## Spilyay Tymoo Sports

Kah-Nee-Ta Mini- Marathon held on April 15 at Village


Rez Biathlon set for April 22

The Warm Springs Community
Wellness Center- Recreation Department is cordialy inviting you to par-
ticipate in the Recreational Rez Biathlon ticipatein the Recreational Rez Biathlon
held on April22, 2000 at the Kah-NeeTa Village. Registration will begin at $11: 00 \mathrm{am}$. The Recreational Rez Biathlon parucipants will begin with a 10 k ru
alognteKah-Nee-Tagolfcoursealon俍 ut and back course with rolling hills The exchange will be at the Village area, where the bike compectition will
begin on its course back into Warm
Springs. Springs.
Course Description: You will bike along the Warm Springs river upon a 2 upgrade heading south, followed by 2.5 miles of rolling hills. A long down
hill will be welcome sight of

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| Albert Comedown- W. .S., ished with a time of $46: 51$. <br> The 10 k had 14 participants this year. Tim Vandervlugtfrom Bend, OR, finished in first with a time of $35: 45$. Deb Bendis- Bend, OR, came in next with a time of $38: 17$. Jane CleavengerBend, OR, finished in 39:21. Kirsten Agnew- Bend, OR, came in with a 40:20. Chris Eck- Bend, OR, finished in 41:28. Don Courtney- Madras, finished in 47:16. Jim Bendis-Bend, OR, came in at 47:33. Elizabeth CaritonMadras, came in at $52: 10$. Willam Esquiro-W.S., finished in 52:14. James Lambert- Bend, OR, had a time of 53:54. Monica Leonard- W.S., had a OR of 1:01:24. Harry Gillis- Bend OR, finished in $1: 10: 33$. Ken Harding from Portland, OR finished with a time of 1:19:00 flat. |
| :---: |

MHS Baseball team doing well lately

| re are some of the scores frothree games.The most recent game wasto Lasall where they tookcons. This game2000. |
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Smith is Exerciser of the Month


Happy Birthday goes out to lris trom all her family and triends
The Senior Exerciser of the Month for Marchgoes to 68 year old Iris
Smith. Iris has been exercising on a
onsistent basis for about eleve years. She is currently participating in aerobics, the weight room,
walking, water aerobics and the stair stepper. Iris arso goes sut and digs three times a week doing working out, for about an hour each day. When asked "what motivated Iris
to take up exercise", she replied: "Kathleen Moses asked me why never exercised and I told her I had
no time. She told me to make time s I told her I would try. She said no trying get there. Between her and
Eva Monte I had no choice but to keep itup. That as in in 1989. Im also
a Diabetic and exercise keeps my
sugar level down." She also said that
supportive pushy friends who keep supportive pushy friends who keep
on her and a good time to socialize on her and a good time to socialize
with friends are reasons why she i.kes exercising. When asked, "what were some of when she worked out", she said: when she worked out", she said:
"wanting tod oother things like being with my sister who is ill.
Iris has many goals, and they are Iris has many goals, and they are
io never go on dialyses, keep sugar level down, and to continue
exercising regularly. Encouraging words from Iris are is follows; "Everyone-regardless of exercise- There is no excuse.
everyone should do it Keep it up rlis you are doing a
reat job of staying tit great job of staying fit.

Chief Spirits 13 \& Under tournament gives kids a chance to enjoy weekend


The Chief Spirits 13 \& Under
tournament was held on April 14-16, tournament was held on April 14-16,
2000. The tounnament was held at
the Warm Springs Community 2000. The tournament was held a
the Wrings Community
Welliness Center. Welliness Center.
There were 8 There were 8 boys teams that
competed this past weekend in the tourney. The Tomcats came away
with Tomcats who placed third Fourth
place went to the host team, Chief
Spirits phace whts. Sportsmanship went to
Spendelton All they are as Aflllowss: were.e. Kinh-nce-
Ta Stables, Orlando- War Ponies, Jarrod Allen- W. S. Tomcats, Tommy

Letter from Tourney Director explains why to have tourney
Welcome to the Chief Spirits
\& Under Youth Tournament! \& Under Youth Tournament!
I would like to take the time explain why we put this tournament
on for the children. On our reservation there isn't
really a whole lot of recreation for our youth to do on weekends, and a
lot of them have turned to gangs. alcohol, drugs, and other illegal In the past, there was tournaments
that we went to as kids, and we went
tohave a good time to have a good dime, meet new people,
and of course to play ball because
mainly... we loved to play.

Wa-wa's boys, Joe Oereck- Yakama
Eagles, Kenny- Yakama Eagles, Eagles, Kenny- Yakama Eagies,
Kevin- Tomcats, Patch- Tomcats, Myron- Tomcats, Simon- Chief
Spirits, Robert- Chief Spirits, and Spirits, Robert- Chief Spirits, and
Dino Jones from Pendelton. Most Inspirational award went to Kelly Blueback.
In the gir In the girls tournament, 6 teams
were entered. First place went to were entered. First place went to
Jyece's irrs.s. Second place went to the Lady Tigers. Pendelton took thirr place. The Chief Spirits came away
with fourth place. Sportsmanship went to the Lady Tigers, All-stars for the girls tournament went to: Jaylene
Main- Joyce's Girls, Jaylyn Suppah
Joyce's Girrs, Sissaly Graybel-Lady

Tigers. Rayann Graybel- Lad
Tigers, Molly Jones- Pendelton Tigers, Molly Jones- Pendelton
Aleatha McConville- Pendelton Sharice Johnson- Chief Spirits,
Monique--Chief Spirits. Mos Inspirational award went to Kristy. The Chief Spirits would like to thank all the kids for participating
Most of all we would like to thank all Mop ocople that contributed and helped Withane our tourney a success.
With we couldn't of had good turnout. Thank you to parents,
crandparents, aunts, uncles, sister, grandparents, aunts, uncles, sister,
brothers, for coming and supporting
our youth. brothers, for c
our youth.
$\qquad$

and play ball.
So this is to
Stay bais is to you coaches, please
teach your kids that winnin teach your kids that winning please
everything, but getting And if you are beating to team byallis. of points, please take into
consideration the consideration the other teams feelings
and let your starters and er your starters take a breather.
(Remember this was meant to be a
novice tournan novice tournament.) All we task is
that everyone have a good time lhat everyone have a good time
playing ballandmeeting new friends
We thank you We thank you much for your
cooperation. Reva and Deanie Johnson

Springer Golf Tournament set for April 22
 hosted by the Kah-Nee-Ta Golf As sociation at Kah-Nee-Ta Resort in
Warm Springs, OR Warm Springs, OR.
Friday, April 21 will be Practice
Round; Round;
Saturday, April22: Tee times start
at $9: 30$ a.m.; 3 p.m.-Horse Race; 6 p.m.-Dinner. p.m.-Dinner. Ppril 23: Tee times start
Sit $9: 30$ a.m. : : unch provided; A wards ats,
cemonies.
Entry fee is $\$ 100$ includes, Tour-
Entry fee is $\$ 100$ includes, Tour-
ney fee ( $\$ 60)$, Green Fees for SaturSunday Lunct. Side-Bets:Gross Skins. Net Skins Side-Bels: Gross Skins. Net Skins,
KP's. Long-Putt \& Long-Drive and
Best Ball. $\mathrm{KP}^{\text {sp, Long }}$ Best.
Division Divisions: Championship Flight, 1st Flight,
Flight
Cart: Ca Cart: Cart Reservations \& Friday
Tec Times (541) 553 .-111 Tee Times (541) $533-1112$ Ext. 3371 .
Mail entries to Kah-Nec-Ta Golf Mail entries to: Kah-Nec-Ta Goll
Association; PO Box 975; Warm
Springs, OR 97761 Springs, OR 97761
For more info: Butch David, KNT Springer Golf Tournament Entry
Name:
Index:
Address:
Phone:

