# Job openings-

The following job openings as of May 17 are currently being advertised by the Human Resources department. If interested call Amelia Tewee at 553-3262, If you want job details, call the contact person listed. Committee Secretary; ASC; Myrtle J. Snowden 553-3257

Coordinator; Education Headstart/ECE; Nancy Seyler 553-

Food Service Assistant; ECE; Nancy Seyler 553-3241 Substitute Teacher aide; ECE;

Sue Matters 553-3241 Protective Care Supervisor;

CPS; Rebekah Aguilar Supervisory Archaeologist; Cul-

tural Resources; Scott Stuemke 553-Fisheries Technician I; Fish &

Wildlife; Colleen Fagan 553-3233 Forest Crew Member (seasonal); Fire Mgmt.; Luther Clements 553-1146

Fire Fighter; Fire Mgmt.; Vernon Tias 553-1146

Engine Operator; Fire Mgmt.; Vernon Tias 553-1146

PC Specialist; OIS; Lloyd Phillips 553-3275 Corrections Corporal; Police;

Robert Whittenburge 553-3273 HUD Resident Services Specialist; Housing; Ray Moody 553-3250 Engineer; Water & Waste Water; Herb Graybel 553-3246

Driver/Guide trainee; Whitehorse Rafting; Bruce/Angie Brunoe 553-MIS/Accountant; Kahneeta; Scot-

**Attention** 

Indian Trail Restaurant is now accepting

quality arts and crafts on consignment for

sale to the public.

Interested artists and craftspersons may

contact Richard or Vivian Macy at Indian Trail

Restaurant at the Plaza at Warm Springs.

(541) 553-1206

tie Miller 553-1112

Happy Birthday May 26

to my mother Marella

Love you your son,

Thomas Chester Sam

Happy Birthday May 17, 1999

Helena Jackson,

Mina Shike, &

Yoland Chase

From Marella Sam Family

Happy Birthday

May 31, 1999

Levi VanPelt

Love you YaYa

From

Marella & Robert Sam

Happy Birthday 5/31/99

to my Grandpa Levi VanPelt

Love you lots!!!

Woody Picard Jr.

I sill ain't going with you.

Happy Birthday 5/25/99 Natalia Sam

Love You!

From all of us

Marella, Robert & family

Happy Birthday

May 31, 1999

Uncle Levi

From us all

Tracy, Taw, Sadie,

Elsie, Jr., Neda, Jeleah,

and Thomas Chester Sam

Happy Birthday sister

Marella Sam

Love you lots

Hang in there.

Just me,

Itta

To Taw

Happy Birthday

Many more

from Auntie Itta

& Family

In the matter having come before the Court upon the ninistrator's filing the Final Account herein and peti-ing the Court to set a day and time for Hearing Objec-a, if any, to the approval of said Final Account to remine the heirs, devines and legatees entitled to the inflution of the remaining debts of the Estate, now

therefore, it is hereby ordered; the Tribal Probate Hearing will be held the 15th day of June, 1999 at the hour of 4:00 p.m. at the courtroom of the above entitled Court, be and the tame hereby is fixed as the day and time for hearing objections, if any, to axid Final Account and the settling of the same and for determining the heirs, devisees and gastness of the decedent and the proper contribution of the emaining estate to those entitled thereto.

It is further ordered that the Administrator shall for a seriod of not has then 20 days prior to the time set for such exercing, post a true copy of this order in three public places within the Warm Springs Indian Reservation and cause a roal Account to be distributed at the Hearing and a true copy of this order filed herein to be mailed by regular mail o each deceders? Hearin, devisions and leganes, so far as or known as the Administrator.

Administrator, om Springs, So Ordered and region on 5th

Court notice

Kahneeta Resort Openings

Guest service representative; Kahneeta; Scottie Miller 553-1112 Cocktail server; Kahneeta; Scottie Miller 553-1112

Hostperson/cashiers; Kahneeta; Scottie Miller 553-1112 Cashier/Clerk; Kahneeta; Scottie

Miller 553-1112 Village pool; Kahneeta; Scottie Miller 553-1112

Gardener & Groundspersons; Scottie Miller 553-1112 Housekeeping; Kahneeta; Scottie

Miller 553-1112 Culture & Heritage Representatives; Kahneeta; Scottie Miller 553-

Indian Head Gaming Openings Cashier; Indian Head Gaming;

Georgianna George 553-6122 Count Team; Indian Head Gamig; Georgianna George 553-6122 Housekeeper; Indian Head Gam-

ing; Georgianna George 553-6122 Shuttle Driver; Indian Head Gaming; Georgianna George 553-6122Concession/Snack Bar attendants; Indian Head Gaming; Georgianna George 553-6122 Madras Employment Depart-

ment Technology Director; House Supervisor/RN; Spanish Teacher; Math Teacher; Metals/Tech. Teacher; Alternative Ed. Teacher; Home Ec. Teacher; Special Ed. Teacher; Social Studies Teacher; Spanish Teacher; Math Teacher; Home Arts Teacher; Temp. 5ht Grade Teacher; Special Ed Teacher; Special Ed. Teacher; Special Ed Teacher; Spe-

Healthy Nations

welcomes the community

to the Annual Open House

Barbecue June 3, 1999,12-2

p.m. In front of the Community

(Hamburgers, hotdogs, spare

chips & pop)
If anyone interested in volun-

teering, Give a call to 553-4914 or 553-

4930.

Happy Birthday

Many more

Love, Itta,

Albert, Liza, Tony,

Leonard, & Rose Racks

To my Honey Taw,

Love you & many more

your one & only Guy Leonard

Happy Birthday to

Tyrone Muldrow

on May 2, 1999

We wish you many more

Love, Auntie Phyllis,

aYa Levi

Counseling Center

ribs, watermelon,

cial Ed. Teacher; Elementary Teacher; 2nd Grade Teacher; 3rd Grade Teacher; 5th Grade Teacher; Kindergarten Teacher; Assistant Principal; Educational Assistant; Assistant Football Coach; Aerobics Inst./coordinator; PE Teacher; General office clerk; Hardware Sales clerk; Pharmacy Clerk; Auto sales; Waiter/Waitress; Cook; Temporary Cook; Certified Nurses Aide; Auto Mechanic; Cutter/Finger jointer and Partime Production all in Madras.

PC Specialist; Elementary Teachers; Waiter/Waitress; Line Cook; River Guide; Water Plant Engineer and Driver in Warm Springs.

Waiter/Waitress and Cook Restaurant in Shaniko.

Elementary Teacher in Metolius. Breakfast Cook in Culver. Fisheries Technician in The

Farm Hand and Partime Production in Bend.

Journey Electrician in Central For further information contact

the Madras Employment Division at Jefferson Co. 509-J School Dis-

Assistant Principal (MHS); Kindergarten Teacher; 2nd Grade Teacher; 3rd Grade Teacher; 5th Grade Teacher and PE Teacher all at

Westside Elementary.
Interested candidates should contact: Jefferson Co. Sch. Dist. 509-J; 445 SE Buff Street; Madras, OR 97741 or phone (541) 475-6192.

## Meeting set

The Title IX Parent Advisory Committee will meet at Warm Springs Elementary Library on Tuesday, May 25, 1999 at 7 p.m. The meeting will focus on membership. Anyone interested in becoming a member is encouraged to attend.

Title IX meetings are open to all members of the public. The Committee meets at 7 p.m. on the second Tuesday of each month except for this month. If you have a disability, please advise the District 509-J Support Services office about special arrangements that may allow you to fully participate in the meeting. Please call Georgia Sosa at 475-6192.

# Upcoming powwows

The Clark College Totem Pole Completion Ceremoney & Gathering Powow by Native American Student's Council & Title IX Indian Ed. Program; Vancouver, WA 98663; Thursday May 20, Friday May 21, 1999. For more info contact: Jim Craven (360) 992-2283)

2 Rivers Casino Powwow; for more info call (541) 658-1215/438-6720

5th Annual Wildhorse Powwow; July 2, 3, & 4, 1999; Pendleton, OR For more info contact: Sandy or Linda Sampson 1-800-654-wild (541) 278-2274

## Burns Powwow coming in June

The Sixth Annual TU KWA HA NE' Powwow will be held on June 11, 12, and 13, 1999. The powwow will be held in Burns, OR at the Harney County Fairgrounds.

For more information contact: Phyllis Harrington at (541) 573-2553, Lillian Maynard at (541(573-6714, or Ruth Lewis at (541) 573-

Alex, David, Annette, Harvi, Eric, Johnnie, Liza, Junior, Burger, E.J., & Lupita Happy Birthday to Mom Happy 11th Birthday

David B. LeClaire Jr. "Junior Burger" May 8, 1999 We wish you many more. We love you G-ma Phyllis, G-pa Alex, auntie Harvi

Happy 11th Birthday to our brother "Junior Burger" Love your bro's & sister, Eric, Johnnie, Liza, E.J. & Lupita

Happy 11th Birthday to our son David LeClaire Jr. We wish you many more Lore you very much Mom Annette & Dad D.B.L.

We like to wish a Happy 12th Anniversary to David & Annette LeClaire May 9th, 1999 We hope you have many more to go. Love you both. Mom, Dad, Harvi, Eric, Johnni, Liza, Jr., E.J, & Pita

Happy Birthday to my Mom! Harvianne Tohet 5/31/99 Love your daughter, Lupita Ocampo

Happy Birthday to Auntic Harvi Love your best Nephews, E.J. Junior Burger, Johnnie, and Eric LeClaire and your Best Niece Liza LeClaire

Wilma Picard from Woody & Ellie

> Happy Birthday Grandma Wilma From Chantel Wilma

Happy Birthday to Batman Smith from Woody & Ellie, "Better bring your extra clothes to work.'

> Happy Birthday To LaDonna from your niece, Chantel Picard

Happy Birthday to Alex Williams From Woody & Ellie

Happy Birthday to my Gunkle Alex from Chantel Picard

Happy 2nd Birthday to

Chantel Wilma Picard from Mom & Dad Happy 2nd Birthday to Chantel W. Picard

From you favorite

Aunty Nancy Happy Birthday to LaDonna from Woody & Ellie

> Happy Birthday to Batman From Chantel

# The Indian Warrior - The Veterans Corner Women Veterans Health Plan-



A number of women veterans were victims of sexual assault while serving on active military duty. While some of these women have sought counseling for their sexual trauma, many women have never discussed their assault with anyone. They are very uncomfortable talking about it now, and even wonder if they can, or if it would matter. Yet, these women know that they have "not felt the same" since it occurred.

Unfortunately, this is a very common reaction of victims of sexual assault. Many events are never reported. There are reasons for this silence, many of them based on misconceptions about women who have been victimized sexually. Nearly one third of all rape victims develop Post Traumatic Stress Disorder (PTSD) sometime during their lifetime. PTSD symptoms are often accompanied by physical problems and generally "not feeling well."

Department of Veterans Affairs (VA) health care professionals are sensitive to the experience of sexual assault and the impact it can have on a victim's physical and emotional health. They understand the feelings of fear, anxiety, shame, anger and embarrassment that victims of sexual assault can have when they try to talk about their trauma. VA health care professionals can help women who are coping with the trauma of sexual assault to regain their confidence, self esteem, and quality of life. VA provides confidential, priority counseling and related health care services to eligible women veterans.

#### Q. What is the Women Veterans Health Programs Act of 1992?

A. Public Law 102-585, Veterans Health Care Act of 1992, Title I - Women Veterans Health Programs, enacted November 4, 1992, established programs to improve health care services for women veterans, including priority counseling for sexual trauma and related health care services to eligible women veterans.

#### O. Who is eligible for ca the Women Veterans Health Programs Act of 1992?

A. VA may provide counseling to women veterans who VA determines require such counseling to overcome psychological trauma. The trauma may result from a physical assault of a sexual nature, battery of a sexual nature, or sexual harassment which occurred while serving on active military duty. Public Law 102-585, defines sexual harassment as repeated, unsolicited verbal or physical contact of a sexual nature which is threatening in character.

#### Q. When must a woman veteran seek care under the Women Veterans Health Programs Act of 1992?

Currently VA may provide counseling services through December 31, 1995. To be eligible to receive counseling, a woman veteran must seek counseling from VA within two years after the date of her discharge or release from active military service. Currently a woman veteran who was discharged or released from active military service before December 31, 1991, must seek counseling from VA prior to December 31, 1993.

#### Q. Is a woman veteran eligible to receive care for sexual trauma, although the assault was never reported when it occurred?

A. Yes. To be eligible to receive sexual trauma counseling and related health care from VA, there is no requirement that a woman veteran must have reported the sexual trauma when it occurred or at any time during her active military service.

Where can a woman veteran

receive care or more information regarding the VA sexual trauma services?

A woman veteran seeking counseling and related health care for sexual trauma should contact the Women Veterans Coordinator at the nearest VA medical center or vet center for assistance. The telephone number for the medical center or vet center can be found in the telephone directory under "U. S. Government" listings.

#### What is disability compensation and who is eligible for this benefit?

A. Veterans who are disabled by injury or decease incurred or aggravated during active service in the line of duty during wartime or peacetime service and discharged or separated under other than dishonorable conditions are eligible for monthly payments from VA. The amount of these payments, called disability compensation, is based on the degree of disability. Disabilities are rated from zero to 100 percent disabling, in increments of 10 percent. If there are two or more disabilities, the individual percentages of each are used to determine a combined disability evaluation. Compensation is not payable at the zero percent level.

#### Q. Can a woman veteran who was the victim of sexual assault while serving on active duty qualify for disability compensation?

A. VA may pay compensation to a woman veteran for disabilities incurred or aggravated in the line of duty, including disabilities or injuries resulting from sexual trauma. A Veterans Benefits Counselor (VBC) at a VA medical center or regional office can explain the compensation program in greater detail and assist in filing a claim. Information may also be obtained by calling 1-800-827-1000, and speaking with VBC at the nearest VA regional office.

#### Q. Does a women veteran who was the victim of sexual assault while serving on active duty automatically qualify for disability compensation?

A. No. As stated above, payment of compensation is based on the degree of the service connected disability or disabilities. VA must first determine whether there are current disabilities related to military service. If disabilities are deemed service related, VA then evaluates the degree or disability, which determines the amount of compensation payable. Once again, compensation is not payable for a zero percent evaluation. A woman who has been the victim of sexual trauma may or may not have residual disability which can be deemed service connected, or may exhibit residuals which are not compensable (i.e., evaluated at the zero percent level).

#### Q. Does sexual assualt have an impact on the mental and physical health of the victim?

A. Having been the victim of rape appears to significantly impact on the overall health of the victim. According to the 1988 report, "Rape in America," nearly one-third (31%) of all rape victims develop Post Traumatic Stress Disorder (PSTD) sometime during their lifetime.

Additionally, researchers are beginning to notice a relationship between PTSD symptoms and an increase in physical health problems and reports "not feeling well."

#### Q. What is Post Traumatic Stress Disorder (PSTD)?

A. Post Traumatic Stress Disorder is a recurrent emotional reaction to a terrifying, uncontrollable or lifethreatening event. The symptoms frequently develop after a person's sense of safety and security is violated. Individuals with PTSD experience a variety of symptoms that often impede their daily lives. These may include sleep disturbance, nightmares, emotional instability, feelings of fear and anxiety around seemingly non-threatening situations, impaired concentration, and increased stress or problems in intimate and the interpersonal relationships. These reactions are common after a trauma and are part of the initial adjustment process.

What other problems are commonly associated with raperelated PTSD?

Recent research shows that women who have experienced rape or other violent crimes are more likely to develop problems with depression, drug and/or alcohol abuse, and suicidal thoughts than women who have not had such an experience. Also, it is not uncommon for women to feel shame, guilt or confusion about the rape itself.

### What kind of help does a person with some of these symptoms

A. Frequently, people exposed to life-threatening trauma benefit from psychological counseling. Talking about one's experience, symptoms, fears and concerns with a trained professional usually results in the reduction of such problems and helps a person restore his/ her sense of personal safety. Victims of sexual assault or harassment have been successfully treated in both individual and group therapy settings...

#### How does a woman know whether she needs treatment or what kind of treatment would be best for her?

A. If a woman has been the victim of a sexual assault and is experiencing any of the symptoms mentioned above, or if she has experienced a general and continuing feeling of personal discomfort, the most important thing for her to do is to receive an evaluation by an appropriate health care professional who knows about the impact sexual assault can have on a person's physical and emotional health. The health care professional can provide advice regarding available treatment options or and appropriate referral.

#### I have never discussed my assault with anyone and I am very frightened about talking about it now, and even wonder if I can. What can I do about this fear?

A. Unfortunately, this is a very common fear of women who have been the victims of sexual assault. In fact, it is estimated that only sixteen percent of the rapes that occur in this country are ever officially reported. Many of the reasons for this silence are based on society's stereotypes of women who have been victimized sexually. It is important to have become increasingly sensitized to the experience of sexual assault and the impact it can have on the victim. As a result, they are much more able to respond to the fears and anxieties you are experiencing. They will also understand the difficulty you have in discussing them with another person and will be able to help you express yourself in a way that is most comfortable for you.

The Women Veterans Health Program includes:

Priority outpatient counseling services and related health care services; Education and counseling on the

normal and expected responses to sexual trauma; Assessment of the specific

problems (s); \* Treatment to assist with restoring physical and emotional health;

Information and referrals for services and benefits available.

## For more information:

We welcome inquiries about any aspect of the Women Veterans health Programs Act of 1992, including VA sexual trauma counseling services. To find out more about the VA health care services for women veterans, contact the Women Veterans Coordinator at your nearest VA medical center or your nearest VA vet center or VA regional office.

You can get more information by calling 1-800-827-1000 or by contacting the VA regional office, medical center or vet center near



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