

# Sampson and Wallulatum recently completed Associate of Arts degree in Psychology



Alice Sampson, Acting Coordinator for Substance Abuse Program and Guy Wallulatum, Alcohol and Drug Treatment Specialist.

Acting Coordinator for Substance Abuse of the Community Counseling Center, Alice Sampson, recently completed her Associates of Arts degree from Marylhurst College in Lake Oswego, majoring in Social Sciences with a focus on Psychology.

Sampson intended on going on to attend her Master's Special Student Status at Lewis & Clark in Portland, but problems concerning her home came up and she decided to move home. Two weeks after she made her decision to move home she was accepted at Lewis & Clark. She declined the opportunity.

Sampson was released on tribal Education Leave to go to school for three years. Her decision to go to school came about during a conversation with Urbana Manion. She mentioned wanting to go to school and Manion said, "You'll be like me and years from now you'll say 'I should have' and you'll wish you did."

Sampson then asked her immediate supervisor about it and he

supported her and referred her to the Education Department, where she was immediately enrolled in Student Success Strategies and Summer Bridge, where she learned study habits and how to stay focused. "I feel that Summer Bridge needs to focus more on how to do research," Sampson says.

Sampson was feeling inadequate with the people she was dealing with—adult fetal alcohol syndrome clients, mentally challenged clients, married couples. She wanted to feel like she could help more. If there was ever a future need for a supervisor at the Counseling Center she wanted to feel qualified for that job.

Sampson goes on to say, "School makes you realize that there's so much out there to learn. I don't think you'll ever learn enough because there's so much to learn about."

Sampson was previously employed as Director of Housekeeping at Kah-Nee-Ta Lodge. She worked at Kah-Nee-Ta fourteen years, starting as a maid and working

her way up. "I loved that job, but, I wasn't getting the support or the wages I needed."

Within one month of her resignation from Kah-Nee-Ta she was hired as a counselor at Community Counseling. Sampson's friends and co-workers encouraged her to become a counselor because they felt safe talking with her about problems or concerns.

Sampson has been sober for nearly twelve years, has invited people to AA and has been a sponsor for different people. "It has really been worth it. It's been an experience, finding out who I am and what I need to change within myself. I like myself better," says Sampson.

She prefers to work with women clients because she feels she is skilled in women's issues. Sampson would like to work more with families and see the Community Counseling program work more with families because alcoholism is a family disease. "In any family, this disease affects everyone, from infants to elders," Sampson declares.

Alcohol education should go further and families should learn more about co-dependency," states Sampson. "Families protect the alcoholic from being responsible for the consequences of drinking. They don't want their alcoholic son or daughter to lose custody of their children or go to jail. The alcoholic is protected from the consequences and is stuck and continues to drink because everything is taken care of by their families."

One thing about alcoholics, says Sampson, they're not always at their jobs but they're often good workers. "My bosses kept me stuck in my disease. They allowed me to continue missing work because I was drunk, but a good worker when I was there. I was never held accountable for my drinking," Sampson says of her past employment.

EAP has helped supervisors become educated about alcoholism and their employees behaviors with alcoholism.

"I would like to see people in

recovery and who have sobriety sharing their story, their struggles and how they became sober. Sometimes that's a hard thing to do. But when people isolate themselves they become frustrated. As individuals we need to become more empowered. We get that through our struggle. Just knowing that we are good people. Work on myself, to better myself. Touch another person with that story of struggle and it spreads," Sampson says.

She goes on to say, "I would like to see prevention happen all at once, in our schools, through our parents. I know people are resistant to AA but if you could find one or two friends you're comfortable with and talk, like in the old days. Our elders used to talk while they were peeling roots, sewing together, hunting or sitting around a campfire. They shared what was in their hearts. That's the same concept as AA."

Guy Wallulatum spent the last two years attending Oregon State University in Corvallis and majored in Psychology. He received his Associate of Arts degree in August earlier this year and returned to Warm Springs to his job as an Alcohol and Drug Treatment Specialist at the Community Counseling Center.

Wallulatum tried to minor in Community Health but scheduling got in the way so he continued to study for his major. He was only nine to 12 credits from getting his minor.

Wallulatum was required to take Introduction to Psychology and Human Development courses at COCC for his job as a counselor.

Wallulatum's supervisor, Jim Quaid, said that with the college credits he received from Blue Mountain Community College in Pendleton in 1969 he was able to transfer 48 credit hours. Quaid said that it was not too far from his Associates degree and supported Wallulatum in his decision to continue his college education. They signed an agreement for Wallulatum to continue school and keep his job open by using tribal Educational Leave. He continued to work at the Counseling Center during the

summer months and Christmas break. Wallulatum attended Blue Mountain Community College in 1969 majoring in Fish and Wildlife. Alcohol was a major problem for him and prevented him from finishing. He came back to Warm Springs and worked in Range and Livestock as a brand inspector for 12 years.

He then worked at the Warm Springs Forest Products Industries for two-and-one-half years as a cleanup man, tally man, veneer and jitney driver. Wallulatum laughs, "I worked all over in the Resources, now I'm working in Human Resources."

After seven years of sobriety, Wallulatum chose to become a Counselor at the Counseling Center in 1990. He received on the job training for five years.

During his last few years of drinking Wallulatum said he spent three to four months out of a year in jail because of his drinking. He started to think, "Gee, something's wrong here. This isn't normal."

In November 1983 he decided he should face his addiction and went to treatment. At first he thought he would float through it and go through the motions, but decided to become serious about it after learning about himself and this disease called alcoholism.

He was hired as a counselor and worked with adolescents in the program. Going to the schools to see groups of children and counseling youth were his duties. He says of the children, "A child needs the support of his parents and family. If the family using, it only complicates the problem."

Wallulatum says that attending college has helped him in his job. He said, "It helped me with the black and white theory of it, the print. But the real learning was on the job, applying that knowledge."

Emotions were a big part of his ability to learn psychology. He just looked at himself and his own addiction. The way he gained self respect, respect for his family and

learned to love himself first before he could work with his clients. He used that and could see a little of it in different psychologies.

Wallulatum liked a question Victor Franko asked, "What is the meaning of life?" Franko was a prisoner of war and saw bodies like skeletons crawling around struggling to stay alive. Franko wondered, "How come he's not dying?" Franko says, "When you start feeling sorry for yourself you picture those war prisoners and ask, 'What makes them want to live?'" The answer is the love of family.

He continues about the Warm Springs decision to become the Healthiest Nation by the year 2000. He says, "We need to confront our problems more realistically instead of seeing it on paper. There is a lot of good stuff happening but our leaders are not speaking out, they are quiet." Guys say like in the nation, when something happens the president says something. He continues, "I think our chairman should say something, our COO should say something, our CEO should say something to the effect of, 'We're behind the prevention people, community counseling, these problems are bad and we're behind them.'" Wallulatum goes on to say, "I would like to see a drug free policy for Tribal Council and our Management."

Wallulatum says, "This is where I see them sliding back and getting quiet. It's almost like they're not serious about the year 2000. It's possible they feel shame about their own family members abusing alcohol or drugs, but that shouldn't bring them backward and deny the problem exists. If there is only one sober person to a family that person may become the family leader."

"A person in denial will not stand forward and say anything about drug-free activities and they may sound hypocritical," says Wallulatum. He feels the community should be more serious about becoming the healthiest community by the year 2000 and be more outspoken. "We need to feel good about the support offered to the community," concludes Wallulatum.

## Warm Springs Elementary news

Warm Springs Elementary has been chosen by the Oregon Lottery to scratch off tickets for cash in a three way competition to be held in The Dalles on October 14. A team of eight from the school will compete against schools from The Dalles and Pendleton to see who can scratch off tickets worth the most amount in a five minute time span. All schools receive the amount they would win on the tickets plus a \$500 bonus if their school scratches off the highest cash total.

There will be a drawing for the eight team members and everyone is encouraged to put their names in for the draw. We hope more people will be able to make the trip to provide

vocal support. The drawing will be held at 6:30 p.m. at the Gorge Cultural Center and will take about an hour.

**Open House set for October 2nd.** This year's Open House will have a little different look because of the new Schoolwide program. A presentation will be made to parents from 5:45 to 6:30 p.m. Classrooms will then be open from 6:30 to 8 p.m. Sandwiches will be served to parents during the presentation. Students will be served sandwiches at the same time in the gym as they watch a movie. Parents will hear about the new schoolwide program and things they can do to help their children achieve school success.

## Madras automotive shop recognized by ASE

Prince's Automotive in Madras has been recognized as an ASE Blue Seal of Excellence facility by the National Institute for Automotive Service Excellence (ASE), a non-profit organization dedicated to improving the quality of automotive service and repair by means of a voluntary technician and parts specialist testing and certification program.

Prince's Automotive has joined a select group of repair shops. There are less than 350 ASE Blue Seal of Excellence Facilities nationwide and is one of 15 such facilities in Oregon.

Prince's Automotive is a complete repair facility and the AAA Towing contractor for Jefferson County that has been family owned

and operated in Madras since 1975.

"ASE Blue Seal of Excellence Facilities have gone the extra mile in support of their customers. Having ASE-certified technicians is a key element towards overall customer satisfaction. We salute those repair facilities who achieve this goal and thank them for helping promote quality automotive repair and service," says Ronald H. Weiner, ASE president.

To be eligible for the program, a facility must have 75% of its repair technician ASE-certified. In addition, there must be a certified technician in each area of service offered by the facility at each location.

To recognize those facilities that have gone the extra mile in their

support of the ASE technician certification program, ASE developed the Blue Seal of Excellence Facility Recognition program. The program was created to help recognize facilities and help them market their technicians' achievements to customers.

ASE was founded in 1972 as a non-profit, independent organization dedicated to improving the quality of automotive service and repair through the voluntary testing and certification of automotive technicians. Technicians, engine machinist, and parts

specialist have participated in ASE's program from all segments of the service and repair industry: car and truck dealerships, service stations, independent repair shops, collision repair facilities, maintenance garages, fleet repair facilities, franchised outlets and more. More than 425,000 professionals are currently ASE certified.

Prince's Automotive is located at 755 Hwy. 97 in Madras. For more information call Dennis Prince at 475-6663.

Happy Birthday Daniel!!  
From all the staff at Spilyay!

## Student Success Classes to begin

Student Success Strategies, this class is designed for individuals who are making the "transition" to furthering their education in either College or Vocational training. It is targeted to provide skills in College Life and Effective Independent Living. An academic predictor test is given to determine your ability in English, Reading and Math.

Student Success Classes are held Fall, Winter and Spring term at the Education Center. They are one (1)

night a week for seven weeks. Fall term class starts October 7, 1997 at 6 p.m.

Tuition scholarships are being provided by the Tribal High Education Department with limited enrollment. To sign up all you need to do is stop by the Higher Education office. Attendance is required for every tribal member who wants to be funded for school.

Questions can be referred to Warm Springs COCC Center or call 553-1428.

## Victims of Crimes Services program helps those in need

When domestic violence strikes, where does the victim go? Who does the victim turn to? What are the steps that must be taken? The Warm Springs Victims of Crimes Services program can help.

Last year alone, 147 violent crimes were reported to the Warm Springs police department. There were 51 cases of domestic violence report, one child sexual abuse case, five sexual assault cases, four physical assaults and 22 "other crimes". These cases resulted in 83 primary victims. Additionally, there were 184 "secondary victims", usually children, involved. In 1996, victims assistance provided services ranging from crisis intervention, follow-up contact, transportation, shelter/safe home, information and referral, criminal justice support and advocacy, emergency legal advocacy, personal advocacy and other services to 320 primary victims. Another 351 secondary victims were provided the same services. The rate of domestic violence cases in Warm Springs is 43.9 cases per thousand whereas the state rate is 9.2 per thousand. The number of violent crimes on the reservation is astounding.

Even more astounding is the fact that the Confederated Tribes contributes less than \$28,000 for operations. The program depends mostly on federal and state grants to provide services that total over \$100,000 a year. The program also relies heavily on volunteers and contributions.

In their 1996 annual report, program officials stated the program "would not be very effective if it was not for its volunteer advocates", available on an on-call basis during after business hours and weekends. During 1996, 19 volunteers were active in the program. All volunteers receive in-house orientation and training in policies and procedures and are encouraged to attend seminars, workshops and trainings. Volunteer are needed in all aspects of program operations, from answering the telephone and conducting basic office duties, to helping with fundraising, cooking, advocacy, transportation and on-call crisis response. Volunteer efforts are greatly appre-

ciated and require commitment, teamwork, confidentiality and compassion.

Another important facet of assisting crime victims is networking. Staff personnel make referrals to other agencies and resources that can assist

victims which enables the program to fulfill its mission of assisting victims. Former program director Ramona Baez developed a networking handbook, a helpful tool for future advocates and new program coordinator.

Marie Calica was hired in April of this year as the new Victims of Crimes Services program director. She oversees the department which includes the Victim Assistance Program, advocates, Women and Children's Services and the Warm Springs Aiyat and Miyansma Wapaatsa (Shelter) located on the Campus.

Seventy-percent of the 145 cases of violence against women reported in 1996 to the Warm Springs police department reached prosecution; 80 percent of those cases were brought to court. Assistant prosecutor Rick Souers said that in 90 percent (plus or minus 10-percent) of the cases brought to court ended in prosecution or with the defendant pleading guilty.

Operating on a shoe string is not unusual these days considering the tight budget constraints. Calica and her staff, consisting of assistant Mervie Polk, a part-time employee, and Advocate Coordinator Sara Scott all take turns cleaning and vacuuming the Shelter which houses their offices. The department is currently advertising two position, the Women's and Children's coordinator and Women's and Children's Coordinator assistant apprentice, which is funded by the WEDD program.

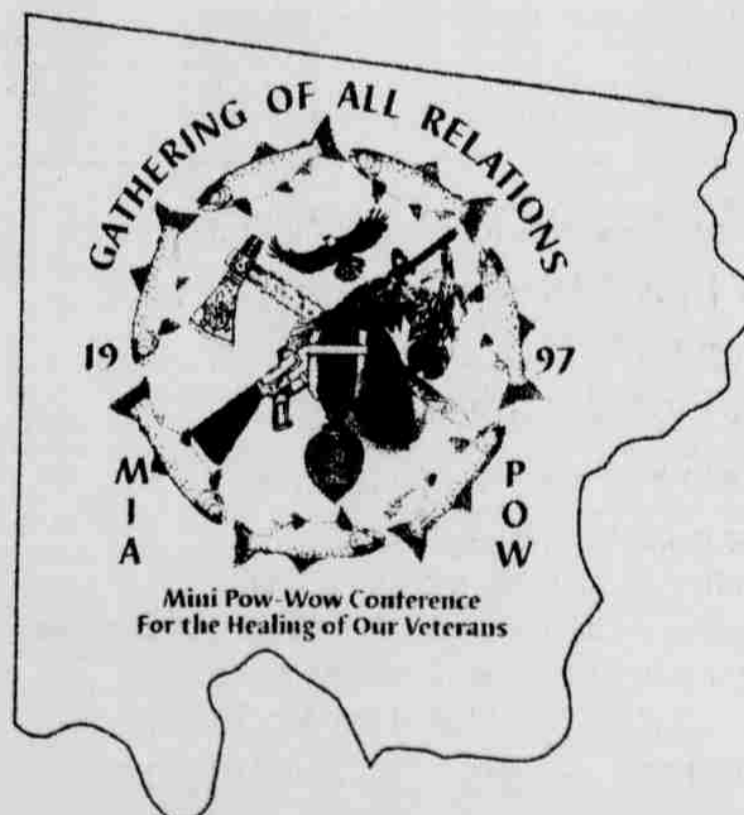
The basics in personal items for shelter residents are also needed. The staff compiled a "wish list" of things currently needed for the shelter. Those items include but are not limited to linens for queen and twin beds, ladies underwear in large and extra-large, children's underwear, combs, brushes, toothpaste, large cooking pots, toaster, plastic storage containers, utensils, nice folding chairs, travel-size lotion, personal wash cloths, kitchen towels, children's toys, new stuffed animals, outdoor toys, bed spreads and comforters, night clothes in medium, large and extra-large, ironing board and iron and bath soap.

If you have any questions concerning the Victims of Crimes Services program, would like to serve as a volunteer or have items to donate call Calica at the Center at 553-2293.

### Consider it domestic violence when....

Type of Domestic Violence	Behavioral Includes both criminal and non-criminal acts	Crimes
Physical Battery	Slapping, punching, kicking, choking, hitting, burning, assault with a weapon, shoving or pushing, etc.	Simple Assault, Aggravated Assault, Attempted homicide, etc.
Sexual Battery	Forced sex, attacks against genitals forcing sex in front of children, pressured sex, unwanted sexual touching, etc.	Assault and Sexual Assault Child Abuse laws etc.
Psychological Battery	Threats of violence, child snatching, reckless driving to intimidate victim, isolating, interrogating, controlling or degrading victim, etc.	Harassment, Menacing, Custodial Interf., Threats, Stalking, Vehicle offenses, etc.
Battery on Property or Pets	Attacks against property to control victim, hitting walls, destroying objects, getting way property, setting fire to property, tormenting pets, etc.	Theft, property destruction, Arson, Vandalism, Trespassing, cruelty to Animals, etc.
Battery on Children	Children witnessing violence, kidnapping, child concealment, threats of violence, injury to child during assault on victim, etc.	Child Endangerment, Child Concealment, Kidnapping, Child Abuse, etc.

Help make a difference and volunteer!  
Call Victims of Crimes Services at  
553-2293 for more information



HeHe Longhouse—Mile Post 34.8 US Hwy 26, Warm Springs Reservation, OR 97761  
Conference and Mini Powwow October 17-19, 1997  
Tipis will be available for shelters, campsites available, no hook-ups, tents, trailers, motorhomes welcome.  
The Healing Hoop that is touring the country visiting healing conferences will be there.  
Special flute music by Sea Raven, son of the Great Cherokee Nation, friend of the Steilacoom Tribe, who has composed a special song for this gathering.  
Separate Sweat Lodges will be available for men and women during the conference.