

Postal employees work busy schedule, yet find time to read

SMART Reader Program recognizes Postal employees, Judy Fettig and Pat Green, for the month of March. Their busy schedule allows them time twice a week to read for the Program.

"I think it's a very worthwhile program and it's also fun. These students are really fun to work with. This is my third year I've done it. I have a degree in teaching so it sort of keeps me in touch a little bit. I haven't used that in many years," says Fettig. This year she is pleased with her schedule. She reads from 11:50 to 12:20, during her lunch hour, once a week and it is much better for her. At the Post Office, someone has to be there all the time and so Postal Clerk Pat Green shares reading time with one student. That gives them both a flexibility. Fettig used to share a reader with Derek last year. "It's much better to share when it gets really busy, like during the holidays. Derek and Pat really enjoy it too," says Fettig. She goes on to say, "I can't believe this year has gone by so fast. The end of April is the last week of the SMART Reader Program.

The schedule this year will allow Fettig and Green to attend the year-end party for the SMART Program readers.

Fettig has worked for the US Postal Service in general for 12 years and here in Warm Springs for over two years. She comes from North Dakota, and was transferred to the coast in 1991. Warm Springs is the second Post Office she's been employed at in Oregon.

Fettig lives in Madras with her husband. She has three grown children, one lives on the coast, one lives in North Dakota and one lives in Texas.

Within the community Fettig

would like to be able to have lunch with the Seniors at least once a month. She is looking forward to attending Pi-Ume-Sha Powwow this year. The past two years she had been on vacation and missed it.

She would also like to go out into the community area and get to know the area because she gets a lot of people in the Post Office asking for directions. Sometimes she's lucky and a local person is there and will help with directions.

Pat Green has been employed by US Postal Service for 23 years and began here in Warm Springs in September, the same month in which she began reading for the SMART Program.

"I think it's a great idea. I love to read and to see kids reading, to help somebody who might not have liked reading to learn how to do it and enjoy it," says Green.

She lives in Redmond with her husband, who is a fire planner for

Redmond Air Center. She was a Postmaster in Parkdale, Klamath Falls and now Warm Springs. "I just made a big circle," says Green.

Green is also taking college courses through COCC in Warm Springs. She has two associates degrees and is working toward her Bachelors and she needs 60 credits. She is taking one class per term because of her busy schedule. This term she is taking Geology. She has been out of school for 27 years.



Judy Fettig (left), and Pat Green alternate days to read to Davina on Tuesdays and Thursdays.

Building inspections explained

The purpose of Building Inspections is to provide minimum standards to safeguard life or limb, health, property, and public welfare by regulating and controlling the design, construction, quality of materials used and occupancy, location and maintenance of all buildings and structures within this jurisdiction and certain equipment specifically regulated herein, also to protect the Tribes investments. This is not to create or otherwise establish or designate any particular class or group of persons who will or should be especially protected by local codes.

If you are planning on building a home, or purchasing a manufactured home, the following is a list of requirements needed to begin the process. Please be aware that this process can take time depending on your commitment to complete the process. Also, the permit is designed to protect you by ensuring through inspections that all code requirements are being followed by the contractor.

After the client has completed the lease process, they can proceed to the Building Inspectors office which is located in the Tribal Administration Building and pick up the required Building Permit application. There is no cost to get a Tribal Permit. All of the required information from the signed approved lease must be filled out on the Building Permit

application prior to seeking any of the required signatures. The following persons/department signature must be on the Building Permit application.

Fire & Safety: Danny Martinez, For issuance of House number.

Project Engineers: Satish Puri or Frank Dunten, site plan for home, road, septic, etc.

Electrical Services & PP&L customers: call Portland Business Center 1-800-221-7070.

Utilities: Herb Graybael will set-up the site for garbage truck route.

BIA Roads: Thomas Shuman, the road access point is noted.

Planning: Ray Rangelia, the land use per zoning and other requirements.

Realty: Everett Patt, checking to ensure that the land use process & policies are adhered to and electrical hook-up.

Building Inspector: Tom Strong, Jr., reviews to ensure that all process & policies are adhered to for the construction to begin, then the actual permit will be issued. Once the building permit is signed and in place at job site, the contractor can start the work at the site.

Inspection procedures must give 48 hours prior notice for inspection.

If you have any questions, please call Tom Strong, Jr. or Vesta Miller at 553-3326.

Why sobriety and aftercare is for you

Benefits of sobriety and aftercare:

1. It helps increase your self-esteem, self-respect, responsibility, accountability and the concept of "I like myself."

2. In learning new communication skills while in sobriety, you prevent verbal and physical abuse.

3. Sobriety leads indirectly to financial stability.

4. Sobriety increases the number of individual, family and other social activities, you enjoy.

5. Often you rejoin activities you quit doing while abusing alcohol & drugs, which also enhances your esteem and lifestyle.

6. Sobriety and meeting with other positive people, creates new attitudes, behaviors and changes the way you assert (risk) yourself, in meeting daily challenges.

7. With enhanced self-confidence, you will be more willing to confront your problems in a positive matter.

8. In sobriety, you often have an impact, as a role model for other family-relatives, friends and other

community people who know you.

9. With no money spent on alcohol and drugs, the more you have for other household and family uses.

10. Sobriety means less marital and family conflicts and more cooperative and effective problem solving.

11. Parents in sobriety, means shared parenting responsibilities which could help in fewer problems with children, by modeling and more effective problem-solving skills.

12. In Aftercare you meet new friends, who have similar problems and you can learn coping skills from each other; 'you are not struggling alone with this alcohol and drug problem!'

Lateral violence or racism within our Reservation boundaries also plays a role in a holistic 'Healing' of ourselves and our community. When we process the pain and hurt within and from our past history, then we can get along with those outside our boundaries. We need to have a full understanding and respect of ourselves to respect others as Human Beings. (VGW).

Congratulations nominees

To the Editor,

Congratulations to our newly-elected Tribal Council and to those nominees and write-ins who campaigned unsuccessfully.

Bertson Simustus, brother of our late Chief Amos Simustus, and Korean War veteran (Pork Chop Hill), thank you for nominating me to run for Simnasho Representative. My first reaction was to decline. "Not old or wise", "Not ready", etc. I would readily switch places with Bertson, who in my mind, is Chief material.

Thank you for the votes. Even after I wrote "not just the Simnasho people, not Confederated Tribes, but all tribal members." This was meant to say, "Not just the Simnasho people, but the confederated Tribes, all tribal members." This would go against our Constitution and was my mistake in my rush to get it in to Spilyay Tymoo.

I have been quiet for a long time. When I was younger (under 21), I worked for the Tymoo in addition to being on different committees. Not only was it my right to speak freely,

but my duty as a reporter to ask questions. I was told I was being disrespectful. Too young to vote; yet questioning what our leaders set forth. I was even told I was being shunned in the old Indian way (??) I didn't know how to deal with this at the time and it had a negative impact on me. How could I do my job if I couldn't ask questions?

I bring this out to explain myself and let you understand how I felt. Because I was taught to respect and listen to elders (anyone older than me).

As to our future, we need to educate the children as to our ways. Teach them what sovereignty means. The Treaty of 1855. Ceded lands. Hunting, fishing, roots, berries and water. Then, we will understand we are a Tribe. A religious Tribe. A Tribe that comes together in happiness as well as sorrowful times.

Meanwhile, let's work toward becoming the healthiest community by the year 2000.

Sincerely,
Roger Stwyer, Pipeshur

Raffle tickets on sale

Starr Stick Game Raffle to be held during Pi-Ume-Sha Weekend, June 26, 27, & 28, 1998. \$1 each or 6 for \$5. Need not be present to win. Actual drawing will be June 28, 1998.

Prizes include: \$250 cash; Pendleton blanket; Pendleton Vest; \$50 Wal Mart Gift Certificate; \$50 cash; \$50 cash; Dream Catcher; \$100 cash; Quillow; \$50 cash; \$25 cash; \$50 cash; beaded buckle and other items.

You can purchase your tickets from the following committee members:

Nettie Dickson; Dempsey Polk; Donna & Caroline Torres; Sam, Barbara & Mona Starr; Lenora Starr Doney & Orlando Doney; Romagene Joe; Vanessa Knight; Nicole Clemens; Janice Gunshows; Lizzie Rhoan; Richard Tohet & Paula Halliday.

Thank you for your support.

Spend your dreaded TAX DAY learning how to deal with conflict at the EAP-sponsored Brown Bag Lunch Series from noon to 1 p.m. Wednesday, April 15 at the Community Center

Learn how to deal with life's petty irritations as well as those major conflicts. Learn the fine art of conflict resolution.

Presenter will be Sandy Alfonso

Drive Thru Car Seat clinic
Come get your carseat checked
April 23rd 9 a.m to 1 p.m. & 4 to 6 p.m.
at the ECE North Parking Lot
Info: Starla 553-3272
Lindsey 553-1196 ext. 4140

Happy Birthday Shawna Love,
Your Cousin Laura

—Chasan Walker—
Happy Birthday April 16
Yes, I saw it on my calendar at work!
The Recreation Staff

Happy Belated Birthday Poohpoohs on April 7
You're 3!
Laura and Kelly

Happy 24th birthday Luanne in Arizona on April 19
Laura and Kelly

To the editor,
Dear Tribal Members, Thank you for taking time to vote for your 21st Tribal Council Members. I also thank my family for challenging and supporting me to serve on Tribal Council. Many thanks to my wife Susan and my children in giving up much for me to serve our people. Thank you one and all.

Most importantly, I request all the people pray for those who are in authority over us, or are in places of high responsibility, so that we can live in peace and quietness, spending our time in godly living and thing much about our Creator.

Sincerely,
Garland Brunoe

IHS Health & Wellness schedule

- Indian Health Services Health Programs Activities
- WIC Nutrition Education-1st Tuesday of Month (Class schedule available @ Community Health Receptionist)
- Cooking Classes-Thursday Evenings (September to June) 5:15 to 6:30 p.m.
- WIC Clinic-Tuesday & Thursday 8:30 a.m. to 4 p.m.; Wednesday 1-4 p.m. (Pod A @ clinic call 553-2460 to schedule appointment)
- Well Child clinic-Thursday 8 a.m. to 12 noon. By appointment (call 553-1657 to schedule appointment)
- Pediatric Clinic-Thursday 1:30 to 3:30 p.m. By appointment (call 553-1657 to schedule appointment)
- Walk-In Immunization clinic-4th Thursday of month 10 a.m. to 12 noon; No appointment necessary-children 2 months to 5 years
- Childbirth Education Classes-Every Tuesday 11:30 a.m. to 1:30 p.m. clinic kitchen/conference room call 553-1657 for information
- Contraceptive Counseling

- Clinic-Every Thursday 2 to 4 p.m. by appointment. Call 553-1196 ext. 4142 to schedule appointment
- ENT Clinic Ear/Nose/Throat Specialist-1st Tuesday of each month. By appointment call 553-1196 ext. 4142.
- Diabetes Breakfast-2nd & 4th Tuesday 8:30 to 10 a.m. Clinic kitchen conference room
- Diabetes Exercises-Monday, Wednesday & Friday 8:15 to 9 a.m. Community Center
- Water Aerobics-Every Wednesday 9 to 10 a.m. Kahneeta Village pool
- Blood Sugar/Blood Pressure Screenings-Every 3rd Thursday held at various community sites call 553-1196 ext. 4122
- For community announcements/informational material, new listings of monthly classes or clinics held at the community health programs department end of the Warm Springs Health & Wellness Center. Located in Pod A, across from the Administration section of the clinic.

Tribal Council Agenda

Monday, April 13		
9 a.m.	Business/Minutes	ASC Staff
9:30 a.m.	S/T and COO Report	
10:30 a.m.	Tribal Court Monthly Report	L. Sohapp
1:30 p.m.	Legislative Update	M. Phillips
2 p.m.	IHS Monthly Report	R. Alger
3:30 p.m.	BIA Monthly Report	G. Cannon
Tuesday, April 14		
9 a.m.	Business	Staff
9:30 a.m.	May Agenda	M. Snowden
10:30 a.m.	Realty	E. Patt
1:30 p.m.	Enrollments	M. Queahpama
3:30 p.m.	Attorney Update	D. Karnopp
Wednesday, April 15		
9 a.m.	Business	Staff
9:30 a.m.	509-J Report	P. Riley
10:30 a.m.	Relicensing Update	J. Manion
1:30 p.m.	Secured Transaction Code	C. Jackson
3:30 p.m.	Old Clinic Update	W. Fuentes
Thursday, April 16		
9 a.m.	Business	Staff
9:30 a.m.	Kah-Nee-Ta Annual Report	G. Smith
1:30 p.m.	Financial Monthly Report	N. Smith
General Council Meeting		
6 p.m. Dinner — 7 p.m. Meeting		
Agency Longhouse		
Agenda: Kah-Nee-Ta Annual Report		
Monday, April 20—Committee Reports		
9 a.m.	Business	Staff
9:30 a.m.	Water Board Annual Report	
10:30 a.m.	Timber Comm. Ann. Report	
1:30 p.m.	Range Comm. Ann. Report	
2:30 p.m.	Land/Use-Planning Comm. Ann. Report	
3:30 p.m.	Health & Welfare Comm. Ann. Report	
Tuesday, April 21—Committee Reports		
9 a.m.	Business	Staff
9:30 a.m.	Fish & Wildlife On-Res. Ann. Rep.	
10:30 a.m.	Fish & Wildlife Off-Res. Ann. Rep.	
1:30 p.m.	Culture & Heritage Comm. Ann. Report	
2:30 p.m.	Education Comm. Annual Report	
3:30 p.m.	Miss Warm Springs Ann. Report	
Wednesday, April 22—Reports		
9 a.m.	Business	Staff
Throughout the day, reports from all tribal branches concerning operations.		
Wednesday, April 29—Council Appreciation Dinner		

- Happy 70th Birthday Allen "Butch" Gilbert April 7th
- Also, Happy Birthday Easton Aguilar April 2nd
- With lotsa love, Ralph, Daisy & all the kids
- Happy Birthday Gramma Shilley March 25th
- We love you! Josiah, Jr. & Devon Ray
- Happy Birthday Rachel Ann March 25th
- Our love, Your sister Sarah Nephews Jo, Jr. & Devon
- Happy Birthday Erica Wewa
- From Auntie Sarah Josiah, Jr. & Devino



Chair aerobics, and floor aerobics, was a fun part of the awards assembly held at the Warm Springs Elementary School, Friday, April 3.