

Indigenous lady visits Warm Springs to learn ways to help her people

The Institute for Community Leadership of Seattle, Washington, had the honor of hosting the visit from Ms. Claribel Elin Gomez Escobar. Ms. Gomez is from Nicaragua, and is here a representative of the Mayana Sumus people, the largest indigenous group in her country.

Ms. Gomez traveled the Northwest and made a visit to Warm Springs, Friday, February 19. She traveled with the assistance of the Institute's Executive Director, Roy Wilson, Development Officer Karen L. Bohlke, and students Armando, Jackie, and Jessica representing the organization.

During her visit to Warm Springs, Ms. Gomez, and company, met with Tribal representatives to learn how the people of Warm Springs developed their natural resources for the benefit of the people.

Ms. Gomez was born in 1972 in the indigenous village of Wasakin Rio Bambana, on the Atlantic Coast of Nicaragua. "We have many resources in our land" said Ms. Gomez during the meeting. "Some of the resources we have on our land include different types of gold, oil, sweet and salt water fish. With the resources we have, we consider ourselves as a very rich tribe. But at the same time, we are very poor Indigenous people because we don't have the education to manage our resources. We are so behind in times, our people still live in our old traditional way. Ms. Gomez said they still depend on traditional medicine they gather from the land. "It's very seldom we use modernize medicine" she says.



While in Warm Springs, the group also visited the Education department where local students and guests participated during a workshop. From L-R, Jackie, Ms. Gomez, Devon, Francella, Armando, and Teddy.

Ms. Gomez has received training as a nurse and has collaborated on several projects related to the health and well being of her people. She has worked with the Ministry of Health and the Organization for Christian Medical Action on behalf of the indigenous people of the Alamikamban River. She spent 6 months doing research work with the German Co-operative on traditional indigenous medicines of the Mayana Sumus. She has also worked with the Natural Conservancy, a U.S. based non-profit

organization, as a cartographer documenting the indigenous reserve of the Mayana Sumus Sauni. She has worked alongside foreign students, primarily from the United States, studying the biological and anthropological impact of hunting and fish-

ing on the Mayana reserve.

Ms. Gomez's visit to the U.S. marks a first for her people. The purpose of her visit, is to exchange ideas on the development of the Mayana Sumus people with Native American tribes, governmental and non-governmental agencies, schools and universities, throughout the Northwest who have an interest in sharing their experiences.

Gomez is representing an effort by the Mayana people to face the new millennium in solidarity with organizations, institutions, and individuals in Nicaragua and around the world as they strive to build communities that have as their primary goal the health and care of their people. Also paramount is the respect and promotion of the cultural, and inclusion and participation in the socio-economic life of the country.

Ms. Gomez is also hoping to establish ties with organizations who have an interest in assisting them with relief aid due to the devastation of hurricane Mitch. Many people in the region were left without housing and food. International and national aid relief did not reach their communities, therefore they are coordinating their own efforts at identifying possible sources of assistance.

If you are interested in meeting with Ms. Gomez, or would like further information on her visit or about the Institute for Community Leadership, please contact Esperanza Borboa at (206) 720-1950.

Spilyay Tymoo photo and story by Bob Medina

No more! Domestic Violence

Submitted by VOC

"A battered woman is a woman who is repeatedly subjected to any forceful physical or psychological behavior by a man in order to coerce her to do something he wants her to do without any concern for her rights." (Lenore Walker, 1979)

Physical - Pushed, shoved, held or kept from leaving, slapped, bit, kicked, choked, punched, thrown objects, locked out, or abandoned in dangerous places. Refused to help when: sick or pregnant, subject to dangerous situations (driving), threat or use of weapon against a person. Rape.

Sexual - Anti-woman and demeaning jokes, treat woman as sex objects, jealous accusations regarding sex, insisted on sexual dress, minimizing partners feelings about sex, unwanted or uncomfortable touching, withholding of sex, called names (frigid, whore), forced understanding, forced watching of sex acts, forced sex when sick or in danger, sex after beating, sadistic sexual acts.

Emotional - Ignored feelings, ridicule and insult women as a group and/or you, ridicule and insult of your beliefs, values, religion, class, heritage or race.

Withhold approval and appreciation as punishment, name calling, drive away friends and/or family, kept from working, forced to work, control of money, refusal to share work or money, took car keys and money away, threats of leaving or told you to leave, threaten to do violence, to take children, abused pets, told about affairs, manipulation with lies and contradictions.

****Every 15 seconds a woman is battered****

****Every day 10 women die because of domestic violence****

If you are a victim of domestic violence... Victims Of Crime Service is here to help you! Some of the services that VOC provide are... *crisis intervention *Victim assistance *court advocacy *presentation *support group *victim compensation (assistance in filing claim). Please feel free to call us anytime at 553-2293 or 553-7704. If your call is an emergency, please dial 911.

Stolen items still being sought

Stolen on January 13, 1999

- 1) A 27 inch color TV "Sharp" brand, model 27K-S180 with remote control;
- 2) Stereo system "Sharp" brand, model CD-C420 with remote control
- 3) Nintendo 64 game machine with 2 controllers one purple the other

gray.

If you have any information or someone tries to sell or trade/hawk to you, please contact Davis Sohappy Sr. and or Tia Wheeler at 553-1207 (home); 553-3224 (work).

Reward offered!

Please write

To the editor,

Please print in the Spilyay Tymoo: Dear Family Members, Lorna, Gina, Glenda, Denise, L.T., Rodney, Pengi, Wallet, Tom, Marlon,

I don't know if Kitty received my letters I've been writing. But it would be nice if somebody of my brothers or sisters would keep in touch with me. I would like to wish each and everyone of all a very safe holidays and have a few for me as well. I am missing you all and love each on of you.

Would you guys please write to me?!

Thank you very much!
Love your sister,
"Witch" Tamara Henry

Fourth Biennial Quilt Show

Sunday, April 11, 1999
Jefferson County Library,
Madras, OR
Hours: 10 a.m. until 4 p.m.
Door prizes given
away every hour
Sponsored by the "Country
Quilters" quilt guild
(a non profit comprised of
members of Jeff. Co.)

Fan club started

Hey, all you Elvis Presley fans, sign up and join the club now!!! We're known as "The Natives of the Northwest Elvis Fan Club". Please leave your name & number at the Small Business Office or I can be reached at 2493 Sunset Lane.

There is a \$25 membership fee with the choice of a t-shirt (sm, med, lg & Xlg) or a coffee cup mug! So come join the fun today!

Contact "Pebbles" at (541)553-3592 or fax (541)553-3593 #30 or write to: PO Box 1452; Warm Springs, OR 97761 (Attention: Pebbles George)

1999 Lincoln's Powwow Raffle winners



Jingle Dancer, Raylene Ike-Thomas.

Item	Donated by	Won by
Pendleton Blanket	Nettie Shawaway	Seegray Kirk
Pendleton Blanket	Lillian Heath	Danni Lawrence
Pendleton Blanket	Arlissa/Arlita Rhoan	Carshal Brunoe
Pendleton Blanket	Norene Greene	Jodi Orr
Pendleton Shawl	Geri Blodgett	Charlotte Shike
Pendleton Shawl	Nettie Shawaway	Rosie Tom
Star Quilt	Nettie Shawaway	Dorian Tappo
Beaded side purse	Barbara Jim	Ivy Walluliatum
Bike	Norene/Gene Greene	Nettie Dickson
Ladies Long Coat	Norene Greene	Cal Queahpama
Hand-made Vest	Lois Squiemphen	William Esquiro
\$100 cash	Geri Blodgett	Tony Holliday
\$100 cash	Committee	Bacon
\$50 cash	Begays-Fern, Atclitty	Char Herkshan
\$50 cash	D-Mae, Blaine	Susie Slockish
\$50 cash	Begays-Fern, Atclitty, D-Mae, Blaine	
Cooler	Anna/Rudy	Rudy Tewawina
Child's chair	Anna/Rudy	Fred Ike, Sr.
Furry Blanket	Committee	Claudine Grayhawk
Blanket	Vendor Stand	Mike Collins
Posters	Cal Queahpama	Jay Mouse,
		John Wayne,
		SaphroniaKatchia,
		Eastwood
		Mike Clements

Dream Catchers

Vendors

Games wanted

Board games wanted to donate to the Warm Springs Corrections department. For more information call Billie Jo Bagley at 553-1171 or Detective Hornbuckle at 553-3272.

Auxiliary receives contribution check

The Mountain View Hospital Auxiliary recently presented a gift to Mountain View Hospital District in the amount of \$16,546.00 to be used in the purchase of equipment for Mountain View Nursing Home. The generous contribution came from funds generated at the Auxiliary Thrift Shop in downtown Madras, and the hospital gift shop. The funds will be used to purchase new kick plates, room numbers and visitors chairs, TV's and four new electric beds for Nursing Home residents. "We are pleased to be able to give this gift", commented President Judy

Concert set for March 27

Mitchell John, Ta Tanka Records, Inc. recording artist will hold a concert to benefit Dusty Arzino. The concert will be held at The Dalles Armory on Saturday, March 27, 1999 at 7 p.m.

Dusty Arzino was recently paralyzed in a rodeo accident and proceeds from Mitchell's performance will go towards paying Dusty's medical bills. Mitchell can personally relate to the ordeal Dusty and his family are going through. Last August, Mitchell's son Nic was involved in a tragic car accident that left him in a coma for 21 days. Nic is in the process of performing an amazing recovery. Mitchell John is excited to be a part of this fundraising effort involving the entire community.

Tickets for the concert are \$10 each. To purchase tickets, please call Ta Tanka Records, Inc. at (503)638-9050.

Salmon marketing workshop to be held

The salmon marketing team recently sent a survey to tribal fishers to gather information about their business planning needs. In response to your input, we are going to be setting up a series of workshops to present information on various topics which you have identified an interest. We hope that you can attend as many as possible.

The first workshop will focus on the seafood industry market dynam-

ics and the upcoming over-the-bank sales. This workshop will be held Saturday, February 27, 1999 from noon to 4 p.m. at the Columbia

River Inter-Tribal Fish Enforcement; 4270 Westcliff Drive; Hood River, OR

Future workshops will present other related topics.

Also, enclosed please find a class announcement on business by Oregon Native Entrepreneurial Network, with various locations in Oregon and Washington. This class may present on opportunity to gain additional business planning information.

If you have any questions, please feel free to call Jon Matthews or Scherri Sotomish at (503)238-0667. We look forward to your continued participation and guidance.

Presentation to be given

"Hands All Around: Quilting Tradition in America", a talk and quilt showing by Elizabeth Hoffman and Shannon Rettig, will be presented on Friday, April 16, 1999 at 1-2 p.m. at The Museum At Warm Springs education room. The public is invited and admission is free.

The program is sponsored by Oregon Chautauqua Program and is made possible by the Oregon Council for the Humanities, an affiliate of the National Endowment for the Humanities.

As one of America's preeminent folk traditions, quilting is appreciated as a symbolic expression of creativity, family and community. "Hand All Around" is presented by two master Quilters using more than 25 contemporary and historical quilts to demonstrate how quilting techniques, block names and regional styles have all influenced the development of this most beloved art form.

Credit counseling helps 2,300

Consumer Credit Counseling Service of Central Oregon, Inc. held education classes for over 2300 people in 1998 a long with helping clients repay over \$1.74 million of debt. Consumer credit is a non-profit United Way Agency. For more information call 389-6181.

Girl Scout cookie sale begins

Mark your calendars! Girl Scouts in your area will begin taking orders for Girl Scout Cookies beginning February 19, 1999.

There are eight varieties of cookies available, Samoa, Thin Mints, Trefoils, Do-Si-Dos, Tagalongs, Striped Chocolate Chip, Lemon Drops and reduced fat Apple Cinnamon, all selling for \$3.00 per box.

It is important for girls to learn goal setting, how to interact with the public and the benefits of earning money for their own activities. The Girl Scout Cookie product sales program helps to teach girls these skills. Money raised from the cookie product sale directly supports girls in our communities with benefits like troop

activities, troop leader training and support, camping and travel opportunities and local offices to serve members.

The Western River Girl Scout Council covers six counties in Oregon and serves more than 11,000 girls and adults. The Girl Scout is the world's pre-eminent organization committed to girls, where in an open and nurturing environment, girls build skills for success in the real world. Skills that will serve them all of their lives, such as strong values, social conscience, self-esteem and conviction about their own potential and self-worth. For more information call 541-389-8146.



Friday, May 7, 1999

7:00 p.m.

at the Community Wellness Center