sam McCracken has an unusual job in the corporate world. The Nike executive works with American Indians on improving the health and fitness of tribal members — while trying to win some loyal customers as well.

McCracken is himself an American Indian, from the Fort Peck Reservation in northeastern Montana. His mother died of complications from diabetes — a disease he is trying to help tribes fight in his job at Nike as manager of Native American business.

“Somehow, some way, my path as an individual took me here and allowed me to get my feet on the ground here at Nike, and it gave me a good understanding of what Nike could do for our population,” he said.

McCracken is credited with brainstorming a project with Indian Health Service, part of the U.S. Department of Health and Human Services, to address health and fitness on reservations.

In one of the highest-profile alliances between the IHS and a for-profit corporation, Nike and the federal agency signed a “Memo of Understanding” last November to promote healthy lifestyles and choices for American Indians and Alaskan natives.

The goal “is to help those communities gain a better understanding of the importance of exercise at any age, particularly for those individuals with diabetes,” the memo stated.

According to the IHS, diabetes levels among American Indians and Alaskan natives are 2.6 times greater than those in the general U.S. population. Of particular focus is Type 2 diabetes, also known as adult-onset diabetes, which can be controlled with diet and exercise.

Diabetes can cause blindness and kidney failure. It also increases the risk of heart disease and the need for amputation.

The National Congress of Ameri-

can Indians says the population served by the IHS has increased 11.5 percent over the past five years and as a result, per-patient spending has fallen.

Under the agreement between the IHS and Nike, the shoe company has begun holding workshops that bring together tribal representatives to teach them health and wellness techniques they can take back to their tribes.

Nike’s work with tribes then spawned the Memo of Understanding with the IHS.

Last fall, Nike and the IHS held Native American Health and Fitness Day in Albuquerque, N.M., highlighted by a walk led by professional golfer Notah Begay, an American Indian.

Then came the workshops at Nike’s campus. Nike is exploring ways to hold similar workshops across the country.

Through the alliance with the IHS, the diabetes prevention program and other efforts, Nike works with more than 60 tribes in the United States.

Museum beginning culture series

The Museum at Warm Springs is offering classes on men’s ribbon-shirt sewing.

This is part of the museum’s cultural enrichment class series.

The classes will be May 17-19; and 24-26 at the museum.

Please bring 3.5 yards of cotton-polyester material, thread, scissors, pin

cushion, pins, and a loose fitting shirt for pattern.

For information contact the museum Education Program, at 553-3331. Also, please call to register.

Lonnie R. Tom, tribal member, will be the instructor for the class. The fee for these classes is \$10 per person.

4-H club signing up members

The 4-H Native Pride and Dance Club is signing up members now. If you are interested in learning to break-dance, etc., see Michael Bobb or call 553-7021.

A sign-up sheet will be at the 4-H

office. You will be given the meeting time and place when you sign up. First 20 students. A fee will be requested. Grades 6-12 only, or students ages 12-17. Will start ASAP.

Root Feast Rodeo results tallied

The following are the results of the Root Feast Rodeo.

Saturday results:

Calf riding: Jordan Bruisedhead.

Junior barrels: first, Rylie Sappington; second, Bryce Johnson; and third, Charmayne Billey.

Senior barrels: Mandi Heitman, Ashley David, Laina Sappington, and Jenna Johnson.

Saddle bronc: Chance Millin, Clint Bruisedhead, Joe Scott Jr.

Breakaway: Jenna Johnson, and Mandi Heitman.

Calf roping: Clint Bruisedhead, Tim Sappington, Delford Johnson.

Sunday results:

Mutton busting: Kynndal Cheeney, Jennifer Meanus.

Calf riding: Jordan Bruisedhead, Hiram Yaw, Colton Stevens, Grant Meanus.

Junior bull riding: RJ Kriegie, Tyler Beeman.

Calf roping: Chris Hoagland, Doug Shiston, Tim Sappington.

Senior barrels: Mandi Heitman, Nikki Otley, Patii Miller, Una Johnson.

Junior barrels: Ailee Aschoff, Riley Sappington.

Saddle bronc: Clint Bruisedhead, Joe Scott Jr.

Breakaway: Jessie Palmer, Sammy Bruisedhead, Karen Duncan.

Bareback: Jared Bain, Leroy Walton.

Team roping: Jake Stanley and Ryan Stewart; Cameron Boyce and Bob Seylors; Shawn Brown and Mike

Agee; and Karen Duncan and Doug Shiston.

Bull riding: Mike Romaine, Mickey Nelson, Joe Oakes.

Wild horse race: Jimmy Tohet Team; Jason Smith Team; Burch David Team; Pat Vargas Team.



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New pool league forming

A new pool league is forming in the Bend area for all pool players in Central Oregon.

This league will be non-profit and offers end of year cash prizes, trophies, and awards. In addition the top shooters will be sent to Las Vegas for the BCA Nationals as representatives of this league.

Weekly meetings will begin Tuesday, May 4 at the Black Horse, 7 p.m. At these meetings discussion of policies and job descriptions of the elected officials will take place.

Officials will consist of a president, vice-president, secretary and treasurer. Anyone may attend these meetings and even debate on the rules, but only those who sign up may run for an office or vote on any issues.

This league is also seeking an establishment to host their 8-ball, 9-ball, scotch doubles, and occasionally Calcutta tournaments. Look for advertisements in the Bend and surrounding areas for these tournaments.

“It is our hope that many attend these meetings and help create something new and exciting,” said Wade Hoek, league organizer. For anyone who cannot attend, there will be minutes kept at the meetings and hard copies will be distributed.

For more information you may email Hoek at Bendpool@hotmail.com and request minutes of meetings.

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