

## News from the IHS Health & Wellness Center: Seat belt law and Medical records department



This is a reminder that the Tribal Seat Belt law goes into effect in April. To answer some of the questions the community may have regarding this new law there will be a series of public service announcements on KWSO. Please listen for these PSA's as they will provide important information regarding the new Seat Belt law. The announcements should begin in the middle of March.

**Reasons to wear a seat belt**  
\*Lap and shoulder safety belt usage can cut fatalities and injuries between 40 and 55 percent, according to numerous studies comparing belted and unbelted victims. Canada's highway death toll dropped 15 percent in 1988 and 1989, following implementation of a national program that emphasizes the use of safety belts and child safety seats.

\*The death rate for unbelted crash victims is approximately 3.5 times higher than that of belted victims.

\*Ejection from a vehicle occurs 10 times more often to passenger vehicle occupants who are unprotected and unrestrained.

\*In a frontal collision, safety restraints can cut the chance of injury to the head or face by 60 percent

\*In 1994, if every front seat occupant had buckled up, an additional 9,500 deaths and about 200,000 injuries could have been prevented, for

an economic savings of nearly \$20 billion.

**Why a law?**  
The national use rate only reached 15% before the first belt law was passed in 1984. The latest estimate with belt laws in place is 68%.

**Seat belt survey results**  
Out of 454 people surveyed, 71% said they were in favor of seat belt/safety seat legislation for everyone.

**Reasons from survey why do not want a seat belt law**

\*Violates my rights  
There is little question that all traffic laws impose some degree of control on individuals because they require actions that some people do not take voluntarily. But driving is an important privilege, it is not a right.

\*Only in areas where the speed limit is greater than 35 miles per hour  
\*Most accidents happen within 20 miles of home at low rates of speed

\*Motor vehicle collisions kill more people than AIDS, drugs or gun violence. More people are killed in road crashes than as crime victims.

**Law just for kids**  
Observational data shows when a driver buckles up, children are buckled up 87% of the time however, when a driver is unbuckled, child belt-use drops to only 24 %

This is part of the reason the Warm Springs Health and Wellness Center supports the seat belt use law that comes into effect on the Reservation in April. We continue to sponsor a Motor Vehicle Safety month each year to help improve the health and lifespan of our patients. Please remember to "Buckle Up."

### MEDICAL RECORDS DEPARTMENT

**Topic: Release of Information**  
To protect the privacy of patient information, IHS Regulations and the Privacy Act of 1974 require that before any information is released from a patient's medical record, the patient must sign an authorization for release of information. This gives the patient control over who is allowed to see their medical information, and what information may be seen.

There are exceptions to this basic premise when an authorization may not be necessary. For example, if a physician has referred his/her patient to a specialist for consultation, the patient's information may be shared with that consultant in the interest of continuity of care and quality patient care.

These regulations have been created to protect each and every patient's right to confidentiality regarding their personal information. For a minor, the parent or legal guardian may sign an authorization to release information. It may be necessary to provide documentation to prove legal guardianship.

To complete an authorization for release of information, the patient may come to the medical records department and complete the form, or call and request that a form be mailed or faxed to them. Once the medical records department receives a completed form, nine working days are allowed for the information to be released to the indicated recipient. Information that is released from a patient's record is logged to track the completed release.

A patient may request that we send for their patient information from another healthcare facility using this same process. Requests for information from another facility made on behalf of a patient are also logged.

If you have any questions, please call the medical records department at the Warm Springs Health and Wellness Center.

## Acquisition of land & land management rights to benefit terrestrial resources

**Riparian and Wetland Habitats-Deer Winter Range-Unique Habitats-**

**Cost Summary:** Approximately \$6,322,500 will be spent in the first five years of the license term on acquisition of land and land management rights. During years 5 through 10 of the new license, approximately \$394,000 will be spent. During the remainder of the license term, approximately \$40,000 would be spent per year, on average, to acquire land and land management rights, until the target acreages have been achieved. (Note: all cost estimates are approximate, and are based on 1999 dollars without adjustment.)

**B. Terrestrial Resources Management Plan for Project Lands and Acquired Lands**

1. Shoreline, Riparian, and Wetland Habitat Management Plan  
Element 1-Implement Riparian Area Best Management Practices.

Element 2-Maintenance of Ongoing Habitat Improvement Projects  
Element 3-Implement New Habitat Improvement Projects.

Soil moisture monitoring and subsequent planting of native species of wetland emergents, shrub, and tree species along portions of the reservoir shorelines and tributary streambanks.

Construction of up to three artificial islands, one in each reservoir, for waterfowl nesting and loafing.

Installation of livestock exclusion fencing on approximately 1.5 miles of shoreline along the west side of the Reregulating Reservoir.

Securing of large woody debris along reservoir shorelines; this may include placement of bundled juniper cribs on the reservoir bottom to promote invertebrate production.

Juniper management along reservoir shorelines, including proposed removal of juniper on a 1-acre cottonwood gallery on Reservation land bordering the Reregulating Reservoir.

Construction of goose nest structure(s) at the mouth of Seekseequa Creek on Lake Simustus.

Construction of up to four artificial ponds adjacent to the Reregulating Reservoir.

Control of non-native Himalayan blackberry along Reregulating Reservoir shoreline and islands.

Element 4-Noxious Weed Management.  
Element 5-Enhancement of acquired riverine, riparian, and wetland habitats.

**Cost Summary:** The combined costs for the five elements in this strategy can be summarized as follows: Implementation activities will occur during the first ten years of license issuance, and will total approximately \$160,000. Monitoring and maintenance, including remedial actions, will occur throughout the remainder of the license period at an estimated annual cost of \$8,000.

2. Mule Deer Winter Range Management Plan

Element 1- Maintenance of Ongoing Habitat Improvement Projects.  
Element 2- Mule Deer Trend Counts and Sightability Surveys.

Element 3- Radiotelemetry Study.  
Element 4- Road Closures on Warm Springs Reservation Lands.

Element 5- Vegetation Management on Warm Springs Reservation Lands.

Element 6-Vegetation Management on Acquired PME lands and Other Ownerships

**Cost Summary:** The combined costs of implementation of the six elements of the deer winter range management plan are as follows:

## FUNDRAISING

March 13, 2000 at 6: pm  
In the Community Center Social Hall  
**TACO FEED**  
Also 50/50 Bingo, 50/50 cards, starting at 6:30 pm  
Door Prizes!!!  
Come support the 3N Livestock teams for Women's National Bowling Tournament in Reno, NV in April 21-22, 2000.

\$260,750 over the first ten years to implement initial treatments, actions, and studies; approximately \$19,000 per year for rest of license term to maintain and re-treat areas and conduct ongoing surveys.

3. Management Plan for Proposed, Endangered, Threatened, and Sensitive Species and Unique Habitats  
Element 1-Annual Raptor Productivity Surveys.

Element 2-Winter Surveys of Bald Eagle and Waterfowl.

Element 3-Waterfowl Productivity Surveys.

Element 4-Bald Eagle Nest Site Disturbance Studies.

Element 5-Bald Eagle Nest and Roost Site Management Plans

Element 6-PETS and Unique Species and Habitats Protection On-Site.

Element 7-PETS and Unique Species and Habitats Protection Off-Site

Element 8-Golden Eagle Prey Study

**Cost Summary:** The combined costs of the eight elements of the PETS/Unique species strategy are as follows: Implementation of scheduled monitoring, protection/enhancement measures, nest and roost site management plans, and performance of the nest site disturbance and prey studies would cost approximately \$234,000 over the first ten years. Scheduled surveys would continue throughout the term of the license, at an average annual cost of approximately \$10,000.

4. Wildlife Protection Plan for the Pelton Fish Ladder

Element 1-Wildlife Screening Repair.

Element 2-Escape Ramp Installation.

Element 3-Bridge Installation.

Element 4-Wildlife Entrapment Monitoring

**Cost Summary:** The combined costs for the four elements of the Pelton Fish Ladder PME Strategy can be summarized as follows: Site evaluation, installation of new and replacement structures, and initial monitoring will be performed during the first five years of license issuance at an estimated cost of \$53,000. Monitoring and maintenance will occur for the remainder of the license term, at an estimated average annual cost of \$900.

5. Transmission Line Right-of-Way Management Plan  
Element 1-Riparian Habitat Management Plan.

Element 2-Road Access Management Plan.

Element 3-Vegetation Management Plan.

Element 4-Comprehensive Operations and Maintenance Plan.

Element 5-PETS Species and Habitats Management Plan

**Cost Summary:** The combined costs of the five elements of the Transmission Line Right-of-Way Management Strategy can be summarized as follows: Implementation of initial PME actions will occur during the first five years of license issuance, at an estimated total cost of \$216,250. Monitoring, maintenance, and continued treatment of noxious weeds along the ROW will continue through the remainder of the license term at an average annual cost of \$18,250.

6. Integrated Noxious Weed Management Plan.

**Cost Summary:** Excluding costs of transmission line right-of-way treatment presented above). The cost of implementing the noxious weed management plan is estimated at approximately \$ 65,000 per year for

Project lands and acquired lands during years one through 10 of the new license term. For the remainder of the license term, approximately \$ 22,000 will be spent annually.

7. Information and Education Programs

**Cost Summary:** The Tribes will contribute an estimated \$5,000 per year (average annual) for the term of the license to fund Terrestrial Resources Information and Education programs. Terrestrial Resources Information and Education programs may be combined with those proposed and funded under the Project's Recreation and Fish PME plans.

C. Terrestrial Resources Benefits from Recreation, Land Use, Fisheries and Water Quality PME Measures  
Recreation, Land Use and Aesthetics-

Provide funding for two marine-based and one land-based county deputies to increase enforcement of recreation and wildlife regulations.

Provide funding for rehabilitation of approximately 11 sites on Project reservoirs exhibiting shoreline erosion.

Stabilize the Jordan Road slide and assist the U.S. Forest Service, Oregon Parks and Recreation Department, and Jefferson County with road maintenance activities.

Provide funding for travel and access management planning and implementation of road closures.

Rehabilitate eroded site at Balancing Rocks.

Provide funding for three floating restrooms and four designated dispersed campsites and close and rehabilitate informal dispersed campsites.

Provide funding to install off-shore, overnight boat moorages; eliminate use of informal shoreline tie-ups.

Upgrade existing recreation facilities, including information/educational materials, formal parking areas, closure of informal parking sites, erosion control and revegetation at Chinook Island and Upper Deschutes Day Area, and riparian rehabilitation at Perry South Campground.

Provide funding for removal of floating woody debris from Lake Billy Chinook (will be used by terrestrial resources/fish for enhancement projects).

Provide funding for study and installation of communication system.

Provide funding for development of a public information and education plan.

Develop a system to review and evaluate all existing log booms, docks, piers, and other structures in Project reservoirs.

Cooperate with U.S. Forest Service and other landowners in developing and implementing a vegetation management plan with specific mitigation measures for visually sensitive areas along the transmission line corridor.

Fish and Water Quality-  
Funding for acquisition of riparian land management rights and water rights

Funding for riparian habitat enhancement such as riparian condition evaluation and restoration and obliteration of roads in riparian zones, culvert removal and replacement

Funding for improved irrigation efficiencies, retaining water in streams

Placement of large woody debris in the lower Deschutes River

**NIGA 2000**  
For the biggest and best Trade Show in Indian Country  
April 9-12, 2000  
Oregon Convention Center  
Portland, Oregon  
NIGA 2000, now in its 9th year will be in Portland close to the Oregon and Washington Nations.

- Meet key management in the Indian Gaming Industry from all over the country
- Make the contacts you need to generate promising business relationships
- Visit some of the 27 American Indian Casinos in Oregon and Washington
- Attend informative workshops with the most up to date information in Indian Gaming
- Play golf with the best players in Indian Country

For more information call (202) 546-7711.



### Missing-Lost-Stolen

Our pure bred miniature Schnauzer was lost or stolen a few weeks ago. His name is "Jock" and was a Christmas gift to our family. He is black and silver and stands approximately 12 to 13 inches high. He is still a pup. If anyone has any information on our dog, please call 553-3393 and ask for Val. He means a lot to all of us. There will be no questions asked if returned. Thank you. He was last seen on Tenino Road.

Construction of up to three artificial islands, one in each reservoir, for waterfowl nesting and loafing.

Installation of livestock exclusion fencing on approximately 1.5 miles of shoreline along the west side of the Reregulating Reservoir.

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**Cost Summary:** The combined costs of implementation of the six elements of the deer winter range management plan are as follows:

This series is free. Speakers are award-winning artists who will be participating in the 3rd Annual Celebration of Native Arts & Culture, May 26-28 in the South Park Blocks. "We invite anyone who is interested in Native arts or culture to attend. Spend the afternoon with an artist, or take part in the discussions about Indian tribes and Native art forms", says organizer, Alan Frederiksen.

For more information about the series, celebrations or other events, contact Indian Art Northwest at (503) 224-8850 or visit the website at www.northwestindian.com.

Following is the schedule set for the coming months.  
March 11th-Making Traditional

Modoc Bows and Arrows by Ivan Jackson.

March 18th-Traditional beadwork of the Eastern Tribes by Betty Orta.

March 25th-"Introduction to Native Art" by Gail Chehak

April 1st-Traditional and Contemporary Art Forms by Molly Kubista.

April 8th-Traditional Cedar Bark Weaving by Loa Ryan.

April 15th-Hidework Painting and crafts by Geronimo Clark.

April 22nd-Traditional & Contemporary Basketweaving by Vivian Ross.

April 29th-"The Artist & the Celebration."

March 11th-Making Traditional

**MUCKLESHOOT EASTER SLA-HAL TOURNEY 2000**  
MUCKLESHOOT MULTI-CULTURE BUILDING  
39015-172<sup>ND</sup> Ave. Se.  
Auburn, WA 98092-9763

**\$250.00 ENTRY FEE**  
Easter Dinner Sunday

**DOUBLE ELIMINATION**

**April 21, 22, & 23, 2000**

**OPEN GAMES: FRIDAY, SATURDAY, & SUNDAY**

- 1<sup>st</sup> Place - \$5,000 + Championship Jackets
- 2<sup>nd</sup> Place - \$4,000 + Fleece Sweat Suits
- 3<sup>rd</sup> Place - \$3,000 + Fleece Vests
- 4<sup>th</sup> Place - \$2,000 + Beret Hats
- 5<sup>th</sup> Place - \$1,000 + Crying Towels

Tournament begins at 2:00 p.m. (sharp) on Saturday, April 22, 2000

**6 PLAYERS TO A TEAM NO MORE NO LESS!**

For More Information: EME's - 360-825-1586

THE SLA-HAL COMMITTEE WILL NOT BE RESPONSIBLE FOR THEFT/INJURY

## Northwest artists series began in Feb.

"Indian Art Northwest formed to help Indian artists find a market for their work, says President Gail Chehak. "We have so many talented artists who create beautiful works of art and are also talented storytellers, poets, teachers and demonstrators. "Native Voices" is a series of programs where artists can share their heritage and talent with Portland.

The Native Artist Series will be held on Saturday afternoons from 1 to 3 p.m. at the Indian Art Northwest Gallery at the Governor Hotel, 615 SW 11th Avenue. IAN joined Portland's gallery scene last year following its popular outdoor art show in the South Park Blocks on Memorial Day weekend.

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