

## 509-J School District School supply list

### Kindergarten

2 boxes of crayons, basic 16, standard size (not chubby)  
10 pencils, size #2  
2 4oz. bottles of white, liquid glue  
2 glue sticks-small, solid  
1 large box of tissues  
1 package of baby wipes (80-150 count)  
No permanent markers

### First and Second grade

1 box of 16 small crayons  
Pencils, size #2  
1 eraser  
1 pair of metal scissors  
2 4oz. bottles of white glue  
1 box of tissue  
No permanent markers

### Third grade

1 box of 16 or 24 small crayons  
Pencils, size #2  
Pink Pearl erasers  
1 pair of sharp-point scissors  
2 4oz. bottle of white glue  
1 large box of tissue  
1 12-inch ruler (inches and centimeters)  
No permanent markers

## Voc Rehab extends boundaries

The Warm Springs Vocational Rehabilitation (WSVR) program is now serving Federally Enrolled Native Americans with Disabilities who reside off the Reservation boundary within a 65 miles radius to include the following cities: Madras, Sisters, Redmond, Prineville, and Bend. The program exists to help individuals with Disabilities obtain, maintain, or become promoted in employment.

To qualify for program services, applicant must be 17 years-of-age with legal guardian or at least 18 years-of-age, and:

1. Be a member of a Federally Recognized Indian Tribe.
2. Reside on or within a 65 mile radius from the Warm Springs Indian Reservation.
3. Have a physical or mental disability that can be diagnosed by a professional; and
4. That disability must result in a substantial impediment to employment.

To learn more about the program:  
E-mail: tdsahme@bendnet.com  
Write: WSVR, P.O. Box C, Warm Springs, OR 97761

Stop by: WSVR, 4217-A Holliday Street, Industrial Park (on way to Kahneeta), Warm Springs  
Call: (541) 553-4952  
FAX: (541) 553-3367

You may attend an hour-long Orientation on Friday at 10:00 a.m. Orientations are held every Friday except Holidays at the VR office in Warm Springs.

### Fourth and Fifth grade

1 box of 16 or 24 small crayons  
Pencils, size #2  
Pink Pearl erasers  
1 pair of sharp-point scissors  
1 4oz. bottle of white glue  
1 12-inch ruler (inches and centimeters)  
Notebook paper  
1 box of tissue  
No permanent markers  
Westside Elementary only: 1 box of 16 colored pencils.

### Sixth grade

1 box of 16 or 24 small crayons  
Pencils, size #2  
Pink Pearl erasers  
1 pair of sharp-point scissors  
1 4oz bottle of white glue  
1 12 inch ruler (inches and centimeters)  
Notebook paper  
1 box of tissue  
Ballpoint pens, blue or black (not erasable)  
No permanent markers

### Seventh and Eighth grades

College-ruled notebook paper  
1 2-inch, 3-ring (metal ring) binder with dividers  
No PeeChee folders.

**Please note:** Some classes may require additional materials. If so, students will be notified during the first week of school by their classroom teacher. Some school supplies will need to be replenished throughout the school year.

First day of kindergarteners is determined by a conference with parents beginning

September 5. Contact local elementary school for scheduling.

### New this year

Metolius fifth graders will remain at Metolius Elementary School. Westside fifth graders will attend Westside Elementary School. All other fifth graders will attend Jefferson County Middle School.

## First day of school is Tuesday, September 5th Voc Rehab holds orientations

Have you heard that the Vocational Rehabilitation program helps people with Disabilities? The disability must result in a substantial handicap to employment. A substantial handicap is defined as "physical or psychological challenge which impedes or will impede an individual's occupational performance by preventing or making very difficult his or her obtaining, retaining, or preparing for employment consistent with his or her capacities and abilities".

If you are an enrolled Native American and you have a physical or

psychological challenge that prevents you from obtaining, maintaining, or being promoted in employment, you are invited to attend an Orientation at the Vocational Rehabilitation program. Orientations are held every Monday at 3 p.m. up in the Industrial Park, Food Commodities Warehouse, in the Social Services side of the building. Orientations are open to anyone interested in learning more about the program.

It is important to note that you must be physically or psychologically able to work before seeking Vocational Rehabilitation services.

## Hepatitis B Vaccine shots required

The state of Oregon is requiring additional shots for school children. Beginning in September 2000 children who will be entering the 7th grade must have Hepatitis B vaccine, second dose of measles vaccine (MMR), and varicella vaccine (or have had chickenpox).

Please check your child's immunization record so you have time to get the shots for your child before school starts. Immunizations may be obtained by scheduling an appointment at 553-1196 ext. 2632 or call the Public Health Nursing at ext. 4142 if you have questions.

## Film Institute seeks entries for American Indian Film Festival

San Francisco-The American Indian Film Institute is currently seeking entries for its 25th annual American Indian Film Festival, the oldest and most prestigious festival of its kind in the world. Film or video to be entered for competition should be by or about American Indian or First Nation peoples that were produced in 1999-2000. The entry deadline is August 11, 2000.

The major categories for competition are: Documentary Feature, Documentary Short, Commercial Feature, Live Short Subject, Music Video, Animated Short Subject, Public Service, Industrial.

Promotional materials including production credits, black and white publicity stills, and a typewritten narrative description of each entry not exceeding 250 words should be included and forwarded. Entrant is also responsible for shipment costs to and from San Francisco.

A Film Jury designated by the American Indian Film Institute will

screen entries and issue recommendations to the final program and awards nomination. The week of September 25, 2000, entrants will be notified as to entrant selection into the 2000 American Indian Film Festival and Video Exposition.

Recognizing outstanding Indian cinematic accomplishments, the American Indian Motion Picture Awards will be presented the evening of November 11 at the Palace of Fine Arts in San Francisco.

Each entry must include: Completed entry form, screening cassette, signed regulations agreement form, \$50.00 U.S. Funds, entry fee payable to American Indian Film Institute.

Entry forms may be obtained online or by writing: American Indian Film Institute, 333 Valencia St., Suite 322, San Francisco, CA 94103, ATTN: Michael Smith, Director; telephone (415) 554-0525, FAX (415) 554-0542; www.aifis.com; or e-mail at indianfilm@aifis.com.

## Credit Counseling agency can help

When people go to a credit counseling agency, one of the first things they ask is if the counselor can stop the collection calls. Many of these people are afraid to answer the telephone for fear it's another bill collector; many don't.

"Delinquent borrowers don't have to put up with harassing telephone calls," said Terri Rahmsdorf, CEO, Consumer Credit Counseling, a non-profit Neighborhood Financial Care Center that provides debt and credit counseling and education. "Borrowers have rights too, and they're spelled out in the Fair Debt Collection Practices Act."

Congress created the act to protect consumers with personal, family and household debts. According to the act's authors, "There is abundant evidence of the use of abusive, deceptive and unfair debt collection practices by many debt collectors. Abusive debt collection practices contribute to the number of personal bankruptcies, to marital instability, to the loss of jobs, and to the invasions of individuals' privacy."

If you find yourself on the receiving end of a collection call (and you could with a layoff, divorce or other unexpected event), here are the

## 15 Things that it took me 50 years to learn

by Dave Barry

1. Never under any circumstances take a sleeping pill and a laxative on the same night.
2. If you had to identify, in one word, the reason why the human race has not achieved, and never will achieve, its full potential, that word would be "meetings".
3. There is a very fine line between "hobby" and "mental illness."
4. People who want to share their religious views with you almost never want you to share yours with them.
5. And when God, who created the entire universe with all of its glories, decides to deliver a message to humanity, He WILL NOT use, as His messenger, a person on cable TV with a bad hairstyle.
6. You should not confuse your career with your life.
7. No matter what happens.....somebody will find a way to take it too seriously.
8. When trouble arises & things look bad, there is always one individual who perceives a solution & is willing to take command. Very often that person is crazy.
9. Nobody cares if you can't dance well. Just get up and dance.
10. A person who is nice to you, but rude to the waiter, is not a nice person.
11. Never lick a steak knife.
12. Take out the fortune before you eat the cookie.
13. "The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that, deep down inside, we ALL believe that we are above average drivers.
14. You should never say anything to a woman that even remotely suggests that you think she's pregnant unless you can see an actual baby emerging from her at that moment.
15. Your friends love you anyway.

## Opportunity Foundation to celebrate it's 35th year anniversary

The Opportunity Foundation of Central Oregon (OFCO) is celebrating its 25th Anniversary this year. On August 25th they will hold an all class school reunion and anniversary celebration at the Redmond site. Emmilee Starr (91-years-old), OFCO's first teacher, Ron Bryant, charter member on the Board of Directors, and many charter school students will be in attendance.

The Opportunity Foundation acknowledges the date of incorporation (Feb. 15, 1965) as its beginning. However, the journey started much earlier than that (late 1950s).

In preparation for the celebration, I have been documenting history. What I have found is that all of Central Oregon shares the rich history of OFCO. The partnerships of parents, businesses, government officials and people with disabilities made us what we are today. Every community in the tri-county area gave unwavering and long-term support. We have been visited by two Oregon Governors, many Senators and a long list of educators who wanted to study our program. We were on the cutting edge of educating people with developmental disabilities such as mental retardation, autism and cerebral palsy. We were among the first in the nation to believe that these children had a right and were capable of learning.

I have over a hundred newspaper clippings and names of a number of people who were involved early on.

The following story is a condensation of some of my findings to give you a rough idea of the chain of events. I am hoping your paper will feature an article requesting any community members who involved in the school at the beginning to contact us.

Linda Baker  
In the late 1950s. A young boy with Down's Syndrome watches his sister get ready for her first day of

school. He asks why he doesn't get to go. His mother, searching for words, explains that children like him can't go to school. She encourages him with the promise that they will have lessons at home.

The school bus pulls away.  
In Bend, Joann Osborne (I have not been able to find her), a mother of a child with a disability believed that even though children were labeled "retarded" they could learn. She did something about it.

Joann went to Doctors and Mental Health Departments in Jefferson, Crook and Deschutes Counties, asking for the names of parents of children with mental retardation or other handicaps. She called every parent and explained that she wanted to start a school for these kids.

Joann held meetings in every community in the tri-county area. For many, it was the first time these parents found out that they were not alone. One parent said they were "tickled to death" to find families like theirs who were raising their children with disabilities at home. They faced the same barriers and frustrations. Together they understood what the rest of society had not discovered: their children had abilities that were not being recognized and nurtured.

Next, a joint meeting was held in Redmond where parents agreed to form an organization, The Association for Retarded Children (ARC) was born. Officers were elected and the plan for a school and training center began to take shape.

The Lutheran Church in Redmond offered their hall for the school. Emmilee Starr was hired. Her salary: \$50 a month.

Emmilee accepted the challenge of teaching children that society thought were unteachable. In part, her success came from her early years in The Dakotas. Born in 1909, Emmilee experienced the hardships

of homesteading, and the depression years. Her determination and "make her own life" philosophy made her a perfect candidate for pioneering this new educational concept.

Emmilee was also a problem solver who wasn't afraid to ask questions. She learned of a school in New York that was teaching children with disabilities and made contact with them. The school gave her a hand with curriculum and helped her to understand the nature of her students' disabilities.

A few months into the year, Starr knew she needed help in the classroom. Harry Phillips, a student at Central Oregon Community College, was taking night classes toward a teaching degree. At that time the college used Bend High classrooms after regular school day hours. He joined her as an aide and later took over the position of head teacher. After two years, Phillips went back to college to complete his teaching degree. His years at the Opportunity Center School counted as his practicum. Harry just retired from 30 years at Warm Springs Elementary.

What followed were a number of moves to churches, homes, a Grange hall and a quonset hut at the Redmond Air Center. Sometimes when fall was nearing, parents and school staff would be frantically looking for space.

The uncertainty of not knowing where classes would be held ended when Walt Franks, a local cattle broker, donated the money to build a school. It seems that Walt had stopped to help the Opportunity School children when their van had broken down. He was touched by the children and saw a need. A few weeks later as he sat out on the range watching his cattle, he knew what he had to do: build a school for the children. He did just that. He requested anonymity, but frequently stopped by to watch the children play.

## Office Space Available



The Small Business Development Center is seeking requests from business owners to rent office space in the former Small Business Center located at 2107 Wasco Street. Deadline date is August 18, 2000. If you are interested turn you bid into the Small Business Development Center @ 1134 Paiute Street.

For more information call (541)553-3592

## Solar energy seminar on tap

Sunlight Solar Energy will continue its Solar Seminar Series on August 26, 2000. The series has been well attended by area residents interested in solar for recreational vehicles, remote home power, stock water pumping and homes already attached to the power grid.

This free workshop HOME SOLAR, will feature an hour of design and system basis in an informal classroom setting. There will be one hour of hands on experience with the major experience of solar home system. Off grid and grid tied systems will be discussed.

"We have heard from all areas of central Oregon especially Juniper Acres, Three Rivers, Crooked River Ranch and Bend and they are asking to learn what it costs and what is

needed to live with solar electricity" said Paul Israel, Owner of Sunlight Solar.

Especially fascinating will be information on hooking up a home to solar electricity and feeding power into the power grid with green electricity.

Sunlight Solar is asking participant to bring information on any personal projects.

The cost to attend the seminar is free and will be limited to twenty attendees. Please call Sunlight Solar to sign up for the class or for additional information.

The classroom work and hands-on experience will be at 1436 S. Highway 97 in the big bright yellow building in Redmond 10 a.m. to 12 noon call (541) 923-9897 for more information.