

What are your feelings about the Tribal Seatbelt Legislation?

Lacie Lewis
Head Start Teacher, ECE
 "I think it's great that they're going to start enforcing seatbelts in the community. Being a childcare provider, we take safety precautions very serious. Children learn best by example, and by setting such examples, we'll not only be teaching them, but protecting them as well."
Do you wear your seatbelt? why or why not?
 "To be completely honest—I usually don't wear it while driving around the "rez". I do buckle up when driving longer distances. But I promise to make a better effort now."



Aaron Wewa (16-years-old)
 "Goll, you passed the law? I think it should be the people's choice whether they wear a seat belt or not. It shouldn't have had to be a law that was passed, because there are too many laws already, and most of them are ridiculous. But, my choice is to use a seat belt, because it saved me and my bro's life in a head-on collision with an idiot in a truck."



Carolyn D. Ribeiro
 "I feel that the Tribal Seatbelt Legislation is good. The wearing of seatbelts during an accident has been proven to reduce injuries and deaths."
Do you wear seatbelt? Yes, I always wear my seatbelt, even on short little hops to the store or post office. My reasons are #1—safety and #2—it wouldn't be fair to my family if I got injured because I wasn't wearing my seatbelt.



Carolyn Wewa
Tribal Member
 "Passage of the tribal seatbelt law will be good for the community. I would like to thank this Tribal Council for taking a stand. They recognized that safety is a key factor in community protection. People that opposed the law never gave any clear, definite, or good answers to support their position. It was a personal choice not to wear one. The number of wrecks, and deaths due to a vehicle crash send a very clear message to us. We need to protect ourselves. Seat belt use is one way to do that. Now that we have a seat belt law, it doesn't do any good to complain. We need to look toward the positive outcome of the law. We need to think about how safe people of all ages will be, instead of 'will I get my skirt wrinkled?' Or, 'It's just too bothersome to put

on.' Or 'I just don't want to do it.' We also need to saturate the media to start getting the word out to the community. I haven't heard of anyone planning a campaign, since the group went before Tribal Council."



Should the Tribes buy part of Pelton Round Butte project

continued from page one
 Want to know more? For additional information about this important opportunity to gain control over a tribal natural resource now and for the future, please contact the staff at Warm Springs Power Enterprises.
 Also, look for upcoming articles describing the history behind the proposed Settlement Agreement, costs and financing issues, and further explanation of benefits to the Tribes and the environment.
On March 28, 2000 eligible Tribal member will vote on the following Referendum Question:
 "Shall the proposed Settlement Agreement between the Confederated Tribes of the Warm Springs Reservation of Oregon, Portland General Electric Company, and the United States Department of the Interior relating to ownership and operation of the Pelton Project (FERC Project 2030) be approved and shall the Confederated Tribes be authorized to issue tribal bonds in one or more series or by other borrowing on such terms as may be approved by

the Tribal Council in an outstanding aggregate principal amount of not to exceed \$90 million (including any refinancing), adjusted by the Consumer Price Index for all items all U.S. urban consumers, beginning January 1, 2000 for purchase of Pelton Project ownership interests from Portland General Electric Company, its successors and assigns, finance costs for mitigation and enhancement measures, capital construction, equipment and improvements, reserve funds, borrowing costs and costs for operations and maintenance. Any tribal borrowing for the project shall be legal, valid, and binding special obligation of the Tribe, not subject to impairment by any future action of the Tribe, but shall be secured solely by the project, the project revenues, the proceeds of such borrowing, and any assets of Warm Springs Power Enterprises specifically pledged thereto. In no event, shall the General Fund or the full faith and credit of the Confederated Tribes be pledged or used to secure or repay such borrowing."

Sign-up deadline is March 15th

Environmental Quality Incentive Program Sign-up is now open
 The USDA Natural Resource Conservation Service (NRCS) reports that the sign-up for the Environmental Quality Incentive Program (EQIP) on the Warm Springs Reservation opens February 1st and ends on March 15th. EQIP is a conservation cost share program for agriculture producers. Practices can be cost shared at 75% with the producer responsible for 25%. The producer's portion can be cash, material, or labor. Types of practices include (but are not limited to) fencing, livestock water developments, riparian restoration, juniper thinning, and range seeding. EQIP requires a resource management system plan. The Natural Resources Conservation Service will write this plan. The plan will include both cost share and non-cost share practices. One of the non-cost share practices that may be included is grazing management.
 To find out if you are eligible for

EQIP funding, contact Treg Owings at the USDA NRCS office in Warm Springs. The number to call is 553-3599.
 The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or familial status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET center at (202) 720-2600 (voice and TDD).
 To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326W, Whitten Building, 14th and Independence Avenue, SW, Washington, D.C., 20250-9410, or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity employer.

Natural Resources to distribute salmon

The Department of Natural Resources is now distributing, Salmon/Steelhead and Sturgeon Tags for the Year "2000" to Members of the Confederated Tribes of Warm Springs Reservation of Oregon. These tags are valid for the Columbia River Basin, including tributaries. Tags are free of charge. Salmon and Deer requests for funerals, memorials or other uses no longer go to Tribal Council. Please contact Natural Resources. Please come visit us in our new location, the new tan building in front of the old Fish and Wildlife trailer located at the Industrial Park directly behind Fire Management & Forestry. If you need any more information, please contact our department at (541) 553-3548 or 553-3362

Early Head Start news

Welcome New Home Visitor-Joie Simtustus-Chavez. Joie came to our program from Kah-Nee-Ta Resort and has a background in Public Safety and E.M.S. Joie is very excited to join the team and to work with the families, as well as the rest of the ECE staff.
Slots Available!!!
 We currently have openings for pregnant Women and children ages 0-3 years old. Please call us for enrollment information!
So long and Good Luck to
 Early Head Start Home Visitor Alicia Adams will be moving to the valley to pursue her Higher Education. Good Luck Alicia!!
 Early Head Start phone number is 553-3241

Severe dental cavities can lead to eating, learning and speech problems for young children.
How can we stop this problem?
 Make taking care of your teeth a priority. Take good care of your teeth and gums and your child will see that YOU thing teeth are important.
 Be aware of what your child eats and drinks. Food and drinks that contain sugar help bacteria grow which will lead to decay. Always clean your teeth after eating.
 You can begin cleaning your baby's teeth as soon as they show in the mouth. Cleaning an infants teeth is as simple as rubbing a clean cloth over the tooth surface.

Make good dental habits a part of your child's routine early on will help them to have healthy teeth and habits.
 For more information on dental care, contact the IHS Dental program at 553-1196.
 Early Head Start fully includes children with special needs.
EHS Group Socialization Schedule February

- 15th-Group #4 11 a.m. to 1 p.m.
- 16th-Group #5 11 a.m. to 1 p.m.
- 21st-Group #3 11 a.m. to 1 p.m.
- 22nd-Group #1 4:30 to 6:30 p.m.
- 23rd-Group #2 11 a.m. to 1 p.m.
- 29th-Group #4 11 a.m. to 1 p.m.

COBRA offers nine week course

A support group for adult women who are survivors of incest or sexual abuse will begin Wednesday, February 9th, at the COBRA office, 7 to 8:30 p.m. The nine week group is sponsored by COBRA and facilitated by Shinann Earnshaw, an experienced counselor who has facilitated survivors' groups for over ten years. The group will meet in the COBRA administrative office, on 1425 NW Kingsnton Avenue, Bend, and will run unit April 5th.
 Some consequences of sexual abuse are substance abuse and alcoholism, chronic depression, inability to form a healthy intimate relationship, promiscuity and prostitution, withdrawal from usual social activities (for example, an adolescent may withdraw from friends at school because he or she believes others may be able to tell about the abuse), poor school performance, eating disorders, sleep disturbances, including nightmares or other disturbing dreams. There is hardly an aspect of life which is not affected by abuse.
 Some survivors develop symptoms of post traumatic stress disorder (also called post traumatic stress syndrome) PTSD is a set of symp-

toms and behaviors which can be debilitating to the individual, they include hypervigilance, vivid flashbacks, anxiety and panic attacks, phobias, anger outbursts and other stress behavior.
 If the consequences of abuse are not treated through individual or group therapy, chronic depression can lead to suicidal feelings and actual attempts, severe physical illnesses such as cancer, heart disease, loss of self-esteem (abuse survivors very often choose abusive spouses or partners). The presence of panic attacks and phobias may lead the survivor to withdraw from society into a complete inability to deal with other people. Anxiety and phobias are also physically debilitating, leading to physical illness. Substance abuse and alcoholism may become chronic and can lead to death. All symptoms are attempts to deal with overwhelming psychic pain and internal emotional upheavals.
 Anyone interested in attending the group, may obtain further information from the COBRA office 382-9227. There will be a fee charges on a sliding scale.

Ensure your child's safety—Buckle Up!

National Child Passenger Safety Awareness Week is February 13-19, 2000.
 The best way to get children buckled up is to get adults buckled up. A recent study in the Journal of the American Academy of Pediatrics found "driver restraint use was the strongest predictor of child restraint use. A restrained driver was three times more likely to restrain a child."
 A National Highway Transportation Administration (NHTSA) survey found that when drivers aren't buckled, the children riding with them are also unrestrained, up to 76 percent of the time. Six out of ten children who are killed in crashes are completely unrestrained.
 In 1998, 23 children age 0-14 were fatally injured in motor vehicle crashes in Oregon. Nine of the children were not in child safety seats or seat belts (39%), according to the Child Fatality Review Team at the Oregon Health Division. Restraint use was unknown in three cases. Unrestrained children are at great risk of death and injury in crashes. We must continue impacting adults who choose not to protect children when riding in motor vehicles.
 Sixty-five percent of Oregon's children are riding in child safety seats. In Oregon, from October 1998 to September 1999, 71 child safety seat check-up clinics were held and almost 90 percent of the seats were incorrectly installed. Together we can decrease the misuse of child safety

restraints in Oregon. Ways we can work together
 Partners in this educational project include: ACTS Oregon Child Safety Seat Resource Center, Oregon Medical Association, Oregon Health Division, ODOT Transportation, Safety Division, Oregon Association of Hospitals and Health Systems, and the Oregon SAFE KIDS Coalition. Thank you for joining our efforts to improve the safe transportation of children in Oregon.
 • Promote and support Oregon's law requiring children up to age 4 and 40 pounds to be restrained in an approved child safety seat.
 • Encourage people to keep children in an appropriate child safety seat as long as possible.
 • Encourage the use of booster seats for children over 40 pounds.
 • Work to raise funds for the Child Safety Seat Voucher Program. Vouchers allow eligible families to buy a new child safety seat for \$20.00.
 • Contact ACTS Oregon's Child Safety Seat Resource Center to schedule training, a check-up clinic in your community or to find out how you can help.
 Please contact ACTS Oregon's Child Safety Seat Resource Center 1-800-772-1315 or 503-656-7207 in Portland Metro area to let them know of planned activities. A list of statewide activities will be included in the press releases concerning National Child Passenger Safety Awareness Week.

NIGA 2000

For the biggest and best Trade Show in Indian Country
 April 9-12, 2000
 Oregon Convention Center
 Portland, Oregon

NIGA 2000, now in its 9th year will be in Portland close to the Oregon and Washington Nations.

- Meet key management in the Indian Gaming Industry from all over the country
 - Make the contacts you need to generate promising business relationships
 - Visit some of the 27 American Indian Casinos in Oregon and Washington
 - Attend informative workshops with the most up to date information in Indian Gaming
 - Play golf with the best players in Indian Country
- For more information call (202) 546-7711.

ONABEN classes begin Feb. 29th

The following ONABEN classes will be offered beginning February 29th, 2000.
 1. "You and your Business Idea" - A two week series of classes designed to "discover" Tribal and local entrepreneurs and encourage the development of your business idea beyond "just an idea" on Tuesday, February 29th & March 7th from 6 to 9 p.m. Cost: \$10
 2. "Starting a Successful Business" - A ten week series of classes designed to guide participants through the business plan writing process. The course materials and individual counseling sessions allow participants to work through the business planning process. The end result is a comprehensive business plan that can be taken to financial institutions for loan consideration! These classes will be held on Tuesday nights, beginning March 14, through May 16th from 6 to 9 p.m. every Tuesday thereafter. Cost: \$100
 Both classes will be held at the SBDC conference room, 1134 Paiute Street, Warm Springs, OR. For further information or to sign up please call Trudy at the SBDC at (541) 553-3592/3593.

The Museum At Warm Springs presents:

For the Month of February:
 Baby Boards instructor: Tina Aguilar
 Tuesdays & Thursdays, February 15, 17, 22 & 24, 2000
 6-9 p.m. At the Museum Fee \$10
 Supply list available—must attend first class!

Tribal Council Agenda February, 2000

- Sunday 13 to Thursday 17,**
 Affiliated Tribes of Northwest Indians Winter Conference, Portland, OR
- Monday 21**
 Washington's Birthday—Holiday
- Tuesday 22**
 - 9:00 a.m. Tribal Contractors, Tom Kalama/SBDC
 - 11:00 a.m. To be scheduled
 - 1:30 p.m. Legislative Reports, M Phillips/M Mason
 - 2:00 p.m. Grant Co. PUD Relicensing, Doug Ancona
 - 3:30 p.m. Tribal Court Monthly Report, Lola Sohapp
 - 4:30 p.m. Business, ASC staff
- Wednesday 23 to Saturday 26**
 Delegation to National Congress of American Indians Winter Conference, Washington DC
- Thursday 24 to Saturday 26**
 Delegation to ABA Water Law Conference, San Diego, CA
- Monday 28**
 - 9:00 a.m. To be scheduled
 - 10:30 a.m. Oregon DEQ, Langdon Marsh
 - 1:30 p.m. Legislative Updates, M Phillips/M Mason
 - 2:30 p.m. Aerospace Feasibility Report, Sal Sahme/Joe Yesenofski
 - 4:30 p.m. Business, ASC staff
- Tuesday, 29**
 - 9:00 a.m. Tribal Council Priority Workshop (all day)
 - 4:30 p.m. Business, ASC staff
- To be scheduled:**
 Tribal Council Report
 Civil Statute of Limitations
 PGE Settlement
 Enterprise Reports
 Gaming, Compact Negotiations Strategy Meeting and Negotiations team reports
 SPR Officers meeting
 Robert's Rules of Order Workshop
 ONABEN Board changes
 Forest Management Plan Workshop
 TC to Review and set qualifications standards for boards 1999 needs and savings, and revenue reserve



Tax clinic set

Tax clinic w/ Isler & Co. (CPA Firm) February 15 & 16, 2000 Tribal Administration Building. Appointments are available from 8:00 am to 5:45 pm. Call the Management office's at 553-3229/553-3232/553-3213. Cost is \$10 Warm Springs Tribal Members only.

All teddy bears accepted

KQAK Radio and McDonald's Restaurant have begun their Annual Charlie Bear Program. This program provides teddy bears to the Central Oregon Hospital Emergency Rooms for kids who need that extra TLC that only a fuzzy little buddy can give.
 If you would like to participate, the new teddy bears can be taken to any of the Central Oregon Hospital Emergency Rooms. Or, if you drop them off at your local McDonald's Restaurant, you will receive a Free KQAK meal which includes a hamburger, fries and a drink.
 The Emergency Room staff will tell you that these bears can make a big difference to the children suffering from trauma and illness.

Happy Valentines Day from the Spilyay Tymoo staff

Attention Warm Springs Parents & Guardians
 Do you know of a student scheduled to graduate from GED, Boarding School, High School, College or University this Spring 2000?
 If so please contact: Minnie Yahtin, Education Committee secretary at the Warm Springs Tribal Council Office at (541) 553-3257.