

GED classes set

Classes will start on September 23 at 9 a.m. in the GED classroom, education building, second floor.

This program is more vital than ever with the closure of COIC's high school completion program in Warm Springs. Whatever your lifetime goals are, GED is the place to start. Our instructor has years of experience with helping people realize their dreams.

For more information, call 553-1428.

High School completion or GED is a tribal requirement for employment.

Also available are three non-credit classes and one credit

class this fall term.

Financial planning and math brush up are held weekly, and cost \$28 each. Lunch N' Learn will be held monthly at no charge.

One credit class is scheduled, Writing 122, is held weekly. This class is \$225, which includes the book.

It is important that you sign up for these classes as soon as possible for preparation purposes, and the classes are held depending on enrollment. So, do not wait until the day of the class to sign up.

Call 553-1428 for information on registration.

Calendar

Flag Football 4:30-5:30 p.m. daily behind the Community Center.

Punt, Pass, Kick September 18, 5:30 p.m. behind Community Center.

The Bike Rodeo is scheduled for September 20, 10 a.m. to 12 noon at the Community Center Parking Lot. Bring your bike for fun, helmets if you need, obstacle course, and bike repair.

Elder Abuse Awareness Conference Oct. 2, 9 a.m. to 4 p.m. at Kah-Nee-Ta.

Parenting Classes held every Wednesday from 6-8 p.m., top floor of the Counseling Center. Snacks provided, childcare to be determined. For information contact Marcella Hall or Bob Cronkite 553-3205, or to register.

The Museum at Warm Springs is hosting a cultural gathering with a weaving circle in the education room. If you are interested bring your cedar roots and weaving tools. There is no cost.

Mark your calendar for September 22, 23, 24 from 5-8 p.m., also September 29, 30 and October 1, 2. On September 28 bead artists will demonstrate and sell one-of-a-kind beadwork at the Museum. Everyone is invited to see the work of the community's bead artists. This is a one-day event from 9 a.m. to 5 p.m. in the lobby.

Superintendent Phil Riley will be available for parents to meet with him at the Administration Building Wednesdays from 9:30 a.m. to 11 a.m.

Spilyay Tymoo

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Publisher Emeritus: Sid Miller

Editor: Dave McMechan
Management Successor: Selena T. Boise
Reporter/trainer: Shannon Keavery
Media Advisor: Bill Rhoades

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Any written materials submitted to Spilyay Tymoo should be addressed to: Spilyay Tymoo, P.O. Box 870, Warm Springs, OR 97761

(541) 553-1644 or 553-3274
FAX No. (541) 553-3539

E-Mail: spilyaytymoo@wstribes.org

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Squiemphen walks to train and relax

By Selena Boise
Spilyay Tymoo

From walking for fun to walking in competition. This was a relaxing transition for Earlynne Squiemphen, who recently entered a team in the Portland to Coast walking event.

She has entered the 129-mile Portland to Coast relay walk for six years. But this year was different because she was the captain of a new team, "Wading to Exhale." She had a team of nine walkers on a 12-person team, yet they made a good showing and completed with a time of 29 hours, 38 minutes. Squiemphen said, "everything fell into place and went smooth for us."

Squiemphen used to walk, just to be walking. And it turned out that she found it relaxing. Now she enjoys it very much. She walks about 12 miles each day during her lunch break and when she gets home from work.

To further challenge herself she began to enter competitions throughout the northwest. She likes to walk uphill in her training and relaxation. She has walked a hill near Sherar Falls, and sometimes the hill near the fish hatchery.

She says that walking is easier on the body, and that her time improves each time she walks.

With that improvement she sets goals for competition. Besides the Portland to Coast, she competes in the Portland Mara-

thon, the Seattle half marathon, Kah-Nee-Ta Mini Marathon, and Pi-Ume-Sha Fun Run.

She will enter the same team in the Portland to Coast relay in 2004 for her second year as captain. She will also walk in the Portland Marathon for the second year this coming October. In 2002 she completed the Portland Marathon in about six hours.

This year at the Portland Marathon her granddaughter will compete in the 2-mile run. She wants to be like her grandma and walk or run.

Squiemphen completed the 13-mile half marathon in Seattle with a time of 2 hours, 38 minutes. She completed the 14-mile, Kah-Nee-Ta Mini Marathon in just over three hours. She walked in the Pi-Ume-Sha Fun Run Walk event a couple times.

Her next goal is to walk the Ultra Marathon, which is 50 miles long. This has been her goal for quite some time now, and she hopes to reach it in a couple of years.

"Walking is a relaxing thing for me. I encourage others to keep on the go, because the more people there are out there walking or jogging, the more people there are actually walking or jogging," concludes Squiemphen.

Earlynne at the Portland Marathon 2002. She is currently preparing for the 2003 Marathon.



Hummer give away



Hummer 2

Some lucky winner will be driving away in this 2003 Hummer 2 on September 27, from the Kah-Nee-Ta High Desert Resort and Casino. There is a drawing scheduled for 10 p.m. and one out of 85 tickets will be the winner of this burnt orange Hummer. Anyone winning a \$50 jackpot or more since July has been entered into the drawing barrel. Additional drawings are held on Fridays and Saturdays from this drawing barrel for entry into another drawing barrel for the Hummer 2.

Twenty-five years ago this week

From the Spilyay Tymoo
September 22, 1978

Court orders lower river season closed

The first week of a seven-week commercial fishing season in the lower Columbia River was cut short Tuesday, September 19 at 6 p.m. after attorneys for the four treaty tribes asked U.S. District Judge Robert Belloni to issue a temporary restraining order Monday.

Belloni closed the area from the mouth of the Willamette River to Bonneville Dam 48 hours after it opened Sunday evening September 17.

The judge agreed with U.S. Attorney Sidney Lezak, saying that if the season remained

open, the Indian fishermen would not have the opportunity to catch their share of the salmon "because an indeterminate but significant number of fish destined for the upper Columbia River will be caught."

The Columbia River Compact, composed of the states of Oregon and Washington, had decided at their September 8 meeting to give non-Indian commercial fishermen seven 4-day weeks of lower river fishing beginning September 17 and ending November 2.

Lower river gillnetters had already had a four-day season August 15-19, and an additional two days in Zone 1 September 10 and 12.

Mrs. Lee says "Jai Jien" to Warm Springs

Ching-Ye Lee, who has been the Public Health nutritionist in Warm Springs for nearly seven years, ended that successful career today.

"My husband says I've been gone long enough," said the Chinese-born nutritionist. "We have a very good understanding concerning each other's careers."

Ching-Ye, as she is most often called, came to America from China when she was in her late teens. Her family moved to the East coast so the children could attend the Ivy League schools. "They were the only schools we had ever heard of

while in China," she explained.

Mrs. Lee did her graduate training at Columbia University in New York. She received her Master of Science in Nutrition in 1945 and later returned to acquire her Masters in Nutrition Education in 1952.

Prior to Mrs. Lee's arrival, Warm Springs was without a nutrition specialist and therefore used the services of the OSU Extension office for basic nutrition needs and aides. But with her arrival here in 1971, Ching-Ye brought many hours of experience and knowledge in that field with the understanding that it would take about five years to set up successful and workable nutrition programs.

P.E. teacher hired

So far, teaching in Warm Springs is a pleasant experience for Ed McDaniel, who filled the position as Physical Education teacher vacated by Mr. Osborne. He comes to Warm Springs from Lebanon, where he taught Physical Education for two years to students in kindergarten to eighth grades.

"It was a fun job, but with the budget cuts I was laid off," he states. While looking for a job, he applied for Physical Education teacher in Warm Springs, and was hired.

McDaniel has been teaching for 26 years. He has also been a coach for various sports.

He feels lucky to be here, because teaching the younger students is fulfilling. "They are at a special age, and they need attention," McDaniel said.



McDaniel was raised in Lake County, where he spent 30 years of his life. He likes the similarity in climate to Warm Springs. "I love the weather here," he said.

In his 26 years of teaching he finds Warm Springs staff the best. "There is a commitment to the kids, they're friendly, helpful, and every teacher is here for the right reason," says McDaniel.

His wife, a nutrition counselor, is currently finishing up her job before she moves here. Their two sons graduated from high school and are now attending college. "My oldest is living in Bend, and my youngest is attending Western Oregon University," says McDaniel. This weekend McDaniel and his two sons will compete in a triathlon relay together in Hood River.

Story idea?

Call Spilyay Tymoo.

553-3274.

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Indian Trail Restaurant
For sale to qualified buyer
For further information call 553-1206