

Warm Springs BIA Roads, constructing new road



Heavy equipment at the new road construction work site.

The BIA Roads department will soon complete a road adjoining the Sunnyside subdivision with Upper Dry Creek residents. The road will allow development of more housing and will also serve as an escape route for residents in case of fire or any other emergency.

Glenn Carpenter, construction project engineer, said construction began on June 1. "As soon as the road is completed, the construction of new homes follows," Carpenter said. "The

new sub-division area will have some very nice housing lots when everything is complete."

Carpenter said it was unsure if the road would be complete by this fall. "We ran out of crushed gravel rock and are unable to continue work in some parts of the road."

Most of the construction work crew are Warm Springs tribal members or Indians from another tribe.

Heavy Equipment operator and Warm Springs tribal member, Leo

Washington, has recently completed a 4 week Water Resources and Surveyor's Technician training program for Native Americans in Las Cruces, New Mexico, and is now employed with the construction of the new road."

Glenn Carpenter said if the road is not completed by this fall and road construction has to stop, there will be a gate on both ends to keep people from using it until it can be completed the following Spring.

Washington completes training in New Mexico

Leo Washington, a member of the Confederated Tribes, successfully completed a 4 week Water Resources and Surveyor's Technician Training program for Native Americans in New Mexico.

The Water Resources Technician Training Program introduced trainees to the professional field of water resource development and management. The curriculum included water biology, hydropower, watershed monitoring and management, waste water treatment, and water rights. This highly complex issues were presented in a non-technical manner by a team of highly qualified technical experts. Having completed the program, the participants should have the ability to work with principals involved in the development and management of water resources so important to their Tribal economic growth and self-sufficiency.

The Surveyor's Technician Training Program, exposed the students to the terms and concepts of surveying, basic computations, and field procedures of surveying. The major focus of the program was hands-on training supported by the data reduction and analysis in major surveying procedures such as leveling, distance measurement, angle

measurement, stakeout, traversing, and modern GPS technology. Surveying applications focused on water resources, although the principles are applicable to any surveying jobs dealing with construction, engineering, land assessment, land management, etc.

Graduation ceremonies were held Thursday, July 1, at the Las Cruces Hilton in Las Cruces, New Mexico.

Fifteen reservations or villages were represented by the graduating class of 15. The students came from near and far, including native Village of Gambell, Turtle Mountain Chippewa, Navajo, Kickapoo/Otoe-Missouria, Gila River Pima, Colville Confederated, Walker River Paiute, San Juan Pueblo, Summitt Lake Paiute, Cherokee, San Carlos Apache, Oglala Sioux, Tlingit and Haida Tribes of Alaska, Comanche, and Warm Springs.

Graduation ceremonies were held at the Las Cruces, New Mexico on July 1. People speaking to the graduates were from the Bureau of Indian Affairs, New Mexico State University, Confederated Tribes of the Chehalis Reservation, Bureau of Reclamation, Environmental Protection Agency, Office of Surface Mining, Bureau of Land Manage-



Leo Washington, member, and Elephant Butte Irrigation District.

Leo Washington is back home in Warm Springs and currently employed with the construction of the new road from the Sunnyside Division into Upper Dry Creek road.

News from the IHS Health & Wellness Center: Pregnancy & drugs



Pregnancy and Drug Use

by Rachel Locker MD

Most people in this day are aware that drugs and alcohol can harm an unborn fetus. However a surprising number of people still take alcohol and drug use during pregnancy with a very casual concern. When a woman is addicted to such drugs stopping may be hard despite the love she feels for her children live, or yet to be born.

Alcohol is the most popular drug as it is legal over the age of 21. Definite specific problems have been associated with alcohol use in pregnancy. No safe limit is known, therefore it is important for a woman to abstain from alcohol when she is pregnant, suspects she is pregnant or is trying to get pregnant.

Alcohol causes a syndrome (or a combination of problems) known as fetal alcohol syndrome. Some of the problems seen include abnormal facial features, hyperactivity, slow learning, mental retardation, impul-

sive behavior just to name a few. These problems cause more problems for the child down the road with poor self-esteem, often there is legal trouble because of things done impulsively. With the above problems finding a job and becoming self-sufficient is very difficult. A child with fetal alcohol syndrome can easily assume 2 million dollars in special needs expense in a lifetime. These costs are born by the community.

Tobacco, the most common drug in the US, is becoming more popular among the teens of Warm Springs. Tobacco also should be avoided in pregnancy. Nicotine is the addictive substance in tobacco. It causes blood vessels to shrink this is how it causes heart attacks and strokes. When the blood vessels shrink, less blood and therefore less oxygen and nutrients are allowed to the tissues. The tissues of the body need oxygen and nutrients for growth and life. In the case of pregnancy, that tissue is the unborn child. The unborn child also receives all its nutrition and oxygen through the blood vessels which connect it to the mother. A baby born to a mother who is a smoker may not receive enough of these and may be underweight at birth, making it much easier for the baby to get sick. Mothers who smoke also have a much greater chance of going into early labor. The risk here is that the baby

will be born to early, the earlier the baby is born from the due date, the more serious potential medical problems it can have. Cocaine is also increasing in popularity, as crack cocaine has become available. Cocaine like nicotine causes the blood vessels to shrink. Cocaine is much more powerful at this and that is how it gives a user the high it gives. When blood vessels constrict so intensely the user and the unborn child's blood pressure skyrocket, potentially causing strokes, bleeding into the brain or gut. The brain of a developing baby is much more sensitive to these events than an adult brain. There are numerous serious brain and vision problems that can result from cocaine use. These problems all ultimately result in some degree of mental retardation.

When cocaine use causes tightening of the blood vessels the placenta (afterbirth) can tear away from the womb before the baby is born. If this occurs the baby will have no oxygen supply and can die or be born with brain damage. The mother may also die in this situation as she can have severe bleeding.

Crank (methamphetamine, speed) causes actions similar to cocaine. It increases the mother and babies blood pressure therefore decreasing the blood and oxygen flow to the unborn child. All of the problems discussed

on cocaine can potentially happen with crack use. Crank stays in the body much longer than cocaine does, so it has even more time to take action against a body. As the crack keeps the blood pressure up and the blood flow down the development of the baby's brain is slowed. This damage can be permanent.

Marijuana, perhaps the most popular of illegal drugs is often thought to be harmless by the general public. Marijuana use in pregnancy increases risk of early delivery. Babies born to mothers who smoke marijuana also show slow brain development.

Drug use in pregnancy is not only a problem for the unborn baby and mother. It is a concern for the entire community. In addition to the medical, mental and emotional problems listed above, the community is charged with legal, medical and mental care for that child for their entire life.

If you are drinking or using, please see your provider for reliable birth control and put off having children until you are able to maintain a clean, drug and alcohol free existence. If you know someone who is pregnant and using recreational drugs or alcohol please ask, even beg them to come in for help. Our job at the Warm Springs Health and Wellness Center is not to put people in jail, but to help you and your children live the healthiest life possible.

Ft. Sill reunion set

On September 24, 25, and 26, 1999, former FSIS alumni, friends and former students will reunite on the campus of the Fort Sill Indian School. Former students, some with their families or friends, journey from Washington, Oregon, Idaho, Montana, Arizona, New Mexico, North Carolina, Texas, etc., to meet with former alumni and former students in Lawton, Oklahoma. Volunteers and "FSIS 1999 Reunion" activity suggestions are welcome for the "Last Great Reunion of the Century". For more information contact: Richard T. Bread, (405) 631-6740, Lorene Kerchee (580) 492-3777 or Phyllis R. Hunter (405) 247-6673, ext. 258.

Upcoming entertainment at Deschutes County Fair set

Featuring Hollywood Trainer/Stuntman Ramon Becerra at the Deschutes County Fair & Expo Center, August 7, 1999, 7:00 p.m.

Cost is \$6.00 adults, children under 12 free when accompanied by an adult.

Cascade Peruvian Horse Club regional championships will be held August 6-8, 1999 at the Deschutes County Fair & Expo Center.

For more information about either of these events call 388-3462.

Spilyay Tymoo Yard Sale
Friday, August 13, 1999
Outside the Old Girls Dorm
10:00 a.m. to 4:00 p.m.

Colville tribes withdraw from Omak Stampede

The Colville Business Council took action formally withdrawing all support for the 1999 Omak Stampede. According to Colville Business Council resolution, the Colville Tribes will not sponsor an Indian Encampment at the Omak Stampede this year and is currently reviewing whether to hold an encampment and pow-wow at another location. Colleen Cawston, chairwoman of the Colville Tribe stated that "the Colville Tribes frustration with the city of Omak and the Omak Stampede, Inc. has been building over the years. The space devoted to the Indian Encampment has been diminished, and Omak Stampede, Inc. has failed to devote adequate resources to Indian activities at the Stampede."

The Stampede takes place on lands within the Colville Indian Reservation. A portion of the lands were at one time Indian Allotment lands transferred to the city under the condition that the land be maintained as

a public park. "Given that the Stampede takes place on the Reservation, it is a shame that the Tribes input has been given such a low priority by the city of Omak and Stampede Inc.," Cawston added.

"We hope this action will prompt further discussions with the city of Omak and help create a more equitable relationship between the City of Omak and the Colville Tribes in the future," Cawston added. The Colville Tribes expressed concerns over the lack of consultation between the City of Omak and the Colville Tribal Government regarding the Eastside Park master plan. Specifically, the Indian Encampment interests were largely ignored and not incorporated into the Eastside Park master plan adopted by the City. Further, the master plan failed to provide parking for the Indian Encampment participants. For more information contact Chairwoman, Colleen Cawston at (509) 634-2208.

Huckleberry Feast will be August 8, 1999 services begin at 9 a.m. at the HeHe Longhouse.

Memorials will be held Saturday, July 31st at the HeHe Longhouse. Meal will be served at noon.

Participants should be there at 9 a.m.

Family needs your help in seeking lost dog

To the editor,

The family of Ken and Mary Moyer is in desperate need of your help. Mr. & Mrs. Moyer were in an awful accident on the 8th of July.

They were returning from a trip to Elmo, WA and crossing over the bridge on Mill Creek when the wind came along that gorge and hit their trailer broadside and blew it over, demolishing it. The van they were in rolled over several times smashing it almost flat.

They did survive but in critical condition and have been moved from the Madras Hospital to St. Charles in Bend. But their little black and tan short haired Chihuahua dog was frightened and ran away.

People and trucks have swarmed over the area and little footprints have been found along a fence leading about a mile to where there is a house with children who told us two

women had found a little black dog, but they didn't know who they were or where they went.

I don't know how the Moyer's got out alive because it looks impossible. Mrs. Moyer has 8 broken ribs and Mr. Moyer had had open heart surgery and was on blood thinner medication. One ear was ripped off and he had more bruises and cuts and is being monitored closely for bleeding.

They are now having pneumonia and are grieving for their little dog. We are afraid if she is not found it will be the end of them because they have lost everything.

The trailer just splintered and had to be scooped up with shovels, and the van is smashed flat and totaled and now the dog is gone, not returned yet. They have had her for years. It's like losing your only child.

They are elderly people, good

people, who belong to the Reorganized Church of Jesus Christ of Latter Day Saints. The same one that Mr. Petrie and Clint & Naomi Jacks belong to.

We are hoping that you can pass the word along to the people in that area about the seriousness of the situation to keep their eyes and ears open to, hopefully find the dog and return it to either the address below which is Moyer's address or to Clint & Naomi Jacks on Jefferson St. in Madras.

This is a life and death matter. I'm afraid they will lose their will to live if the dog is not found.

Thank you for your consideration and whatever help you can give us.

Yours truly,
Olive G. Monied
 245 NW Delaware
 Bend, OR 97701
 (541) 382-2320

Mother pleads, "if you care don't contribute"

To the editor,

THANK YOU GOD FOR ANOTHER DAY! That's the first thing I say when I awake and the last thing I say before I go to sleep. I thank God for another day of life for my son Perry Kalama, Jr. He has serious health problems and I really worry about the company that frequents the home he lives in. He almost died twice in just this month alone! The doctors have done all they can to keep him here with us. I've cried, begged, pleaded, prayed and said all I could to remind him his life is very precious to us. We want him around longer, his kids want him well to one day (Lord willing) take care of them. This can't and probably won't happen if people keep giving him alcohol to drink. Are you one of them that claim you care for him? If you do, don't go to their place drunk or even call them while you are under the influence. When a person is so weak

(due to illness, alcohol/drug or physical & mental), it don't take much to entice them to drink.

You aren't there to see him in the hospital or you aren't there to see how scared his children are when we see the ambulance/police cars at David's home. You aren't there to go give him blood that he desperately needs when he's bleeding inside. You aren't there to take him to see the doctor when he's so weak he's stumbling around. You claim you care? Then Please, Please put yourself in our place and imagine your son/daughter/mom/dad as ill as this and getting the news that if they continue drinking they will not be with us much longer. Please, we want him alive and well with us as long as God chooses. Don't take any alcohol up there. We have formed a neighborhood watch and when we see cars that we know are partying and/or carrying alcohol, we will call the

police. Let his kids see him live to see their kids.... I pray this letter touch some hearts and convict those that have gone up there to party.

Only God can heal what is wrong with him as God can heal all if we would only let Him. The bible tells us that "ALL things are possible"... If you are tired of satan's lies about not being able to quit drinking/drugs or you aren't worth anything (nobody loves you), why not prove him wrong. Let God do the work and find out what a liar that devil is. Don't be so blinded that you will go to eternity without our Lord Jesus. Come find out what God can do for you. Come to the Full Gospel Church, services are Sunday 10 a.m. & 7 p.m., Wednesday & Friday 7 p.m. Also our tent will go up at the park on August 9, and be there until August 14. You'll never regret it. God bless you all.

Sincerely,
Tina Aguilar (Easton, Shanell, Colleen & Perry III)

Happy Birthday to our favorite tia, Joy We love you very much, Tracy & Adriel

Our Sweetest Little Girl, Traci Lei

On July 10th you turned 11 years old. This September will be your first year at Madras. (Where have the years gone?). It doesn't seem too long ago that we were celebrating your 5th birthday.

I know you are going to do great in Madras! We must admit we are going to be a little scared knowing that you will be away from us.

No matter what age you turn, you will always be our LITTLE girl, even when you turn EIGHTEEN! (Sorry) HAPPY BIRTHDAY!

We love you, Hector & Jolene Torres & your favorite brother Adriel Adriel



Happy 3rd Anniversary to Hector & Jolene Soto-Torres July 31st

oh yeah, and Happy 25th Birthday to Jolene AKA Peaches from your sister "Froggie", Carlitos, Damian & the little tadpole (soraya)



Mi Querido Esposo, Hector, Feliz treceer aniversario. Cada dia que passa, cada momento que pasa, mi amor por ti sigue creciendo. Happy 3rd Anniversary! July 31st Con Mucho Amor, Tu Esposa, Jolene

\$5.00 **Coupon** **\$5.00**
 Redeemable at Marcia's Hair Salon on the Rez
 Expires August 31, 1999
 Bring this to Marcia's and get \$5.00 off of a perm or manicure/pedicure
 Marcia's Hair Salon on the Rez
\$5.00 **553-2521** **\$5.00**