



Gaming issue, first time around

By Sid Miller, Publisher Emeritus

In the beginning when we decided to go ahead with gaming, everything was up in the air, everyone was undecided on the location. So an election was held to determine a suitable location for a gaming establishment.

The alternatives were to build near Warm Springs, at Kah-Nee-Ta, or at some other site. At that time everyone was somewhat bewildered and uneducated on the gaming situation, and in order to get things going sooner it was decided to try the gaming out at Kah-Nee-Ta for five years to see how things would work out.

Well it's been more than five years, and this has proven to be a big dud, so far. So isn't it time to consider the other alternatives from the beginning, and move our gaming establishment to a more productive area.

As it is, we are pouring money down the drain with our gaming a Kah-Nee-Ta.

Now don't get me wrong on this and think I want our whole gaming here along Highway 26, it's just the one at Kah-Nee-Ta. We've tried it now for more than five years and we've gotten nowhere; if we made any movement it would surely have to be deeper in the hole.

Now these are my thoughts and you can tell me to go jump in Shitike Creek, but I'm going to give my thoughts. We should still pursue building in the Gorge. That would be our main gaming site and our secondary gaming would be here on the reservation along highway 26.

Let's do something intellectually for once and make some smart decisions and close down the gaming at Kah-Nee-Ta or build along highway 26, but still build the main one in the Gorge for our prime income. We all know it takes money to make money and that's our goal, to find a source of income.

Lets get on the bandwagon and do something right and productive. If we did this there could be all sorts of options that would benefit our tribes. What we want is to generate income, and we should not be the ones to support our enterprises as we are doing at the present time.

It may sound outrageous but that's the best route. We should make the best choice for a better future.

Give it some thought. "AHH-NAH-CHI-TOON!"

Toe Ness

There was this guy who, filling out a form with a space next to the word "SEX" he wrote in "Yes". YIKES....

Spilyay Speaks

A bad scene

A very unpleasant scene recently occurred in the new Apple Peddler Restaurant in Madras that I would like to bring to the attention of the general public, as well as to other minorities in Central Oregon. While attempting to have a meal at the restaurant with my wife and daughter, a waitress became extremely verbally abusive after I requested the salad that had not been served before the main course.

A few words exchanged should have been enough and I could have chosen not to tip for the bad service. Instead, the waitress chose to insult my race and me, yelling so the entire restaurant could hear. She further humiliated me by insinuating that I had been drinking. (I have been sober for nine years). She then threatened me with the police before she was taken from the room by her co-workers. This waitress was not fired; she was merely put on suspension for two days. I did not finish my meal, nor will I go back to the Apple Peddler for the free meal offered as compensation.

This is not an isolated incident of prejudice or unequal treatment toward Native Americans in Madras.

It has gone on for years and will continue unless minority citizens, particularly Native Americans, refuse to do business in establishments where they are not treated with respect. I urge anyone who witnesses any incident of disrespect toward Native Americans or other minorities to stop frequenting that establishment. And I strongly urge the

manager of the Apple Peddler Restaurant to fire that waitress and find staff that will treat all customers with respect.

Charles Frank

An apology

Dear Spilyay Tymoo:

I would like to apologize to the community of Warm Springs once more for not being there to drum for my Indian people.

I am also still hurt and sorry for what I did last year to the one person I love the most. To Judy Kalama I am still very ashamed and hurt for what I did.

Please understand that it's going to be a long time before I can walk with my head up high and be proud to be an Indian let alone a man.

Only God knows how ashamed and hurt I truly am, and I'm never going to forgive myself for what I did to the person I care so deeply for.

I am very sorry to everyone that I have hurt over the years because of my drinking, jealously and anger.

I feel like I have shamed my people.

I am truly hurt by everything I am telling.

This is no lie. You never realize it until its too late how much people and dear friends mean to you. Alcohol and Drugs are no good.

This is a person speaking from experience.

So you younger generation please listen to your elders because they are right. I took my happiness away from me.

Thanks for your time to read this.

Hurt and most of all ashamed,
Michael Meanus (aka) M-Tone

The following is a poem I wrote to Judy Kalama:

Heavy Is The Heart That Cry's

I was partying and drinking all the time.

Finally lost everything and everyone I thought was mine.

Heavy is the heart that cry's.

I never meant to hurt my people

And especially the women I love.

I just hope and pray that we can be together in the heaven alone.

Heavy is the heart that cries.

I keep pleading and crying asking the Lord why?

They say time will heal the pain but right now I could die.

Heavy is the heart that cry's.

I write this with hurt and shame in my heart and I tell you no lies.

Because heavy is the heart that cry's.

M-Tone

Fishing time

It's fishing time -- salmon are at the mouth of the Columbia River! Every fishing site had been given an Indian name -- a give away, dinner would follow of the sacred traditional fishing practice.

Why? Because (Na-Mi-Pi-Up) had given us river people this rite -- then anyone of the river people had been allowed to fish on the fishing site...

When a fish was caught he

would move his net for the next person to fish, using his own fishing gear.

Elders, widows, sister-in-laws, those that could not fish would be given fish - the men had this duty, that are of the Columbia River SEE: Customs. Tribal Law and Order Code.

This teaching had been taught to many generations - still applies to us now! Just be prepared when you're approached by a request to get fish. Sincerely,

(SUE-WY-Y)
Martinez Charles

Appreciated

Thank you for allowing inmates to cook at the Warm Springs 1910 Indian Shaker Church for Easter weekend.

Without your assistance it would have been hard to feed the people all the delicious meals all of them prepared.

Cleaning and polishing the main church and setting up candles for help were things that everyone made possible.

We really appreciated all and may they receive a blessing meant for each of them. Sincerely,

Patricia Tanawasha,
Assistant Minister, Membership of 1910 Indian Shaker Church

A thank-you

I would like to thank all my sponsors for their support in "Jump for the Hearth."

Sincerely,
Larry Spino II

Hoping for pup's return

Our five-month-old male rottweiler was taken from our yard.

He answers to the name "Pup Pup."

At the time of disappearance, he was wearing a blue harness.

This was our children's

Christmas present and would very much like to have him returned, because they all have grown attached to one another.

There will be a reward for his safe return.

If you have any information, please call the following number: 553-1101.

Dealing with anger and guilt

Hello, from Pastor Rick

I want to talk about anger and guilt. Why is there so much anger? You know the kind I'm talking about. It is old anger, things said and done from long ago. An old anger not taken apart over time but made a part of a life structure. An anger that is in the eyes, or the walk.

And what of the guilt. Anger turned inside. The structure of anger that is added on to life and then remodeled with more guilt. Anger and guilt that at times seem to control life itself.

I turned to the Bible for wisdom about anger and guilt. What I found was a difference between anger and wrath. God's wrath. The Lord getting mad. Anger has the power to change us and our world to the bad. God's wrath is his tool to deal with evil and sin. It does not change God. You see our anger can hurt us, God's wrath can change us for the better.

So, what to do about anger and guilt? Forgive. For-

give others, forgive yourself, forgive.

Forgive and move on. Love and move on. Forgive and love.

Forgiveness and love are at the root of God's wrath. It sounds funny but the Lord's love is so much that he turns his wrath upon himself to deal with sin. His wrath is called Easter. Everyone - let go, let God.

Hug someone you dislike. No alcohol or tobacco for children. One day at a time. Buckle up the kids and yourself. Don't hit and beat on yourself or others. Pay your bills before gambling, then stay home. Read the Bible for its effect on the heart.

Pray to God to the point of your hearing him. Honor someone each day. Love yourself. Like yourself. See you in church.

Pastor Rick R. Ribeiro, 553-1237.

Bullying at school causes many problems

(Editor's note: The following information is from the Northwest Regional Education Laboratory.)

Given the serious effects bullying behavior has on both students and schools, we can't afford to simply dismiss it as a "normal" or inevitable part of childhood.

There is nothing "normal" about ongoing incidents of harassment, violence, and intimidation.

Bullying not only leads to depression, anxiety, and low self-esteem in students who are targeted, but also causes other students to feel unsafe at

school and significantly interferes with learning.

Long-term effects of bullying on students who bully, such as aggressive behavior continuing into adulthood, cannot be ignored either. Students of all ages deserve to feel safe and supported at school.

Taking bullying behavior seriously is an important step in working toward safe and effective schools.

Through training, collaboration, and carefully designed programs, educators, policymakers, parents, and students can work together to ensure that schools are a place where students feel welcome, included, and where they are ready to learn.

A free booklet called *Schoolwide Prevention and Bullying* is available by writing to Newspaper Column, Northwest Regional Education Laboratory.

You can write to the Laboratory at 101 S.W. Main, suite 500, Portland OR 97204.

A great deal of information is also available at the website at www.nwrel.org/request.

The bullying prevention booklet is a part of the *By Request* series, a quarterly booklet series produced at the Laboratory.

These reports briefly address current educational concerns and issues as indicated by requests for information that come to the laboratory from the Northwest region and beyond.

Across the country, bullying is receiving increased attention in school board meetings, in the media, and in state leg-

islatures.

Between the years 1999 and 2001, at least eight states considered and/or adopted legislation directing schools to develop anti-bullying policies or programs.

In some states, statewide bullying programs are already in place, while in other states, such as Michigan, Colorado, and Oregon, schools are scrambling to build programs and comply with new laws.

To be sure, bullying is not a new phenomenon.

What is new is the growing awareness that bullying has serious consequences for both students and schools.

Bullying behavior contributes to lower attendance rates, lower student achievement, low self-esteem, and depression, as well as higher rates of both juvenile and adult crime. Consider the following statistics:

Approximately 160,000 students miss school every day due to fear of attack or intimidation by a bully; 7 percent of eighth-graders stay home at least once a month because of bullies.

Approximately 20 percent of students are scared throughout much of the school day.

Fourteen percent of eighth-through 12th-graders and 22 percent of fourth-through eighth-graders surveyed reported that "bullying diminished their ability to learn in school."

Ten percent of students drop out of school do so because of repeated bullying.

Without question, the most effective means of addressing

bullying is through comprehensive, schoolwide programs.

Although teachers, counselors, and parents may be able to deal with individual cases of bullying as they come up, it is unlikely to have a significant impact on the incidence of bullying in the school.

For one thing, bullying often goes undetected by both teachers and parents.

Adults typically identify less than 10 percent of bullying incidents.

In addition, many teachers and administrators fail to understand the dynamics of bullying.

Without adequate training, some educators may actually endorse bullying behavior, either by sending students the message that bullying is "part of growing up," or by simply ignoring the behavior.

Perhaps the most important reason for developing a schoolwide anti-bullying program, however, is to engage and empower "the silent majority."

These are the large percentage of students who regularly witness bullying at school but don't know what they can do to help.

Programs that teach students to recognize and intervene in bullying have been found to have the greatest impact on curbing incidents of bullying and harassment at school.

Schoolwide anti-bullying programs can take many shapes, as the programs profiled in the Northwest Sampler section of the *Schoolwide Prevention and Bullying* booklet indicate.

Letters reminder

The Spilyay again would like to remind readers, please limit Letters to the Editor to 350 words or fewer. Letters longer than 350 words may be cut starting with the last sentence. Also, no statements can be published that are libel against another person.

Deadlines

The next Spilyay issue publishes Thursday, May 2, with a Friday, April 26 deadline for letters, news items, announcements and birthday wishes.