

Wainanwit attends truck driving school



Marilyn getting ready to roll.

Warm Springs tribal member, Marilyn Wainanwit, was recently issued a Super 10 truck to drive for a company from Salt Lake City, Utah.

Wainanwit attended Truck Driving school at Redmond, Oregon for four weeks. "She finished at the top of her class," says proud husband William Wainanwit.

She then went to Salt Lake City, Utah where she received advanced training with another lady who was her Trucking partner.

During her training she traveled throughout the United States from Oregon to New York, to Miami, Texas and back to Oregon. "I went in a big circle," says Marilyn.

She is employed by the Dick Simon Trucking Company, Salt Lake City, Utah. Her truck is known as a "stinker" because of the company logo, "Sweet Simon" which is a skunk. Her truck pulls a 53 foot trailer that she uses to deliver products to their destination.

Wainanwit decided she

wanted to drive trucks because she wanted to see the country and it was a financial decision to seek a new career. She says, "it's a challenge and an experience so far."

She isn't up on the CB lingo so she hardly says anything on the radio. She enjoys listening to country music and her Patsy Cline tapes during her travel.

She is assigned her deliveries by a Qualcom that is located in her truck. It is linked to a satellite and she uses it to communicate with the head office for delivery orders.

During her travel she met another Indian woman truck driver and was so glad to see another Indian truck driver. She had joked about putting an image of a man on her front grill like the men truck drivers put women on their grills. "But I don't want people to get the wrong message," she comments.

"Whatever you want to do you can do, if you just set your mind to it you can do it," concludes Marilyn.

News from the IHS Health & Wellness: Y2K



The Warm Springs Health & Wellness Center would like to assure the community that we are working towards making the transition into the Year 2000 seamless.

Background: What is the Year 2000 problem?

Computers use dates in calculations. Many software programs and computer chips use 2 digits for the year (e.g. 98) instead of 4 digits (1998). These systems assume that the first 2 digits of a year are 1 and 9 which means that they could misinterpret dates beginning on January 1, 2000. This is known as the Y2K problem or the millennium bug, and it could show up in computer programs and computer related devices, including many electronic items we have in the clinic and some you may have at home.

What has the clinic done to assure that we can continue to provide care to our patients in the year 2000?

We formed a Y2K task force in 1998 which focuses on computer systems, medical equipment, and facility equipment and systems, drug suppliers, insurance companies, utilities, etc.

We have identified all equipment and situations that may be affected by the Y2K problem. Many items have been replaced or fixed so that they won't have a problem when January 1, 2000 arrives.

We have developed a back up plan for all areas just in case there are problems.

In July, we had a simulated disaster drill to test our plan.

We will be open for business as usual on Monday, January 3rd. If there is no power for a long period of time, we may be handling only urgent care patients. We have a plan to notify the Community about the services that are available. This will be done by radio, flyers, posters in key places of business.

What can you do?

If you take medications on a regu-

lar basis, get your refills early. Don't wait until the New Year. Your doctor may refill some medications through the month of January if it is appropriate.

Be sure to tune into KWSO and read the flyers that will be posted around the Community on January 1, 2 & 3.

October is Motor Vehicle Safety Month

Reasons to wear a seat belt

Lap and shoulder safety belt usage can cut fatalities and injuries between 40 and 55 percent, according to numerous studies comparing belted and unbelted victims. Canada's highway death toll dropped 15 percent in 1988 and 1989, following implementation of a national program that emphasizes the use of safety belts and child safety seats.

The death rate for unbelted crash victims is approximately 3.5 times higher than that of belted victims. Ejection from a vehicle occurs 10 times more often to passenger vehicle occupants who are unprotected and unrestrained.

In a frontal collision, safety restraints can cut the chance of injury to the head or face by 60 percent.

Seatbelt resolution—continued from page 1

the national average.

Several conclusions were drawn from the study. Death rates from heart disease, cancer, and stroke have declined. Accidents have become the leading cause of death on the reservation. Most accidents occur in teen-agers, young and middle-aged adults.

In an effort to address this problem, the Tribal Council followed the recommendation of those presenting the proposal. In passing Resolution No. 9787, the Tribal Council designated a period of six months to educate tribal members on the need to protect themselves and their children while driving. In the six month transition period, IHS will conduct public meetings to explain how the new seat belt amendments to Chapter 310 of the Warm Springs Tribal Code will be enforced, and why it is important for people to "buckle up".

Is Your Smoke Alarm Working?

More Americans have smoke alarms than ever before. But nearly half don't work.

Without a working smoke alarm as an early warning device, fire can spread unnoticed through the household, blocking escape routes and filling rooms with deadly smoke. Make sure you're protected. Start a lifesaving habit this



October 31. When you change your clock from daylight-saving time, change the batteries in your smoke alarms.

A message from your fire department.

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Marilyn stands by truck issued by Dick Simon Trucking Company.

Community Center Fall Activities

October

26—Family Fun Bingo, 6:00 p.m. in the Social Hall. Call Carol for info.

29—Halloween Carnival, 6:00 to 8:30 p.m. Booth contest, be creative. Limited chairs and tables will be available. Entrants must bring all their own supplies—markers, paper, etc.

Deadline to reserve your booth space is 5:00 p.m. October 22 at the Community Center, Call Carol.

For more information about any of these activities call 553-3243.

Vehicles vandalized during the weekend at Health & Wellness Center



The field nurse's vehicle was damaged and could not be used to do her job.



Rocks that was used lay beside the damaged car.

Ten Vehicles including two tribal G.S.A. vehicles were vandalized during the weekend of October 16, 1999. A rough estimate of \$40,000 of damage was caused to the vehicles was quoted by Roberta Queahpama of the Warm Springs Indian Health Services.

Most of the damage caused are broken windows caused by rocks thrown through a fenced area where all the vandalized vehicles were parked.

The vehicles were used for a variety of purposes and will cause an inconvenience to the users and more

important will hinder services to patients.

One of the vehicles were used by the Public Health Nurses to provide home based services to their patients. Another vehicle was being used to transport diabetic patients to their dialysis appointments in Bend and Portland.

If anyone witnessed the vandalism or has any information related to the incident, please inform the Warm Springs Police who can direct you to the proper authority, 553-1161 or 553-3272 or contact Roberta Queahpama at the Indian Health Services, 553-1196.

Police seeking car jackers

On October 4, 1999 at around 5:15 p.m., two men forcibly took a vehicle away from Virgilio Gomez at teh Budget Inn in Madras. Virilio's wife and two small children were with him but could not get out of the car before one of the suspects drove away with them. A second suspect stayed in a newer silver or gray Chev Lumina and followed the stolen vehicle.

Two suspects, possibly Native American or Hispanic, were last seen driving the Lumina. The vehicle has front end damage and had California license plates on it at the time of the

car jacking. The vehicle that was stolen is a brown 1988 Mercury Cougar with California license plates on it.

Virgilio's wife and children were dropped off at Busy Bee in Madras, unharmed, later in the evening. The two suspects still have their vehicle. Police have leads on who the suspects are.

Anyone with information or that may have seen the incident occur, please contact the Madras Police Department at (541) 475-2424 or 475-2201.

October is National Domestic Violence Awareness Month

Spilyay Tymoo

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Fire & Safety—continued from page 1

I am especially appreciative of you sending engines and personnel to help with the mop up efforts the next day. I seem to be using and abusing the mutual aid system this year, but it has been that way for the last three years. Maybe some day I will get a reprieve.

I, the Board of Directors, Volunteers, and staff thank you again and hope that if we can be of service to you someday that you will not hesitate to call.

Sincerely, Earl Cordes, Chief Jefferson County Fire District #1

Dear Chief Martinez,

On behalf of the Central Oregon Interagency Incident Management Team, I would like to thank you and your staff, especially the Simnasho Fire Station and your 911 Center, for their assistance and genuine concern about public safety during the He He Incident on Warm Springs Agency lands.

Your staff devoted many hours, which were essential in accomplishing the suppression objectives and maintaining public and firefighter safety throughout the incident. The staff and the fire station acted beyond the call of duty to ensure Initial Attack structural protection was successful and were very kind to open their hydrants to the suppression effort for filling tanks and washing vehicles. The assistance your 911 Center provided to our Information Office was very valuable and much appreciated. Working with a group such as yours was a pleasure.

Many individuals worked together to make the management of the He He Fire a success. Your involvement, and that of your staff, was key to this success. Thank you again.

Sincerely, Thomas D. Andrade, Incident Commander Central Oregon Interagency Incident Management Team

"Good job Team," Dan Martinez

Quinn's Janitorial Services named Business of the Month



Walter Quinn "ARGHHH"

Quinn's Janitorial Services of Warm Springs has been chosen Business of the Month for October. The selection was made by the Warm Springs Small Business Center.

Walter Quinn successfully

completed the required small business class the winter of 1997. Using grant money, Quinn started purchasing equipment to start his business a couple of months after completing the Small Business Center's business class.

Within three months, Quinn's Janitorial Services was in business. The business offers its professional cleaning service not only to the Warm Springs community, but the Central Oregon area as well.

Business hours are 8 am to 5 pm, Monday through Friday. Quinn's Janitorial Services features daily, weekly, or monthly contracts. If you are interested in hiring one of Warm Springs' newest business, call the Small Business Center in Warm Springs, at 553-3592 or 553-1702.