

More power, revenue from dam

Plant generates more power with same amount of water

By Dave McMechan
Spilyay Tymoo

The Round Butte power plant, which the Confederated Tribes partly own, is now operating more efficiently, and will generate more revenue for the tribes.

An efficiency improvement project at the Round Butte plant will provide approximately \$2.4 million in additional annual revenue, said Jim Manion, general manager of Warm Springs Power Enterprises.

The tribes own one-third of the Round Butte hydro facilities, and Portland General Electric, which may eventually be sold to the City of Portland, owns the other two-thirds.

The tribes and PGE are also co-owners of the Pelton hydro facilities.

The Round Butte power plant is now operating more efficiently mainly because its turbine was upgraded.

The turbine, or "runner," is the part of the plant that spins as a result of the water pressure from above.

The new runner at Round Butte uses modern engineering, allowing it to turn as fast as before, while using less water. The improvements at the plant cost about \$11 million.

A big benefit of the project, said Manion, is that more revenue will come from the plant, with no adverse effect on the river.

"We utilized new technology to generate additional energy without added impact to the natural resource," said Manion.

As a result of the improvements, the Round Butte facility can now pro-

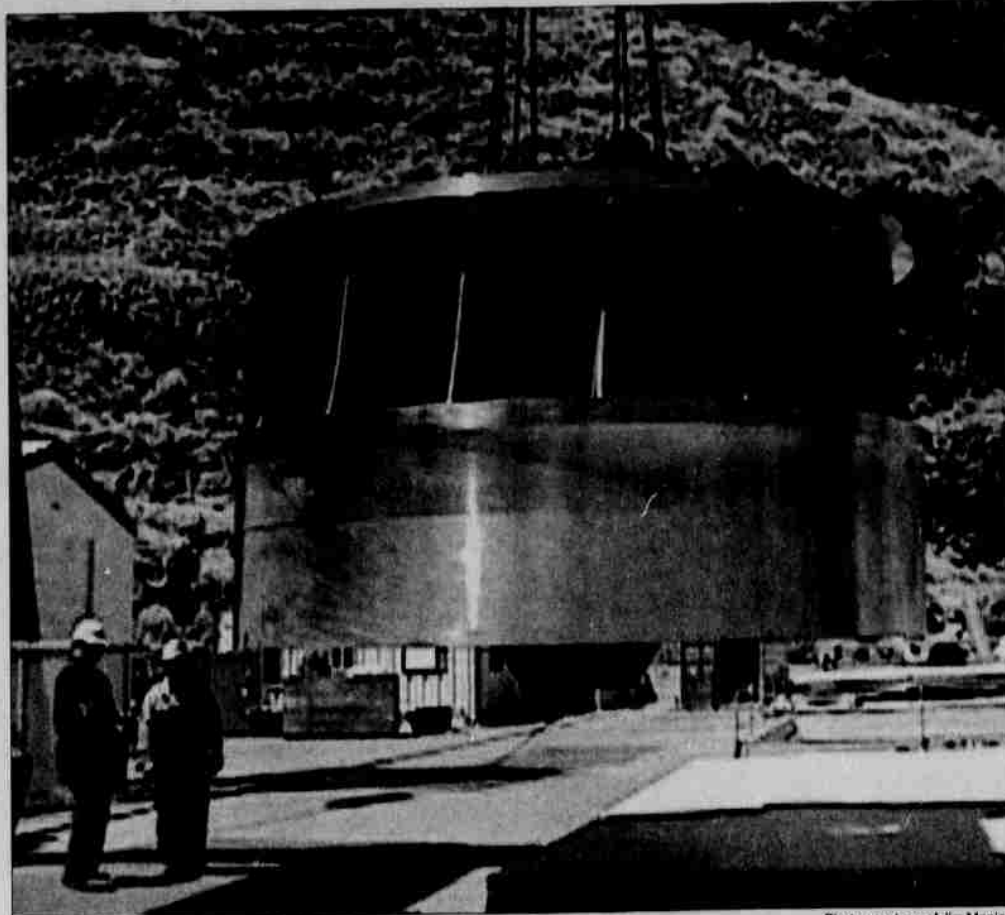


Photo courtesy of Jim Manion

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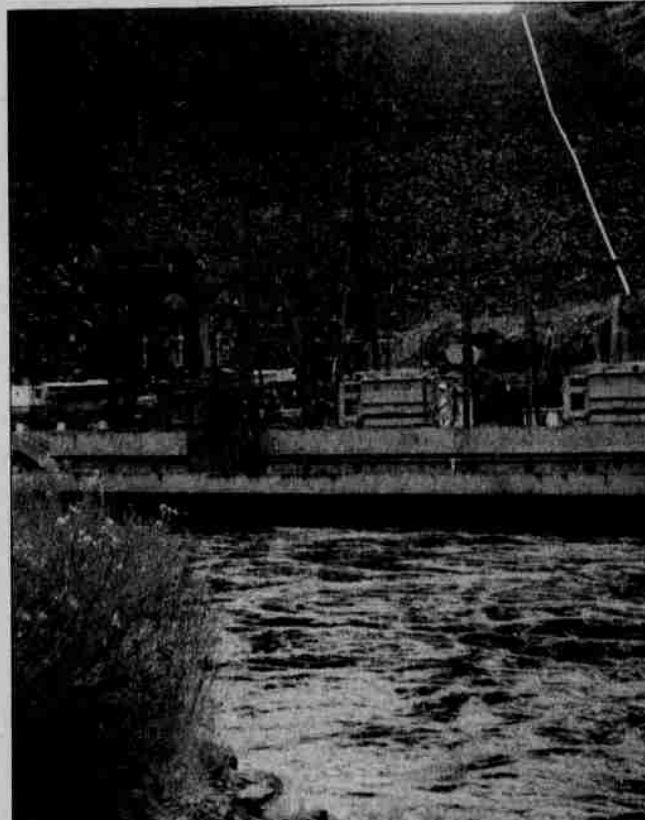
duce an additional 60 million kilowatts per year, enough to supply 5,600 homes.

Along with the more efficient turbine, the improvement project also involved modifying the generator rotor, the part that actually creates the electricity from the turbine.

The project was a large one, involving machinery that weighs many tons.

Don Kraus, manager of Pelton-Round Butte, said, "One of the more delicate operations was raising and lowering the 340-ton rotor in and out of its housing."

He added, "But other components required some heavy lifting too. The runner and its shaft tipped the scales at 100 tons, and a new transformer



Dave McMechan/Spilyay

The photo at top is of the new turbine at Round Butte Dam; the photo above is of the dam and the hydroelectric power plant.

weighed 130 tons."

The recent improvements at Round Butte are part of an

ongoing program to increase the efficiency of the hydro facilities.

ECE plans activities for Week of the Young Child

By Sue Matters
Early Childhood Education
Support services coordinator

The Week of the Young Child is an annual celebration sponsored by the National Association for the Education of Young Children.

The celebration is designed to focus our attention on the needs of young children and their families, and to recognize the early childhood programs and services that meet those needs.

The Week of the Young Child is a time to plan how we, as citizens of a community, of a state and of a nation, will better meet the needs of all young children and their families.

The Week of the Young Child is a time to recognize that children's opportunities are our responsibilities, and to recommit ourselves to ensuring that each and every child experiences the type of early environment - at home, at child care, at school and in the community - that will promote their early learning.

This year, the Week of the Young Child is April 6-12. Focus this year is on family literacy, and the theme, "Read to Achieve."

Here is a list of this year's scheduled activities.

Monday, April 7: Children's Powwow 10 to 11 a.m. at the Agency Longhouse.

Tuesday, April 8: Fitness Carnival at ECE, from 10 to 11 a.m.

Things to do at this event include games and activities for ECE children, with a focus on health and fitness, and taking care of our bodies.

Also on April 8, at the Warm Springs Library: "Get Your Library Card" Extravaganza, from 4:30 to 6 p.m.

This will be at the Warm Springs Library at the Family Resource Center. Volunteer activities include spiffing up the library, and coming up with money for snacks.

Wednesday, April 9: Family Information Fair and Gathering, from 11:30 a.m. till 1:30 p.m. in the ECE lobby, with lunch served.

Any tribal departments that would like to set up a booth offering information relevant to Warm Springs families is welcome.

Thursday, April 10: Grandparents Day, from 9 to noon at ECE.

Elders are invited to come share in a day at ECE.

Also on April 10: Car safety seat check, from 4 to 6 p.m. in the ECE Parking Lot.

Friday, April 11: ECE Children's Parade, from 10 to 11 a.m. The theme is, "Mother Goose."

Nurse has health advice

By Judith Budd
Public Health Nurse

Smallpox is an illness that affects humans but no other animals. It is caused by the variola virus and is spread primarily by droplets of saliva. Although the pox lesions also contain virus particles, transmission is much less likely from this direct contact.

There have been no naturally occurring cases in the entire world since 1977 because of a worldwide vaccination campaign. Many adults have scars on their upper arms or thighs from their smallpox vaccinations as babies.

Smallpox is a systemic illness. It affects the whole body, not just the skin where the pox are. As with most viral illnesses, smallpox begins with general symptoms that are familiar to anyone who has had a cold or influenza: aching, fatigue, cough, chills and fever.

After inhalation of droplets containing the smallpox virus, there is an incubation period of ten to 14 days before the general symptoms develop. The pox

rash then begins to erupt two to four days later.

Because smallpox is a virus, it cannot be treated with antibiotics like bacterial illnesses. A person with smallpox can be given supportive care, such as IV fluids to prevent dehydration and imbalances in body chemicals.

In past centuries, when smallpox killed over 50 percent of its victims, there was no vaccine to prevent it, no IVs to help people from becoming dehydrated, and not even a clear understanding about how it was spread. After the development of a vaccine, smallpox became a disease that could be prevented.

This is the first in a series of articles updating you on smallpox. For more information about smallpox and about the smallpox preparedness plan, please call Public Health Nursing at the Health and Wellness Center, 553-2459 or 553-1196, extension 4142, Judy Budd, Public Health Nurse, or Diana Howell, Supervisor of Public Health Nursing.

Clinic adopting new privacy rule

The Warm Springs Indian Health Services clinic is changing how the clinic ensures the privacy of patients' healthcare records and other personal information.

One of the biggest changes will be when family members or friends call and ask about a friend or relative. Under the new rule, the healthcare provider will not be able to give out any information if the patient restricts such information.

The Warm Springs IHS clinic, like other healthcare facilities across the nation, is required by federal law to adopt the privacy changes by mid April.

The new healthcare regulation will give patients more control over their health information. The rule holds violators accountable with civil and criminal penalties that can be imposed if the healthcare provider violates a patient's rights.

The rule does, however, take into account public responsibility to disclose some forms of data to protect public health.

The new regulation is called the Privacy Rule of the Health Insurance Portability and Accountability Act, or HIPPA.

HIPPA became law in 1996. The new HIPPA privacy rule will take effect on April 14.

The rule will set boundaries on the use and release of health records, and establishes appropriate safeguards that health care providers and others must achieve to protect the privacy of health information.

The HIPPA privacy rule affect every hospital, doctor's office, insurance company and pharmacy in the nation, said Robin Yost, HIPPA compliance coordinator at the Warm Springs IHS clinic.

Each time a patient visits a healthcare provider or facility, a record of the patient's visit is made, said Yost.

Typically, she said, this record contains the patient's symptoms, examination, test results, diagnosis, treatment, and a plan for future care.

Although this record is the

physical property of the healthcare provider or facility, the information in the record belongs to the patient, said Yost.

Under HIPPA, the patient has the right to inspect and receive a copy of the health record, and to request a restriction of the health information, subject to the health provider's agreement.

The patient also has the right to request confidential communications about the health information, and to receive a listing of certain disclosures that were made of the health information.

The healthcare provider or facility is required by HIPPA to maintain the privacy of the health information, and to inform the patient about the privacy practices regarding the health information the facility collects and maintains about the patient.

The healthcare provider or facility is also required to notify the patient if the facility is unable to agree to a requested restriction, and to accommodate

Job listing for Warm Springs

The following employment opportunities are currently available on the reservation.

The listings are provided by the Oregon Employment Department, Madras office, which can be reached at 475-2382.

Night auditor, Chinook Room cashier, reservationist,

cashier/counter person.

Chinook Room server, banquet server, banquet captain, cook, House person, houseperson/teepee attendant, Village room attendant, room service clerk, lifeguard.

For additional information on jobs available at Kah-Nee-Ta, call 553-1112, extension 3401.

Teepee wanted

Teepee wanted for this summer. Anyone interested in selling a teepee, please call Linda Evans.

Phone number, (503) 636-4670

Story idea?

Call Spilyay Tymoo
553-3274.

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