

NASU club advisor enjoys working with students

Warm Springs resident and tribal member Myrna Frank has been the Native American Student Union (NASU) Club Advisor for the past two school years at the Madras High School. Frank has also been the advisor at the Madras Middle School for one year.

"It has been both a joy and a challenge working with the Native American Students who attend 509-J" says Myrna. "The students are so eager to learn leadership skills, about cultural and traditional skills pertaining to our people." Frank said the students are interested in tribal government, social skills, public speaking, education, job options, and above all to have pride in being Native American.

As NASU Club Advisor, the majority of Myrna's time is taken up by planning NASU events, meetings, and fund raising. "When I was asked to describe and write a mission statement for the purpose of having NASU in the 509-J school district, I thought on it for quite awhile before coming up with this description" Myrna Frank reflected. The purpose of the NASU Club is to aid, prepare, strengthen, unite, preserve, and educate Native American students. The NASU Club is learning to create a stronger voice and awareness of the rich social and cultural issues of the Native American heritage. "As the NASU Club advisor, I encourage all Native American students to actively participate in their community and in their school," Myrna Frank stated. Native American Student Union Club members are taught to retain, encourage and preserve the attendance and quality of education for all Native American students. Another purpose for the Club is to allow Native American students to have pride in themselves and give them a chance



NASU Club members in front of photo with Nola Queahpama, Myrna Frank, and Oregon Governor John Kitzhaber (back row) during a visit to the Madras High School, on March 11.

to get an education with respect to their culture. Club members are expected to attend all NASU meetings and community events. "I ask the parents to support and encourage your NASU student to the best of your

ability," Myrna said. Frank said that girls need a wing dress, a shawl, and moccasins. The boys need ribbon shirts and moccasins during travels and for all cultural events. According to Frank, all NASU members need to

start returning signed parent permission slips when requested. "Our students need to see the light at the end of the tunnel and the future within the tribal organization. I feel that if the tribes were to help sponsor and sup-

port the NASU Club on certain events or travels, we could repay them by being available and helping out with community events" Myrna commented.

On Thursday, March 11, Club members were invited to perform for Governor John Kitzhaber at the Madras High School during his brief visit to Central Oregon. Native American Student Union students performed a Butterfly Dance and presented the Governor with a gift and personally shook his hand. Advisor Myrna Frank applauded them by saying, "They all did such a wonderful job, and I'm so proud of them."

Frank commented that the tribes need to support and encourage our Native American students more often when they do well representing Warm Springs. The NASU Club is planning a fund raiser to be able to take an end-of-the-school-year trip. "I hope the tribal organization as well as our community can help reward these students," Frank remarked.

Madras High School NASU members include club advisor Myrna Frank, President Annie Kirk, Harlon Waheneka, William Spino, Marie Kalama, Deece Supphah, Amelia Spino, and Jamie Tohet. At the Jefferson County Middle School, club members include NASU president-Elijah Squimphen, Amie Bobb, White Dove Cooper, Natasha Edwards, Shayla Frank, Eilena Supphah, Hattie Hart, Deidra Johnson, Pamela Kalama, Cigany Scott, Myrtle Frank, Becky Sampson, Victoria Smith, Louisa Fuentes, Aaron Mitchell, Lavonne Boise, Ameliya Davis, Florence Starr, Laneda Thompson, Mavis Stwyer, Leanne Johnson, and Pearl Jack.

Health Fair Day

Sponsored by IHS & Head Start
April 29, 1999
May 20, 1999
8:30 to 3:00 by appointment only
Call 553-3241
Head Start Office for appointments
Featuring physical exams, update immunizations,
Head Start registration, transition to Kindergarten

Raffle tickets on sale at ECE

Head Start is hosting their annual "Made-In-Warm Springs Raffle". Raffle items donated by parents and staff are on display at the ECE lobby. Ask your favorite Head Start Parent or Teacher for tickets. \$1 each or 6 for \$5. Proceeds go towards supplies, materials, and food for children and family activities throughout the school year.

Week of the Young Child is April 18-24

This week of the Young Child is a nationally scheduled event sponsored locally by Early Childhood Education. The WOYC is a time to show appreciation to children, their families and care providers. The Week of the Young Child is scheduled for April 18-24. There are 2 planning meetings left, on April 6 and April 13 from 3-4:30 p.m. in Conference room 1E of the ECE facility.

Some of this year's events are: a carnival, a book swap, parent appreciation dinner, poetry contest, Fun Run, Art Show, Zoo Day and a number of other exciting events. If you would like to enter your animal in Zoo Day, read a story during Literacy Day, or volunteer your time in any other activity, call Shilo at 553-3241.

Warm Springs Elementary news

Calendar Updates

April 5-9: Statewide testing for 3rd graders

April 14-School Council meeting 4:30 p.m. in library

April 19-23: Terra Nova testing grades 1-4

March All-Stars

Jessica Arthur, Tanaya Hunt, Allee Tewee, Simeon Kalama & Jose Medina

March Student of the Month

Leanna Boise, Teresa Fuentes, Kamianna Lujan, RedSky Supphah, Martin Smith-Mennealy, Preston Johnson, Lawrence Caldera, Ethan Smith, LaTonia Smith, Rachelle Herkshan, Ronnie Smith, Paolina Spino, Chelsey Yahtin, Chelsey Yahtin, Rosetta Danzuka, Ryan Thomas, Sheryl Lee Lopez, Armando Becerra, Devin McGill, Chelsea Hudson, Jeremy Herkshan, Derek Kelly, Kashayla Ball, Idelia Cloud, Kristi Olney, Amy Burrel, Charlie Ann Herkshan, Troy Sam-Smith,

Jessica Arthur, Liane Wabaunsee, Bobby Thurby, Olea Yahtin, Rebecca Taylor, Rolin MorningOwl, Erika Miller, Samantha Kalama, Sophia Williams, Aaron Hunt, Caroline Ascencio, Joshua Moody, Evelyn Aguilar, Chester VanPelt, Jose Alvares Jr., Eilene McGill, Ashley Davis, Elizabeth Oronzco, Hazel Martinez, Aticity Begay, Cameron Wallulatun, Kevin Ruiz.

New Track paved!
Willow Creek Quarry was here during Spring Break and paved the school track. The only thing left is the painting of lines for the lanes. This is one more project funded by the sale of pepperoni, jerky and snacks at school. We will be starting a morning walking club the first part of next week for students who want to participate. Awards will be given for reaching benchmarks. We read across America and further...let's see how long it takes us to walk across America and back!

Reward offered

Stolen: Family Puppy/Dog
Type: 1/2 Malamute /German Shepard
Color: Gray/White with fluffy hair
Size: Large as a regular dog
Age: 8 months old
Reward upon return call 553-1196 X2466
8-5 pm Monday through Friday

Title IX meeting to meet April 13

The Title IX Parent Advisory Committee will meet at Warm Springs Elementary Library on Tuesday, April 13, 1999 at 7:00p.m. The agenda includes reports on attendance and on conferences.

Title IX meetings are open to all members of the public. The committee meets at 7:00p.m. at the Warm Springs Elementary Library on the

second Tuesday of each month. If you have a disability, please advise the District 509-J Support Services office about special arrangements that may allow you to fully participate in the meeting. Please call Georgia Sosa at 475-6192.

If you have any questions call me at the number listed above.
Georgia Sosa
Title IX Secretary

Students recognized for their attendance efforts

Check into it

An elementary teacher recommends, "Take a few minutes every day to look at what your child brings home from school. You'll probably see work that teachers thought was important enough to send home. Talk about the schoolwork together. This shows that you care about the things your child spends most of the day doing.

Butch David, Attendance Liaison at Jefferson County Middle School shares list of students from Jefferson County Middle School who have perfect attendance for the 2nd Trimester:

Ashley Aguilar, Susan Ahern, Robbie Bennett, Cecelia Bruno, Vanessa James, Tatum Kalama, Teron McDonald, August Scott, Austin Smith, Jr., Wesley Spino, Lorien Stacona, Lance Stormbringer, Larry Switzer.

Outstanding Attendance (missed five days or less)

Rodney Adams, Georgiana Aguilar, Marjean Olson, Mathew Alonso, Tommy Alvarez, Gonzalo Arthur, Jennifer Ashburn, Joseph Badoni, Eugene Bill, Johnson Bill, Randolph Boise, Jr., Desirae Boise,

Donald Brisbois, Bryan Burgess, Aaron Caldera, Jordan Caldera, Dallas Camas, Harold Charley, Jennifer Clements, Ritti Clements, Cedrick Colwash, White Dove Cooper, Maurica Cortez, Robert Cortez, Matthew Craig, Melissa Danzuka, Owen Danzuka, Jr., Amelia Davis, Dominic Davis, Melissa Debiasso, Zachery Dowty, Natasha Edwards, Matthew Ellsbury, Evelyn Frank, Louisa Fuentes, Matthew Garcia, Leticia George, Laritta Greene, Manual Greene, Perry Greene, III, Sidney Greene, Roosevelt Heath, Jr., Ikie Heath, Nicole Herkshan, Steven James, Robert Johnson, Scott Kalama, Rayann Katchia, Rodney Katchia, Francis Kentura, David LeClaire, Jr., Candace Lillie, Colleta Macy,

Jayleen Main, Chelsea Manion, Gabriel Manion, Laura Manion, Marlana Manion, Matthew Manion, Roberta Martinez, Martin Medina, Truman Merrifield, Carina Miller, Cody Miller, Logan Miller, Arthur Mitchell, Cyrille Mitchell, Sasha Mitchell, Verna Mitchell, Charlene Moody, Jacquelyn Moody, Tana Moschetti, Meredith Polk, Ernestine Ruiz, Stephanie Sanders, Julia Simtustus, Cassandra Smith, Johnny Smith, Pasha Smith, Ryan Smith, Jr., Jordan Stacona, Shard Stormbringer, Talon Stormbringer, Isaiah Tewee, Gerald Tias, Rochelle Tom, Anthony Torres, Jermaine Tuckta, Tiyanna Tuckta, Brandon Tulee, Sara Vaeth, Stephen Vaeth, Prenincia VanPelt, Turina Wallulatun, Wacey Wallulatun, Jeron Wells, Sara Winsor, Leean Wolfe, Lucy Wolfe.

Indian Health Service news



Is Your Relationship Healthy?

Last year in Oregon more than 1 out of every 8 women, that is 132,800 women, were victims of domestic violence. Scary but true. Domestic violence is an epidemic in this country. Women of all ages, races and incomes are affected. It occurs in both rural and urban homes. Domestic Violence even occurs in same sex relationships.

What are the signs of an abusive relationship?

- *You feel like you are walking on eggshells.
- *You live in fear of your partner's temper and change your actions to avoid it.
- *Your partner seems like two different people.
- *Your intimate partner blames you for the failures in the relationship.
- *You don't see friends or family to prevent your partners anger or jealousy.
- *Your intimate partner controls where you go and what you do.

- *Your intimate partner constantly puts you down, humiliates you or lies to you.
- *Your intimate partner calls you names or makes fun of your body and appearance.
- *Your intimate partner is extremely jealous and constantly accuses you of having affairs.
- *Your partner destroys or mars your things, threatens your pets or things dear to you.
- *Your intimate partner forces you to submit to sex, to do sexual things against your will.
- *Your intimate partner degrades or hurts you during sex.
- *Your intimate partner slaps, pulls, shoves, kicks, burns or threatens you with or without a weapon.

People often ask how do you recognize a batterer early in the relationship?

There is no definite way to screen out a partner who is abusive but some warning signs to be consider as abusive tendencies are a partner who:
*Is possessive or jealous;
*Has excessive charm (seems to good to be true);
*Uses drugs or alcohol (not the cause but increases the severity of);
*Lacks a sense of personal accountability (won't take the blame for anything);
*Shows little flexibility; is easily frustrated (has rigid rules about trivial things);
*Has a tendency to minimize, deny or lie

("it wasn't that bad");
*Is selfish, Needs to always be right (things have to go their way)
*Has rigid ideas about gender roles (controls the money, she does all the house work);
*Grew up in a violent household (may have been a victim or witness of an abusive relationship);
*Uses violence or force to handle conflicts (believes it is OK to hit to get his point across);
*Is abusive or cruel to pets and animals;
*Has mood swings -high to low (keeps the victim guessing)

No one deserves to be abused-no one. Unfortunately we all know someone who is or has been in an abusive relationship. If these signs describe your relationship, get help now.

Call:
Warm Springs Health and Wellness Center 553-2482, 553-1196

Warm Springs Victims Assistance 553-2293

Central Oregon Battery and Rape Alliance (COBRA) 1-800-356-2369
National Domestic Violence hotline 1-800-799-SAFE

Warm Springs Police Department 553-1171

Next issue: It takes a Whole Community to Stop Domestic Violence: What can your part be?

April is community clean-up month

April is Environmental Month and Community Wide Spring Clean Up Month! Community members are encouraged to take pride in helping improve and preserving our "Mother Earth's" water ways, road ways, play grounds, yards and our homes. Listed are the following schedule of activities:

1. Housing is providing SOLV garbage bags to the community, a \$1 bounty for each garbage bag returned full is being offered until Housing runs out of funding. However, to receive credit for the bounty, the garbage bags must be returned full and placed in the garbage bin located outside of Housing. If anyone is not able to transport the garbage bags to Housing please call 553-3250 and request that the garbage bags be picked up at your location.

2. April 12-16 and April 26-30, these two scheduled weeks have been

set aside for "Large Appliance, furniture and other large items pick up and disposal." Contact Housing at 553-3250 or stop by the office with your requests for any large items you are wanting to dispose of.

3. "REZ RIG ABANDONED CAR ROUND-UP WEEK" is scheduled to occur April 26-30. This is Housing's 4th Annual Rez Rig Round-Up, over 400 Rez Rigs have been rounded up and crushed. If you have any Rez Rigs you need disposing of call Housing. There will be no charge or no fees, it is all volunteer work.

4. April 30th, Annual Spring Clean Up Picnic. The picnic will begin at 12 p.m. noon, located at Housing. We are asking that all volunteers who worked to preserve this treasure our Mother Earth, to attend to receive their recognition and other prizes.

Graduation materials to be distributed

Attention Parent(s) & Guardians of Class of 1999

Brian Coushey, Josten's Representative, will be at Madras High School in the cafeteria on Monday, April 19 from 9:00 to 11:30 a.m. to distribute graduation material that your senior ordered-announcements, name cards, etc. To pick up graduation material, you will need to balance owed. Everything can be picked up with the exception of caps and gowns. They will be given out at graduation practice on Friday, June 4- 1:00p.m.

PLEASE NOTE CHANGE OF DATE. This was originally scheduled to happen on April 30.

NASA grant helps fund science education in 509-J class rooms



Warm Springs Elementary fourth grade students show off their scientific equipment donated by The Museum At Warm Springs through a NASA grant. From left to right in the back row, Leana Blueback, Michael Hammond, and fourth grade teacher Ann Jasa.

The Museum At Warm Springs has received a grant for \$6500 from NASA to help fund science education. Every Spring, The Museum puts on a "Seeds of Discovery" science day for all fourth graders in the 509-J School District. About 450 students

are given informal lessons about the scientific and cultural aspects of the natural world. In meeting with several of the fourth grade teachers last year, it was decided that the scientific aspects of the event could be furthered with better scientific equipment.

With funds from the NASA grant, The Museum has donated a telescope, several microscopes, and enough hand lenses for each student in all of the fourth grade classes in Jefferson County. This year's "Seeds of Discovery" is scheduled for May 11.