

News from the IHS Health & Wellness Center: Children, the silent victims of relation silence

by Rachel E. Locker MD

Domestic violence or relationship violence involves the physical, mental, or emotional abuse of one partner in an intimate relationship.

as a way to gain control over the victim. They may also be unintentionally injured in an attack while trying to protect the victim.

Children can be traumatized and terrorized whether they are the targets of the violent outburst or not. The batterer might use the child to control the victim whether the couple is living together or separated.

Children are often the forgotten victims in relationship violence. They may not have the bumps and bruises; they may not have even seen what happened while they were hiding under the bed.

During infancy the child must develop emotional attachment, which is in turn followed by healthy development. Domestic violence interrupts the infant's attachment to the batterer and possibly the victim.

either parent to occur. The result of this is difficulty in forming relationships later in life and delayed development of skills and abilities for the age. This might include crawling and walking.

Between ages 5 and 10 the main development of the child includes learning (reading, writing) and development of a roles (male, female etc.) Violence in the home can interfere with both of these tasks.

As teenagers we learn to become independent and function without our parents. What occurs in teen relationships will often mimic what occurs in the parents-relationships.

Children, like adults, have numerous ways of dealing with and expressing fear. Some such ways we see include eating and sleeping disorders, depression, emotional neediness, withdrawal, aggressive acting out, destructive rages, detachment, nightmares, physical complaints (headaches, stomach pain) with no cause found.

Research shows that children who witness domestic violence are affected in the same way as children who are physically or sexually abused. A child's experience with domestic violence results in changes in how they see themselves and others.

They may see themselves as the cause for the violence against the victim. It also harms the child's development of the ability to solve problems in a healthy way. Instead these children will learn to use very passive or very aggressive behaviors to solve problems.

Whale of the Children 2000 Touching the Circle HeHe Longhouse, Warm Springs, OR

Thursday April 27th- 6 p.m.-Light Healing Fire/Opening ceremony by Iris (Kalama) Smith (Snacks)

7 p.m.-Presentation: Help Families & Vets off the streets/Healing Circle Larson Kalama, Sr.

Closing prayer-Wilma (Smith) Picard

Friday April 28th Breakfast 9 a.m.-Healing Circle for Warriors, Women & Children (held separately)

Lite Lunch-Prior to Sweat

Dinner-After Sweat 6:30 p.m.-Flute Circle 8 p.m.-Mini Powwow (inviting all drums)

Saturday April 29th "Kids Day" Breakfast

9:45 a.m.-Introduction(s): Larson Kalama Sr. to introduce teachers. Sweat Lodge introduction to youth: Foster Kalama.

10:40 a.m.-Begin First Session Lunch

1:45 p.m.-End Fourth Session 1:50 p.m. Return to Longhouse

2 p.m. - Sweat Lodge for Kids 3:45 p.m.-Main & Final Session Dinner Special Gathering: To be announced

happens everywhere. This does not make it OK. If you or someone you know is in violent relationship help is available.

Please seek help: for your health, your children's health, and your community's health.

Warm Springs Victims Assistance 553-2293

Central Oregon Battery and Rape Alliance 475 1880 or 1-800-356-2369 Warm Springs Health and Wellness Center 553-2465

Conference scheduled for April 27, 2000

Men will sweat at sunrise/women in the evenings.

A family/guardian and/or designated adult must accompany and be responsible for their child(ren) at all times.

Requesting any and all assistance with raffle items & food. Agenda subject to change!!

Contact: Larson Kalama Sr. (541) 553-1317; Leminnie Smith (541) 475-1798 evenings; Other committee members: Ross Kalama, Sr.; Wilma Picard; Denise Picard-Smith; Bob Colson; Dominic Webersch; Glenn Blacketer; Cody Black Jr.; Foster Kalama; Phillip Wright; Randy Smith and Grey Eagle.

This event is open to all interested!!!

The 7th Annual Tribal Member Art Show

To all Tribal member artists and craftsmen, The Museum At Warm Springs has mailed out reminders to past participants of the Tribal Member Art Exhibit.

We want to remind the readers that all Tribal Members that do any arts or crafts are welcome your participation. The 7th Annual Tribal Member Art Exhibit will begin with the reception June 5, 2000 6-8 p.m. and run through September 3, 2000.

The art work for sale will have the opportunity to participate in three awards categories with 10% of any sales going back to the Museum, these funds will provide support to the Museum's programs.

Judge's Choice Award: A prestigious award that is given to the most outstanding art submitted as selected by the judge. The chosen work will be used as the primary publicity piece for this exhibit.

Honorable Mention Award: This award will be selected by the judge as outstanding work.

Timberline Purchase Award: Recognizing that a career in art may be difficult, Timberline Chief Executive Officer Richard L. Kohnstamm created the Timberline Purchase Awards to provide a financial incentive to artists to pursue their art work.

Following is a copy of the Contract and Application, which can be clipped and used. If you have any questions or need additional applications call the Museum (541) 553-3331 or stop and pick up copies.

"Artists in 2000" 7th Annual Tribal Member Art Exhibit Guidelines-Contract-Application

- Guidelines: 1. Applicants must be 18 years of age or older and must be a Tribal member of the Confederated Tribes of the Warm Springs Reservation. 2. Application deadline is May 12, 2000. The application will need to be completed, contract signed and brought to the Museum with art work by 5 p.m. on the above date. 3. All entries must be submitted by the artists themselves either by mail, UPS, or in person. All pieces submitted can't be entered if they were in any prior exhibit at the Museum. 4. Only submit art that can remain in the exhibit for its entire duration, June 5 through September 3, 2000. Art work must be numbered or labeled with artist's name, address, and phone number. 5. Artist must complete the artist statement on the application. A brief history of yourself, art form, how long, and what year you learned. All art work will be insured by the Museum. 6. Artist is responsible for bringing their selected pieces to the Museum for the jury date on May 12, 2000. All shipping cost to and from the Museum are the artists responsibility. 7. All art work in the Tribal Member Art Exhibit will need to be picked up one week after the exhibit is over September 3, 2000. 8. Three awards are given, Judge's Choice, Honorable Mention Awards and Timberline Purchases Awards (work selected in the Timberline category must be available for sale). 9. The Museum At Warm Springs has a new requirement: IF you sell any art work during the 7th Annual Tribal Member Art Exhibit you pay 10% of your sales to the Museum.

My art piece(s) are automatically accepted in the 7th Annual Tribal Member Art Exhibit, I will agree to the above guidelines and will agree to leave my selected work(s) in the care of The Museum At Warm Springs for the entire duration of the show.

Signature Date Application:

For the 7th Tribal Member Art Exhibit, opening reception on June 5 and closing September 3, 2000. The application deadline is May 12, 2000.

Artist Information Name: Phone: Address: Work phone: City & State: Mess. phone:

Art Work 1. Title: Media: Selling price: Not for sale: Insurance value:

2. Title: Media: Selling price: Not for sale: Insurance value:

3. Title: Media: Selling price: Not for sale: Insurance value:

4. Title: Media: Selling price: Not for sale: Insurance value:

5. Title: Media: Selling price: Not for sale: Insurance value:

Title-name of your art; Media-materials your art is made from, Selling price-if your art is not for sale, check with an X, Insurance value-what monetary value you put on art work. Even if it is not for sale, please put an insurance value on your work.

Artist Statement:

Warm Springs Head Start Health Fair

April 20, 2000 or May 18, 2000

By appointment only. To sign up for an appointment, contact ECE at 553-3241.

The Health Fair is set up for children 4 years old's getting ready to go into Kindergarten and for children 3 years old on or before September 1st entering Head Start.



To my bundle of "JOY" Happy 2nd Birthday Sonny You've come a long way and brought plenty of laughter and joy to my life. I love you Sonny Momm (Carol)



Happy Birthday to "Cool" & Willis Hey, a double shot birthday wish. With love from Mom, dad (JT), Wes, Buddy, Wayne, Sage, Dionne, Evey, Meredith, Annette, Dixon & last but not least Tippy

Seeking artists

The Natural Resources and Forestry branches are looking for a tribal member artist who would be willing to create a series of illustrations for the updated IRMP I document to be released in 2001.

Approximately 25 drawings of various size will be used to illustrate specific sections within the plan. These sections will cover topics related to fish, wildlife, water, timber, economics, transportation, cultural resources, conditional use areas, forage, fire, recreation, soil and other issues pertaining to integrated resources management of the reservations forested lands.

The illustrations will be reproduced in black and white, so drawings or sketches are the preferred medium for submissions to the selection panel. Interested parties will be asked to produce two examples of their work depicting 1) a forested landscape and 2) wildlife.

"Thank you for being prompt"

Here it is going into the fourth month being in this job of collections officer. I've had a good turn out of people coming in to sign payment agreements, per capita and payroll deductions. So far, I have had twenty or twenty-five people come in who are current tenants, and ten or twelve people on the vacated accounts. I have not had any problems with anyone so far, and I'd really like to let the people know that they need to take care of their account. The sooner we get our Tribal account receivable down, the sooner we will be able to get more housing for the people.

Submissions of artwork should be made to Bodie Shaw, assistant Forestry manager, whose office is located in the southeast corner of the Forestry complex. The suggested format for submissions is 8x10 inches. The artist's name, address and telephone number should appear in the lower left-hand corner of each drawing.

The artist chosen to illustrate the IRMP document will be paid a predetermined fee for their services. Works purchased for this project will become the property of the tribal Natural Resources Branch. The deadline for submissions is May 22. The selection panel will announce the name of the winning artist no later than June 15.

Respectfully submitted, Carol Craig Collections Officer WS Housing Authority

Happy Belated 15th Birthday to my brother Gibson Lawrence Danzuka March 10, 2000 I Love You Lots, Thank for Always helping out with your nephew. We appreciated it alot.... Love you Always, Marcellina Picard

Happy 4th Birthday, April 4th to Joseph Angel Squally way up north! Hope your day was a good one. We love you! Grandma, Papa & Kids

Happy Belated Birthday to my "Baby son" Aaron Renus Squally March 28th. We send our love and much prayers for you everyday. We love and miss you very much. Hope your day was great! Love, Mom, Easton, Shanell, Colleen, Perry III, Perry Jr. & the rest of the family here.

Happy Birthday to my "sister" Raina April 8th. God bless you & yours and remember we love you lots! Tina, Easton & Kids

Happy Belated Birthday Haw-Na! April 2 Seems like it was only yesterday we celebrated your first birthday! May God bless you & keep you Always, Mom & Dad

Happy Birthday Uncle Wesley Smith March 22, 2000 Love, Lennox Awan Lewis & Marcy



Congratulations Uncle Wesley & Jamaica On your new baby boy Khyree T. Smith March 12, 2000 Love Always, Lennox Awan & Marcellina

Happy Birthday to my loving husband Easton on April 2nd. Hope you enjoy many more. Lotsa love, Your wife, Tina, Shanell, Colleen, Perry III, Aaron & family, Perry Jr., Mystee, Sweetheart, Rocky, Socks & Chewy.